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STILL MORE VIGILANCE

MORECARE

For your Protection

YOU will notice Carnation advertising frequently carries this message: "Protected at the Source." Please realize how tremendously Carnation has increased this service for your protection. It fosters better dairy stock through Carnation's worldfamous herds of Holstein-Friesian cattle. It employs trained men to constantly visit dairy farms selected to produce Carnation Milk, checking and re-checking methods ... inspecting, testing, instructing. And after the milk has reached Carnation con-

denseries there is still more vigilance, still more rigid, scientific testing until the can is finally hermetically sealed.

Makes Favorite Recipes Better Domestic Science experts have learned that the "homogenized" butter-

fat in Carnation makes it super smooth. You will be delighted with the results when you use it in cream

soups, sauces, puddings, ice cream, cocoa and candy. And you will enjoy its creamy double-richness with coffee, fruits, and cereals, as well as saving considerable money on your milk bill.

Approved for Baby Feeding

The highest medical authorities recommend Carnation Milk as an excellent milk for babies -because of its purity, uniformity, nutritiousness, richness in vitamins and minerals, and super-digestibility.

That's How Good It Is!



Send for Two

Free Booklets

There are two very inter-

esting new booklets about

this modern milk - Car-

nation Cook Book and

"Contented Babies". They

are yours, free, by writing

MILK FROM CANADIAN COWS, PACKED IN CANADA IN CANADIAN-MADE CANS AND CASES

Rain!

Rain!

WE REIGN-

Rain!

FIRST QUALITY

JUST ARRIVED DIRECT FROM FACTORY

AT MANUFACTURERS' COST

Children's Rubbers; sizes 8 to 10; reg. price, 75c 61c Children's Rubbers; sizes 101/2 to 2; reg. price, 85c 66C

Spike Heel; sizes 3 to 7 74c reg. 85c; selling at 74c

Very Special; selling at

Men's Storm or Plain Rubbers sizes 6 to 101/2; reg. 85c 69C Men's Storm or Plain Rubbers

sizes 6 to 101/2; reg. \$1.10 \$1.25; selling at \$1.10

sizes 6 to 101/2; reg. 96C \$1.10; selling at . Women's Rubbers; Cuban or Men's Storm or Plain Rubbers

Very Special!

Men's Hip Gum Boots-Regular \$5.50 \$3.49 Very Special; selling at Men's Knee Rubber Boots-Regular \$3.50 \$2.75

CUT-RATE SHOE STORE

The Fish which made Prince Rupert Famous

"Rupert Brand" **SMOKED**

DEPICIA COL

Prepared Daily By Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.

Hotel Arrivals

Central

J. Enes, A. Andersen, C. Joh. en, A. Reice and W. Logan, city; A. Wilds; Queen Charlotte City; N. R. Groadhurst, Inverness; C. E. Cadden, Haysport.

C. N. R. Trains

For the East-.10:30 a.m.

From the East-

25-CENT SPECIALS

Fresh Dates-Just arrived

Ready Cut Macaroni-25c Empress Loganberry Jam-25c 2's, per tin 25c Brunswick Sardines-Oxo Cubes-Large tin Kippered Snacks-Good the pantry Heinz Tomato Juice-16 oz. tin, 2 for Helmet Corned Beef-Handy in the house, 2 for Ashcroft Ketchup-26-oz. bottle, family size Pink Salmon-Talls 25c | 3 doz. Fresh Ripe Tomatoes— Royal City Pork & Beanstalls, 3 tins Remo Fresh Peas-Corn on Cob-

"Where Dollars Have More Cents"

319 Third Avenue-Phone 18 & 360 P. O. Box 575

Taken up Last Night at N.

Questions Affecting Married Men U. W. A. Meeting

Ways and means for bringing lowance for married men with families were discussed at a meeting last night of the National Unem -ployed Workers' Association in the Canadian Labor Defence League Hall. The meeting was attended by about one hundred men, most of whom were married and concerned with the proposal of the authorities that back relief should be worked

Speakers from the floor declared that, if they could not work continuously on such a meagre allowance as that now in effect, all food would be eaten up in a few days. The fuel question took more work of the relief workers while they were not engaged in actual relief work.

The opinion was general that, if work were necessary, an adequate allowance should be made for rent, light, fuel, clothing and the necessary equipment for school children.

