

FOR BREAKFAST Rupert Brand KIPPERS

A Nourishing and Delicious Breakfast Food.
TO COOK: Place in frying pan with a little fat and cook for ten minutes.
Sold by all Restaurants, Retail Grocers & Butchers
SMOKED DAILY BY
Canadian Fish & Cold Storage Co., Ltd.
Prince Rupert, B.C.

DENTISTRY

.. of ..
QUALITY
Dr. Bayne
OFFICE HOURS—
Morning, 9 to 12; Afternoon, 1.30 to 5.30; Saturdays, 9 to 12 only.
Every Evening from 7.30 to 9
Dental Nurse in attendance
Phone 109 for appointment
Rooms 4, 5, 6, Helgerson Bldg., Cor. 3rd and 6th
Best Equipped Office in Northern B.C.

THEO COLLART, Notary Public

Real Estate Rentals Insurance
EDSON COAL; Bulk, \$12.00 per ton delivered
FOR SALE Sacked, \$13.50 ..
Most Liberal MARINE INSURANCE on the Coast
Insurance Company of North America. Pays Claims promptly
P.O. Box 66 Wealthome Theatre Block Phone Blue 69



A Laundry Service Within Every Woman's Means

It is here for you in this Family Service we offer. What is most disagreeable on washday? Isn't it the mussiness of wash water; the steam of boilers and tubs, the lifting and hauling?
And it's of that we relieve you—at a cost truly moderate.
We take your family bundle, wash it sweetly clean in soothingly soft waters and billowy, glistening suds; and rinse it many times in more water sparklingly pure.
Next we daintily iron the flat pieces; the things like bath towels we dry softly and fluffily—they need no ironing; and other pieces that require it we starch and make ready for you to iron in your own home.
In a word, we do all the toilsome, mussy work of washday, and leave for you only the milder, pleasanter task of ironing the lighter pieces.
It's a truly economical service within the means of every woman—we're sure you'll like it immensely.
Telephone, we'll welcome an opportunity to tell you more about it.

Canadian Steam Laundry

Phone 8.
Send it to the Laundry

Local and Personal

Ask for Atkins' Sausage. 11
Beef, mutton, pork, City Market.
For baggage, phone 580, Hyde Transfer. 11
Wallace's stock-taking sale, big reductions. 17
List your boats for sale with M. M. Stephens. 11
Coats, suits, dresses, waists, all reduced. Wallace's. 17
Title's for window draperies—Special January prices. 11
Basketball tonight, Pat Simpson vs. Rupert. Exhibition Hall at 8.
Furniture at record reduced prices at Title's end of January sale. 11
Ladies' half silk hose \$1.50 value for \$1.00 at our sale, Jabour Bros. 17
January Wind-up Sale prices on Furniture, Carpets and Linoleums at Title's. 11
G.W.V.A. are going to hold their annual ball. Watch for further details.
Knights of Columbus dance in St. Andrew's hall Friday, February 1h. Gray's Orchestra. 18
Blankets, sheets, cotton and eiderdown comforts at Title's special January prices. 11
FOR SALE—Slightly used piano, \$325.00. Singer Shop. Pianos for rent, 144 Third Avenue. 19
Monarch down wool, 75c value for 60c. Monarch loss wool 40c value for 30c at our sale, Jabour Bros. 17
Herring have been running at Ketchikan for over two weeks and fishermen have been catching and selling them.
If you are in need of a coat, suit or waist at a bargain, see our mark down sale. Jabour Bros., Ltd. 17
Keep the evening of Valentine's Day open. It will be worth while. The Veterans' Dance is going to be something different.
Grand Evening Concert by the Prince Rupert Musical Society at the Methodist Church on Wednesday next, January 26th. 17
It was reported at the meeting of the hospital board last night that the typhoid cases at the hospital, which came in from outside points, were making good progress.
At the meeting of the hospital board last night mention was made of the new probationer's class which commenced recently, a report of which appeared in the Daily News.
If you want your chimneys or stovepipes cleaned or renewed, phone 5. Steen & Longwill. LOOK FOR THE UNION LABEL. It means right work, at the right time, at the right price. 20
Now is the winter of your discontent, but it can be made glorious comfortable by having your furnace and heating overhauled by STEEN & LONGWILL. Look for the Union Label. It means efficiency. 20
The annual reports of the fire chief and the superintendent of utilities has been laid on the table for a week by the city council in order to give the aldermen and especially the committees an opportunity of perusing them.
It was announced at the meeting of the hospital board last night that the annual meeting would take place next Thursday night when reports on the work of the year would be read and a new board of directors elected.
Mrs. Booth suggested at the hospital board meeting last night that window curtains should be used in some of the wards. The president said that the matron would not allow curtains for obvious reasons. It was contrary to the health regulations.

