

# BUY THIS FOOD BARGAIN



## AND BOOST CANADA

A few cents for Shredded Wheat not only buys a bargain but also boosts this country's greatest industry. Only Canadian wheat is used for Shredded Wheat. Do your part by eating this nourishing all-family food every day.

# SHREDDED WHEAT

12 BIG BISCUITS IN EVERY BOX

MADE IN CANADA • BY CANADIANS • OF CANADIAN WHEAT

Insist on "GRANT'S BEST PROCURABLE"—The Original For Sale at Vendors or direct from "Mail Order Dept." Liquor Control Board, Victoria, B.C.

**GRANT'S**  
**"BEST PROCURABLE"**  
**PURE SCOTCH WHISKY**  
RICHEST IN FINEST HIGHLAND MALT  
Bottled and guaranteed by William Grant & Sons Limited, Distillers, Dufftown & Glasgow, Scotland.

This advertisement is not published or displayed by the Liquor Control Board or the Government of British Columbia.

**CANADIAN PACIFIC**  
**AUGUST SAILINGS FOR VANCOUVER**  
PRINCESS ADELAIDE—Fridays, 10 p.m.—via Ocean Falls and way ports.  
PRINCESS LOUISE or PRINCESS ALICE—Saturdays 5 p.m. direct.  
For KETCHIKAN, WRANGELL, JUNEAU and SKAGWAY—Mondays, 10 a.m.  
For information call or write—W. L. COATES, General Agent, Prince Rupert, B.C.

**UNION STEAMSHIPS LIMITED**  
Steamers leave Prince Rupert for Vancouver—  
F.S.S. CATALA EVERY TUESDAY, 1:30 P.M.  
Via Waypoints arriving Vancouver, Thursday a.m.  
F.S.S. CARDENA EVERY FRIDAY MIDNIGHT.  
Arriving Vancouver Sunday midnight, approx.  
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points Sunday, 8 p.m.  
Further information regarding all sailings and tickets at PRINCE RUPERT AGENCY, Second Avenue, Phone 568.

**A Product of C.G.E.**  
CONSIDER the importance of quality, when you buy lamps. Edison Mazda Lamps bring you the advantages of every improvement made in lamps since Edison's invention of 50 years ago. They give you soft glare-free light and full value of the current consumed. Buy them by the carton, at the price of ordinary lamps.

**EDISON MAZDA LAMPS**  
INSIDE FROSTED  
A CANADIAN GENERAL ELECTRIC PRODUCT

Early Ad. Copy is appreciated

# MARKET IS SEASONABLE

New Peas and Beans From Interior Coming Soon—Local Small Fruits Being Offered

New peas and beans from Remo and Terrace will be selling in local retail stores within the coming week. During the next few weeks, it is expected many other lines of local vegetables will be in. Local small fruits such as raspberries and black and red currants are now available in good quantity. The strawberry crop is about over at Terrace with recent rains having spoiled the fruit considerably. A short season of apricots is nearly ended. This year only the Okanagan fruit was available, dumping duties having effectively prevented importations from United States. Retail prices current here at present are as follows:

