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## LABOR MEMBER AND MINISTER

Inspector Was Appointee of Wm. Manson and Endorsed by Socialists

VICTORIA, Nov. 9.—The labor member for Newcastle does not make a very good member of the Legislature for he cannot listen. If there is anything with which he disagrees he has to say so and wants to make little speeches here and there. During the debate on the address he challenged Hon. T. D. Pattullo's immigration policy and did it in a loud and very assertive voice. It was almost a bullying voice and the tone indicated that he was open to admit of no opposition to his own pet views, and those views are Red.

During Hon. W. J. Sloan's speech he kept up a running fire, contradicting and objecting until warned by the speaker. Mr. Sloan charged Guthrie with designating Inspector Wilkinson as a "Liberal heeler" yet that official had been appointed by the conservative government on recommendation of William Manson of Prince Rupert, whose letter Mr. Sloan read. Wilkinson was also the Socialist nominee for the position. He was a coal miner who had reached the position of chief inspector and the minister resented an attack on his integrity. Guthrie denied having used the expression but refused to retract anything he had said.

**Had Been Endorsed**  
 Mr. Sloan also told of the merits of the other inspector and said the staff was loyal to the miners and enforced the regulation against both employers and men. During the present regime the fatalities had been cut down one hundred per cent and he hoped to cut them down another hundred. Also he reminded Guthrie that he, Sloan, had already been endorsed a second time by the miners of Nanaimo and he intimated that he expected to remain in politics long after his friend from Newcastle had disappeared.

Discussing the matter of gas in the Cumberland mine where the explosion had occurred, Mr. Sloan said it had been shown that there was no signs of gas there prior to the explosion and very soon afterwards it had again disappeared. He showed that the statements of Mr. Guthrie that the gas committee was afraid to report, could not be correct because gas had been re-

## System Run Down Blood Out of Order

Many people become run down, but don't know just exactly what their trouble is, when, as a rule, it is improper circulation of the blood.

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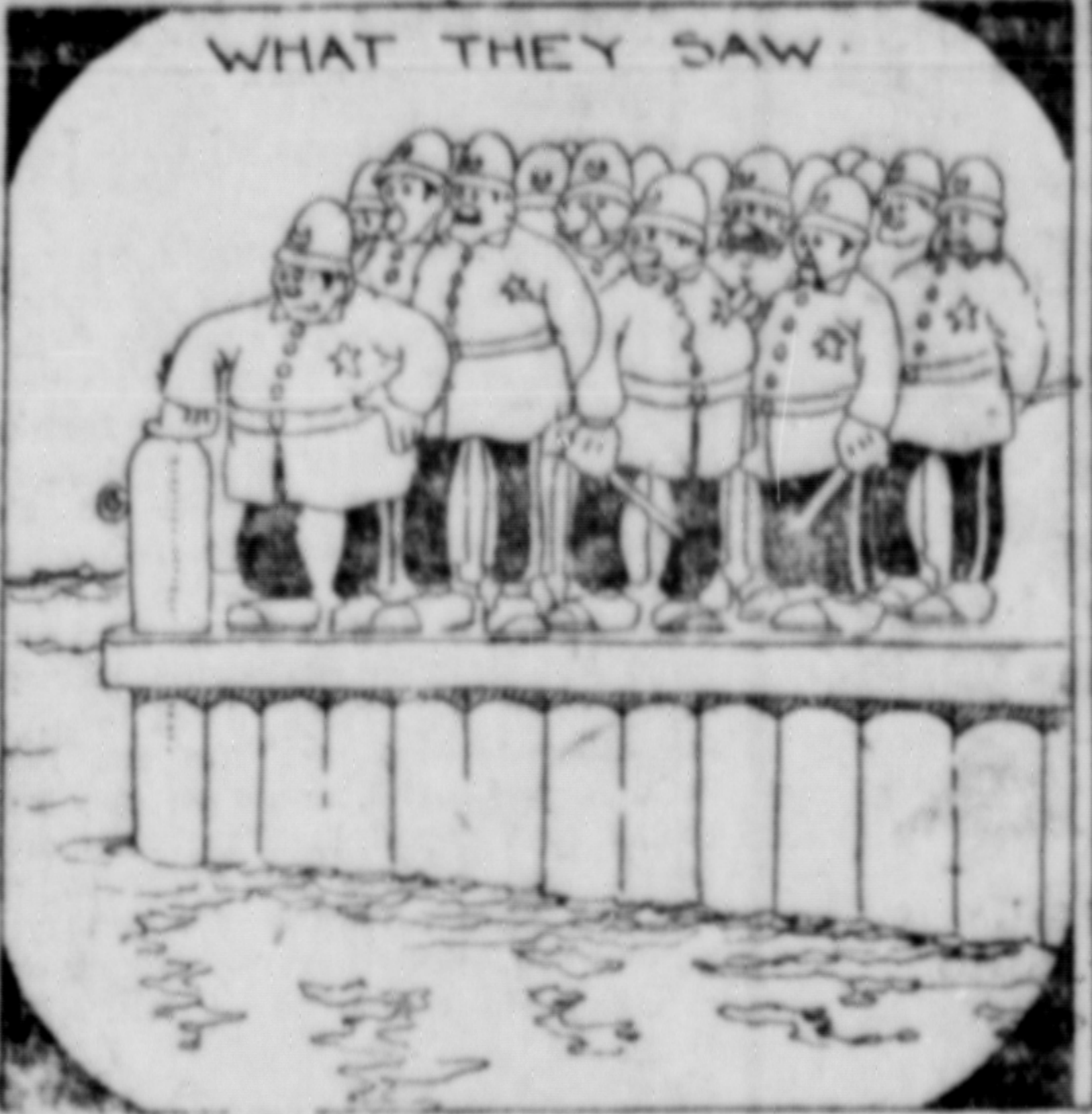
It regulates the stomach, liver and bowels, purifies the blood and tones up the entire system.

