



The Finest

LESSEST COST of production has lowered the price of Birk's Sterling Silver Toilet Ware, but its quality is the same as ever—the finest.

Birk's

Vancouver, B. C.

Union Pacific System

South—East—Southwest

Water connections to

CALIFORNIA

From VANCOUVER-VICTORIA

and returning April 26, 1922.

See us for further information and

ticket agent or to

F. S. ELLIOTT

General Agent, 114-116 Hastings St.,

VANCOUVER, B. C.

UNION PACIFIC SYSTEM

OVERLAND

SEASAILINGS

Cunard Anchor

Anchor Donaldson Line

FROM HALIFAX

Arrive at Vancouver December 10

Leave for Seattle December 12

FROM NEW YORK

Arrive at Vancouver December 13

Leave for Seattle December 15

FROM LONDON

Arrive at Vancouver December 14

Leave for Seattle December 16

FROM SYDNEY

Arrive at Vancouver December 15

Leave for Seattle December 17

FROM AUCKLAND

Arrive at Vancouver December 16

Leave for Seattle December 18

FROM WELLINGTON

Arrive at Vancouver December 17

Leave for Seattle December 19

FROM DUNEDIN

Arrive at Vancouver December 18

Leave for Seattle December 20

FROM CHRISTCHURCH

Arrive at Vancouver December 19

Leave for Seattle December 21

FROM ADELPHI

Arrive at Vancouver December 20

Leave for Seattle December 22

COOKING FOR CHRISTMAS

English Plum Pudding, Mince-meat and Other Delicacies of the Season.

It is still difficult to realize the near approach of Christmas. Yet the time has arrived for preparing puddings, mince-meat, and cakes for the festive season if they are to acquire that mellow flavor—gained only through storing them for some weeks—which distinguishes those of excellence from those of mediocre quality.

The Pudding.
Half lb. of sifted flour.
Half lb. of bread crumbs.
One lb. of beef suet skinned and chopped.
One lb. brown sugar.
Three-fourths lb. of sultanas.
Half lb. raisins.
Half lb. of candied peel shredded fine.
One teaspoonful of thick orange marmalade.

Three-fourths lb. of currants, cleaned with a little flour on the top of a sieve.

Four oz. of sweet almonds blanched and shredded.

The grated rind of two lemons.

The juice of one lemon.

A teaspoonful each of mixed spice and salt.

Six eggs. A glass of stout.

Half teaspoonful of carbonate of soda.

Put all the dry ingredients, except the carbonate of soda, into a basin and mix them well. Make a well in the centre and into this put the marmalade and the well-beaten eggs. Put the stout into a small saucepan; heat it, and then stir the soda into it. While still frothing pour it into the centre of the ingredients and continue to mix thoroughly. Pack into greased moulds or basins, lie over a scalded and floured cloth, and boil for six to eight hours according to size. Keep the pudding in a cool place before using, and reboil for some hours as required.

A Vegetarian Plum Pudding.
Into a basin sieve half a pound of flour and a pinch of salt, and then rub in 1/2 lb. of good fat until free from lumps. Add 1/2 lb. of brown sugar, 1/2 lb. of raisins, 1/2 lb. of currants, 1/2 lb. of sultanas, 1/2 lb. of candied peel, 1/2 lb. of shredded candied peel. When well mixed add a tablespoonful of golden syrup and a little milk if the mixture is not moist enough. Put into a greased basin; twist a covering of muslin over the top, and steam for four or five hours.

Plum Cake.
For a cake which is not too rich and one which mellows well by keeping, the following recipe is to be recommended:—Take 1 lb. of flour, 1/2 lb. of sugar, 1/2 lb. of currants and sultanas, 1/2 lb. of butter, three large eggs, 1/2 lb. of candied peel, one teaspoonful of thick coffee essence, quarter teaspoonful of ground cinnamon, half a teaspoonful of baking powder. Prepare the fruit and the peel, rub the flour and baking powder through a sieve into a basin, then add the fruit and the other dry ingredients, and rub in the butter, and into it put the well-whisked eggs and the coffee essence. Mix all quickly together, and pour into a greased cake tin that has been lined with greased papers. Bake in rather slow oven. When done and quite cold wrap the cake in grease proof paper, and store in a tin box until needed for icing.

NOTICE.
In the matter of an application for the issue of a Provisional Certificate of Title for the Duplicate Certificate of Title for the lot 13 and 14, Block 25, Section 1, City of Prince Rupert, B.C. 223. Satisfactory proof of the loss of the above duplicate certificate of title having been produced, it is not intended to issue after the expiration of one month from the first publication hereof a Provisional Certificate of Title covering the above lots, in the name of Victor Blane, which certificate was issued 28th January, 1914, on application received 27th January, 1914, as No. 5124-1.

Dated this 10th day of November, 1921.
Land Registry Office, Prince Rupert, B.C.
H. J. MacLEOD,
Registrar of Titles.

NOTICE.

