Indoor Life

Spending more time indoors makes women far more subject to constipation than men.

The liver becomes sluggish and torpid, the bowels constipated and the system poisoned by impurities.

If you would get away from the myriads of ills which result from constipation, it is only necessary to use Dr. Chase's Kidney-Liver Pills.

The benefits from their use are lasting as they are prompt and certain.

Mrs. John Barry, 18 St. ...mable Street, Quebec, Que., writes:

"This is to certify that I was troubled ... years with constipation and tried ... kinds of medicines without relief. At ... my husband suggested that I try ... Chase's Kidney-Liver Pills. I did ... and must say that they have given ... more relief than all the medicine I ... taken during the last fifteen years. ... may also add that I have used Dr. ...ase's Ointment for piles with excellent results."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box, ... dealers or Edmanson, Bates & Co., Ltd., Toronto.

NOTICE.

...the matter of an application for the ... of a Provisional Certificate of Title ... of the Duplicate Certificate of Title ... Lots 18 and 19, Block 25, Section ... of Prince Rupert, Map 923.

...isfactory proof of the loss of the ... duplicate certificate of title having ... produced, it is my intention to issue ... the expiration of one month from the ... publication hereof a Provisional Certificate of Title covering the above lots, in ... name of Victor Bianco, which certificate ... issued 29th January, 1914, on ... same received 27th January, 1914, as ...

...ed this 10th day of November, 1921. ... Registry Office, Prince Rupert, B. C.

H. F. MacLEOD, Registrar of Titles.

COAL AND PETROLEUM ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., miner, intend to apply for a ... to prospect for petroleum and ... gas on the following described ...: Commencing at a post planted at the ... corner of Lot 6257, thence north ... chains, thence west 80 chains, thence ... chains, thence east 80 chains to ... of commencement, containing 640 ... more or less.

PHILIP CHESLEY.

...d September 4, 1921.

COAL AND PETROLEUM ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., miner, intend to apply for a ... to prospect for petroleum and ... gas on the following described ...: Commencing at a post planted at the ... corner of Lot 1037, thence south ... chains, thence west 80 chains, thence ... chains, thence east 80 chains to ... of commencement, containing 640 ... more or less.

PHILIP CHESLEY.

...d September 4, 1921.

COAL AND PETROLEUM ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., miner, intend to apply for ... to prospect for petroleum and ... gas on the following lands: Commencing at a post planted at the northwest ... of Lot 1037, thence north 80 chains, ... west 80 chains, thence south 80 ... thence east 80 chains to point of commencement, containing 640 acres, more ...

PHILIP CHESLEY.

...d September 4, 1921.

LAND ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., occupation miner, intend to ... a license to prospect for natural ... petroleum on the following described lands: Commencing at a post ... about one mile west of the north... corner of Lot 1427, thence north 80 ... thence west 80 chains, thence south ... chains, thence east 80 chains to point ... commencement, containing 640 acres, ... less.

PHILIP CHESLEY.

...d September 3, 1921.

LAND ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., occupation miner, intend to ... a license to prospect for natural ... petroleum on the following described lands: Commencing at a post ... about one mile west of the north... corner of Lot 1427, thence south 80 ... thence west 80 chains, thence north ... chains, thence east 80 chains to point ... commencement, containing 640 acres, ... less.

PHILIP CHESLEY.

...September 3, 1921.

LAND ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., occupation miner, intend to ... a license to prospect for natural ... petroleum over the following described lands: Commencing at a post ... about one mile west of the north... corner of Lot 1427, thence 80 chains ... thence 80 chains east, thence 80 ... south, thence 80 chains west to ... of commencement, containing 640 ... more or less.

PHILIP CHESLEY.

...September 3, 1921.

LAND ACT.
...RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

...notice that I, Philip Chesley, of ... B. C., occupation miner, intend to ... a license to prospect for natural ... petroleum over the following described lands: Commencing at a post ... about one mile west of the north... corner of Lot 1427, thence 80 chains ... thence 80 chains east, thence 80 ... north, thence 80 chains west to point ... commencement, containing 640 acres, ... less.

