We Are As Full of Deadly Poisons As A Germ Laboratory.

## AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Autointoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives' will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

# THE DAILY NEWS

Phone 98

people read when they want anything suitable for; a lady. It brings results

#### WANTED.

Phone Black 210.

News office.

CHAMBERMAID WANTED. Hotel Central.

WANTED-Young girl or woman

223 Fourth Ave.

WANTED-Girl for house work immediate- A free lunch counter?" ly. High wages. Apply at office of Peck, Moore & Co., or telephone 130.

'OR SALE-Old newspapers in bundles, per hundred 20c. News office.

BOAT EXCHANGE

WANTED TO PURCHASE boat with engine either fishing or pleasure, must be bar-gain. Box 174, News Office.

#### FOR RENT

for housekeeping purposes,central. Apply 218 2nd Ave.

#### FOR SALE

FORD CAR FOR SALE in good condition. Apply Royal Room.

New Remington Standard Typewriter, No. 10. Price \$50. Apply 309 Third Ave.

FOR SALE-No. 4 Portable Hubbard Oven, almost new. Apply La Casse Bakery. P. O. Box 413, Prince Rupert.

FOR SALE-Pony Express.

#### TELEGRAPHY

PRIVATE LESSONS wanted by young lady. Apply box 210 Daily News office.

#### TAXI SERVICE

TAXI AND MESSENGER SERVICE -Night and Day. Phone 99.

#### LOST

LOST on Fulton Street or Fifth Avenue, West, Lady's umbrella with gun metal handle. Finder please return to Daily News.

LOST-Bunch of keys between the post office and cor. 6th and 2nd Ave. Return News Omce.

Oh say! The News Print Shop does its work about as cheap as most shops and quite as well, gives you the work on time whenver possible and hands it out with a pleasant "Thank you." What do you say to giving them

a trial on your next job? Men's "Invictus" shoes-Family Shoe Store.

## The Man in the Moon!

Peat has been used in other countries for fuel, so it may be possible to use it here. Owing to the exorbitant prices demanded by the "robber barons" for their; coal the city might start a company to utilize our muskeg products.

In exhorting the peat workers to put a little gimp into their labors the next mayor will not hold before them visions of the pay check, but will rise proudly upon a soap box and exclaim dramatically, "Work, for the love of Peat!

Few realize what a huge responsibility falls upon the mayorto-be. Upon his shoulders lies the fate of the Empire, and the Empire acclaims him a great

It is writ in books of wisdom that a boat is at all times a she. And all editors, wishing to conform as much as possible to rules laid down, speak of vessels in the feminine gender. Yet times | Company — was formed in the common-sense powers of a man rise in revolt against precedent come in there somewhere? when he sees the good ship Prince Rupert written up and Owing to the "robber barons" notes that "she will sail." Then soaking the public too much the Honor F. McB. Young, made the 12th day again there is the case of the Tom city will of course take over the and Al, a fishing boat that op- |coal yards, and owing to the rainerates out of Rupert. Rules of drops soaking the Rupertites too shall be spoken of as "she," but municipally-owned clouds. 'they" would seem the less ludicrous way of putting it. In or- WOULD REDUCE RATES IF der that these hideous impositions upon the public may be stopped, the gentleman residing : Advertising upon the lunar body suggests that a committee of aldermen be appointed to pass upon the names of all vessels calling here. The This is the Advertising Column that names should be such as will be

And by the way, speaking o lunar bodies, somebody says he COMFORTABLE ROOMS with or doesn't know who writes this without board, at "The Ark." stuff, but at any rate he must be tf a lunartic.

MAN WANTS WORK in ware- And somebody else can't make house. Apply box 209 Daily out how I have wind enough to 298 produce this airy stuff. He thinks I get winded making a dash betf tween each paragraph.

Simplicimus Simon met a pastry to care for child few afternoons cook who was on his way to at- Honor F. McB. Young, made the 12th day each week. Apply box 208, News tend the exhibition. Said Simtf plicimus Simon to the cook, "Allow me to partake of your pro-WANTED - Girl for General ducts in order that I may ascer- to furnish same, properly verified, to me, housework. No washing. \$35 a tain their goodness." Simplicimus on or before the 17th day of January, month. Apply Mrs. C. H. Orme, thereupon responded, "Say you what the --- do you thing I am?

The public consider an editor to be something which hollers to IN THE SUPREME COURT OF BRITISH the world everybody's complaints, when the said everybody has not the face to kick for himself. It is sometimes forgotten that an editor must have a few friends in order to run a paper. If the maltreated news dispenser refuses to voice some pet grouch of a citizen TO RENT-3 unfurnished rooms who will not speak for himself, Administrator to the estate of Gustave he is accused of cowardice or politics, when in reality he is only required to furnish same, properly verified, exercising diplomacy-the same ary, 1919, and all parties indebted to the as the citizen is.

