We Are As Full of Deadly Poisons As A Germ Laboratory.

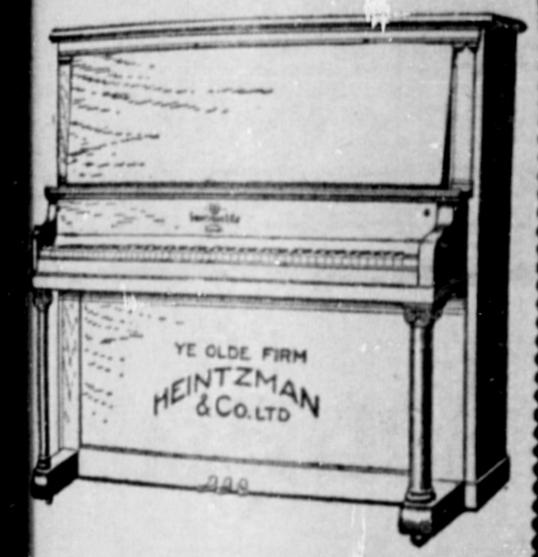
# SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the

In other words, a person who is habitually constipated, is poisoning himself. We know now that Autointexication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you gainst Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of rice by Fruit-a-tives Limited, Ottawa.



We handle only 'two makes of Pianos; both of proved excellence

The Heintzman & Co. Piano, The Weber Piano

Prince Rupert Music Store

Opp. Post Office W. J. Pitman, Piano Dept.

## Pianos in Stock

HEINTZMAN & CO. ENNIS MORRIS CLINTON DOHERTY Sold on Easy Terms.

We rent out pianos by the month as low as 20c. a day. Piano Tuning and Musical

Instrument Repairing Walker's Music Store 2nd Ave. - Phone Blue 389

MISS M. A. WAY TEACHER OF MUSIC

309 Second Avenue ng with students the syllabus of the primary to advanced. - Phone Blue 120 

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336 2nd Ave.

Phones BLACK 367 — GREEN 394 Save Money in Lamps.

The Gurvich

Phone Green 548 P.O. Box 102 Office, Fraser St.

Capt. T. W. Brewer of Provincial WANTED — Maid for general and Child With Other Honors.

Capt. T. W. Brewer of the 16th WANTED-Room and board for Canadian Scottish and formerly of the Forestry Branch of the! Provincial Government service, has arrived back from overseas. WANTED-Smart, intelligent ju-He served for two and a half years in France and Flanders and was wounded three times. For the last two years he has been in Bring your furs to Goldbloom, England with a forestry battalion and was in charge of the logging operations in Windsor Park.

The Captain is one of the heroes who left here on the outbreak of war under Lieut.-Col. Peck with the 30th Battalion. He went away as a private and won SALESMAN, competent and amhis promotion on the field. On being invalided back to England two years ago he was married there and has brought his wife! and child back with him. They are the guests of Mr. and Mrs. R. E. Allen while in the city.

Capt. Brewer left for Hazelton today to resume his duties with the forestry branch of the public service and Mrs. Brewer will follow him later.

Capt. Brewer won the Military Medal in 1916 for work in Sanctuary Wood fighting.

## MUSICAL RECITAL

Pupils Encouraged to do Their by Speakers Who Addressed Them.

At the Convent on Thursday FOR SALE - Immediate possesevening there was an interesting musical recital given by the pupils all of whom acquitted themselves with great credit to themselves and their instructors. At the conclusion there was an ensemble song by the members of the theory class which showed great ability, Miss Lorna Tite accompanying.

Rev. Father Rivet gave an encouraging address in which he urged them all to even greater excellence.

W. J. Pitman spoke along similar lines urging that while the teachers could help them a good deal, it was the individual efforts FOR SALE-Hatching eggs, from of pupils that brought results. The following was the program:

"God Save the King." Duet-Misses E. Martin and E. Bostrom.

Solo-Miss M. McCaffery. Solo-Miss K. Stork. Duet-Misses M. and I. McIn-

Solo-Miss M. Lando. Recitation-Miss D. Reilly. Solo-Miss E. McLean. Solo-Miss N. Rogers.