Take notice that I, John H. Thompson, of Terrace, B. C., occupation company manager, intend to apply for a license to prospect for natural gas and petroleum on the following described lands: Commencing at a post planted about 10 chains N.E. of S.E. corner of Lot 1725, near 10 mile sign, thence west 80 chains, thence south 80 chains, thence east 80 chains, thence north 80 chains to point of commencement, containing 640 acres, more or less.

JOHN H. THOMPSON, Applicant.
Dated September 19, 1921.

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Take notice that I, John H. Thompson, of Terrace, B. C., occupation company manager, intend to apply for a license to prospect for natural gas and petroleum on the following described lands: Commencing at a post planted about 10 chains N.E. of S.E. corner of Lot 1725, near 10 mile sign, thence west 80 chains, thence south 80 chains, thence east 80 chains, thence north 80 chains to point of commencement, containing 640 acres, more or less.

JOHN H. THOMPSON, Applicant.
Dated September 19, 1921.

NOTICE.

Take notice that I, John H. Thompson, of Terrace, B. C., occupation company manager, intend to apply for a license to prospect for natural gas and petroleum on the following described lands: Commencing at a post planted at S.W. corner Lot 518, thence east 80 chains, thence north 80 chains, thence west 80 chains, thence south 80 chains to point of commencement, containing 640 acres, more or less.

JOHN H. THOMPSON, Applicant.
Dated September 19, 1921.

Do Your Bowels move regularly, or do they become constipated

There is no medium through which disease so often attacks the system as by allowing the bowels to become constipated, and there is no other trouble that flesh is heir to that is more liable to be neglected, because material inconvenience may not be felt, at once, from irregular action of the bowels. When there is no regular action the retention of the decayed and effete matter, with its poisonous gases, soon poisons the whole system by being absorbed into it, causing violent sick and bilious headaches, internal bleeding or protruding piles, heartburn, jaundice, etc.

MILBURN'S LAXA-LIVER PILLS will regulate the flow of bile to act properly on the bowels, thus making them active and regular, and removing the constipation and all its allied troubles.

Mr. Samuel Buckler, Tatamagouche, N. S., writes:—For over a year I suffered with constipation. I took several different kinds of medicine, but could only get temporary relief. I was told to try Milburn's Laxa-Liver Pills. I procured two vials of them, but after I had taken one I found that I was relieved of my trouble. I do not hesitate to recommend Laxa-Liver Pills for any kind of constipation.

Price, 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

of greased paper over and steam for four or five hours.

Mince Meat.

This is a mince-meat that will keep good for at least a year, so there is little risk of waste in making a good quantity. Should it become dry in the keeping a little more spirit, well stirred in before using, will bring it up to condition again. For it take half lb. of suet, half lb. apples, one pound of sugar, two tablespoonfuls of marmalade, 1/2 lb. of candied citron, lemon peel, and orange peel, the grated rinds of two lemons, two glasses of rum, and one glass of brandy.

Skin and chop the suet, stone the raisins, clean the currants and sultanas, peel, core and chop the apples, chop the figs, shred the peel finely. Put all these ingredients, with the sugar and the lemon rind into a large basin or crock, and mix thoroughly with the hands. Then add the marmalade, lemon juice, rum, and brandy, and after mixing again, cover the basin and let it stand for 24 hours in a cool place. Mix the ingredients once more, and then pack into pots or jars. The parchment over to keep them perfectly airtight, and store in a cool dry place.

Plum Cake.
For a cake which is not too rich and one which mellows well by keeping, the following recipe is to be recommended:—Take 1 lb. of flour, 1/2 lb. of sugar, 1/2 lb. of currants and sultanas, 1/2 lb. of butter, three large eggs, 1/2 lb. of candied peel, one teaspoonful of thick coffee essence, quarter teaspoonful of ground cinnamon, half a teaspoonful of baking powder. Prepare the fruit and the peel, rub the flour and baking powder through a sieve into a basin, then add the fruit and the other dry ingredients, and rub in the butter, and into it put the well-whisked eggs and the coffee essence. Mix all quickly together, and pour into a greased cake tin that has been lined with greased papers. Bake in rather slow oven. When done and quite cold wrap the cake in grease proof paper, and store in a tin box until needed for icing.

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JOHN H. THOMPSON, Applicant.
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JOHN H. THOMPSON, Applicant.
Dated September 19, 1921.

DRAGGING WAS UNSUCCESSFUL

Police Give Up Hope of Recovering Body of Man Who Threw Himself from Wharf.

It is believed that the unidentified man who threw himself from the Grand Trunk Pacific wharf here yesterday was Otto Johansen of Alice Arm.

Among the articles found by the city police in the coat of the dead man yesterday was a small trunk key, which has been found to fit the trunk of Johansen, who was staying with a friend named W. M. Johnson at the Dyer Apartments.

This morning W. M. Johnson called at the city police station and told Warden Bailey that Johansen, complaining of having a headache and being broke, left his place at 9:30 yesterday morning, presumably to get some fresh air. He had not returned since.

Warden Bailey accompanied Johnson to his apartment and, trying the key to the trunk, found that it fitted Johansen.

