



With the Cream left in! Will keep without ice

Lloyd George

on Life Insurance for Salaried Men

"The willingness to take risks is, in the great merchant or capitalist, a virtue. It is to him what courage is to a soldier, or imagination to a poet. But the willingness to take risks is in the wage-earner a weakness, yes, even a vice. The contrary of the vice of gambling is the virtue of thrift, and the system of life insurance has given the thrifty man his opportunity."

The Mutual Life Assurance Company of Canada

McCaffery, Gibbons & Doyle, Ltd.
Agents, Prince Rupert, B.C.

The secret of preparing a hearty and successful meal is to have

Luscious BREAD

on the table. You have missed one of the joys of living if you have not tried

Our Bread TRY IT

St. Regis Cafe

Third Avenue

The Quality Grocers

All the Fixin's for Thanksgiving

A host of good things is here to make that Thanksgiving Dinner a complete success. Cranberries, Figs, Apples, Raisins, etc., in fact all and anything required for the table.

Munro Bros.

Phone 88 Third Avenue

Night Phones: J. G. Steen, 371 W. Longwill, Blue 270 Day Phone 5

STEEN & LONGWILL

Sheet Metal Works

Agent for McClary Furnaces

Sanitary and Heating Engineers

5th Street and Fraser Street Prince Rupert - B.C.

LECTURED TO PRESBYTERIAN CHURCH CLUB

E. A. Wakefield Told of His Trip to Washington and Told Stories.

In his own inimitable manner E. A. Wakefield, American consul, told the Presbyterian Club at their meeting last night, of his recent trip to Washington. He interspersed it with anecdotes and closed with a number of thoughts gathered from his visit.

In addition to the lecture there was a short musical program, songs by Miss Kathleen Grant, Mrs. Jarvis McLeod and J. A. Tong being much appreciated. James Mitchell presided.

Mr. Wakefield dwelt at some length on the scenic beauties of the inside passage from here to Vancouver, of the wonderful mountain scenery and of his experience in Montreal. At Canada's biggest city where light wines and beer were allowed to be sold, he saw more drunkenness in the short time between two and eight o'clock than he had seen in all his previous trips put together.

Extremes Seen.

In the cities of the United States Mr. Wakefield said he was struck by the fact that people were flocking to the hotels and theatres every night, and at the same time on the benches of the parks were thousands of unemployed. This was a dangerous condition.

Mr. Wakefield visited the United States capital and had a few words with the president and returned to Canada by the Chicago and Milwaukee line by way of Seattle.

Summarizing his impressions and thoughts arising from the visit, Mr. Wakefield expressed the opinion that we were passing through a most serious phase in human history. The heads of the governments little realized what any morning would bring forth. Of course the present discontent came as a result of the war. Some men had been thrown into the cauldron of the war and had given their all while others had done nothing but talk. Happily no nation was likely again for personal aggrandizement to throw the world into such a condition. Germany today in utter chaos, her money was almost worthless.

Settling Difficulties.

Speaking of the rate of exchange between Canada and the United States, Consul Wakefield said various panaceas had been offered. These he thought would be useless unless there was a desire to meet as man to man and do business together.

An attempt was to be made on Armistice Day to settle some of the difficulties which were arising between nations. Fifty per cent of the income of the nations was at present being spent on war preparations. The convention would try to lessen this burden and prevent the danger of future wars. To change from destruction to production would be a happy condition. He looked forward to a time when there would be a real brotherhood of man.

J. F. Maguire spoke briefly and the president thanked Mr. Wakefield on behalf of the club for his interesting address.

CENSUS RETURNS

New Brunswick.

Bathurst	3,311
Campbellton	5,569
Chatham	4,489
Edmundston	4,033
Newcastle	3,510
St. Stephen	3,419
Sussex	2,198
Woodstock	3,377

Nova Scotia.

Bridgewater	3,152
Dartmouth	7,904
Dominion	2,390
Glace Bay	16,992
Inverness	2,952
Kentville	2,717
Liverpool	2,263
Lunenburg	2,786
New Waterford	5,413
Parrsboro	2,745
Pictou	3,112
Springhill	4,955
Stellarton	3,362
Sydney	22,527
Trenton	2,837
Westville	4,517
Windsor	3,589

Prince Edward Island.

Summerside	3,228
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SANTAL MIDY
Easy to Take - Does Not Retard CATARRH of the BLADDER
Sole, Successful
Each Capsule Bears Name MIDY
BeWARE of Counterfeits

ASKS SURVEY ROAD TO NAAS

It is most gratifying to the citizens of the Athol riding that the local member of the legislature, H. F. Kergin, has already brought to the notice of the government the urgent necessity of building more roads, in this northern part of the province, says the Alice Arm Herald.

In his speech in the House, on October 20, he brought to the notice of the government the fact that the famed, rich and spacious Naas River Valley had no outlet whatever, and the result was that at the present time the population of this valley comprised about thirteen settlers. Now that the facts of the case have been brought to the notice of the government it is up to them to investigate the possibilities of the valley and provide an outlet for the settlers as quickly as possible. If the government is sincere in its "Back to the land" policy it will not hesitate one minute in surveying a route to tidewater. The people of this district do not want the government to spend a cent of the public money unless such expenditure is justified and if the government can show us where they can open up a larger and more fertile tract of land than the Naas River valley, for the same amount of money, in this district, we are willing that they should do so.

Growth of North.