Duet-Misses R. Saunders and Tite. Solo-Miss E. Zarelli.

Solo-Miss M. McCormack. Trio - Misses F. Burritt, L. Frizzell, and V. Riel. Song-Misses E. Patmore, V Riel and V. Thompson; accom-

panist, A. Gratton. Solo-Miss L. Currie. Solo-Miss A. Gratton. Solo-Miss H. Beadleston.

Duet-Misses F. and M. Bow-Solo-Miss E. La Trace.

Recitation-Miss M. McCaffery. Solo-Miss J. Currie. Duet-Misses R. Gordon and M. \*

Gilmore. Solo-Miss L. Tite. Solo-Miss A. Nelson. Duet-Misses E. and D. Mac- \* couver, B. C. conald.

Song-Theory class.

## Daily News Classified Advertising

#### WANTED.

housework. Good wages. Apply Government Employment Bu-premises. 630 Taylor Street. 02

man and wife. Both employed. Phone Black 158 after 6.

chitect, 4th Street.

Third Avenue. He pays highest price.

WANTED-Girl for hotel work. Apply Hotel Central.

### HELP WANTED

bitious for Manufacturers' Agency business. J. F. Maguire Smith Block.

#### FOR SALE

FOR SALE-44 acres of good farm land on the Skeena River; 8 acres cleared, with good house. Right at Kwinitsa station. Price \$500 cash and the balance of Louis Auriol, Kwinitsa, B. C., or Ed. H. Mortimer, agent, Prince Rupert, B. C.

OR SALE - Hatching eggs, off S. C. White Leghorns; S. C. R. I. Reds, off 300 highest laying Farm, Lancaster, Penn. Also Indian Runner Ducks. Sutherland 704 McBride St.

sion of lot with two good . Bride St., clear title, will be sold a bargain, cash or terms. Apply owner, 345 9th, Avenue, West.

FOR SALE-Choice of 18 city lots assessed for \$10,000 for twothirds assessed value or exchange for improved land .- Ed. H. Mortimer, 2nd Ave.

FOR SALE-Boat thirty-three ft. C.P.R FARM LAND-Choice farms long, nine feet, six beam, ten h. p. engine. Apply Shockley's Shop, Fraser Street.

prize strain barred rocks, and Rhode Island reds. \$1.50 per setting. Atkins' Meat Market.

FOR SALE-Cigar store - Bath house. 768 Eighth Ave. West. Party leaving city. Phone Green

McCLARY RANGES and COOK Stoves at Brochu's Furniture Notice of Intention to Apply to purchase Store, 309 3rd Ave.

FOR SALE-Good businss place, good location, owner leaving at Jenny Bay, Deane Channel, B. C.

### FOR SALE

Sawmill Plant, located at Port Clements, B. C. Capacity, 35,000 feet per day, for sale as going concern. Exceptional opportunity for box manufacturing proposition. \$7,500.00 cash will handle this proposition. For particulars write \* Weir Machinery Co., Van-

#### FOR SALE - Five-roomed house on two lots. Five minutes to post office. Reasonable offer will be accepted. See owner on

FOR SALE--A large mahogany cabinet Victrola and an excellent collection of records at an attractive price for cash. Mrs.

E. F. Duby, 4th Ave. nior draughtsman. Bruce, ar- FOR SALE-Rooming house, 14 rooms and large dance hall. Apply 208 Ninth Avenue. See this before building.

> tf GREAT SNAP-Eighteen city lots assessed from \$280 to \$1,700 selling at \$185 to \$1,135.—Ed. H. Mortimer, 2nd Ave.

#### FOUND

FOUND-Ladies' white kid glove Apply Daily News office.

#### ARCHITECTS

WILLIAM BRUCE, Architect and valuator. 4th Street. Plans prepared for public and private buildings.

#### FINANCIAL

\$500 in one year. Apply to APPLICATION FOR LOANS at a low rate of interest received on plans specifications and tenders, by William Bruce, Architect, 4th Street.

