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Smashing Reductions One Week Only

Our present stock must be cleared to make room for new fall stock.
To do so our prices are reduced from one quarter to one half off regular prices.
See our windows for real bargains. First come, first served
Come one, come all

McRae Bros. Ltd

Columbia Records

25c. 50c.

Any 10 inch Record Any 12 inch Record

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THE PIONEER DRUGGISTS TWO REXALL STORES

Canadian National Railways

GRAND TRUNK PACIFIC RAILWAY

S. S. PRINCE GEORGE AND PRINCE RUPERT will sail Thursday and Sunday at 12 o'clock Midnight for Swanson Bay, Ocean Falls, Powell River, Vancouver, Victoria and Seattle. For Anyox Wednesday, 11 p.m. For Stewart, Saturday, 8 p.m.

S. S. PRINCE JOHN—For all points Northern and Southern Queen Charlotte Islands, May 13th and 27th, June 10th and 24th, July 8th and 22nd, August 5th and 19th, Sept. 2nd, 16th and 30th.

Train Service

Passenger Daily Except Sunday, 6.45 p.m.
For Smithers, Prince George, Edmonton, and Winnipeg, making direct connections for all points in Eastern Canada and United States.

ALL TRAINS AND BOATS OPERATE ON STANDARD TIME
Agency for all Ocean Steamship Lines
City Ticket Office, 528 Third Ave. Phone 260.



CANADIAN PACIFIC RAILWAY B.C. Coast Services

Sailings from Prince Rupert

For Ketchikan, Wrangell, Juneau and Skagway—
JUNE 12, 19, 26. JULY 3, 7, 14, 17, 24 and 28.
For Vancouver, Victoria and Seattle—
JUNE 17, 24. JULY 1, 8, 12, 19, 22 and 29.

S. S. PRINCESS BEATRICE—For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River and Vancouver, every Saturday at 1 p.m.

Agency for all Steamship Lines.

Full information from
W. C. ORCHARD, General Agent,
Corner of 4th Street and 3rd Avenue, Prince Rupert, B. C.

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We are now Agents for the New York Life Insurance Company. The most liberal and strongest company on the continent. Assets, \$952,632,138.80. Let us show you how to save your money.

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DENTISTRY!

Modern X-RAY Service

DR. BAYNE

Rooms 4, 5, 6, Helgeson Block Phone 109
Office Hours: Mornings, 9-12; Afternoons, 1:30-5:30;
Evenings, 7-9.

Nervous breakdown Couldn't Sleep Nights.

To those on the verge of a nervous breakdown the following symptoms present themselves: nervous headaches, a feeling of depression, fitful, disturbed, restless and unrefreshing sleep, often troubled with frightful dreams, avoidance of crowded places, dread of being alone, horror of society, etc.

When the nerves become affected in this way the heart generally becomes affected, too, and on the first signs of any weakness of the heart or nerves, flagging energy or physical breakdown do not wait until your case becomes hopeless, but get a remedy that will at once quieten the nerves, strengthen the heart and build up the entire system.

This you will find in
**MILBURN'S
HEART AND NERVE PILLS**
Mrs. M. Damand, Young's Cove Road, N. B., writes: "I was bothered very much with my heart and nerves; had nervous headaches and dizziness, could not sleep at nights, and my appetite was all gone. I was on a nervous breakdown when a neighbor told me to try Milburn's Heart and Nerve Pills. This I did, and before I had the second box used I was better and would advise anyone who has nerve trouble to take them."
Price, 50c a box, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

TEAMS ARE LINED UP FOR LACROSSE GAME

Twenty-two Players Turned Out Last Night For Practice Preliminary to Dominion Day

Twenty-two lacrosse players turned out at the Aeropolis Hill grounds last night for the preliminary practice to the game between the Elks and Sons of Canada to be played in connection with the Dominion Day celebration on Saturday. Sides were chosen and it was decided to have a ten-men-a-side contest.

The following will be the line-up for the Sons of Canada under Captain Ben Crossett:

Goal, Sunberg; point, Alex Saint; cover point, George Shaw; third man, Merriek; right defence, Mansell; left defence, Howard Pringle; centre, Eric Mackintosh; right attack, Hugh Scott; third home, U. U. La Casse; second home, H. Menzies; first home, Ben Crossett; spare, Don Graham.

ENJOYMENT OF LIFE IS GREATEST THING SAYS TORONTO DOCTOR

WINNIPEG, June 29.—"Life consists from the eyes up," declared Dr. T. C. Routley, of Toronto, assistant general secretary of the Canadian Medical Association, when addressing the Rotary Club at its luncheon at the Fort Garry Hotel, on the subject of "Health, the Greatest National Asset."

In developing this particular line of thought the doctor said the main outlook on life was enjoyment of life; in fact, the whole of life consisted of the state of mind. If a man enjoyed good health for the natural span of years he could enjoy all the commodities with which Providence had provided him for his pleasure and comfort.

