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the LUX way

Whisk a tablespoonful of Lux into a thick lather in half a bowlful of very hot water. Add cold water until lukewarm. Dip the stockings up and down, pressing the 'Lux' suds through and through them. Rinse in three lukewarm waters. Squeeze water out—do not wring. Hang to dry. Never dry over a radiator.

The thin, white, satin-like Lux flakes are made by our own exclusive process and melt quickly.

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Six Rules for Making

# GOOD COFFEE

KEEP YOUR COFFEE AIRTIGHT—It loses its strength and aroma when exposed to air. Keep it in an airtight container.  
MEASURE CAREFULLY—Experiment until you find just the proportions of coffee and water that suit your taste. Then stick to them; guessing usually means a poor cup of coffee.  
USE GROUNDS ONLY ONCE—Don't leave the coffee grounds in the pot for the next meal. Used coffee grounds are of no more value in making good coffee than ashes in building a fire.

USE BOILING WATER—Boil your water, but don't boil your coffee; don't let the water and the ground beans boil together after they are mixed.  
SERVE AT ONCE—Many a pot of perfect coffee has been ruined by letting it cool. If you must wait, keep the coffee piping hot, but never let it boil. Re-cooking ruins the flavor.  
SCOUR THE COFFEE POT—It is not enough to give the pot a hurried rinse and set it away to dry. Scour it even more carefully than other cooking utensils.

.. USE ..

# "SUPREME"

BRAND FRESH ROASTED COFFEE  
The Coffee that "Has 'em all Beat"

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Coffee Importers and Roasters, Prince Rupert  
Sold only in 1 lb. Airtight Cartons

## BIRTHDAY OF ROYAL PURPLE

Celebrated First Anniversary Last Night With Great Banquet in Elks' Home.

Royal Purpledom in Prince Rupert celebrated its first birthday at a splendid banquet put on by the Ladies of the Royal Purple, Prince Rupert Lodge No. 8, Dominion of Canada, in the Elks' Home last night. There were present about 175 Elks, Ladies of the Royal Purple and members of their families and the affair was one of great enjoyment and success in every way.

The banquet commenced about 9 o'clock and it was about the hour of midnight when the bountiful repast had been dispensed with and the toast list concluded. The toasts, largely of a lodge character, were proposed and responded to with excellent speeches by both ladies and gentlemen and were punctuated with several delightful musical numbers, vocal and instrumental.

The decorations in the lodge room for the occasion were indeed a feature and, together with the banquet provided, reflected a great deal of painstaking preparation and work by the energetic committee in charge. Purple and white, the colors of the lodge, entered principally into the color scheme and streamers of these colors adorned the walls and ceiling in artistic arrangement. Purple candle shades and floral decorations were arranged along the long tables and at the head table were placed the two athletic trophies of the order, the Gilhuly Basketball Cup and the Lepine Billiard Cup.

### Delectable Feast.

The feast provided was most delectable and one that was at once appetizing and dainty. The serving was done by boys of the Elks' and Royal Purple families who were neatly attired in purple caps and trousers with white jackets.

All arrangements both in the serving of the banquet and the rendering of the program went off without a hitch.

At the head table were seated Mrs. Ralph V. G. Lepine, Honored Royal Lady, who presided, Mrs. E. Gilhuly, Associate Royal Lady, Milton Gonzales, Exalted Ruler of Elks Lodge No. 16, W. J. Cash, Past Exalted Ruler, Ralph V. G. Lepine, representative of the Grand Lodge, Rev. H. R. Grant, chaplain, Bro. Mayor Rochester, and other officers of both lodges.

The first toast on the list was to "The King" which was proposed and responded to in the usual manner. In opening the program, Mrs. Lepine bid welcome to all Elks, Ladies of the Royal Purple and friends present and gave a brief resume of the history of the Royal Purple Lodge, in the city since its inception exactly one year ago. Then there were 33 members and now there were 63. The order was growing and doing a good work. Elks were asked to use their influence with the ladyfolk

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**Buckley's Bronchitis Mixture**  
The greatest remedy the world has ever known.

Cast Iron Money Back Guaranteed.

40 Doses for 75c

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W. K. Buckley, Limited, 142 Mutual St. Toronto.

Sold in Prince Rupert by  
**W. J. McCUTCHEON**

to still further swell the membership roll.

