

A CRIPPLE FOR THREE YEARS

Helpless In Bed With Rheumatism Until He Took "FRUIT-A-TIVES".



MR. ALEXANDER MUNRO

R.R. No. 1, Lorne, Ont.
"For over three years, I was confined to bed with Rheumatism. During that time, I had treatment from a number of doctors, and tried nearly everything I saw advertised to cure Rheumatism, without receiving any benefit."

Finally, I decided to try 'Fruit-a-tives'. Before I had used half a box, I noticed an improvement; the pain was not so severe, and the swelling started to go down.

I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place."

ALEXANDER MUNRO.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

YUKON COUNCIL BEEN REDUCED

To Consist of Three Members Instead of Ten, Effective in Spring.

Dawson, Y. T., Jan. 31. — George Mackenzie, Commissioner for the Yukon, brought word from Ottawa of a reduction in the membership of the Yukon Legislative Council from ten to three, making one member elective from Southern Yukon and two from Northern Yukon with a provision that Northern Yukon be redistributed.

The reduction is effective after the sitting of the old Council this spring.

In the Letter Box

Electrical Terms Explained.

To the Editor,

In going around the town I come in touch with so many people who have very vague ideas of the meaning of the most common terms of electrical measurements such as "volts, amperes and watts," in spite of the fact that electrical appliances are now universally used. These terms may easily be understood from the following:

Volts—The number of volts is the force that causes the flow of electricity through a wire, lamp or coil, just as the pressure of the water supply to your house causes the water to flow through the pipe.

Amperes—The number of amperes is the rate of the flow or current strength of electricity, which may be likened to the size of your water pipe.

Watts—The watt indicates the rate at which the electrical energy is consumed and is similar to gallons of water used. The watts are always equal to the number of volts multiplied by the number of amperes. Thus a six-pound flatiron using a current of 5½ amperes on a circuit of 100 volts pressure consumes 550 watts.

Kilowatt—A kilowatt is 1,000 watts, kilo being of Greek origin meaning "thousand."

It is not only necessary to know how much electric energy is used but also how long it is used. The city and other power companies sell electricity by the kilowatt hour, which indicates that one kilowatt is used for one hour. The kilowatt hours are obtained by multiplying the number of kilowatts by the number of hours that it is used.

Knowing the number of kilowatt hours and the cost of electricity per kilowatt hour, the operating expense of any device may easily be determined. For example, a six pound flatiron with 5.5 amperes and 100 volts stamped on the name plate will consume 550 watts or .55 kilowatts. If the iron is used continuously for one hour and electricity is sold at five cents per kilowatt hour, the cost of operation would be .55 x 1 x .05 = 2½ cents. This does not represent the actual cost of one hour's use of the iron which is less than the figure given due to the fact that the current is not turned on all the time.

The above prices and ratings are not in use in Prince Rupert, but are shown to simplify the reading.—G. W.



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U. S. WILL WORK OUT RECONSTRUCTION PROBLEM

Washington, Jan. 31. — Discussing unemployment before a joint meeting of the Senate and House Labor Committees, Secretary of Labor Wilson said there was considerable hysteria in the country over reconstruction, but that problem would be worked out successfully.

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N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF JOHN BUNTING, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of John Bunting, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 8th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF H. R. CHRISTENSEN, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of H. R. Christensen, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 8th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF STANLEY WOZNEY, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of Stanley Wozney, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 8th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF GUSTAV WICK, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 3rd day of January, A.D. 1919, I, the undersigned,

Anna Wick, was appointed Administratrix to the estate of Gustav Wick, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 7th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

ANNA WICK, Administratrix.

DATED this 7th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF WILLIAM SUNBERG, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of William Sunberg, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 6th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF MALCOLM MCKAY, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 31st day of December, A.D. 1918, I was appointed Administrator to the estate of Malcolm McKay, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 8th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF CARL RICHARD CARLSON, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 31st day of December, A.D. 1918, I was appointed Administrator to the estate of Carl Richard Carlson, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 6th day of January, 1919.

N THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT"

— and —
N THE MATTER OF THE ESTATE OF TORSTEN TORSTENSON, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 31st day of December, A.D. 1918, I was appointed Administrator to the estate of Torsten Torstenson, deceased, and all parties having claims against said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 6th day of January, 1919.



Westholme Theatre

The Week's Program

includes

SESSUE HAYAKAWA in the Paramount Picture, "The White Man's Law."

DOUGLAS FAIRBANKS in the Artcraft Picture, "Mr Fix It."

BILLIE EURKE in the Paramount Picture, "Let's Get a Divorce."



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John Barnsley, General Agent

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NOTICE OF INTENTION TO APPLY TO PURCHASE LAND.
N QUEEN CHARLOTTE ISLANDS LAND DISTRICT—RECORDING DISTRICT OF SKELNA—AND SITUATE ON THE SHORE OF GRAY BAY, MORESBY ISLAND.
TAKE NOTICE that I, Yoshimatsu Mukai, of Vancouver, British Columbia, farmer, intend to apply for permission to purchase one hundred and sixty acres of land bounded as follows:
Commencing at a post planted at the North East corner of Lot 866, Moresby Island, on Gray Bay, thence West twenty chains; thence North eighty chains; thence following the foreshore southerly to the point of commencement, containing 160 acres more or less.
YOSHIMATSU MUKAI.
DATED this 5th day of December, A. D. 1918.