<b>Butter</b>	
Fancy cartoned, lb.	29
No. 1 Creamery, 3 lbs.	72
<b>Flour</b>	
Flour, 49's, No. 1 hard wheat	1.65
Pastry Flour, 10 lbs.	45 to 50
Aust. Pastry flour, 10 lbs.	40
<b>Fish</b>	
Smoked Klippers, lb.	15
Salmon, fresh, lb.	15
Halibut, lb.	2 lbs. 25
<b>Eggs</b>	
Alberta Seconds, doz.	18
B.C. Fresh First, doz.	26
B.C. Fresh Extras, doz.	29
Local, new laid, doz.	35
<b>Meats</b>	
Fowl, No. 1, lb.	25
Roasting Chicken, lb.	30
Ham, sliced, first grade	35
Veal, loin, lb.	30
Beef, pot roast, lb. 15c and	12
Beef, boiling, lb. 10c to	12 1/2
Beef, roast, prime rib, lb.	20
Lamb, shoulder, lb.	13
Beef, steak, lb. 25c to	30
Lamb, leg, lb.	30
Lamb chops, lb.	25c to 30
Mutton, shoulder, lb.	15
Ham, picnic, first grade, lb.	18
Bacon, side, sliced, best grade	35
Pork shoulder, lb.	15
Pork, loin, lb.	20
Pork leg, lb.	20
Pork, dry salt, lb.	20
Ayrshire Bacon, lb.	30
Veal, shoulder, lb.	15
<b>Apples</b>	
California Gravesteins, lb.	10
B.C. Yellow Transparents, 3 lbs.	25
<b>Fruits</b>	
Valencia Oranges, doz. 25c to	80
Lemons, Calif., large	40c to 45
Grapefruit, California	5c to 15
Cantaloupes, California	15c to 25
Rhubarb, field, lb.	05
Bananas, 2 lbs.	35
Plums, lb. 15c 6 lb. basket	85
Cherries, Terrace, preserving	2 lbs. 25c. Basket 50
Strawberries, upriver, basket	12 1/2c to 15
Raspberries, basket	10
Apricots preserving, crates	1.40
Peaches, doz 30c to 40	
Watermelons, lb.	08
Honey Dew Melons, each 35c to	50
Casaba Melons, lb.	10
Black Currants 2 baskets	25
Seedless Grapes, lb.	20
Pears, doz.	35c to 45
<b>Feed</b>	
Wheat, No. 3 Alberta	1.75
Wheat, Bulkley Valley	1.75
Oats	1.70
Bran	1.40
Shorts	1.45
Middlings	1.85
Barley	1.65
Laying Mash	2.85
Oyster Shell	1.90
Beef Scrap	2.90
Ground Oil Cake	3.00
Fine Oat Chops	1.80
Crushed Oats	1.80
Fine Barley Chop	1.75

# LOCAL ITEMS

Tonight's mixed train from the East, due at 11 p.m., was reported this morning to be on time.

Dr. Stanley Mills of Terrace is paying a brief visit to the city, having arrived from the interior on last night's train.

C.N.R. steamer Prince George, Capt. Neil McLean, arrived in port on time at 11:30 this morning from Vancouver, Powell River and Ocean Falls sails at 3 o'clock this afternoon for Anyox and Stewart whence she will return here tomorrow evening southbound.

**ECZEMA, RASHES & OTHER SKIN TROUBLES**  
Soothed & Healed by Zam-Buk.  
Ointment 50¢ - Medical 1.00

Norman L. Freeman, local representative of the International Fisheries Commission, returned to the city on the Prince George from a trip to Vancouver and Seattle on official business.

Another enjoyable dance was held last night by the Canadian Labor Defence League in the hall on Second Avenue. Music was furnished by members of the League and refreshments were brought by the ladies. The crowd was large and happy.

H. H. Hodgson, locomotive engineer for the Canadian National Railways here, returned to the city on the Prince George this morning from Nanaimo where he was called two weeks ago to attend the funeral of his father, the late Thomas Hodgson, a former mayor of the Vancouver Island coal mining city.

Mr. and Mrs. D. A. T. Cooper arrived in the city on the Prince George this morning from Vancouver for a brief visit in town. Mr. Cooper is a sound engineer for the Northern Electric Co. and is here in connection with the equipment at the local Capitol Theatre. Mrs. Cooper was formerly Miss Violet Cameron, at one time a member of the staff of the Canadian National Railways city ticket office here.

# Announcements

Moose Dance Wednesday Aug. 10.  
Catholic Bazaar, October 19, 20.

**Dr. H. O. Johnson's OFFICE**  
Will Be Closed About Two Weeks

# Family MEAT Market

## Saturday Specials

Rump Roast Beef, 5 lbs. & 10 lbs. Spuds	\$1.00
Prime Rib Rolled, 4 lbs. & 10 lbs. Spuds	\$1.00
T-Bone Roast, 4 lbs. & 3 bunches of Carrots	\$1.00
Pot Roast of Beef—4 lbs.	50c
Shoulder Lamb, 5 lbs. & 1 Cauliflower	\$1.00
Leg of Lamb—5 lbs.	\$1.25
Loin of Lamb—per lb.	25c
Stew Lamb, 4 lbs. & 2 bunches of Carrots	50c
Leg of Pork, 3 lbs. & 3 lbs. Apples	\$1.00
Pork Chops—2 lbs. for	35c
Boiling Fowl—per lb.	25c
Frying Chicken—each	65c
Round Steak—2 lbs. for	35c

957 — Phone — 957

# Fruit Store

Open Saturday Night  
**Munro Bros.**

Mr. and Mrs. W. L. Stamford and family will sail on the Prince George tomorrow evening for a holiday trip to Vancouver.