PHILIP CHESLEY.

...September 3, 1921.

ATTITUDE OF JEWS TOWARD OUTSIDERS

Extracts From Article by Rabbi Meyer of San Francisco, California.

INTERMARRIAGE ANTIPATHY

The attitude of the Jewish people toward those of a different faith is outlined at length in an article by Martin A. Meyer, Ph. D., Rabbi of Temple Emanuel, San Francisco. He defends the attitude against intermarriage with Gentiles as follows:

"The charge of Jewish antipathy to the non-Jew is most frequently based upon his refusal to intermarry. Because of this he has been abused by dissenters from his own midst and by the great outside. This is not the place to enter into a detailed discussion of this intricate and delicate question. This refusal to intermarry is not because the Jew is in any manner hostile to the non-Jew. Those who advocate this do so upon the ground of the integrity of Judaism. The public safety is the supreme law, and the safety of the Jewish group and its viewpoint depends upon its ability to impose such a rule of conduct upon its followers. From the earliest times, Jewish teaching was directed to this end so that the ideal of the Jew might not be lost. Refusal to intermarry with the Canaanitist making the stern disapproval of Ezra and Nehemiah of such unions, the practice and the custom through succeeding ages have given this attitude an importance of the first degree.

Not Invalid.

"Marriage with a non-Jew is not considered invalid from any point of view. It is considered inexpedient from the point of view of the integrity of the Jewish group. Intermarriage is not deprecated today on the grounds of the superior worth of the Jew to the non-Jew. It is not considered desirable from the point of view of the religious unity and harmony which should prevail in the ideal home. We need not point out that we stand on common ground with all the great religions of the world who hold exactly the same views with regard to intermarriage. We believe that it is a fundamental right of every group to protect itself in this manner and to perpetuate its particular lines of thought and activity. We hold suicide to be cowardly even if it be in this indirect manner for it offers no solution to our problem or to any problem for all that. Evasion is not solution.

"We are ready to admit such into our group who like Ruth of old are ready to declare "Thy people shall be my people, thy God, my God.' We stand ready to welcome the convert into our brotherhood, though we are frankly suspicious of those who do not seek us of their own volition and with the purest of motives and intentions. We find expressions of opinion of ancient rabbis condemning such proselytes as a menace to the Jew. Proselytism is a two-edged sword. It may strengthen; it may dilute. The saturation point is a serious matter for 'newcomers into the faith bring with them considerable of the atmosphere whence they came. Once within the group, there is no discrimination for of old has it been made clear by prophet and by rabbi that 'even from them shall I take for priests and for Levites.' Any discrimination against the newcomer is strictly forbidden for all are one before God.

Loyalty to Country.

"The question of the loyalty of the Jew to his adopted country must necessarily come under the purview of our subject. On the one hand his longing for Zion would seem to have made it impossible for him to identify himself with the new land. Inasmuch as the period of the strongest expression of his love for Zion is usually coincident with the periods of his harshest treatment by his fellows—indeed its intensity is usually to be measured by such persecutions—it is not to be wondered at that he prayed for an escape from his misery. Yet even in such an extreme case as Spain, the love of the Jew for Spain was most pathetic. Further it must be remembered that love of country is more or less tied up with one's rights to own real property. It is only such ownership that is much of a guarantee of permanence and of that increasing loyalty which arises therefrom. And the Jew only in the rarest cases was allowed to own property. He felt the insecurity of his position under such circumstances; yet take it all in all, he developed a marvelous love for his stepmotherlands. The love of the Russian Jew for Russia is almost beyond comprehension. On the other hand, there were never entirely absent certain universalist tendencies in Jewish thought and life. These spiritualized the Messianic hope and looked forward to a world era which would realize the ideals of a spiritual Zionism. And so from Jeremiah down, the thought is repeated in variant form, 'Pray for the welfare of the land whither thou goest,' and the dictum of the rabbis that 'The law of the land is supreme' was accepted. So the Zionist today insists that his love for Zion in no manner interferes with his patriotism; and truly of this double love the Zionist must be the one to testify from his own experience. Certainly the record of the modern Jew as a patriot and citizen leaves no opportunity for doubt as to his fervid love for the land of his birth and his citizenship.

