

# REAL VALUE

is based, not on the price paid for a commodity, but on the benefit derived. That is why Zam-Buk is the cheapest skin healer on the market—because the benefit derived is 95% greater than can be got from ordinary ointments. This is due to the fact that Zam-Buk is *al. medicinale*—100%. Ordinary ointments are 5% medicine and the balance animal fat.

The superiority of Zam-Buk is proved by the many cases of chronic skin trouble and old sores which yield to the power of Zam-Buk after all other treatments have failed. The unusual power of penetration which Zam-Buk possesses enables it to reach the underlying tissues, where skin troubles have their "root." Then the germicidal properties in Zam-Buk destroy all germs. Until this is done healing can never be thorough. The reason why sores that have been treated with ordinary ointments break out again is because the remedy has never got to the seat of the trouble, but has only healed over the outer skin. Zam-Buk, on the contrary, uproots skin disease, and the cure is complete and permanent.

Zam-Buk should always be used for eczema, ringworm, scalp sores, pimples, abscesses, ulcers, blood-poisoning, bad leg, piles, cuts, burns and scalds. All dealers or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.



## HEALTH CONDITION NOT SATISFACTORY

Chairman of Health Committee Makes Complaint and is Rebuked For Not Acting.

At the meeting of the City Council last night Alderman Casey drew attention to the fact that the sanitary inspector had not reported to the medical health officer and that there had been no milk testing done. He thought the inspector should meet the health officer once a week and discuss matters with him.

Alderman McRae inquired why it was that Alderman Casey, as chairman of the Health Committee, had not attended to the matter. It was the committee to look after health matters.

Alderman Casey said that the members of the committee had not turned up to hold a meeting and this was the first opportunity he had had of bringing it up.

Alderman Kirkpatrick suggested that the milk should be tested at least once a fortnight.

Alderman Perry thought it was a pity that the Health Committee did not meet and get busy. Many of the health conditions in the city were not satisfactory.

Never forget to look through the classified list on Page 5.

## In the Letter Box

Appendicitis and Liquoritis.

To the Editor:—

Once upon a time the body became sick, and the pain was very severe. One after another its members said, "The cause is not in me." After careful examination the trouble was located in the appendix, and the surgeon said, "It must be removed." But the appendix raised a fearful howl, protesting that it was an outrage, and declaring its belief in "personal rights." If argued, "I am a member of this body, you have no right to deny my right to rot or do just as I please." The surgeon, however, was firm and replied, "The whole member is diseased. You are a menace to the other members. You are killing the whole body. There is only one course to pursue. You must be removed," and forthwith he proceeded to cut out tip and root the diseased and rotting member.

### Objectors.

Much of the poverty, disease, trouble, insanity and crime in this country have been traced to liquor. For a long time the Canadian people suffered from "liquoritis." Mothers, business men, manufacturers, life insurance men, leaders in the army and navy, with one voice cried "cut it out." "Not so," says the liquor manufacturers. "I believe in personal rights." "Not so," says the liquor politician. "The liquor business furnishes me money for by campaigns, and helps to put me in office." "Not so," says the newspaper, grown wealthy on liquor advertisements, and fearful lest the feast be discontinued. "Don't dare to touch the liquor business." "Not so," says the liquor seller. "I am going to do better, I am going to reform. I believe in individual liberty. Don't touch me."

### Longsuffering People.

And all this time the long-suffering body of the Canadian people, having endured the pain and loss and shame of this terrible evil, have cried out to Parliament, "Cut it out, and make a clean job of it." No institution has a right to exist that threatens the permanent welfare of the whole body. And the surgeon lifted his knife. A few months ago an order-in-council was passed that cut it out for the period of the war. It only remains for the people to see to it that by legislative enactment the job is made permanent.

J. H. HAZELWOOD,  
Department of Social Service.

## THIRTY MILLIONS IN SOLDIERS' PENSIONS

Complete Organization to Handle Distribution in Order to Ensure Promptness.

One of the most important questions which has to be dealt with by the Government at Ottawa following the cessation of hostilities is that of pensions. Thirty million dollars will be distributed in pensions every year. In order that this money be distributed promptly, smoothly and fairly the Government has built up efficient machinery, and an organization headed by the Board of Pensions Commissioners, will put it in operation.

### Not for Service.

Fifty thousand pensions already are being administered by the Board. Pensions, of course, are not gratuities. No pension is awarded for service only, but every soldier or sailor who has been disabled during service is entitled to and receives a pension. The amount of pension is determined by the percentage of disability—that is, the handicap of the soldier or sailor is determined by medical boards. The amount of money earned by a soldier or sailor before enlisting, or the money he may be able to earn upon his return to civil life, does not determine the amount of pension due him.

### Information.

So many people are interested in the pension question that the Government, through display advertising and other means, is disseminating as much information as possible. In this connection a complete schedule of pensions has been prepared and can be secured by anyone interested by writing the Board of Pensions Commissioners, Ottawa.

# Read What It Says on the Front of the War-Savings Certificate



"... the Dominion of Canada will pay on January 1, 1924, to the owner named on the back hereof the sum of \$5.00 in respect of each Canada War-Savings Stamp of the First Series (1919) then attached thereto. Each such stamp is also redeemable at the option of the owner at an earlier date for the lesser amount indicated in the table of surrender values printed hereon."