Mrs. B. Poole, Port Dover, Ont., writes: "My system was run down and my blood out of order, and I suffered a great deal from pains in my head which made me feel very miserable. A friend told me to try Burdock Blood Bitters, so I got a bottle and before it was used I found it was doing me good. I kept on until I had taken three, and now I feel like a different woman."

My husband also took it and it has built him up."

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## BRINGING UP FATHER



ported in two other levels but not in this one. The use of powder had been forbidden in the coal but unfortunately the human element had entered into all accidents. Men as well as employers were often negligent in enforcing the regulations and it was necessary for the inspectors to keep both up to the mark. Unfortunately they could not employ enough inspectors to be on the job all the time and see that everyone did his duty.

**Well Received**  
 Mr. Sloan's speech was well received and was listened to with attention. He showed that he was master of the situation throughout.

## Basketball and How to Play It

By Observer

**FORWARDS (Cont'd) Basket Shooting**

No other phase of the game demands the same technique or rigidity of form as basket shooting. Without the proper knowledge or understanding of this fact the player is likely to develop personal peculiarities which are frequently quite detrimental. The proper form in shooting can be readily likened to the swing of a golf club or of a baseball bat. The greatest and most satisfactory results can not be obtained unless rigidity of form is strictly adhered to, although occasionally a player may use some individual characteristics to advantage. A player who possesses a natural eye for shooting but poor form should be carefully coached.

Basket shooting during practice or a game demands concentration which establishes a proper coordination between the mind and the muscles governing the shooting. The objective is to get the desired action comes automatically. I have watched players waste hours in basket shooting practice simply because their actions were the result of physical action only, not the combination of mind and muscle. Deliberate shooting is the only shooting worth while.

**Science of Shooting**  
 Players should be impressed immediately with the relative size of the diameter of the ball and that of the basket. The hoop is eighteen inches in diameter and the ball nine or ten inches, thus having a clearance of four inches for a ball dropping directly to the center from above.

It is a self evident fact, therefore, that the more direct the drop of the ball from above the more chance for the throw to be successful. Good shooting would therefore seem to demand a highly looped ball the downward motion starting at some distance above the basket in order that the drop be direct and straight. A ball thrown in a straight line or at a sharp angle to the basket has little chance of passing through the hoop of the elliptical shape of the basket.

**Loop Shot Best**  
 Though there are many various forms of shooting the "overhand loop shot" is universally recognized as the most scientific. It should be used for long, medium and short distance shots except when right under the basket. It affords players a comparatively safe start as the ball is raised and pushed upward and forward, leaving the hands somewhere above the face. This shot is difficult to block and practically impossible to intercept.

