



A Stitch in Time

Quick action is the only hope when kidney disease appears. There is a whole train of dreadfully painful and fatal ailments which soon follow any neglect to the kidneys right. Among them are rheumatism, lumbago, night's disease, hardening of the arteries and high blood pressure. In Dr. Chase's Kidney-Liver Pills you will find a treatment which is both quick and thorough. Mr. C. E. Raymus, Lindale, Ala., writes:—

"I was a great sufferer from kidney trouble and lame back for more than a year. A friend of mine once day told me of Dr. Chase's Kidney-Liver Pills and acting upon his advice I had taken a box of them. After I had taken one box I felt better. By this time I felt well and strong as ever, and am glad to recommend Dr. Chase's Kidney-Liver Pills to anyone suffering as I was."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box. All dealers, or Edmanston, Bates & Co., Ltd., Toronto.

NOTICE

Be the matter of an application for the issue of a Provisional Certificate of Title in the District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell, of Prince Rupert, B. C., occupation farmer, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile north and three and one half miles east from the shoreline of a small bay on the Moresby Island side of Canoe Pass, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, containing 640 acres, more or less.

JOHN WESLEY CONNELL, Applicant.
J. W. Connell, Agent.
Dated October 6, 1921.

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SWIMMING FOR YOUNG PEOPLE

School Board Endorses Plan of Installing Tank in New School.

GOES TO CITY COUNCIL

The School Board last night endorsed the scheme for the installation of a swimming tank in the Booth Memorial school, as outlined by the Rotary Club and the matter is sent on to the City Council with a request for a grant of \$2,500 toward the scheme, the club to raise the other \$2,500. A vote of thanks and appreciation of the services of the Rotary Club for taking an interest in the matter was also passed by the board.

The matter was introduced by a delegation consisting of J. W. Nicholls and Colonel McMorde, who said they were a delegation from the Rotary Club to urge that the school board endorse the scheme preparatory to laying it before the city council.

Badly Needed.

Mr. Nicholls explained that the Rotary Club was composed of about twenty businessmen who lunched together once a week. They had on their program some boys' betterment work, mental and physical, and they proposed installing a swimming tank in the new school provided they could get permission and assistance from the school board and city council. They were willing to raise \$2,500 if the city would do the same. When the tank was completed it would be taken over by the school board and the responsibility of the Rotary Club would cease. He felt that the facility for swimming was needed badly and would be of great value to the community. It was designed primarily for the children but it might be arranged to have adults use it in the evenings. By making a small charge it should be self-supporting.

Explains Plain.

Colonel McMorde explained the conditions at the school. The excavation had already been made and there was room in the basement for dressing rooms and shower baths. The tank would be 17 feet by 34 feet. The sum indicated would include the installation of these conveniences and the heat would come from the boilers already in the building. It would be so arranged that it could be used separately from the rest of the school.

The motion endorsing the scheme was then unanimously adopted. Mr. Patmore saving he did not think the sum should be charged to education any more than should the construction of a large playground.

Not Enough Playgrounds.

Trustee McLennan said he felt strongly in regard to this matter. There were not enough playgrounds in the city. Anything they could do to strengthen the hands of the Rotary Club should be done. It was most encouraging that a group of businessmen of the city should take an interest in this.

The Rotary Club was then formally thanked by resolution on motion of Mrs. Ling and the delegation withdrew.

R. Beaven, provincial constable

returned to Ocean Falls on the Prince Rupert last night.

CONSTIPATION BAD HEADACHES FAINT, DIZZY SPELLS

Constipation is one of the commonest ills of mankind, and one too often allowed to go unlooked after, until some serious complication sets in.

A free motion of the bowels daily should be the rule of everyone, then there will be no constipation, sick or bilious spells, dizziness, heartburn, coated tongue, flat breath, sour stomach, floating specks before the eyes, jaundice, water brash, etc.

MILBURN'S LAXA-LIVER PILLS

and you will enjoy the best of health.

Mrs. Frank Wilsey, R. H. 3, Belmont, Ont., writes:—"I have been troubled with constipation for nearly two years. I had bad headaches, faint and dizzy spells, and would blot terribly. I was nearly discouraged for I had tried so many things that gave me no relief. My mother got me a box of Milburn's Laxa-Liver Pills and told me to give them a fair trial. After I had taken one box I felt much better and continued the use. Now I have no faint and dizzy spells and am gaining nicely. I would not be without Milburn's Laxa-Liver Pills for the world."

Price, 25c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Sport Chat

In reply to the inquiry made by Prince George regarding the Northern B. C. baseball championship baseball shield, Ben Self, the donor, yesterday announced that the shield was in the office of the Westholme Theatre awaiting the mounting of glass and engraving. As soon as it is put in shape it is to be sent to Anyox for the fans there to see and then it will be forwarded to its first home at Prince George. It should reach there by January 1.

The Ben Self shield is a handsome trophy of solid oak. It was made at the local shipyard by "Bumps" Oliver who was assisted in its designing by E. A. Donohoe. It is a beautiful piece of work and stands about 36 inches high and is of proportionate width. Even if they did have to wait for a couple of months, the interior town will have something of which they should be proud when they get it.

The shield will be a perpetual

challenge trophy said Mr. Self. There were no definite conditions for it in 1921 but next season these will have to be arranged. Delegates from the various towns who wish to compete, such as Prince George, Prince Rupert, Anyox and Ocean Falls will be called into conference to set out the conditions and the playing rules.

Anyox and Alice Arm propose

to have inter-town hockey matches this winter and there promises to be much interest in them this season as there was last. The skating rink at the former place is now being repaired and will soon be in operation again. The most of the matches will be played there it is expected. The first hockey game of the season at Anyox took place recently and the Mine defeated the Beach by 7 to 2. A good quality of play was displayed and showed that Alice Arm puck chasers will have to get busy if they are to hold up their end again this winter.