Mrs. D. L. Jones, school teacher at Lewis Island, is paying a brief visit to town, having arrived in the city yesterday afternoon.

Miss Dorothy Macdonald of the Government Agent's office staff will sail tomorrow night on the Prince George for a holiday visit in Vancouver and Nanaimo.

Miss Rita Johnston of the Canadian National Railways general superintendent's office staff will sail on the Prince John tonight for a holiday visit to Queen Charlotte City.

Miss Julia Walters, who has been spending a holiday here visiting with her parents, Mr. and Mrs. Michael Walters, Hays Cove Circle, will sail by the Prince George tomorrow evening on her return to her nurses' training duties at the Vancouver General Hospital.

# Hotel Arrivals

**CENTRAL**  
N. L. Salloty, Vancouver; George A. Benson and Mrs. E. Simpson and daughter, Hazelton; W. Logan and W. Steel, city.

# Week-End Specials

Swift's Pure Lard—5-lb. tin	65c
B. & K. Pastry Flour—10-lb. sack	40c
Mazola Oil—4-lb. tin	95c

**Malkin's Best PRUNES**  
2-1b. pkg. 20c  
Dutch Maid HONEY 16-oz. jar 30c

Durkey's Salad Dressing—8-oz. jar 35c  
Sunset Ripe Olives—9-oz. tin 20c

**Malkin's Best ORANGE Marmalade**  
2 1/2-lb. tin 30c

**BLACK FIGS** large size per lb. 10c

Heavy Waxed Paper—100 feet roll 20c

Saatchi Clams—1's per tin 15c  
Crestwood Creamery Butter, 3-lb. brick 70c

Clark's Spaghetti & Cheese 1's, 2 tins 25c  
Hothouse Tomatoes—5-lb. basket 50c

Preserving Apricots—per box \$1.35  
Pure Gold Oranges—5 doz. 95c

Phone Your Order—We Deliver  
**Alberta Market**  
P. GAMULA, Proprietor  
Fifth Street Phone 208

**Hotel Central Limited**  
Convenient to business district, homelike, beautiful harbor views.  
Rates reasonable. Spacious sample rooms.  
**FIRST CLASS CAFE**  
Open at All Hours  
**Hotel Central Ltd.**  
First Avenue & Seventh Street

# Classified Ads

## FOR SALE

**SPECIAL**—Goodyear Tires at lower prices than any mall order house. Kalen Motors Ltd. Phone 52.

## FOR RENT

**HOUSES** for Rent, F. W. Hart, Im MODERN Stucco House for rent. Phone Green 378.

Front Flat for rent with range. Apply Smith & Mallett Ltd. tf

**FOR RENT**—Modern flat, Rand Block. Apply Max Hellbroeker. tf

**SOME** choice modern apartments for rent. Greatly reduced rates. Westenhaver Bros. tf

**FOR RENT**—Fully modern new unfurnished six-roomed house with basement and hot air heating. For particulars call at Royal Hotel. tf

## EXCHANGE

WILL trade firewood for household necessities. Phone Blue 825. 185

**IS YOUR PROPERTY VACANT?** Let us overhaul it. If will rent and give revenue again. Charges reasonable.  
**J. P. MOLLER**  
Phone Red 803

**Manure For Sale**  
No Straw, \$2.00 Per Yard  
**Casey Cartage Fuel Co.**  
Phone 303

**TYPEWRITERS**  
For Sale or Rent  
**Rose, Cowan & Latta**  
Phone 234

**"THE DUNES"**  
Queen Charlotte Islands  
12 Days Holiday; \$35 Includes Boat Fare and All Other Expenses  
Children Under 12, Half Fare. A Holiday Here Leaves No Regrets. No Flies or Mosquitoes.  
Write or Telegraph  
**MADAME RAJAU**

# Steamship Sailings

**For Vancouver—**  
Monday—ss. Pr. George 4 p.m.  
Tuesday—ss. Catala 1:30 p.m.  
Wed.—ss. Pr. Robert 9 a.m.  
Friday—ss. Prin. Adelaide 10 p.m.  
Ss. Cardena midnight  
Saturday—ss. Pr. George 7 p.m.  
Aug. 6—ss. Prin. Charlotte p.m.  
Aug. 13—ss. Prin. Louise p.m.  
Aug. 20—ss. Prin. Alice p.m.  
Aug. 27—ss. Prin. Louise p.m.