Complaints were received that many parents on relief were unable to supply their children with the necessary school books. The Women's Labor League is co-operating in connection with this problem. Under school age children have not as yet received clothing although it had been promised t

Several speakers declared that much favoritism was shown by the ceve the same allowance for the densame number of days worked.

no medical attention will be given chair. the unemployed. This notification nas come despite the fact that Hon. R. W. Bruhn, minister of public works, advised the committee in the presence of Mayor Orme that he was surprised the unemployed had not received medical attention up with the city council at its next

W. H. Montgomery acted as chairman of the meeting.

Week-End Specials

Swift's Picnic Ham-

5-lb. size, each

McIntosh Red Applesfancy unwrapped, box Swift's Back Baconsliced, per lb. 25c Campbell's Chicken with 1-lb. pkg. Dry Prunes-50-60 25c Crestwood Creamery Butter 25c | 3-lb. brick Australian Seedless Raisins 25c | per jar Honey G 25c Taploca, 2 page.
Alberta Eggs—Firsts Japan Rice-70c

> 35c No. 1, 5-lb. basket VEGETABLE SPECIALS 8 lbs. Carrots-8 lbs. Turnips-8 lbs. Cabbage—

8 lbs. Onions—

P. GAMULA, Proprietor Phone 208 Fifth Street

A charge against Nelson Brew of Haysport of theft from a dwelling was dismissed by Stipendiary Magistrate H. F. McLeod in provincial police court yesterday afternoon.

Mrs. E. P. Jenner, manager, of Demers ladyswear store, returned the Norwegian motorship Danwood, Tuesday night on the train from which is here to load a cargo of Calgary where he mother is in grain from the local elevator, a very the hospital. She reports her mo- enjoyable dance was held last night ther's condition as being slightly in the Metropole Hall by the local improved.

District office of the provincial affair. police here has received inquiries. At the opening of the proceedings as to the whereabouts of a man John Dybhavn gave an address of named Robert Kirkpatrick who has welcome to officers and members of not been heard of since about two the crew of the ship. The chief ofyears ago when he took out a free ficer of the vessel replied briefly. miners' certificate here.

sailed by the Prince Rupert yester- derdahl and Gunnar Selvig. day afternoon on their return to the smelter town.

Motorship Vanguard, Capt. H. Brindle, arrived in port at 11 o'clock yesterday morning from Ketchikan and, after discharging one of canned salmon for transshipment East over the Cauadian National Railways, sailed on her return north.

John Malnstrom arrived in the city on the Princess Louise this morning from Juneau and will proceed by train from here tomorrow morning to Halifax where he city engineer in connection with will sail October 6 aboard th relief work. The opinion was ex- Swedish-American steamer Grip pressed that all workers should re- holm for his native home in Sy

Complaint was made in a letter Rev. W. D. G. Hollingworth, pastor received from an ex-service man of First Presbyterian Church, was that he had had to use his relief tic- the speaker today at the regular ket to purchase medicine. The com- weekly luncheon of the Prince Rumittee was asked to look into this. | pert Rotary Club in the Commo-The committee recently inter- dore Cafe, his subject being "Caviewed the government agent who nadization of the Immigrant." Prehas been notified by Victoria that sident G. A. Woodland was in the

> Phone 953 Phone 953

Cash and Carry

Friday & Saturday Specials

70c Syrup per lb

Syrup, per lb.

20c 15c Knox Gelatin-per pkg. 19c Swansdown Cake Flour-Sieve No. 3 29c 9c



25c

Malkin's Best Tea-39c 950 Pearl White Soap-7 bars for Tomatoes-25c per basket 30c 25c Preserving Peaches-\$1.55

per crate

Sons of Norway Hold Dance For Grain Ship Men

In honor of officers and crew of Sons of Norway Lodge. There were about eighty persons present at the

Music for dancing was furnished on the accordion by Julius Welle. Mr. and Mrs. N. R. Redman of Dancing started at 9 p.m. and con-Anyox. who have been paying a cluded at 2:30 a.m. At midnight devisit at Hazelton with Mr. Red-licious refreshments were served. man's brother and sister-in-law, The committee in charge consisted Rev. and Mrs. S. V. H. Redman, of Mrs. Chris Jensen, Mrs. Hans Un-

> Alex L. McConnell, travelling auditor for the Canadian Pacific Railway, who is on a tour of the north on official duties, arrived in the city on the Princess Louise last night from Skagway and will proceed to Vancouver on the Princess Adelaide tomorrow night.



Wednesday & Thursday TWO SHOWS - 7 and 9 p.m

More in Love Than Ever

Janet Gaynor &

'The First Year'

With Minna Gombell Newlyweds Who Seal Hasty Quarrels With Lingering Kisses

Comedy-Tom Howard in "WHAT PRICE AIR" Cartoon-

"MONKEY MELODIES PARAMOUNT NEWS

Feature Starts at 7:35 & 9:35 ADMISSION - 15c & 50e Thursday Matinee at 2:30 Feature Starts 3:05-15c & 35e FRIDAY and SATURDAY

"HORSEFEATHERS"



"I'm glad you bought plenty of Christie's Premium Soda Crackers . . . because, with soup, they're about all we'll need for a good lunch."

Christie's PREMIUM SODA CRACKERS

Crisp, light, flaky and slightly salted. Irresistible. Once the family starts eating them . . . be sure the supply doesn't run out.





IS A HIGH CARBON, NON-COKING, BITUMINOUS COAL

accustomed to-

The New

per ton \$11.50 Minehead Coals \$11.50 per ton

ALL COALS ARE IN A DRYSHED HYDE TRANSFER—PHONE 580