ST. ANDREW'S WINNERS BILLIARDS LAST NIGHT

Billiard Tournament Finished Last Night and Resulted Defeat Sons England, 1144 to 1121.

The remaining games of the Trail Club Shield billiard tournament between the Sons of England and the St. Andrew's Society were played last night and resulted in the St. Andrew's winning for the entire tournament by the close score of 1144 to 1121. Both teams strengthened their position in the standings by their scores.

The three games last night

were as follows: Joe Brown (St. Andrew's), 200; George Hill (Sons of England), 153. J. A. Allen, 186; H. F. Wearmouth, 200. B. Andrews, 200; E. Mansell, 198.

The team standings follow:

	Pl.	Pls.	Av.
Trail	2	2314	1157
Wanderers	3	3410	1137
St. Andrew's	3	3200	1067
S. O. E.	2	2110	1055
Elks	3	3092	1031
G. W. V. A.	2	2003	1002

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Take notice that Septimus Ward, of Victoria, B. C., occupation farmer, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted on the shoreline of Canoe Pass, about one mile south and one mile west of the S.W. corner of Timber License No. 5860P, thence south 80 chains, thence east 80 chains, thence north 80 chains, thence west 80 chains to point of commencement, containing 640 acres, more or less.

SEPTIMUS WARD and ROBERT WARD, Applicants.
J. W. Connell, Agent.
Dated October 7, 1921.

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REGINALD HERBERT WRIGHT, Applicant.
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SONS OF CANADA MADE FIRST WIN

Defeat Elks in Senior League Basketball Last Evening by a Score of 18 to 11.

The Sons of Canada scored their first victory in Senior League basketball last evening when they defeated the Elks in the Gilluly Cup series by a score of 18 to 11. In the Benson Cup Ladies' League game, the Meteors were winners over the Telephone Girls by a score of 13 to 3. In the Junior League McMorde Cup game the Tiny Tims defeated the Dry Docks by a score of 21 to 12. Lee Dell refereed the Senior and Junior games and Hugh Scott was arbiter of the Ladies' League contest.

The line-ups and scoring were as follows:

Senior League.

Sons of Canada—L. V. Lane, 2; V. Menzies, R. Stewart, H. Menzies, 6; H. Frizzell, 10—18. Elks—E. J. Smith, C. Dickenson, 2; C. C. Clementson, 1; W. Blythe, 2; A. A. Eason, 6—11.

Ladies' Game.

Meteors—Miss Pete Tremayne, Miss Leona Parker, 5; Miss Mary Sim, Miss Vera Shockey, 6; Miss Annie Kelly, 2—13.

Telephone Girls—Mrs. G. Gowan, Mrs. R. Arthur, Miss L. Ross, Mrs. H. Mohley and Mrs. B. McDaniel, 2; Mrs. M. Sherman for Mrs. Mohley in second half, 1—3.

Junior League.

Tiny Tims—W. Kergin, J. Kelly, 4; G. Clapp, 12; J. Martin, and M. Budenich, 2—20.

Dry Docks—G. Blythe, 8; W. Lambie, 4; R. Jacobson, T. Fraser and G. Hill—12.

League Standings.

The league standings to date are as follows:

Senior League.

	W.	D.	L.	Pls.
Elks	2	0	1	4
Sons of Canada	1	0	2	2

Intermediate.

Colts	3	0	0	6
S. O. E.	2	0	1	4
K. of G.	1	0	2	2
Elks	0	0	3	0

Ladies' League.

Maple Leafs	3	1	0	7
Meteors	2	1	0	5
Telephone Girls	1	0	2	2
Cheekers	0	0	4	0

Junior Boys.

Tiny Tims	3	0	0	6
Dry Docks	1	0	2	2
King Edwards	0	0	2	0

BILLIARD STANDINGS

Following is the list of individual averages so far this season in the Trail Club Cup billiard competition:

Games Total Aver.

Nelson (W)	3	600	200
Pillsbury (E)	3	600	200
McEoy (E)	3	600	200
Howe (W)	2	400	200
Blythe (T)	2	400	200
Shakespeare (T)	2	400	200
Barbour (W)	2	400	200
Shockey (W)	2	400	200
Roberge (G)	2	400	200
Mellinoye (E)	1	200	200
Andrews (SA)	1	200	200
Self (E)	1	197	197
Goodrich (G)	2	392	196
Judge (T)	2	391	196
Scott (W)	3	576	192
Stephens (W)	3	570	190
J. Brown (SA)	3	564	188
Wakefield (E)	2	375	188
D. Brown (T)	2	372	186
Hooper (W)	2	372	185
Macdonald (SA)	3	513	181
Silversides (S)	3	511	180
King (S)	3	539	180
Robertson (SA)	3	533	178
Mansell (S)	3	529	176
Sudan (T)	2	351	176
Baldagno (E)	2	351	176
Tinker (S)	3	523	174
Hill (S)	3	517	172
Warrior (G)	2	343	172
Kinghorn (SA)	3	409	170
Allen (SA)	3	511	170
W.D. Smith (SA)	2	340	170
McMorde (W)	3	494	165
Donohoe (E)	2	317	159
Wearmouth (S)	3	480	160
Fleming (G)	2	315	158
Dr. West (G)	2	286	143
May (G)	2	267	134
Green (E)	2	259	130
Morgan (E)	1	124	124
Eason (E)	1	69	69

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MACDONALD'S Cut Brier

MORE TOBACCO FOR THE MONEY

Packages 15¢
½ lb Tins 85¢

The Tobacco with a heart

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