Mr. and Mrs. S. Balcom left last night for the south.
A. Y. Wilson, of Remo, arrived on last evening's train.
D. Glennie left on the Prince Rupert last night for Seattle.
Jack Miller was a passenger for Vancouver on the George last night.
Mr. and Mrs. F. R. Hunt and family left last night for the south.
J. Mason Adams, the Smithers druggist, reached the city last evening.
Misses Hilda and Madge Hermon arrived last night from Haysport.
Mr. and Mrs. Morris Condon and son, George, left last night for a visit to Vancouver and Victoria.
Bear the full chorus of the Prince Rupert Musical Society at the Methodist Church on Wednesday next. 17
Mr. and Mrs. G. C. Clementson and Mr. and Mrs. S. G. Benson leave by the Prince John tomorrow for Stewart.
The creditors of the defunct Ketchikan Times have sold the plant to the owners of the Chronicle of that city.
Harry Welford and Douglas Wallace left by the Prince George last night for Vancouver. They are taking a month's holiday.
Lum Sing, Chinese, was fined \$50.50 in the police court this morning, having been found guilty of having liquor illegally in his possession.
A sale of home cooking will be held tomorrow in the Red Cross Hall, Third Avenue, by the Women's Auxiliary of St. Peter's Church, Seal Cove.
J. Myhill Jones is installing a 15 horse power Ballaoc engine in his boat "O Baby" in place of the 15 h. p. Buffalo which he has had in the craft. The new engine is a medium duty motor and will give the boat more speed than the heavy duty engine now in it.
With the withdrawal of Albert Leighton, Jr., from nomination for the Metlakatla Village Council the following are elected by acclamation: Peter, Baldano, William Leighton, Peter Ryan, William Leisk, John Leighton and Stephen Ryan. Early next week Indian Agent Perry will conduct an election for the selection of chief councillor among these.

NAVAL BRIGADE

The Boys' Naval Brigade will parade this evening at 7:30 at Borden Street School.
C. V. EVITT.

BASKETBALL SCHEDULE

January 24—Junior Girls, All Star, J. Shakespeare; Telephone Girls vs. G.W.V.A. Girls, Joe Scott; Sons of England vs. Colts, Lee Dell.
January 28—Beavers vs. Colts Junior, C. Blythe; Maple Leafs vs. Meteors, L. Lane; Elks vs. Gallies, Joe Scott.
February 1—King Edward vs. Whiz Bangs, S. Hardy; Intermediate Girls, All Star, Joe Scott; Sons of Canada vs. Sons of England, W. E. Willis-Croft.
February 4—Tillicums vs. Spartans, C. Blythe; Beavers vs. Colts (Junior), J. Shakespeare; Elks vs. Elks, Joe Scott.
February 8—Junior Girls, All Star, S. Hardy; G.W.V.A. Girls vs. Meteors, Lee Dell; Gallies vs. Sons of Canada, W. E. Willis-Croft.
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February 15—Spartans vs. Whiz Bangs, M. M. Lamb; Maple Leafs vs. G. W. V. A. Girls, Lee Dell; Sons of Canada vs. Colts, Joe Scott.
February 18—Tillicums vs. King Edward, C. Blythe; Meteors vs. Telephone Girls, W. E. Willis-Croft; Sons of England vs. Gallies, Lee Dell.
February 22—Junior Girls, Champions vs. Rest; Intermediate Girls, Champions vs. Rest; Senior Men, Champions vs. Rest.

PILES

Do not suffer another day with Itching, Bleeding, or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. See a box, all dealers, or Edmanison, Bates & Co., Limited, Toronto. Sample Box free if you mention this paper and enclose 2c. stamp to pay postage.

WANTED—Reliable woman as ward maid at once. Apply Matron, General Hospital. 17

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WATER NOTICE.