#### MISCELLANEOUS

strain and winter layers, from THE NORTON-The place for a the Pennsylvania Poultry | shampoo. Hairdressing. Scalp = treatment. 210 Fourth Street. Open 10 a. m. or by appointment. Phone 493.

#### BICYCLES

houses on 9th Ave. near Mc. WE PAY CASH for second-hand bicycles and parts. You can trade your old bike for a new one. We repair all makes of bikes and carry a large assortment of accessories. McGowan & Hanson Cycle and Repair Co. Phones 489 and Green 166, 139 2 Second Avenue.

#### C. P. R. FARM

in well settled districts in | Western Canada; low prices; twenty years to pay; irrigated lands in Sunny Southern Al- 2 berta, with loan of \$2,000 in improvements to assist new settlers. Act now - they are going fast. For free booklets and full information write H. G. Loughran, 744 Hastings St., Vancouver, or Allan Cameron, General Supt. of Lands, 987 1st St., East, Calgary.

In Range 3, Coast Land District,, Recording District of Prince Rupert, and situate town, write box 864.

93

TAKE NOTICE that I, James Z. Hall, of Vancouver, B. C., occupation baker and Soldier, intend to apply for permission to purchase the following described lands:—

Commencing at a post planted 20 chains portberly of S. W. commencing at a post planted 20 chains Engine in first-class condition, northerly of S. W. cor. T. L. No. 221; cheap—Akerberg Thomson Co. chains; thence west 40 chains more or less shore line; thence northerly 20 chains, more or less, following shore line to point of commencement and containing 80 acres

> JAMES Z. HALL, Per William A. Bauer, Agent. Dated 31 March, 1919.

Notice of Intention to Apply to purchase

In Range 2, Coast Land District, Recording District of Prince Rupert, and situate at Koeye, Fitz Hugh Sound, B. C.
TAKE NOTICE that I, Marshall Beek of Vancouver, B. C., occupation soldier, intend to apply for permission to purchase the following described lands:— Commencing at a post planted at southwest corner lot 2, thence east 20 chains; thence south 20 chains; thence west 40 chains, more or less, to shore line; thence northerly and easterly along shore line 20 chains, more or less, to point of commencement, and containing 80 acres, more

MARSHALL BEEK,
Per William A. Bauer, Agent.
Dated 6th April, 1919.

## Have You Tried

# Frouncial FLOUR

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# Dentistry

DON'T NEGLECT YOUR TEETH!

One Decayed or Missing Tooth lowers Your Efficiency

Evening, 7 to 9

OFFICE HOURS:-Morning, 9 to 12; Afternoon, 1.30 to 5.30;

> Dental Nurse in attendance. Phone 109 for appointment

## To Prospective BUILDERS & CONTRACTORS

Feeling that it is up to us to assist in the Housing movement we will quote rock bottom prices on any of the material and supplies handled by us, such as:-

Electrical material of all descriptions, including-Fittings and Fixtures, Lamps, Wire of all kinds and size, Pipe Conduit, Electric heaters and mantels, Automatic Electric Ranges, etc., Galvanized and black iron Steam and Water Pipe and Fittings, Valves, Radiators and Heaters, Pipe Covering, Wood Stave Pipe, Boechk's Paint, Varnish and Kalsomine Brushes of all kinds. Hardwood Lumber-Oak, Ash, Maple, Teak and Gum. Structural Steel and Iron-Ornamental Iron Work, Fire Escapes, etc. Rex Flintkote Roofing-the Very Best Made. Manilla and Wire Rope and Cable. Derrick Castings and Contractors' supplies.

We also handle Goodyear Mechanical Rubber Goods, including "Extra Power" Belting, Packings, and Hose and Westinghouse Electrical equipment, including Motors, Generators, Transformers and all other Electrical Equipment. Being direct factory representatives, we are able to make very attractive prices.

### Prince Rupert Supply Co., Ltd. Fourth Street, off Third Avenue.

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