WHEN you invest \$4.00 in a War-Savings Stamp, the Dominion of Canada not only pledges itself to pay you \$5.00 for each such stamp in 1924, but the Government provides for earlier redemption should circumstances compel you to obtain cash on your W-S-S.

You see the security is absolute.

Sixteen THRIFT Stamps (25 cents each) on a Thrift Card are exchangeable this month for a War-Savings Stamp. For each month hereafter there is an additional one cent charge for interest earned.

\$5.00 for \$4.00

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**Fuller's Grocery**  
MOTOR DELIVERY Canada Food Board License 8-35652  
PHONE 45 PHONE

Hamsay's Sodas, 2s, ..... 35c  
Hamsay's Mixed Sweet Biscuits in tins, Christie's Biscuits—Toll lines Van Houten's Cocoa, all sizes, McLaren's Cream Cheese in tins, Coffee, fresh ground, Fuller's 50c lb. 5 lbs. for \$2.25. Special Coffee 3lbs \$1.

**TUESDAY SPECIAL**  
A good variety of Candy. A loaf of Bread; 1 lb. Emmentaler Strawberry Jam; 1 lb. Fuller's Tea, 60c. \$1.15 VALUE. SPECIAL. A full line of tobaccos. **90c.**

Canned Fruits, Vegetables, Meats and Fish. Always ask for and insist on Jersey Brand Creamery Butter for quality, and L. M. F. Eggs as strictly fresh. There can be none better for eating. Our own syrups are coming into demand.

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Canada Wire & Cable Co., Montreal — Bare and Insulated Copper, Steel and Iron Wire.  
Domestic Engineering Co., Dayton — "Delco" Light Products, Isolated Electric Plants  
Pelton Water Wheel Co., San Francisco — Water Wheel and Hydraulic Apparatus  
Pacific Coast Pipe Co., Vancouver — Wood Stave Pipe, Tanks, etc.  
Dodge Manufacturing Co., Toronto — Transmission Machinery, Pulleys, Shafting, Hangers, etc.  
A line of Westinghouse Motors, Lamps and other Electrical Equipment and Goodyear Belting carried in stock



### TIMBER SALE X 1199.

Sealed tenders will be received by the District Forester, Prince Rupert, not later than noon on the 6th day of February, 1919, for the purchase of Licence X 1199, to cut 525,000 feet, B. M., of Cedar and Hemlock on an area situated on east shore of Ellerslie Channel, Range 3, Coast District.

Two years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

### TIMBER SALE X 1442.

Sealed tenders will be received by the Minister of Lands not later than noon on the 28th day of February, 1919, for the purchase of Licence X 1442, to cut 3,497,000 feet, B. M., of Spruce, Cedar, Hemlock and Balsam on an area situated on Big Lake, Ellerslie Channel, Range 3, Coast District.

Three years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

### TIMBER SALE X 1208.

Sealed tenders will be received by the Minister of Lands not later than noon on the 28th day of February, 1919, for the purchase of Licence X 1208, to cut 1,035,000 feet, B. M., of Cedar and Spruce on an area situated on west shore of Ellerslie Channel, Range 3, Coast District.

Three years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

### WATER NOTICE

DIVERSION AND USE. TAKE NOTICE that Thos. J. Kirkpatrick, whose address is Terrace, B. C., will use for a licence to take and use 1 cubic foot per second of water out of Thornhill Creek which flows north and drains into Skeena River about 100 feet west of Ferry Landing.

The water will be diverted from the stream at a point about 1500 feet south-east of the Skeena River, and will be used for power purpose upon the land described as Lot 839, Range 5, Coast District.

Notice was posted on the ground on the 9th day of January, 1919. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert.

Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

THOS. J. KIRKPATRICK, Applicant. The date of the first publication of this notice is January 28, 1919.

### NAVIGABLE WATERS PROTECTION ACT

R. S. C. Chapter 115. The Northern B. C. Fisheries Limited hereby gives notice that they have, under Section 7 of the said Act, deposited with the Minister of Public Works, Ottawa, and in the office of the District Registrar of the Land Registry District of Prince Rupert, at Prince Rupert, B. C., a description of the site and the plans for storage, docking and mooring of cannery and fishermen's boats as proposed on a portion of Port Essington harbour at Port Essington in front of Lots 3 and 4, Block 3, Essington Townsite, being a sub-division of Lot 45, Range 5, Coast District.

And take notice that after the expiration of one month from the date of the first publication of the said notice, the Northern B. C. Fisheries Limited will under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plans and for leave to use the said fore-shore for the storage, docking and mooring of cannery and fishermen's boats.

Dated at Vancouver, B. C., this 23rd day of January, 1919.

NORTHERN B. C. FISHERIES LIMITED, C. A. Grosbie, Secretary. F28

In the matter of an application for the issue of a fresh Certificate of Indefeasible Title to Lots 38 and 39, Block 7, Section 1, City of Prince Rupert, May 923. Notice is hereby given that it is my intention to issue, after the expiration of thirty days from the first publication hereof, a fresh Certificate of Title to the above mentioned lots, in the name of The North Western Loan and Investment Company, which certificate is dated 18th March, 1919, and was registered on application received the 22nd February, 1919, and No. 1186-4.

Land Registry Office Prince Rupert, B. C., January 22nd, 1919. H. F. MacLEOD, District Registrar of Titles. Advertise in the Daily News.

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