When the shipbuilding concern'



arise when the reasoning and States to build ships at Rupert, IN THE MATTER OF THE ADMINISTRAshouldn't the word "evening" have

### GOVERNMENT CONTROL

(Special via G. T. P. Telegraphs.)

Washington, Dec. 20.-Direct-IN General McAdoo states that with an assurance of five years of government control of railroads, existing freight and passenger rates could be materially reduced within the next calendar year without any reduction of the existing railroad wage scale.

Family Shoe Store.

THE SUPREME COURT OF BRITISH COLUMBIA:

THE MATTER OF THE ADMINISTRA-TION ACT,

THE MATTER OF THE ESTATE OF JOHN BEALE, DECEASED.

TAKE NOTICE that in order of His of December, A. D. 1918, I was appointed Administrator to the estate of John Beale, deceased, and all parties having claims against the said estate are hereby required 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith. JOHN H. MCMULLIN,

Official Administrator. Dated this 17th day of December, 1918.

TION ACT

THE MATTER OF THE ESTATE OF GUSTAVE GEORGE; DECEASED IN TESTATE.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day December, A. D. 1918, I was appointed George, deceased, and all parties having estate are required to pay the amount of their indebtedness to me forthwith. JOHN H. MCMULLIN, Official Administrator.

DATED this 16th day of December, 1918.

-Empire Drydock & Shipbuilding IN THE SUPREME COURT OF BRITISH COLUMBIA.

> TION ACT N THE MATTER OF THE ESTATE OF

CHARLES SWANSON, DECEASED; IN-TESTATE. of December, A. D. 1918, I was appointed Administrator to the estate of Charles Swanson, deceased, and all parties having claims against the said estate are hereby composition state that the craft much we shall certainly have to me, on or before the 16th day of Janulary, 1919, and all parties indebted to the estate are required to pay the amount of

their indebtedness to me forthwith. JOHN H. MCMULLIN, Official Administrator.

DATED this 16th day of December, 1918. IN THE SUPREME COURT OF BRITISH COLUMBIA.

THE MATTER OF THE ADMINISTRA-TION ACT

-- and ---THE MATTER OF THE ESTATE OF ERNEST CARLSON, DECEASED IN-TESTATE.

TAKE NOTICE that in order of His onor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of Ernest! Carlson, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of Janu-Xmas slippers for the family. ary, 1919, and all parties indebted to the tf their indebtedness to me forthwith.

JOHN H. McMULLIN. Official Administrator. DATED this 16th day of December, 1918.

IN THE SUPREME COURT OF BRITISH

IN THE MATTER OF THE ADMINISTRA-TION ACT - and --THE MATTER OF THE ESTATE OF

CATHERINE SHAW GLENDENNING, DE-CEASED; INTESTATE. TAKE NOTICE that in order of His

Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of Catherine Shaw Glendenning, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forth-

JOHN H. McMULLIN, Official Administrator.

DATED this 16th day of December, 1918 IN THE SUPREME COURT OF BRITISH COLUMBIA.

IN THE MATTER OF THE ADMINISTRA-TION ACT THE MATTER OF THE ESTATE OF

JOHN N. MORRISON, DECEASED.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of John N. Morrison, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of Janu ary, 1919, and all parties indebted to th estate are required to pay the amount o their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918

# Dentistry

Dr. Bayne is leaving on Dec. 20, to spend the Christmas holidays at his home in Vancouver. The office will therefore be closed from Decembar 20 till January 1, inclusive.

Office open until 9 o'clock, Thursday evening, December 19.

Phone 109 for appointment.

Dental nurse in attendance.

# Bayne

OFFICE HOURS:-Morning, 9 to 12; Afternoon, 1.30 to 5.30; Evening, 7 to 9



#### S. S. PRINCE RUPERT

S. S. PRINCE GEORGE SAILING -

MIDNIGHT SUNDAY and THURSDAY for Swanson Bay, Occan Falls, Vancouver, Vicoria and Seattle. MIDNIGHT WEDNESDAY and SATURDAY for Granby Bay.

8. S. PRINCE JOHN Thursday 10 p. m. for Massett, Port Clements and Buckley

Sunday 10 p. m. for Moresby Island points.

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Passenger MONDAY, WEDNESDAY and SATURDAY at 11:30 a.m. for Smithers Prince George, Edmonton and Winnipeg, making direct connections for all points east and south.

For information and reservations apply to G. F. JOHNSTON, City Passenger and Ticket Agent. City Ticket Office, 526 Third Avenue. PHONE 260



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S. S. Princess Mary sails from Prince Rupert November 18th, December 2nd, 16th, and 30th.

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For Vancouver, sailing Tues., 7 p.m. Vancouver, sailing Sat., 6 p.m. Anyox, Mondays, 7 a.m. Port Simpson and Naas Points, Fridays, p.m.

John Barnsley, General Agent

Advertise In The Daily News

## Gene Byrnes Says:—"Thanks for the Advice."