Practice Tolerance.

"When the ghetto doors flew open the Jew did not need to learn tolerance; he had practiced it through all his history. The new life gave him an opportunity for realizing its possibilities and its promises. Our attitude towards the outside world is best demonstrated in the modern world by our works rather than by our words. Volumes might be written of the contributions of the Jew to the world during the past century. The broad point of view of the modern Jew since his political and social emancipation during the last century can be demonstrated from many a source, sermon, public address, written and spoken word. But of far more significance is the work which the Jew has been doing, and still is doing, in the few decades which have elapsed since his entrance into the larger life of the western world.

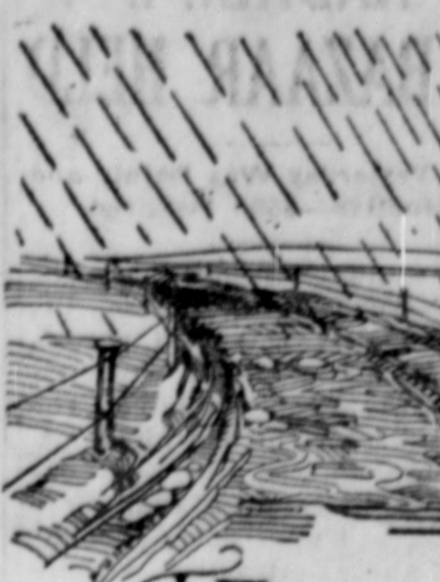
Success His Own.

"His economic success has been his own. Indirectly, he may have thus contributed to the expansion of his nation; but after all is said and done it is for himself and his own gain that he has done these great things. This indirect service has not been mean; its value, great. However, even in the industrial world, had there been malice in his heart towards his fellowmen, the freedom of association which such life necessitates would have been impossible. It can not be without its meaning that the Jew has played a leading role in the great modern industrial movements which have an ethical basis. Socialism was originated by Jews; and today Jews play a leading role in its spread and interpretation. And under the leadership of a Jew trades unionism has been brought to its highest point of efficiency and been given an increasing ethical bearing. The Jew has thrown himself into the vortex of modern life with a most commendable zeal, and has contributed in most generous manner his very best to the realization of the ideals of the nation of which he has become a citizen.

Social Service.

"Along one line he has delighted to work above all others. He has given millions back to the common social fund of the human race for relief and preventive work and has asked that it be distributed to all, regardless of creed, race or color. Recently it was reported that the great bulk of the large sums which had been contributed in modern France for educational

(Contined on Page 8).



Where LEATHER *fears to Tread*...

There are many roads but only one best way—

The best way to protect feet is to put

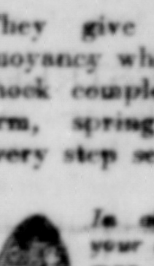
PHILLIPS' MILITARY SOLES AND HEELS

on your shoes

Be sure you get the genuine Phillips' Military Soles and Heels—the kind the soldiers wore—avoid substitutes.

Only these wonderful rubber pads of comfort, lightness and perfect fit protect your shoes at every point of wear—make them last two to three times longer.

They give walking that buoyancy which comes from shock completely absorbed, firm, spring-like pacing, every step secure.



In all shoe sizes at your dealer or repairman — fitted for you.

West Coast Jobbers
325 Homer St.
Vancouver, B.C.

COULDN'T DO HOUSEWORK HEART WAS SO BAD

Many women get weak and run down and unable to look after their household duties owing to the heart action becoming impaired or the nervous system unstrung.

