

### An Important Item

Sound digestion is the basis of health and vigor. Digestive disorders should have prompt attention. If you suffer from sluggish liver, constipation, impaired appetite, flatulence, dizziness, headache, biliousness, or other symptoms of stomach disorder you may expect to obtain relief by taking

## BEECHAM'S PILLS

Sold everywhere in Canada. In boxes, 25c., 50c.  
LARGEST SALE OF ANY MEDICINE IN THE WORLD

# BOOKS

on  
Steam Engines and Electricity. Mining & Prospecting  
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If you would be up-to-date in your vocation a study of the latest books is essential. Consult us. We have what you want or will get it for you

## McRAE BROS., LTD.



### B & K CHICKEN CHOP B & K SCRATCHFOOD

These are balanced rations and if fed with the necessary green feed (Al FALFA MEAL), BEEFSCRAPS, GRIT, SHELL and CHARCOAL, are sure to give results and INCREASE EGG PRODUCTION.

We retail feed in any quantity

## THE BRACKMAN-KER MILLING CO., LTD.

P.O. Box 745 Prince Rupert, B.C. Phone 350

## TO FISHERMEN

Now the outfitting season is on, call FIRST at the

## WARD ELECTRIC & MARINE SUPPLY CO.

COW BAY

Outfitting and Lighting Outfits Storage Batteries  
Marine Hardware Paints, etc.

## Food Inspection

Our meats and fish are carefully inspected and selected by experts. Not only that, but you can watch how it is cooked.

the only place in town where you can do this is

## THE EMPRESS CAFE

where Everybody Eats All White Help  
Empress Hotel Block, 3rd Ave.

## is just as Economical to Eat at the St. Regis

Here you'll find food—good food, tastefully prepared, excellently served and satisfying in every respect. It costs no more to dine here than at home and saves infinite trouble.

Then there's our Bakery Department. Have you ever noticed the variety of cakes and pastry we turn out daily? Try some once and join the large circle of our happy customers.

## St. Regis Cafe

Richmond, Manager Third Avenue Prince Rupert

### Local and Personal

B. C. Undertakers, Phone 41. If  
Wanted—Raw furs, Pat Phillips, If  
Fresh Bulkley Valley meat, City Market, 42  
List your boats for sale with M. M. Stephens, If  
Sam Brail, violin teacher, Studio, Walker's Music Store, If  
Cut flowers, bulbs in Bloom, rose bushes, shrubs, City Market.

FOR EXPERT SHOE REPAIRING, McArthur's Shoe Store, 3rd Ave., If

SKATING—12-1-2-2:45 o'clock is the time "Oh Baby" leaves Gow Bay float. Children 25c return.

Ed and Norman will be selling hot dog and hot coffee at the Salt Lakes today, tonight and tomorrow. 42

C. W. Swanson, W. McMullen and W. Roberts, of Swanson Bay, are registered at the Hotel Prince Rupert.

F. G. Dawson left on this morning's train on a business trip to Burns Lake. He will be back early next week.

Home-made bread, pies, cakes and pickles. Home cooked meals, at the Smeaton Tea Rooms, 309 Second Avenue. If

A letter of grievance between George Waddell and the municipal wire inspector was referred by the city council last night to the Utilities Committee with power to act.

Mrs. F. W. Thompson, of Third Avenue West, appeared in the police court this morning charged with allowing drunkenness on her premises and was remanded until Monday.

The adjourned annual meeting of the Conservative Association will be held in the Smeaton Tea Rooms, 2nd Ave., on Tuesday next, Feb. 22nd, at 8 p. m. All Conservatives invited. 42

The W. A. of St. Andrew's Church will give a tea and sale of home cooking at the home of Mrs. Wallace Orchard, Mcgraves Place, on Wednesday, February 23, at 3 p. m. All are welcome.

Mrs. Clarke and family, Beach Place, for whom a grant was recently made by the city council and local societies to take them back to England, commenced their journey by this morning's train.

J. H. McMullin, government agent, is today holding civil service stenographers' examinations in his office. The candidates taking the tests here are Mrs. A. J. Carlson and Miss Erlamonde La Trace.

Archbishop F. H. Du Vernet returned on the Tees this morning from Vancouver, accompanied by Rev. F. W. Cassillis Kennedy, the superintendent of Anglican Japanese Missions, who will inspect the local mission.

The old coaster Tees reached port at 5 o'clock this morning in place of the Princess Beatrice which was wrecked last week. Captain Alex. Thompson is on the bridge of the Tees which will return to Vancouver this afternoon. She brought north considerable freight and a few passengers but no mails.

### CORNER CLUB

Social Time Spent Last Night with Fred Shaw in Charge.