USE AND STORAGE.
TAKE NOTICE that Kilmat Pulp and Paper Company, whose address is 741-2 Vancouver Block, Vancouver, B. C., will apply for a licence to take and use one thousand second feet and to store five hundred second feet of water out of Lowe Inlet River, Lowe Inlet, B. C., also known as Verney Falls, which flows westerly and drains into Lowe Inlet about at its head. The storage dam will be located at (1) Lowe Inlet, (2) Upper Lake, (3) Simpson Lake. The capacity of the reservoir to be created is about 250,000 acre feet and it will flood about 4,000 acres of land. The water will be diverted from the stream at a point about at the head of Lowe Inlet and will be used for power purposes upon the land described as Kom-o-wa-dah Indian Reserve No. 3 and crown lands. This notice was posted on the ground on the 23rd day of November, 1920. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert.
Objections to this application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.
First, Second and Third Lakes—Simpson Lake, Upper Simpson Lake, and the watershed of the river flowing into Lowe Inlet, being approximately 150 square miles between Greenville Channel and Douglas Channel on the Mountain Coast of British Columbia, in Range 1 Coast District.
KILMAT PULP AND PAPER CO., Applicant.
By Noel Humphreys, Agent.
The date of the first publication of this notice is December 13, 1920.

IN PROBATE.
IN THE SUPREME COURT OF BRITISH COLUMBIA.
IN THE MATTER OF THE ADMINISTRATION ACT — and —
IN THE MATTER OF THE ESTATE OF GEORGE SEWMAN, DECEASED, INTERSTATE.
TAKE NOTICE that in order of His Honour F. McR. Young, made the 3rd day of January, A. D. 1921, I was appointed Administrator to the estate of George Sewman, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified to me, on or before the 4th day of February, A. D. 1921, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.
JOHN H. MCGILLIVRAY,
Official Administrator.
DATED this 4th day of January, 1921.

MILLBANK

The Best 15¢ Cigarette

Nearly Crazy With Eczema

No rest day or night for those who are attacked with that terrible skin disease, eczema, or as it is often called, salt rheum. With its unendurable burning, itching and stinging relief is gladly welcomed.
There is no remedy like Burdock Blood Bitters for giving relief to such sufferers; no remedy that has done, or can do more for those who are almost driven to distraction with the terrible torture.
Apply it externally and it takes out the stinging, itching and burning, and promotes a healthy healing.
Take it internally and it gets at the source of the disease in the blood—for eczema is a blood disease—and drives it out of the system.
Miss L. M. Boutilier, 89 Victoria Road, Halifax, N. S., writes:—"I have suffered four years from eczema. I could not rest day or night. I suffered great agony, and was nearly crazy with the itching and burning. I used all kinds of salves, but nothing seemed to help me. I saw Burdock Blood Bitters advertised, and was advised to try a bottle. I found great relief, and I really cannot recommend it highly enough for what it has done for me."
Burdock Blood Bitters has been on the market for over forty years, and during that time has been manufactured only by The T. Mumham Co., Limited, Toronto, Ont.

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S.S. PRINCE GEORGE

SAILING
Midnight Thursday for Swanson Bay, Ocean Falls, Vancouver, Victoria and Seattle. ANYOX Wednesday 10 p. m.
S. S. PRINCE JOHN or S. S. PRINCE ALBERT
For Massett, Port Clements, Buckley Bay and all points on southern Queen Charlotte Islands, January 19th, Stewart, January 22nd.
TRAIN SERVICE.
Passenger Monday, Wednesday and Saturday at 11:15 a. m. for Smithers, Prince George, Edmonton and Winnipeg, making direct connections for all points east and south.
Agency All Ocean Steamship Lines
For information and reservations apply to City Ticket Office, 628 Third Avenue Phone 260

CANADIAN PACIFIC RAILWAY

CANADIAN PACIFIC OCEAN SERVICES
B.C. Coast Steamship Services
S. S. PRINCESS MARY
For Ketchikan, Juneau, Skagway, Alaska, from Prince Rupert—
January 24; February 7 and 21.
For Vancouver, Victoria and Seattle from Prince Rupert—
January 15 and 29; February 12 and 26.
S. S. PRINCESS BEATRICE
From Prince Rupert for Swanson Bay, Ocean Falls, Hardy Bay, Alert Bay, Beaver Cove, Powell River, Vanover and Victoria—
Every Saturday 6 p. m.
For rates, reservations and sailings, apply to W. C. ORCHARD, General Agent.
Cor 3rd Avenue and 4th Street Prince Rupert, B.C.

FISH AND CHIPS

go to
THE EMPRESS CAFE
Empress Hotel Block. Newly opened for business
Strictly clean. White help only. Open day and night

NABOB

BAKING POWDER

Certain, Safe and Sure
Contains No Alum.
SAVE THE CERTIFICATES
FOR WEAREVER ALUMINUM