Nature intended women to be strong, healthy and happy instead of sick and wretched. But how can a woman be strong and healthy when day in and day out she has to go through the same routine of work, sweeping, dusting, cooking, washing, etc.? Is it any wonder that the heart becomes affected and she gets irritable and nervous, has hot flushes, faint and dizzy spells, smothering and sinking spells and can't sleep at night?

To all women whose heart is weak and whose nerves are unstrung we would recommend

MILBURN'S HEART AND NERVE PILLS

as the best remedy to tone up the system and strengthen the weakened organs.

Mrs. Daniel Bezanson, Loganville, N. S., writes:—"As I was troubled with a weak heart for nearly two years I am writing to tell you what your great remedy, Milburn's Heart and Nerve Pills, has done for me.

My heart was so bad at night I could not sleep, I would take smothering spells, and was so weak I could not do my housework. I tried two doctors, but got no results. A friend advised me to try your pills. I used six boxes and am completely relieved. I think they are the best remedy for heart trouble there is."

Price, 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

MACDONALD'S PRINCE of WALES

CHEWING TOBACCO

"The Tobacco with a heart"

Canada's standard since 1858

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Septimas Ward, super intendent, and Robert Ward, barber, of Victoria, B. C., intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted on the shoreline of Canoe Pass, about one mile south and one mile west of the S.W. corner of Timber License No. 5860P, thence south 80 chains, thence east 80 chains, thence north 80 chains, thence west 80 chains to point of commencement, and containing 640 acres, more or less.

SEPTIMUS WARD and ROBERT WARD, Applicants.
J. W. Connell, Agent.

Dated October 7, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Reginald Herbert Wright, of Victoria, B. C., occupation promoter, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted on the shoreline of Canoe Pass and about one mile south and one mile west of the S.W. corner of Timber Licence No. 5860P, thence north 80 chains, thence west 80 chains, thence south 80 chains, thence east 80 chains to point of commencement, and containing 640 acres, more or less.

REGINALD HERBERT WRIGHT, Applicant.
J. W. Connell, Agent.

Dated October 7, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell and Albert Scott Lock, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one mile north of the southwest corner of Timber License No. 5860P on Moresby Island, and near Canoe Pass, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, and containing 640 acres, more or less.

JOHN WESLEY CONNELL and ALBERT SCOTT LOCK, Applicants.
J. W. Connell, Agent.

Dated October 7, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Christiansons, of Prince Rupert, B. C., occupation fisherman, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile north and three and one half mile east from the shoreline on a small bay on the Moresby Island side of Canoe Pass, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, containing 640 acres, more or less.

JOHN CHRISTIENSON, Applicant.
J. W. Connell, Agent.

Dated October 6, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Anna Lindsay, of Prince Rupert, B. C., occupation housewife, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile north and three and one half miles east from the shoreline of a small bay on the Moresby Island side of Canoe Pass, thence north 80 chains, thence west 80 chains, thence south 80 chains, thence east 80 chains to point of commencement, and containing 640 acres, more or less.

ANNA LINDSAY, Applicant.
J. W. Connell, Agent.

Dated October 6, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell and Albert Scott Lock, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile south and three and one half miles east of the shoreline of a small bay on the Moresby Island side of Canoe Pass, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, containing 640 acres, more or less.

JOHN WESLEY CONNELL and ALBERT SCOTT LOCK, Applicants.
J. W. Connell, Agent.

Dated October 6, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that George W. Kerr, of Prince Rupert, B. C., occupation alderman, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile south and two and one half miles east from the shoreline of a small bay on the Moresby Island side of Canoe Pass, thence 80 chains north, thence 80 chains east, thence 80 chains south, thence 80 chains west to point of commencement, and containing 640 acres, more or less.

GEORGE W. KERR, Applicant.
J. W. Connell, Agent.