Mr. Kergin has on various occasions pointed out the phenomenal growth of the north country during the past fifteen years, and we venture to say that if the government of the province had built more good roads—roads that an auto truck could run over—instead of goat trails, the population of the northern part of the province would be treble what it is today. The permanent growth of northern B.C. depends entirely upon the number of miles of good roads built each year, and it is the duty of everyone to help bring pressure to bear on the government to build a good road system to the north, similar to that in the southern part of the province. We are rapidly out-growing the goat trails scattered throughout the country and it is time the government started to build permanent roads and also link up the different systems already built.

Without advertisements, this paper would not be as interesting to you, because information about goods for sale in the stores is news—just that.

PRINCE RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that I. H. D. Cameron, of Vancouver, occupation miner, intend to apply for a license to prospect for petroleum and natural gas on the following described lands: Commencing at a post planted at the S.W. corner of Lot 1739, thence east 80 chains, thence north 80 chains, thence west 80 chains, thence south 80 chains to point of commencement, containing 640 acres, more or less.

HOWARD DAWSON CAMERON, Applicant.
Dated September 5, 1923.

WHAT BOOKS HAVE DONE

Think what books have done for liberty! In old days of the struggle for freedom many a grand speech might die away within the walls where it was uttered; now by the aid of the printing press, reverberated through all nations, it may go thrilling through the world, and come rolling back to the speaker in millions of echoes. The spoken word may reach two or three thousand; the printed page may be read by three hundred million of men and women.

—Dean Farrar.

HALIFAX EXPLOSION WRECKED HER NERVES

The reader will, no doubt, remember when a few years ago there was a collision in the Halifax, N. S., Harbor and one of the munition ships was blown up, causing great loss of life and laying a large portion of the city in ruins, and causing a great deal of suffering and distress among the inhabitants.

Mrs. Winifred Hill, now of Windsor, N. S., was living in Halifax at that time and went through this trying experience and the shock wrecked her nerves. She writes as follows: "I was living in Halifax at the time of the explosion, and it wrecked my nerves so that I could not do my housework. I would take such nervous spells I would be under the doctor's care."

"I saw Milburn's Heart and Nerve Pills advertised, so I took two boxes, and they helped me so much I took six more, and now I am completely relieved. I can recommend them to anyone suffering from heart and nerve trouble."

To all those who suffer from nervous shock we would recommend our

MILBURN'S HEART AND NERVE PILLS

as the best remedy to tone up the entire nervous system and strengthen the weakened organs. Milburn's Heart and Nerve Pills are the original heart and nerve food, having been on the market for the past 27 years. Price, 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

WOMAN IS DEPUTY MINISTER MANITOBA

Mrs. A. M. Lawson's Name Appears in Provincial Gazette For Week.

WINNIPEG, Nov. 3.—The appointment of Manitoba's first woman to act in the position of a deputy minister in the provincial civil service is gazetted.

Mrs. A. M. Lawson, registrar of joint stock companies, in the department of the provincial secretary, and private secretary to Hon. Dr. J. W. Armstrong, provincial secretary and municipal commissioner, to act as deputy provincial of B. L. Baldwin, deputy provincial secretary, appears as an official announcement of the government in the current issue of the Manitoba Gazette.

The Manitoba Gazette this week also contains proclamation of an act respecting diversion of the Seine river in St. Boniface, which was passed by the legislature in 1920. The transaction goes back as far as 1907, when permission was granted the city at St. Boniface to divert the Seine river bed to allow for improvements in St. Boniface. The bed of the river was diverted onto Provencher avenue. The act provides for transfer back to private property owners the land which was vested in the city on diversion of the river.

There may be something you want see the classified columns.

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LECTURER COMING

Dr. W. H. Smith of Westminster College, Vancouever, is on a lecturing tour of northern British Columbia on his way back to Vancouver from the East. He lectured at Prince George at the weekend and should be here on Sunday night and will preach at the Presbyterian Church that evening.

Arrangements are being made for him to lecture here but the date has not yet been set. He is said to be a splendid speaker, the subjects on which he has been lecturing at different points being "Problems of Industry," "New Canadian Nationhood" and "Divine Healing."

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One Dollar a Week

By regularly deducting one dollar a week from your earnings and depositing it regularly in a Savings Bank Account, you will soon accumulate a substantial balance without missing the money deposited. In five years, with interest at 3% compounded semi-annually, you will have \$250.26. In ten years your balance will be \$605.54.

UNION BANK OF CANADA

Prince Rupert Branch A. T. Broderick, Manager

—just like new!

How often have you seen our customers when they see the result of the clearing and Pressing let give their garments.

You'll say it too, when you see the work you can do for us.

When Shall We Call?

Canadian Steam Laundry

Phone 8
Third Ave. W., Prince Rupert

PACIFIC CARTAGE Limited

Phone 93

I beg to thank all my customers for their patronage and advise them that I have

Sold my Business

to

Pacific Cartage, Ltd.

who will be pleased to deliver the same grades of goods that I have handled.

J. G. WESTON

BOSTON GRILL

Third Avenue

Eat your Thanksgiving Dinner with us and get the benefit of home-cooked food at lowest prices.

OPEN DAY AND NIGHT
Phone 457

STORK'S SELL STOVES.

Fred Stork's Hardware
SECOND AVENUE
PHONE BLACK 114

CHARTERED ACCOUNTANTS AND AUDITORS

RORIE & SMALL

Resident Partner
GEORGE RORIE, CA.

City Auditor for Prince Rupert
Authorized Trustee in Bankruptcy
Auditing Liquidations
Investigations Partnership Accounts
Financial Reports, etc. Assignments

Federal Building, Prince Rupert
Phone 387
811 8th

Our phone number is changed. New number is—

LING, TAILOR

821 2nd Ave.