There was no formal speaker at the Corner Club last evening, but the meeting was in charge of Fred Shaw, Jr., who gave an informal talk on reorganization. Refreshments were served and a pleasant social time spent.

### TERRACE

The Terrace News celebrated its first birthday last Monday.

At the masquerade dance held last week in Progress Hall the prize winners were B. O. Andrews, S. Kirkaldy, J. Cook, Ethel Christie, C. A. Waite, Mrs. L. G. Skinner, Mrs. O'Neill and Freddy Scott. The judges were Mrs. Kirkaldy, B. A. Swain and V. Soucie.

The sleighing is almost gone here on account of soft weather recently.

Mrs. C. R. Gilbert has gone to California where she will visit for some time.

Mrs. D. D. Munro left on Thursday for Vancouver.

E. E. Chandler was at Hazelton on Monday to play for the Valentine dance.

### SMITHERS

The total receipts for the Railwaymen's Hospital Ball on Monday night were \$898.25 and \$541.90 was netted for the hospital funds.

A car of coal from the Aveling mine at Telkwa was last week shipped to Smithers.

A son was born at the Smithers Hospital last Saturday to Mr. and Mrs. J. H. Hetherington.

The infant child of Mr. and Mrs. S. Kinley, of Barrett, passed away on Thursday.

The court of revision spent the most of the morning again sitting on the railway assessment appeals and had adjourned until this afternoon when its sessions for the year will likely be finished.

There may be something you want. See the classified column.

### HAD BAD COUGH FOR THREE YEARS

The constant hacking, racking, persistent cough that sticks to you in spite of everything you have done to get rid of it, is the kind that is dangerous.

The longer the cough sticks, the more serious menace it becomes to your health.

There is no remedy that will relieve coughs—coughs that won't let go—like Dr. Wood's Norway Pine Syrup.

It has a healing and soothing action on the air passages, and at the same time acts as a disinfectant of the respiratory organs, destroying the germs that produce serious lung complications.

Mrs. John Miller, Minburn, Alta., writes: "I had a very bad cough for three years. I went to several doctors and tried different cough medicines, but nothing seemed to help me. One day a friend told me about Dr. Wood's Norway Pine Syrup, and after using several bottles I became completely relieved. I always keep a bottle in the house, and also recommend it to others."

Dr. Wood's Norway Pine Syrup has been universally used for over 30 years, and so great has been its success, it is only natural that a great many imitations have been placed on the market. The genuine is put up in a yellow wrapper; 3 pine trees the trade mark; price 35c. and 60c. a bottle; manufactured only by The T. McBurn Co., Limited, Toronto, Ont. Adv.

### FULLER'S SPECIALS

Empress Marmalade, 4-lb. tin \$1.00.  
Tomatoes, large tins, 6 for 1.15.  
Yakima Spuds only \$3.00.  
Nabob Tea, per lb. 53c. Save the coupons.  
Strawberry Jam, 4s. pure Quaker, \$1.10.  
F. G. Coffee, 3 lbs. for \$1.  
Sweet Oranges, 3 dozen for \$1.  
Prunes, reg. 25c, now 2 lbs. for 25c.  
Ripe Olives, per gal. \$1.40.  
Green Gage Jam, 4 lb. tin 95c.  
Extra special onions, 10 lbs 25c.  
Criseo, 3 lbs. for \$1.00.  
Butter, fresh, 55c, 60c and 65c.  
Palm Olive Soap, 12 for \$1.10.

Never forget to look through the classified list

### ECZEMA

You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 50c a box; all dealers or Edmundson, Bates & Co., Limited, Toronto.



a  
**Cut Plug Tobacco**  
of Wonderful Value  
& Quality

# ROYAL NAVY

## CUT PLUG SMOKING TOBACCO

1/11 lb. packet 15 cents  
1/2 lb. tin 80 cents

## FOR BREAKFAST Rupert Brand KIPPERS

A Nourishing and Delicious Breakfast Food.

TO COOK: Place in frying pan with a little fat and cook for ten minutes.

Sold by all Restaurants, Retail Grocers & Butchers  
SMOKED DAILY BY  
Canadian Fish & Cold Storage Co., Ltd.  
Prince Rupert, B.C.

# BUY BONDS

Why have your money earning less than Eight per cent. when you can get this on Bonds Guaranteed by the Government. We have a large list of such bonds, also C. P. R. Stock paying 8 per cent.

Owing to the low rate of exchange we also recommend the buying of Foreign Government Bonds. We will buy these back at current market value, and cash all interest coupons on presentation.

Victory Bonds bought and sold, also foreign exchange. Our daily wire keeps you posted as to market conditions.

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NATIONAL BOND CORPORATION, LTD.