A MONEY SAVING MEAL

Here's a triple bargain . . . Shredded Wheat with hot milk. A treat for your appetite, a pleasure for your pocketbook, and a boost for Canada. For only Canadian wheat is used for Shredded Wheat, the 100% whole wheat, natural energy food.

SHREDDED WHEAT

12 BIG BISCUITS IN EVERY BOX

MADE IN CANADA • BY CANADIANS • OF CANADIAN WHEAT

JABOUR'S LIMITED

Bargain Days

SATURDAY and MONDAY

Fine English Serge—54 in. wide, in shades of wine, green, brown and navy. Regular price $2.65 per yd. Bargain Day, per yd.	$1.50
Green Serge—54 and 44 in. wide. Regular price $1.75 per yd. Bargain Day, per yd.	75c
Ladies' Silk Non-Run Bloomers—Heavy quality Bargain Day, per pr.	50c
Ladies' and Children's Wooltex Vests—Sizes 24 to 44 Bargain Day, each	39c
Wabasso White Cottons—Including finest quality of Madapolam, Longcloth and Cambric. Regular price 35c per yd. Bargain Day, 7 yds. for	$1.00

LADIES' COATS

Luxurious Furs — Newest Fabrics

Especially priced for our Bargain Day Specials at up from $17.50

Watson's All-Wool and Silk and Wool Vests—V-neck and short sleeves. Sizes 6 to 16. Regular price $1.95 each. Bargain Day, each	$1.29 & $1.39
Striped Flannelette—36 in. wide. Good quality Regular 30c yd. Bargain Day, 6 yds. for	$1.00
Girls' Wool Flannel Pantie Dresses—Sizes 3 to 6 years assorted shades and latest styles. Bargain Day, each	$1.95
Girls' Wool-Jersey Dresses—Sizes 7 to 14, assorted shades, latest styles. Bargain Day, each	$2.75

CANADIAN PACIFIC

To Vancouver PRINCESS NORAH—Oct. 12, 24, Nov. 2.
To Vancouver PRINCESS ADELAIDE—Fridays, 10 p.m. via Ocean Falls and Way Ports
To Ketchikan, Wrangell, Juneau, Skagway PRINCESS NORAH—Oct. 8, 20, 29. For Information call or write—
W. L. COATES, General Agent — Prince Rupert, B.C.

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—
T.S.S. CARDENA EVERY TUESDAY, 1:30 P.M.
Via Waypoints arriving Vancouver, Thursday a.m.
T.S.S. VENTURE EVERY FRIDAY MIDNIGHT.
Arriving Vancouver Sunday midnight, approx.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points Sunday 8 p.m.
Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Second Avenue. Phone 568

Good Clothes Do Make You Great

Order Your Next New Suit From

LING The Tailor

Second Ave.—Opp. Post Office
Phone — 649

WIDE RANGE OF FINE QUALITY WOOLLENS TO CHOOSE FROM

We use best trimmings; high class workmanship; perfect fit guaranteed.

Prince Rupert DRY DOCK AND SHIPYARD

Operating three Dry Docks
Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels

Sawmill and Mining Machinery Repaired and Overhauled

Iron and Brass Casting

Electric and Acetylene Welding

50-ton Derrick for Heavy Lifts

LOCAL NEWS NOTES

Taxi 35—Ernie Large. tf

B. Irvine, radio inspector from Victoria, after a week's stay here to check up on local reception conditions, sailed by the Prince Rupert last night for Ocean Falls.

C.P.R. steamer Princess Adelaide, Capt. S. K. Gray, arrived in port at 2 o'clock this afternoon from the south and will sail at 10 o'clock tonight on her return to Vancouver and waypoints.

Col. George S. Pragnell of Kamloops, inspector of Indian agencies for the province of British Columbia, after having spent several days in the city and district on official duties, will sail tonight on the Princess Adelaide for Ocean Falls enroute to Bella Coola.

Under the auspices of the Canadian Labor Defence League, another enjoyable dance was held last night in the hall on Second Avenue, a good-sized crowd being in attendance. Music was furnished by members of the League and refreshments were brought by the ladies.

At the Rotary Club luncheon yesterday afternoon, Paul Armour was the recipient of a case of pipes given him by the members of the party that recently visited Ketchikan for his activities in connection with that visit and also because of the "esteem in which he is held by all Rotarians."

Union steamer Venture, Capt. J. E. Boden, arrived at Haysport in the Skeena River from the south at 12 noon today and is making her other calls in the river this afternoon. She is expected to arrive here in good time this evening and will sail at 12 midnight on her return to Vancouver and waypoints.

Hearing is proceeding before Judge F. McB. Young in County Court this afternoon of the case of C. E. Cadden vs. Nelson Brew. Principels of the case come from Haysport, the plaintiff claiming the sum of $234.75 from defendant over alleged sale of a boat in which plaintiff was interested, following which sale, it is claimed, defendant did not make settlement with plaintiff. J. T. Harvey is acting as counsel for plaintiff while W. O. Fulton is appearing for defendant.