A player in the act of shooting should never look down at the ball or see that it is properly

adjusted; nor should he look up to see the ball leave his hands. The knowledge of these things must be gained by practice through the sense of touch. Loss of time in adjusting the ball may mean a blocked shot and the eyes must be employed in seeking the exact location of the basket.

**Ease and Confidence**  
 Ease and confidence in shooting will come to the player if he but concentrates on the rim of the basket nearest him and loop the ball so that on its downward course it will just clear that rim and fall through the opening, hitting the rim, it will rebound to the back-board and fall again into the basket. If the shot is entirely for the back-board the ball must hit the exact spot at right angles. The back-board should never be used intentionally with the loop shot, however. Its use for the glancing shot will be described in the following article.

There is another shot often used in basketball, especially by the beginner. It is the underhand shot, executed by grasping the ball with the fingers and thumbs and swinging the arms from between bent knees. This is probably the most natural and is certainly the most easily acquired shot but it is practically useless in a game as it is very easily blocked.

## Sport Chat

Eddie Mulligan, third baseman of the Chicago American League baseball team, has been purchased by the San Francisco Club of the Pacific Coast League, and will report to his new club next season. The purchase is a part of the deal whereby Willie Kamm, San Francisco third baseman, goes to Chicago. The White Sox paid \$100,000 for Kamm.

Sam Fitzpatrick, who died in New York recently at the age of 58, was noted for years as a boxing promoter and a manager of ring champions. He was known in the fight game as "Honest Sam," and himself a lightweight boxer of considerable ability, piloted Jack Johnson to the heavyweight championship of the world, the negro whipping Tommy Burns to capture the title. He also guided the fortunes of Peter Jackson, another famous negro pugilist, and George "Kid" Levings, who was lightweight title holder. Fitzpatrick is reported to have won and lost seven fortunes in his career as fight manager, and race track follower. He was an Australian by birth.

An effort is being made to have the venue of the annual meeting of the Canadian Amateur Athletic Union changed from Montreal to Winnipeg. It is pointed out by Western officials that out of the last five meetings only one has been held in western Canada and that that one was the best meeting in the history of the union.

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**NOTICE OF INTENTION TO APPLY TO LEASE LAND.** In Prince Rupert Land District, Recording District, Coast Range 5, B.C., and situate 31 miles east from Prince Rupert, being immediately east of G.T.P. Ry. bridge at mouth of Bonnyard Creek on north shore of Skeena River, the following described lands, commencing 349 feet west of a post planted at the southeast corner of Lot 597, Range 5, Coast District B.C., thence in a westerly direction 200 feet along G.T.P. Ry., thence in a southerly direction to low water mark, thence in an easterly direction along low water mark to a point directly south of the point of commencement, thence in a northerly direction to point of commencement, containing 2 acres more or less. BERT BUTLER, Name of Applicant. Dated Sept. 20th, 1922.

**TIMBER SALE X 4464.** Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 16th day of November, 1922, for the purchase of Licence X 4464, to cut 725,000 feet of Spruce, Cedar, Hemlock and Balsam, situated on an area adjoining Lot 121, on Keastall River, Range 5, Coast Land District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

**TIMBER SALE X 4178.** Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 16th day of November, 1922, for the purchase of Licence X 4178, to cut 1,084,000 feet of Hemlock and Spruce, 24,800 lineal feet of Cedar Poles, 4,400 ties, and 424 cords of Single Bolts, situated on an area on the Skeena River, near Terrace, Range 5, Coast Land District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

**TIMBER SALE X 4485.** Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 28th day of December, 1922, for the purchase of Licence X 4485, to cut 2,124,000 feet of Spruce, Cedar, and Hemlock, on an area adjoining Lot 1936, Selwyn Inlet, Queen Charlotte Islands Land District.

Two years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

**TIMBER SALE X 4506.** Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 30th day of November, 1922, for the purchase of Licence X 4506, to cut 2,124,000 feet of Spruce, Cedar, and Hemlock, on an area situated on Selwyn Inlet, Queen Charlotte Islands Land District.

Two years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

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For further particulars, write or call City Ticket office, Canadian National Railways, 528 Third Avenue, Prince Rupert, B.C. Phone 260.

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