Potential Assets

Canadians, he said, had boasted of their potential assets: in the shape of agriculture, timber, fisheries and minerals. "What was an asset because man could consume it; timber was an asset because man could use it in building homes; fish was food, and minerals meant railroads for man's transportation. All these presented themselves as great national assets helping to make up the lives of all, but upon them all must be paramountly superimposed the virtue, healthy individual. The only way to prove this was by taking the antithesis. If a person had poor health, what enjoyment could he get out of food, out of transportation, out of beautiful buildings

BIRTH

A son was born to Mr. and Mrs. W. T. Muse, Thompson Street, at the General Hospital on June 29.

Constipation

Is quickly relieved when the liver is aroused to activity by the use of Dr. Chase's Kidney-Liver Pills. One pill a dose. 25c a box, all dealers.

**Dr. Chase's
Kidney-Liver
Pills**

Local and Personal

Launch "Oh Baby," Blue 545.

B. C. Undertakers. Phone 41. 1f

Mayners, Undertakers. Phone 351.

Cash for Victory Bonds. Thos. McGlymont. 1f

Don't forget Big Sports Program on Dominion Day. 15f

Three dozen eggs for \$1, guaranteed. City Market. 1f.

Mr. Rolph, of Claxton Cannery, came in on last night's train.

See our windows for prices in our Closing Out Sale. Royal Shoe Store. 1f

Mrs. Blans arrived on last night's train from Balmoral Cannery.

A. E. Rolph, of Prince George was an arrival in the city on last night's train.

Fishermen. All our rubber boots are on sale at Cost Price. Royal Shoe Store. 1f

Mystery Trips. Every week-evening, at 7:30 "Narbethong." Fare \$1.00. Phone Black 400. 1f

Matt Allard, the well known Terrace prospector and trapper, arrived in the city last night.

John Willman, the well known Esk mining and lumber man, reached the city on last night's train.

Thursday and Friday, 20 per cent off all plants. Large assortment. Brehaut & Easson, Third Avenue. 15f

Emery C. Barger of Hubert has been appointed one of the fence viewers for the Bulkley Valley.

James B. Burr, of Mill Bay, reached the city yesterday afternoon and is registered at the Hotel Prince Rupert.

Dance at the Rink, Friday night, under the auspices of Adair Cars and Sons of Canada. Westholme Orchestra. 15f

Miss Helen Stewart of Victoria has been reappointed a member of the public library commission for a term of three years.

Will George Ellis Watson communicate with cousin, Grace O. Parker, 125 South Huntington Avenue, Boston, Mass. 1f

E. Buschmann, of Hidden Inlet, Alaska, reached the city yesterday afternoon and is registered at the Hotel Prince Rupert.

Saturday being Dominion Day and a general holiday, the city stores remained open in the afternoon not observing the weekly half holiday yesterday.

Mr. and Mrs. C. R. Elsey arrived from Smithers last night and will sail for Vancouver on the Prince George tonight. Mr. Elsey is principal of the Smithers public school.

T. H. Johnson, manager of the Canadian Fish and Cold Storage Co., sails tonight for Vancouver on a business trip to Vancouver. He will be accompanied by his brother, Will Johnson, of Hull, England, who is going to California.

G.W.V.A. Special General Meeting will be held on Friday, June 30 at 8 p.m. to discuss the plans for the proposed new building so that tenders may be called for the erection. All returned men are cordially invited to attend. 15f

The Rotary Club was addressed today by J. W. Johnson, of the Hull, England, Rotary Club who is visiting in the city the guest of his brother T. H. Johnson, manager of the Canadian Fish and Cold Storage Co. Mr. Johnson's subject was "Impressions of a recent European Tour."

Captain William Boyce, skipper of the Princess Charlotte which brought the Masonic visitors north last week, was presented with a set of pipes by the excursionists in the course of the return trip to Vancouver. A collection of \$1200 was taken up and turned over to the crew.