1 ton coal, 1 big load wood $14. Albert & McCaffery. Phone 116. tf

A. D. Sykes of Atlin was among London visitors recently registering at the Agent General's office in the Old Country metropolis.

for Colds, Sore throat

rub on **Mentholatum** *The healing cream*

MADE IN CANADA

William Millar, liquor vendor, was admitted to the Rotary Club as a new member at the club luncheon in the Commodore Cafe yesterday.

On motion of Weldon McAfee, the Rotary Club yesterday decided to invite George Kidd or any member of his committee to speak to the club on the Kidd report at an early date.

C. E. Brooks, chief of motive power for the Canadian National Railways with headquarters in Montreal, arrived in the city on last night's train from the East in the course of a western inspection tour and sailed on the steamer Prince Rupert for Vancouver. Mr. Brooks was accompanied here by Archie Watt of Prince George, divisional master mechanic, who returned to the interior this morning.

Phone 953 — Phone 952

De Jong's

Cash and Carry

Friday & Saturday Specials

Sair Dates—4 lbs. for	25c
King Oscar Sardines—2 tins for	25c
Malkin's Best TOMATOES New Pack, Size 2's 2 tins for	23c
Ensign Whole Green Beans Finest Quality 2 tins for	27c
Salt Pork—2 lbs. for	25c
Saur Kraut—Large tins each	13c
Malkin's Best SPINACH 2½'s per tin	22c
Red Pitted CHERRIES 2's per tin	16c
North Star Lard—per 3-lb. pail (Lard is advancing rapidly)	48c
Campfire Marshmallows—per 1-lb. pkg.	29c
1 Pkg. Corn Starch & 1 Pkg. Laundry Starch, the 2 for	19c
Priness Soap Flakes—per pkg.	19c
Classic Cleanser—3 tins for	23c
Cauliflower—per head	20c
Hothouse Tomatoes—per basket	35c
Fancy Crab Apples—Hyslop 5 lbs. for	25c
Concord Grapes—per basket	75c
Cucumbers—Large size each	7c
Fancy Bartlett Pears—per basket	35c

Week-End Specials

Five Roses Flour—49-lb. sack	$1.40
Crestwood Creamery Butter 3-lb. brick	80c
Ensign Golden Wax Beans 2 tins	25c
Malkin's Best Strawberries 2's, 2 tins	45c
Brookfield Eggs—In cartons, per doz.	30c
Swift's Boneless Pork Ham weight, 5 lbs. each	70c
Royal City Tomato or Vegetable Soup, 3 tins	25c
Libby's Saur Kraut—2½'s per tin	15c
Best Foods Salad Dressing 12-oz. jar	25c
Malkin's Best COFFEE 1-lb. tin	40c
Clark's Spaghetti—With Tomato Sauce and Cheese 2 tins	25c
Swift's Back Bacon—Sliced 1-lb. pkg.	15c
Remo Fresh Cabbage—8 lbs.	25c
Large Celery—each	15c
King Apples—Best Cookers, 40-lb. box	$1.35
Hothouse Tomatoes—No. 1 5-lb. basket	35c

Phone Your Order—We Delive

Alberta Market

P. GAMULA, Proprietor

Fifth Street — Phone 20

Annette's Mid-Month Sale

FRIDAY & SATURDAY

20 ONLY SILK DRESSES
20 Only Silk Dresses—In Flat Crepe and Satins, Special $5.95

50 ONLY LATEST FELT HATS
50 Only Latest Felt Hats—Some with veils, Special $1.95

20 ONLY WINTER COATS
20 Only Winter Coats—In Chinchilla, Tweed, Chonga, Etc.; Latest Swagger and Manish Models; In Brown, Tans, Blues, Greens, Black and Navy; From $14.95

50 House Dresses— Sizes 14 to 46 To Clear 95c

SKIRTS
25 Skirts—In Tweed, Serges, Pillot Twill, Etc. Heavy weight for fall wear Up from $2.95

HOSE
Hose—Full Fashioned, Dull Finished, Semi-Service Silk, All Sizes, All Shades 79c

SWEATERS
30 Sweaters—All Colors, Sizes and Styles, Special $1.95

LINGERIE
Rayon Bloomers—To clear 39c
Nite Gowns—To clear 95c
Pyjamas—To clear $1.00

Cor. Third Avenue and Fifth Street — **ANNETTE'S** — Prince Rupert, B.C.

Are Charged With False Statements To Obtain Relief

Emil Raggbak and Arvid Dundstrom, single men who are stated to have come here recently from Anyox where they were in the employ of the Granby Co., appeared in city police court this morning before Magistrate McClymont on charges of making false statements in regard to their earnings of the past six months for the purpose of obtaining relief from the provincial government. Haggbak declared his earnings since April to have been only $235 whereas the authorities claim that they were $813. Lundstrom is alleged to have earned $695.50 in the same period whereas he declared that he had received but $240.

Adjournment for eight days was made in both cases.