### Supreme Lodge of Canada.

The toast to the "Supreme Lodge of Canada" was proposed in a splendid speech by Mrs. T. M. Spencer and responded to by Mrs. Fred Gilhuly. Mrs. Spencer said that Mrs. Gilhuly had brought honor to herself and Lodge No. 8 in having been chosen Grand Royal Lady at the Supreme Lodge convention. It was through the Supreme Lodge that the obligation and its beauty and purpose was framed and exemplified. Mrs. Gilhuly, in reply, said that there were four lodges of the Royal Purple in Western Canada. The Calgary lodge was the largest now and Victoria, Vancouver and Prince Rupert were about on an even footing. She expected to see Prince Rupert Lodge No. 8 the second in importance in a very short time.

The toast to "The Grand Lodge of Canada, B. P. O. E. 55" was proposed in a brief speech by C. H. Orme who outlined its purpose in connection with the lodge work. R. V. G. Lepine, representative to the Grand Lodge, responded in an interesting speech in which he outlined the history of the Elks' fraternity since its first establishment by Charles Vivian, the actor in New York in 1867, with a dozen friends. The total membership in America today was around the million mark and in Canada there were 60 lodges with a membership of some 60,000. Mr. Lepine read a telegram from Roy Penderay, Grand Exalted Ruler, Victoria, congratulating the Royal Purple on its anniversary, complimenting it on its work and progress and urging upon all Elks to realize the great assistance which the ladies' auxiliary order was to the lodge as a whole.

### Other Toasts.

"Officers and Members No. 16, B. P. O. E." was proposed by Past Exalted Ruler W. J. Cash and responded to by Milton Gonzales, exalted ruler. The latter recited the poem "If" by Rudyard Kipling and recommended it to all Elks as a motto.

"Our Country" was proposed briefly by Mayor H. B. Rochester and responded to by Rev. Dr. H. R. Grant in a happy and sincere speech. Dr. Grant made a plea for Imperial sentiment and spirit as against materialism and dealing with the home country, suggested that real development of the great nation of Canada, the largest in the world under one flag, should be striven for rather than commercialism. The two great political parties were pledged to commercialism but this influence should be fought off. The true prosperity of Canada would not come through the building of great cities but through the development of the great agricultural possibilities.

The final toast, an impromptu one, was proposed with a vote of thanks by W. J. Cash to "Royal Purple Lodge No. 8" and the committee in charge of the banquet, especially Mrs. Frizzell, the convener. It was honored with enthusiasm by the large assembly.

### Musical Numbers.

The musical portion of the program comprised solos by Mrs. Jarvis McLeod, Miss Theima Knight and Mrs. C. H. Tupper, a vocal duet by Harry Fletcher and Eddie Cragg, and a cornet solo by Mr. Ferry, member of the Vancouver Lodge and band. All numbers were keenly enjoyed and applauded with demands for encores which were willingly given. W. Vaughan Davies was accompanist.

Following the conclusion of the banquet at midnight, the tables were cleared away and dancing was enjoyed to the strains of the Elks' Orchestra.

In the course of the dance presentations of Royal Lady's jewels were made by Mrs. Lepine to Mrs. G. A. Sweet, through her mother, Mrs. Henning, and Mrs. T. M. Spencer, Royal Ladies of last year. The jewels were

accompanied by handsome bouquets to the honored ladies.

The general committee was convened by Mrs. George Frizzell, who was assisted by all the members of the order. Jimmie Richmond was in charge of the squad of pages who attended to the serving.

## ENGINEER SPEAKS TO ROTARY CLUB ON WORK AT THIS PORT

I. J. Tail, superintendent engineer of the Canadian Merchant Marine, who left for the south last night, spoke at the meeting of the Rotary Club here yesterday. He said he had been looking over the situation investigating the drydock and ship repair facilities and also the possibilities for overseas trade from this port. The latter depended a good deal on local freights. Prince Rupert had an excellent harbor and a well equipped repair plant and dry dock facilities but what would be done it was for others to say. His work was only to investigate and report.

Mr. Tail told of the splendid trip north from Vancouver which exceeded in beauty anything in the fjords of Norway. He also spoke of the success of the merchant marine system. While there had been a small loss in operating last year the loss was not as large as on many other systems. After all the chief object of the merchant marine was to get Canadian goods abroad.

Mr. Tail is a member of the Rotary Club of Montreal and was pleased to meet the members of the club here.

