

# A GREAT FOOD BARGAIN

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12 BIG BISCUITS IN EVERY BOX

YOU do yourself a favor when you eat Shredded Wheat. And you do a mighty big favor for Canada's greatest industry. For each golden brown biscuit brings you all the richness of Canadian wheat. Full food value at low cost for you... real help for our farmers who produce the finest wheat in the world.

You'll like Shredded Wheat. It's all the wheat—nothing added, nothing taken away. A natural energy food, good for all the family all the year. And each serving costs you very, very little... twelve big biscuits to the package. Treat yourself to this great food bargain at least once a day. You'll profit. So will Canada!

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.  
Niagara Falls, Canada

# SHREDDED WHEAT

MADE IN CANADA • BY CANADIANS • OF CANADIAN WHEAT

## DEACONESS IS HONORED

Congregation of First United Church Says Farewell to Miss Isobel Haddock

A farewell social was held in the United Church parlors last evening in honor of Miss Isobel Haddock, the deaconess, who has been transferred to Victoria and who leaves for the south tonight after spending ten years in Prince Rupert.

Rev. C. D. Clark, the new pastor, was in the chair. In his opening remarks, he expressed regret on Miss Haddock's departure so soon after his arrival here as, even in the short time, he had learned to appreciate her value as a helper in the church work. However, he hoped for her the best in her new sphere of work in the south while Miss McGregor, the new deaconess, and he would try to carry on in the work here with the help and co-operation of the congregation.

A fine musical program was rendered as follows:

Vocal solos, Mrs. P. C. Miller and Mrs. Large.

Violin solo, O. Denstedt, accompanist, Miss Swana Olafson.

Piano duet, Miss Peggy Wilkinson and Miss Betty Miller.

Reading, Miss E. M. Earl.

Miss Hudson, a former deaconess here, who is spending a holiday with Dr. and Mrs. W. T. Kergin, was called upon to say a few words after which Mrs. W. T. Kergin, the president of the Women's Missionary Society, read an address, which was couched in words of appreciation and esteem for Miss Haddock from all the branches of the church. This was signed by the representatives of each branch and handed to Miss Haddock. At the same time Mrs. J. J. Payne, president of the Ladies' Aid, presented Miss Haddock with a gold wrist-watch and bracelet, suitably inscribed, from the congregation and friends.

Mildred Hunt, representing the Mission Band, in a few well chosen words, presented Miss Haddock with an ever-sharp pencil and book-mark.

Miss Haddock, in accepting the

gifts, spoke very feelingly of her work here and the many friendships formed and expressed deep regret at leaving them all. This was followed by the singing of Auld Lang Syne.

Refreshments were then served. Those in charge were Mrs. N. Thomas and Mrs. Bedford assisted by Mrs. Ciccone, Mrs. Clavering, Mrs. Jenkins and Mission Band Girls.

FREE PRESS HELD MOST DESIRABLE IN SERVING PUBLIC

(Continued from Page 1)

chronicled the acts and opinions of citizens and left judgment to their readers.

"The press is feared, challenged, reviled and fought by those who usually cannot be supported in their selfish and sometimes nefarious propaganda and doctrines," he said, pointing out that many bankers, industrialists and politicians maintain direct relations with the press, and showing how decent, law-abiding people looked on their daily newspaper for guidance and were supported accordingly.

### VANCOUVER WHEAT

VANCOUVER, Aug. 12.—Wheat was quoted at 55c on the local exchange today.

Moles are confined to the north temperate latitudes.

### Mail Schedule

For the East—	Monday Wednesday and Saturday	11:30 a.m.
From the East—	Sunday, Thursday and Friday	11 p.m.
Monday, Wednesday and Saturday	1:30 p.m.	
For Vancouver—	Monday	3 p.m.
Wednesday	8 a.m.	
Friday	11 p.m.	
Saturday	6 p.m.	
Aug. 3, 6, 13, 20 and 27		p.m.
From Vancouver—	Sunday	p.m.
Wednesday	11:30 a.m.	
Friday	11:30 a.m.	
Saturday	11:30 a.m.	
Aug. 8, 15, 22 and 29		a.m.
For Stewart and Anyox—	Sunday	7 p.m.
Friday	2 p.m.	
From Stewart and Anyox—	Tuesday	11:30 a.m.
Saturday	6 p.m.	
For Naas River and Port Simpson—	Sunday	7 p.m.
From Naas River and Port Simpson—	Tuesday	11:30 a.m.
For Queen Charlottes—	Aug. 5 and 19	9 p.m.
From Queen Charlottes—	Aug. 3, 17 and 31	a.m.
For Alaska—	Aug. 8, 15, 22 and 29	a.m.

## "TIP OFF" IS GOOD

Eddie Quillan, Robert Armstrong and Ginger Rogers Stars of Week-End Picture Here

Those clever stars of the screen, Eddie Quillan, Robert Armstrong and Ginger Rogers, prove themselves a most capable and entertaining motion picture team at the Capital Theatre here in the week-end feature "The Tip Off."

Here is a production which has drama—plenty of it—comedy and action. And there is a love theme running through the entire production which will hold everyone.

Eddie is a young radio repair man whose sole ambition is to be a great singer. That is, until he meets the girl. He doesn't know that she is in the toils of a notorious and jealous underworld character but it doesn't make much difference to Eddie. He undertakes an amusing and colorful courtship but things go too fast for him. He finally calls on his old pal, a pugilist played by Robert Armstrong, for help. What they do to the notorious one's gang makes plenty of furious action.