Hotel Arrivals

Central

W. C. Little, Woodcock; Pete Hamre, Burns Lake; William Stitt Stewart; C. E. Cadden, Fred Rakow and I. Muramatsu, Haysport; T. Anderson, C.N.R.; B. Waks, Seattle

G. C. Woodward, United States consul, returned to the city on the Princess Adelaide this afternoon following a two weeks' visit to his home in Seattle.

R. J. Reid and J. Martin of the Dominion immigration department, Vancouver, are visitors in the city on official business, having arrived from the south on the Princess Adelaide this afternoon.

OFF COLOUR? HOW IS YOUR LIVER?

Wake up your Liver Bile —Without Calomel

Your liver's a very small organ, but it certainly can put your digestive and eliminative organs out of kilter, by refusing to pour out its daily two pounds of liquid bile into your bowels. You won't completely correct such a condition by taking salts, oil, mineral water, laxative candy or chewing gum, or roughage. When they've moved your bowels they're through—and you need a liver stimulant.

Carter's Little Liver Pills will soon bring back the sunshine into your life. They're purely vegetable. Safe. Sure. Ask for them by name. Refuse substitutes. 25c at all druggists. 48

Announcements

Eagles' Dance, October 14 and 28. Admission, Gents, 50c, Ladies 25c. No refreshments.

Royal Purple Bridge Oct. 18 Boston Hall, 35c.

Catholic Bazaar, October 19, 20

Elks' Dance, October 21.

Hill 60 Hallowe'en Bridge and dance, Oct. 28, I.O.D.E. Hall.

Moose Hallowe'en October 31.

Presbyterian Bazaar, Nov. 24.

C. N. R. Trains

For the East—
Mondays, Wednesday and Fridays ..... 9:30 a.m.
From the East—
Tuesdays, Thursdays and Saturdays ..... 8 p.m.

For quick returns Try a Want Advertisement.

THRIFT SPECIALS

For Friday & Saturday

CORN STARCH—per pkg.	10c
JELLY POWDERS—Malkin's Best, all flavors, 2 pkgs.	9c
VICTORY BLEND COFFEE—Quality at Low Cost per lb.	23c
OLD DUTCH CLEANSER—2 tins	19c
PELS NAPTHA SOAP—10 Large Bars per carton per ctn.	73c
SALT—Iodized or Plain per ctn.	10c
CHOICE WHITE FIGS—per lb.	10c
CHOICE DRIED APRICOTS per lb.	13c
MINCEMEAT—32-oz. jars Dutchmaid, per jar	39c
REDBIRD MATCHES—per large box	10c
SLICED PEACHES—Largest Size tins, per tin	22c
ROYAL ANNE CHERRIES—Royal City No. 2 tins per tin	16c
LIBBY'S CATSUP—per bot.	14c
HEM LYE—per tin	11c
CLOTHES PINS—per tin	12c
OVALTINE—Medium size per tin	63c
MOLASSES—per 2-lb. tin	14c
TEA—Broken Orange Pekoe per lb.	26c
EXTRACTS—Jamieson's, Lemon or Vanilla per 2-oz. bot.	15c
SPICES—Malkin's Best All varieties, 2 tins	15c
QUAKER CORN—per tin	11c
ICING SUGAR—per 2-lb. pkg.	16c
VINEGAR—Empress Malt 26-oz. bottles, per bot.	21c
FRESH SAUSAGE—per lb.	15c
PICNIC HAMS—per lb.	12½c

Thrift Cash & Carry

Phone 179 — 201 Third Ave.

"CARRY AND SAVE"

Mail Orders Have Our Prompt Attention

R. G. Cunningham left by this morning's train on his return to Port Essington after a visit of a couple of days in town.

GRAIN SHIPMENTS THROUGH RUPERT HELP BUSINESS IN MANY WAYS

People do not realize the many ways in which the shipments of grain through Prince Rupert help business.

Recently a railway man, who had been unemployed, found he could now get work but first it was necessary to have his eyesight up to standard. A friend advised him to call on G. F. Davey, Registered Optometrist, in charge of the Optical Dept. of Max Heilbroner, Jeweler, who soon had the necessary glasses made for him and he is now able to work.

99 CENT SPECIAL

This Special is Useful Every Day in Your Pantry

Peas—No. 4, 2's 8 cans	99c
Corn—2's 8 cans	99c
Tomatoes—2's 8 cans	99c
Pineapple—Sliced, 2's 8 cans	99c

These commodities can be mixed to suit buyer.

Butter, 2 lbs. & 2 doz. Eggs	99c
Coffee, 3 lbs. With a Tumbler free	99c

Not more than two deals to each customer

MUSSALLEM'S Economy Store

"The Original Cash & Carry"
18 — Phones — 360
317 and 319 Third Avenue

DON'T FORGET

The 25 Garage

For Efficient, Reasonable and Fast Service
A. M. Honeywell, Phone 25

Miss D. Hogan

TEACHER OF MUSIC

Phone—Black 232