Dated October 6, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Eustice Senior Estlin, of Victoria, B. C., occupation manager, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile south and two and one half miles east from the shoreline of a small bay on the Moresby Island side of Canoe Pass, thence 80 chains north, thence 80 chains west, thence 80 chains south, thence 80 chains east to point of commencement, containing 640 acres, more or less.

EUSTICE SENIOR ESTLIN, Applicant.
J. W. Connell, Agent.

Dated October 6, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell and Albert Scott Lock, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile south and one half mile east from the shoreline on a small bay on the Moresby Island side of Canoe Pass, thence 80 chains north, thence 80 chains east, thence 80 chains south, thence 80 chains west to point of commencement, and containing 640 acres, more or less.

JOHN WESLEY CONNELL and ALBERT SCOTT LOCK, Applicants.
J. W. Connell, Agent.

Dated October 6, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Albert Scott Lock and John Wesley Connell, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one half mile south and about one half a mile east from the shoreline on a small bay on the Moresby Island side of Canoe Pass, thence 80 chains north, thence 80 chains west, thence 80 chains south, thence 80 chains east to point of commencement, and containing 640 acres, more or less.

ALBERT SCOTT LOCK and JOHN WESLEY CONNELL, Applicants.
J. W. Connell, Agent.

Dated October 6, 1921.

Lumber & Lath

Shiplap-Boards and Dimension

Thoroughly Air Dried and Stored Under Cover

Kiln Dried Flooring, Ceiling, Siding and Finish

SPRUCE LATH

Manufactured in Prince Rupert and selling at Lowest Prices

PRINCE RUPERT LUMBER CO.

Seal Cove, Prince Rupert — Telephone 361

COAL! COAL! COAL!

Edson Coal Company

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We are in a position to give **IMMEDIATE DELIVERY**, by the ton or carload, of our famous **EDSON COAL**, which is known to be the best value of any coal on the market.

BEST COAL AT LOWEST PRICES
ORDER NOW—PHONE 58

Office - Prince Rupert Feed Co.

Corner Second Avenue and Seventh Street

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Archibald Harper McKechnie, of Vancouver, B. C., occupation engineer, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted at the S.W. corner of Timber License No. 5860P, thence south 80 chains, thence west 80 chains, thence north 80 chains, thence east 80 chains to point of commencement, and containing 640 acres, more or less.

ARCHIBALD HARPER McKECHNIE, Applicant.
J. W. Connell, Agent.

Dated October 7, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell and Albert Scott Lock, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted at the S.W. corner of Timber License No. 5860P, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, and containing 640 acres, more or less.

JOHN WESLEY CONNELL and ALBERT SCOTT LOCK, Applicants.
J. W. Connell, Agent.

Dated October 7, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell and Albert Scott Lock, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted at the S.W. north" 80 chains, thence west 80 chains, corner of Timber License No. 5860P, thence thence south 80 chains, thence east 80 chains to point of commencement, and containing 640 acres, more or less.

JOHN WESLEY CONNELL and ALBERT SCOTT LOCK, Applicants.
J. W. Connell, Agent.

Dated October 7, 1921.

NOTICE.

PRINCE RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that I, John Hepburn, of Terrace, B. C., occupation rancher, intend to apply for a license to prospect for natural gas and petroleum on the following described lands: Commencing at a post planted about 20 chains N.W. of S.W. corner of TL 6252, west shore Kitsumgallum Lake, thence south 80 chains, thence west 80 chains, thence north 80 chains, thence east 80 chains to point of commencement, containing 640 acres, more or less.

JOHN HEPBURN, Applicant.
John H. Thompson, Agent.

Located September 13, 1921.

--just like new!!

How often have we heard such an exclamation from our customers when they see the result of the Dry cleaning and Pressing we give their garments.

You'll say it too, when you see the work you ask us to do for you.

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Phone 8

Third Ave. W., Prince Rupert

We eat to live and only live once.

Get the best out of life by eating at

BOSTON GRILL

Third Avenue

Everything cooked "just as Mother used to cook it."

LOWEST PRICES

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