Quillan gives an outstanding performance as does the ever popular Armstrong. Joan Peers, as the leading woman, is beautiful, charming and convincing. Ginger Rogers, as "Baby Face," Armstrong's girl friend, takes care of a high percentage of the comedy and makes the most of it.

## Local Ladies Pan For Gold During Kalum Lake Stay

TERRACE, Aug. 12.—Mrs. George Little and her house guests, Mrs. N. A. Watt and Mrs. S. P. McMordie, also Mrs. W. O. Fulton of Lakelse Lake, motored to Kalum Lake on Sunday where they were the guests of Mr. and Mrs. Everett Dix. During the afternoon they went by motor launch to Rosswood where they visited the homes of the different prospectors and miners and panned for gold in Douglas Creek.

## Family MEAT Market

4 lb. Prime Rib Roast	\$1.00
10 lb. Rolled, 10 lbs. Potatoes	\$1.00
6 lb. Pot Roast of Beef	\$1.00
10 lbs. Potatoes	50c
Boiling Beef—	50c
6 lbs.	25c
2 lbs. Hamburger Steak	25c
2 lbs. Onions	25c
T-Bone Roast—	25c
per lb.	25c
Leg of Lamb—	25c
per lb.	25c
5 lb. Shoulder Lamb	\$1.00
10 lbs. Potatoes	50c
4 lb. Lamb Stew	50c
2 bunches Carrots	50c
5 lb. Leg of Pork	\$1.00
3 lbs. Apples	25c
Fresh Killed Fowl—	25c
per lb.	60c
Frying Chicken—	60c
each	

957 — Phone — 957

## Don't Forget THAT THE BIG

# FIRE SALE

Is Still Going On at

## MONTREAL IMPORTERS

Mecker Block, Third Avenue

## C. N. R. Trains

For the East—	Mondays, Wednesdays and Saturdays	12:30 noon
Tuesdays, Thursdays and Fridays	3 p.m.	
From the East—	Sundays, Thursdays and Fridays	11 p.m.
Mondays, Wednesdays and Saturdays	1:30 p.m.	

## Week-End Specials

Alberta Rose Flour—	49-lb. sack	\$1.35
Swansdown Cake Flour—	per pkg.	30c
Australian Seedless Raisins, 2 lbs.		25c
Instant Postum—	8-oz. tin	50c
Malkin's Best Sliced Pineapple	2's tin	30c
Del Monte "Dri-Pak" Prunes	5-lb. tin	70c
Eggs—Fresh Extras in Cartons, 3 doz.		80c
Crestwood Creamery Butter	3-lb. brick	70c
deinz Catsup—	2 large bottles	45c
Globe Lunch Tongue—1's	per tin	25c



Malkin's Best Pure Strawberry Jam	4-lb. tin	55c
Brunswick Sardines	4 tins	25c
No. 1 Hothouse Tomatoes—	5-lb. basket	45c
Bartlett Ripe Pears—	large size, per doz.	40c
Fresh Ripe Apricots—	2 lbs.	25c
Pure Gold Sweet Oranges—	5 doz.	95c

Phone Your Order—We Deliver

**Alberta Market**  
P. GAMULA, Proprietor  
Fifth Street Phone 208

Friday & Saturday  
TWO SHOWS — 7 and 9 p.m.  
Feature starts 7:40 and 9:40  
ADMISSION — 15c & 50c

**THE RIB-TICKLING COMEDY "THE TIP OFF"**

Starring Eddie Quillan, Robert Armstrong and Ginger Rogers  
Just a Vagabond Lover—He Breaks Hearts While He Fixes Radios  
Comedy—"FREE EATS" (OUR GANG) FOX NEWS  
KRAZY KAT in "BIRTH OF JAZZ"

SATURDAY MATINEE at 2:30 Feature Starts 3:10—15c & 35c

MONDAY & TUESDAY—"THE WISER SEX"

**A Whiff of "WHIZ" and Insects drop DEAD**

8 oz. Size 35c  
16 oz. Size 60c

Flies, mosquitoes and other household insects simply cannot live where you spray WHIZ... They're down and out for good... Laboratory tests prove a whiff of WHIZ is 98% fatal to all insects.

**Whiz Insect Killer**  
HARMLESS to HUMANS and PETS  
98% KILL POWER

**DeJong's Cash & Carry**  
Third Avenue Phone 953

**Thrift Cash & Carry**  
Third Avenue Phone 179

**KAIEN HARDWARE**  
Third Avenue Phone 3

**ORME'S DRUG STORE**  
Third and Fulton Sts. Phones 81 and 82

**AIR DRIED SHINGLES**

Retain the cedar oil in the wood, affording extra and better preservation than kiln-dried shingles from which the essential oil has been evaporated. Our shingles are made on Queen Charlotte Islands and, as a home product, deserve your preference. Shingle makers wages on the Islands are spent eventually in Prince Rupert, while Vancouver wages never come north. Support a home industry and your own welfare by specifying Air Dried Shingles.

Prices: No. 1 5X \$3.75; No. 1 3X \$3.25  
**HYDE TRANSFER—PHONE 580**

*The Fish which made Prince Rupert Famous*

**"Rupert Brand" SMOKED BLACK COD**

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If you lose anything, try a classified ad.

## "TILLIE THE TOILER"

## Mac Knows His Horse

—By Westover.