Otto Johansen was a Scandinavian and resided for a long time at Alice Arm, where he engaged in prospecting and mining. He was about 50 years of age and suffered from rheumatism. He arrived here from Alice Arm about a fortnight ago.

Dragging Unsuccessful.

Dragging operations to recover the body were continued yesterday afternoon by Warden Bailey of the city police and Captain A. Swanson, of the Prince Rupert Boat House. After the scene of the affair had been thoroughly covered they were given up without success.

There is thought to be no hope of ever recovering the remains. In the clothes of the dead man, which he had left on the wharf, were found very slender means of identification. However, there was found a registered receipt from the post-office at Anxox to Alice Arm. These postoffices are being communicated with, with a view to ascertaining the name of the sender and the receiver.

PRINCE RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that I, H. D. Cameron, of Vancouver, occupation miner, intend to apply for a license to prospect for petroleum and natural gas on the following described lands: Commencing at a post planted about 10 chains east of the S.W. corner of Lot 18218P, thence east 80 chains, thence south 80 chains, thence west 80 chains, thence north 80 chains to point of commencement, containing 640 acres, more or less.

HOWARD DAWSON CAMERON, Applicant.
Dated September 20, 1921.

PRINCE RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that I, H. D. Cameron, of Vancouver, occupation miner, intend to apply for a license to prospect for petroleum and natural gas on the following described lands: Commencing at a post planted about 15 chains east of the S.W. corner of Lot 1492, thence east 80 chains, thence south 80 chains, thence west 80 chains, thence north 80 chains to point of commencement, containing 640 acres, more or less.

HOWARD DAWSON CAMERON, Applicant.
Dated September 20, 1921.

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Dated September 20, 1921.

Cascade Beer

The Beer without a Peer

Made in B.C. for 30 years from only pure products

Delivered to your home, free of charge, in quantities from one dozen bottles to barrel lots.

Ask the Government Vendor for CASCADE BEER

VANCOUVER BREWERIES, Limited

Prince Rupert Mercantile Co., Ltd. - Distributors

Universal Trading Co.

Corner Third Avenue and Sixth Street

Slaughter has commenced

MEN'S SUITS

Serges, Worsteds, Tweeds

Reg. \$17.00, sale price \$11.95	Reg. \$35.00, sale price 24.85
Reg. \$20.00, sale price 12.85	Reg. \$36.00, sale price 24.85
Reg. \$22.50, sale price 14.35	Reg. \$37.50, sale price 25.75
Reg. \$25.00, sale price 15.35	Reg. \$40.00, sale price 30.75
Reg. \$30.00, sale price 21.85	Reg. \$42.00, sale price 31.75
Reg. \$45.00, sale price \$34.75	

BOYS' SUITS—Assorted range. Bargains at \$7.50 to \$9.95

MEN'S SHOES—Dress or working. Regular values \$4.95 to \$8.95. Sale price \$3.95 to \$6.25

BOYS' SHOES—Made to wear. Regular values \$3.45 to \$5.95. Sale price \$2.45 to \$4.45

WORKING SHIRTS—Real values. Sale price \$1.30 to \$2.95

WORKING PANTS and ODD TROUSERS—Sale price \$1.65 to \$5.95

OVERALLS—Assorted. Per pair \$1.65

Many more lines are offered for your inspection.

THIS IS ONLY A START of what will be the greatest sale ever offered to the public of Prince Rupert.

Other merchandise throughout the whole store is now being prepared to receive the knife.

UNIVERSAL TRADING CO.

Corner Third Avenue and Sixth Street

Phone 376 S. K. SHANE, Manager

P. R. Fish Market

Third Avenue

FRESH AND SHELL FISH
LOCAL MEATS

TURKEYS

WE WANT YOUR ORDER FOR YOUR CHRISTMAS TURKEY

Dominion and Empire Ham and Bacon

From Prime Canadian-fed Hogs

38 1/2 CENTS PER LB.

BROOKFIELD PORK SAUSAGE

30 CENTS per lb.

PHONE 671

THEO COLLART, LTD. - NOTARY PUBLIC

WILL TRADE for a good house in Prince Rupert—Seven-roomed house, full cement basement, all piped for hot air furnace. Modern conveniences. One block from Gorge Road. Fine garden and lawn. At Victoria, B. C.

Rentals Real Estate Fire and Marine Insurance
PHONE BLUE 60 WESTHOLME THEATRE BLOCK P. O. BOX 95

Terrace Fruit Lands

100 acres first-class land five miles from Terrace. Good soil.

Price \$10 per acre cash.

Price \$175 cash.

Write in for free booklet on Terrace District.

Kenney Bros. & Co.

Real Estate and Insurance Brokers

TERRACE, B. C.

BETTER HERDS

Some of the finest dairy cattle in Canada are in the Fraser Valley. This is a well-known fact.

Pacific Milk, as you know, is the only milk put up in this province and we feel that it is in no small measure due to the strategic locations of our factories that so many fine herds are being developed between Chilliwack and the Delta.

The high quality of Pacific Milk has made it the biggest milkman in the West.

Pacific Milk Co. Limited

222 DRAKE STREET

VANCOUVER