## FRAUDULENT WAR SERVICE COLLECTIONS

War Office Is Warned to Keep On Guard Against Claims.

LONDON, March 31.—So many fraudulent attempts have been made to collect money from relatives of soldiers reported missing in the great war that the British War Office has warned them to be on their guard.

One woman living in London, says the War Office, caused to be inserted in German newspapers an advertisement asking for information regarding her son who was reported as "missing" in 1917. Soon she received a letter from an organization calling itself the "Dead Soldiers' Society," Cologne, stating that it found a clue to her son's whereabouts.

A soldier bearing the same name, so the reply ran, was a patient in a hospital in Southern Russia in May, 1919, suffering from a nervous breakdown. The Society it was added would at once despatch one of its agents to secure his return if the remittance of £10 was sent to cover traveling expenses.

The mother applied to the War Office for particulars which her German correspondent asked for. That office took up the case and discovered, with the aid of the German police, that the "Dead Soldiers' Society" was not a reliable concern and that at the date of inquiry the majority of its members were in prison.

Advertise in the Daily News

## LIVER TROUBLE

### Bad Bilious Attacks

When your liver becomes sluggish and inactive your whole health suffers. Your bowels become constipated, the tongue coated, the breath bad, the stomach full and sick, and bilious spells occur on account of the liver holding back the bile which is so essential to promote the movement of the bowels, and the bile gets into the blood, instead of passing out through the usual channel.

The only way to keep the liver active and working properly, and thus get rid of the nasty bilious attacks, is to keep the bowels regular by using

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They are purely vegetable, small and easy to take, work smoothly and gently, and there is nothing of the griping, weakening and sickening effects of the old-fashioned purgatives.

Mr. John S. Caron, Donavon, Sask., writes:—"I was troubled with my liver, and had severe bilious attacks. A friend advised me to try Milburn's Laxa-Liver Pills, so I took two vials and I have had no more attacks."

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Ames Holden dealers stand behind this guarantee with their assurance of satisfaction.

Ames Holden Rubber Boots are for men who wear them all day at their work. They are ounces lighter, more comfortable, and the pure, live rubber resists wear and the action of the water.

There is an Ames Holden Rubber Boot—for your work. To satisfy yourself, ask for

## AMES HOLDEN RUBBER FOOTWEAR

(Dealer's Name)

"Every pair of Ames Holden Rubber Footwear is guaranteed to outwear any pair of similar shoes of any other make, sold at the same price and worn under the same conditions."

Look for the Ames Holden mark on every pair.



## Sport Chat

The city of Nelson seems to have taken a very sensible step towards getting athletics there organized officially on an amateur basis. Here, where the need of organizing in a similar manner has been suggested for some time and has been really felt, the same course might well be followed. In Nelson, the mayor has taken the leading step and the city council is behind the movement. If it was decided by the different sport organizations here to join up with the Amateur Athletic Union of B. C. and make possible the recognition of this place as a contender for honors in football and baseball and other lines of sport, the matter might be placed before the city council in just such a manner as was done in Nelson. There is little doubt but that it would receive similar support here as in the other city and a great step will have been taken towards a long desired objective.

The handicap billiard tournament at the Wanderers Club has now reached the semi-finals and by the end of the week the entire series should be over and the winner decided. Three prizes are to be awarded and the last of contestants has now narrowed down to four in the semi-finals. The results of the third round games were as follows: S. N. Wilson beat J. H. Hilditch; W. J. Hemmings beat W. F. Roberge; S. King beat A. A. Eason; D. P. Stork beat A. Silver-sides. The semi-finals are: S. King vs. D. Stork and W. J. Hemmings vs. S. M. Wilson. The latter game has already been played, Hemmings being the victor.

There seems to be some doubt in the city as to when the trout fishing season really opens and to release the minds of all exponents of the gentle art of angling it might be said that the season is already open and all and sundry may now go forward to their favorite pastime. Chief Minty, of the provincial police, stated yesterday that the season opened on March 15, this date applying all over the province. On account of the cold and threatening weather that has been prevailing of late coupled with the fact that the streams are not yet suitable for fishing there have been few parties out so far. The next week or so, however, will likely see most of the enthusiasts making their first trips for the season to the various favorite haunts.

### APROPPOS ANSWER.

Together—Willie, what is a cubic yard?

Willie—I don't know for sure, but it must be a yard that them Cuban kids play in.—New York American.

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