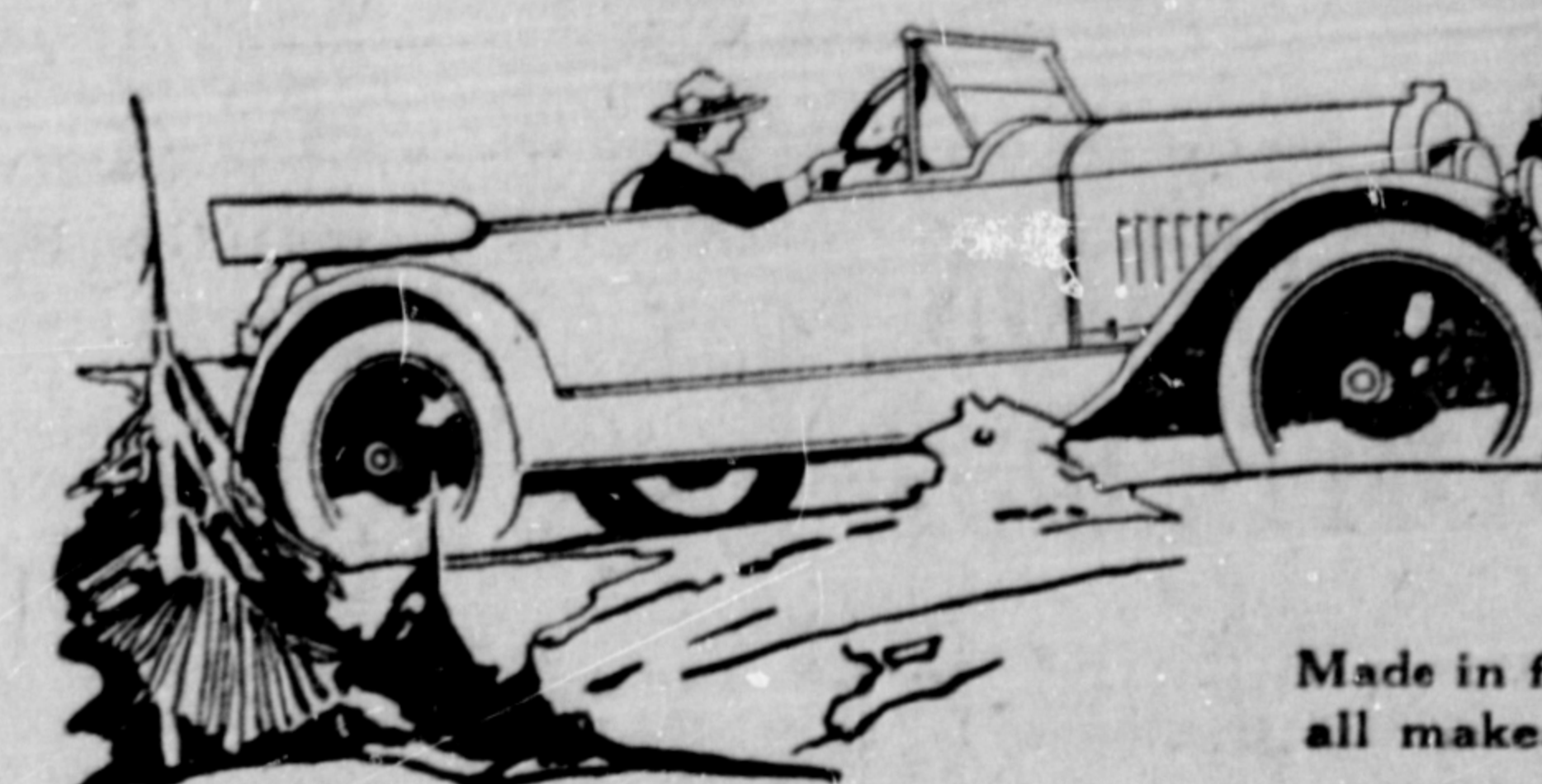
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Have your crank case properly cleaned and refilled with the right grade of Imperial Polarine Motor Oils:

Then—check up on the way your car performs. You will immediately notice that your engine has more power; that it climbs hills more easily; that it runs more smoothly and quietly and that operating troubles occur less frequently.

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Manufacturers and Marketers of Imperial Polarine Motor Oils and Marketers in Canada of Gargyle Mobiloil



Made in five grades for the proper lubrication of all makes of automobiles, trucks and tractors.

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Operating G. T. P. 20,000 Ton Floating Dry Dock
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern makers, Founders, Woodworkers, Etc.

Electric and Acetylene Welding.

Our plant is equipped to handle all kinds of
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PHONES 43 AND 395

TRADE MARK
B&K
REGISTERED

B. & K. Poultry Mash

means
More Eggs

This is a balanced Laying Food.
Each sack has attached a tag giving the ingredients and guaranteed analysis.

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P.O. Box 745 Prince Rupert, B.C. Phone 350

E. H. SHOCKLEY

Planing Mills: Cow Bay. Wharf: Next Imperial Oil Dock. Phone: 383.

FIR DIMENSION, FINISHING LUMBER, PLANKING AND TIMBERS, SHINGLES, LATH, DOORS AND WINDOWS.

Agent for:—
Robertson & Hackett's Saw Mills, Ltd.
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"Lamato" 3 ply Cottonwood Panelling.
Garland Company, Roofing Paint.

GET BACK ON THE FARM

160 Acres 1/2 mile from Moricetown. Frame house and two barns. Forty Acres Meadowland, balance Poplar and Spruce. 60 Acres fenced. Snap for either cash or terms. Enquire
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LADYSMITH- WELLINGTON COAL

BULK on Dock \$12.75 per ton
BULK Delivered \$14.25 per ton
SACKED on Dock \$13.75 per ton
SACKED Delivered \$16.00 per ton

The Ladysmith-Wellington Coal has been mined continuously for the past fifty years. This splendid coal is unequalled for all purposes—Steaming, Household, and Furnaces.

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Peter Black, Agent.
Phone in your orders any hour, day or night, there will always be someone at the desk to receive them.
Main Office, Central Hotel.

The Jewellery Store Umbrella!

You will generally find that it is an altogether superior article.
Yes, it costs a little more but think what you are getting. A splendid selection on show.
Black Silk Mixture with nice handles, \$5.50 to \$15.00
Colored Silk, \$11.00 up.

John Bulger, The Jeweller

GIFTS THAT LAST