**From Vancouver—**  
Sunday—ss. Catala p.m.  
Wed.—ss. Pr. Rupert 11:30 a.m.  
Friday—ss. Pr. George 11:30 a.m.  
Friday—ss. Cardena p.m.  
Ss. Princess Adelaide p.m.  
Sat.—ss. Pr. Robert 11:30 a.m.  
Aug. 15—ss. Prin. Alice a.m.  
Aug. 22—ss. Prin. Louise a.m.  
Aug. 29—ss. Prin. Alice a.m.

**For Naas River and Port Simpson—**  
Sunday—ss. Catala 8 p.m.  
**From Naas River & Port Simpson—**  
Tuesday—ss. Catala 11:30 a.m.  
**For Stewart and Anyox—**  
Friday—ss. Pr. George 3 p.m.  
Sunday—ss. Catala 8 p.m.  
**From Stewart and Anyox—**  
Tuesday—ss. Catala 11:30 a.m.  
Sat.—ss. Prin. George 6 p.m.

**For Ocean Falls—**  
Monday—ss. Pr. George 4 p.m.  
Friday—ss. Prin. Adelaide 10 p.m.  
Sat.—ss. Pr. George 7 p.m.  
**From Ocean Falls—**  
Wed.—ss. Pr. Rupert 11:30 a.m.  
Friday—ss. Pr. George 11:30 a.m.  
Friday—ss. Cardena p.m.  
Ss. Princess Adelaide p.m.  
Sat.—ss. Pr. Robert 11:30 a.m.  
**For Queen Charlotte Islands—**  
Aug. 5 and 19—ss. P. John 10 p.m.  
**From Queen Charlotte Islands—**  
Aug. 3, 17 and 31—ss. P. John a.m.  
**For Alaska—**  
Wed.—ss. Pr. Rupert 3 p.m.  
Sat.—ss. Pr. Robert 3 p.m.  
Aug. 5—ss. Prin. Louise a.m.  
Aug. 15—ss. Prin. Alice a.m.

## BOARD AND ROOM

**FURNISHED** Rooms heated, with or without board. Reasonable term. 704 McBride Street. tf

## CHIROPRACTIC

**W. C. Aspinall**  
Three Year Graduate Chiropractic  
**Modern Ray Treatments Given**  
Phone for Appointment  
Green 241 and 549  
Open Evenings 6 Exchange Bldg.

## DAIRIES

**For FRESH LOCAL MILK**  
Phone Red 608 or 953  
**DOMINION DAIRY**  
8 Quarts or 14 Pints for \$1.00

## PASTEURIZED MILK IS SAFE MILK

Fresh from Bulkley Valley Farms

**VALENTIN DAIRY**  
Phone 657

## WATCHMAKERS

Send Your Watch, Clock, Jewellery and Optical Repairs to

**A. E. IRELAND**  
324 Third Ave., Prince Rupert, B.C.  
Thirty Years Practical Experience  
Assures Absolute Satisfaction  
**OUR NEW LOW PRICES WILL SURPRISE YOU**

## TRANSFERS

**CAMERON'S** Transfer, Phone 177: Dry wood, Tables and Chairs for rent. Beer bottles bought.  
**SEAL COVE TRANSFER.** Wood for sale at reasonable prices. Phone Green 609 or Blue 903.

**Lawn Mowers Ground**  
Absolutely guaranteed to cut like new.

**STAR WELDING & REPAIR WORKS**  
H. B. Stiles, Proprietor  
Phone 313 Cow Bay P.O. Box 764

**The AUCTIONEER**  
Packing—Crating—Wrapping and General Furniture Repairs  
List your goods with me  
**GEO. J. FAWES—Phone Black 120**

**AUCTIONEER**  
List your goods with us—Prince Rupert's leading Auctioneer.  
**G. M. HUNT**  
3rd Ave. Phone Red 637

# Prince Rupert DRY DOCK AND SHIPYARD

Operating three Dry Docks  
Total capacity 20,000 tons  
Shipbuilders and Ship Repairers for Steel and Wood Vessels  
Sawmill and Mining Machinery Repaired and Overhauled  
Iron and Brass Casting  
Electric and Acetylene Welding  
56-ton Derrick for Heavy Lifts