FOX NEWS

SAVE...

25 to 30 Cents On Dollar

When outfitting for the winter don't forget that you can get wearing apparel at much lower prices at-

Montreal Importers

We have just purchased new goods at present low prices and we are giving our customers the benefit for quick turnover. Call and see the goods.

Heating and Metal Working Are Discussed

James Steen, in an address yesterday to the Rotary Club, stressed the value of the apprentice system in the sheet metal trade and mentioned some of the evils arising from the present loose system.

The speaker also mentioned that the matter of heating was passing through an experimental phase which was likely to revolutionize old systems. He illustrated by reference to local buildings.

Rt. Rev. G. A. Rix, D.D., Bishop of Caledonia, left on this afternoon's train for a trip to Toronto on ecclesiastical business.

SOURED ON THE WORLD?—THAT'S LIVER

Wake up your Liver Bile -No Calomel necessary

wretched make the mistake of taking chewing gum, or roughage which only move liquid bile into your bowels. your stomach and intestines working as they

Phone 953

Phone 95?

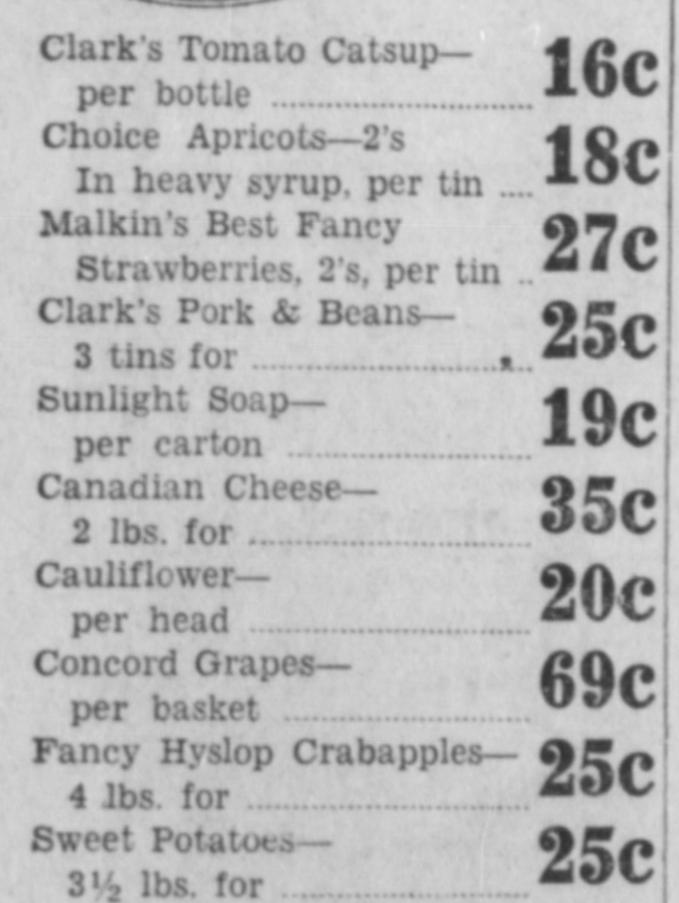
Cash and Carry

Specials

per 1-lb. pkg.	29c
Malkin's Best Raspberry Jam, per 2-lb. tin	29c
Peanut Butter— per 1-lb. tin	16c
2-lb.	35c
Heinz Tomato Soup—	25c
3 tins for	25c
3 pkgs. for	



Malkin's Best COFFEE



Lief Erikson Whist Drive-Dance Enjoyed

A very enjoyable whist drive and dance was held by the Lief Erikson Society last night in the Metropole Hall. There were eleven tables of cards, more young people coming in to enjoy the dance which followed the serving of delicious refreshments.

Prize-winners at cards were: Ladies' first, Mrs. I. Bye; second, Miss Astrid Selfjord; consolation, Miss Corinna Peterson; men's first, Eldor Anderson; second, I. Fenness; consolation, Maurelius Halkestad.

Mrs. J. S. Black's orchestra provided the music for dancing. Albert Lindseth, in addition to being chairman of the committee in charge, was master of ceremonies. A ladies' committee was in charge of the serving of refreshments.

SPORT CHAT

The rather keen interest which was manifested in the bout last week between Benny Wendle and Nina Gurvich and the ensuing match between the winner and Billy Bagshaw which has been A promised by Bill Stone augurs well for a revival of the boxing game in Prince Rupert during the coming winter season. The recent lapse in the cauliflower industry locally creasing enthusiasm for the endeavor which is now being made to restore it.

In addition to the main event, last preliminaries attracted mead of attention. Some real excitement was stirred up in the pugilistic preludes. In making his debut as a boxing promoter, Bill Stone repared a very attractive card in spite of the fact that the main event was admittedly slow.

VANDERHOOF

o her home here from the Prince British Columbia. George Hospital although she has ar from regained her normal nealth as yet.

Henry Stangebye has brought into own a Swede turnip weighing 20 pounds and a potato weighing a full wo and a half pounds. While they are not records for the district, they are far above the ordinary speci-

F. Park, William Evans and G. Steele have been elected school trustees by the ratepayers of the Lakes District. Mr. Evans was later ppointed secretary.

P. A. Miquelon, Grand organizer for the Elks' Lodge, has found the time not suitable for the organization of a lodge here. After spending a day or so in Vanderhoof, he left last week for Quesnel where a lodge is being instituted, proceeding from there to Prince Rupert.

For quick returns Try a Want Advertisement.





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seems to have had the effect of in- Annual Meeting of Prince Rupert Association-Tournaments Are Planned

> The Prince Rupert Badminton Association held a meeting last night. Election of officers for this season resulted as follows:

Honorary President-S. J. Jabour. President-E. O. Aves. Vice-President-A. E. Parlow. Secretary-G. P. Lyons.

Plans were made for a handicap tournament and a city tournament with a possibility of a tournament Mrs. Hugh C. Wilson has returned for the championship of Northern

Market

2 lbs. Round Steak-

10 lbs. Potatoes

2 lbs. Hamberg—	950
2 lbs. Onions	25c
6-lb. Pot Roast of Beef-	75c
10 lbs. Potatoes	190
2 lbs. Sirloin Steak—	50c
1 Cabbage	900
2 lbs. Loin Pork Chops—	50c
3 lbs. Apples	900
2 lbs. Loin Lamb Chops—	50c
1 tin Peas	900
Shoulder Lamb—	75c
5 lbs	100
Rump Roast of Beef-	75c
6 lbs	100
Leg of Lamb—	200
per lb.	200
4-lb. Shoulder of Pork-	50c
3 lbs. Apples	000
4-lb. Leg of Pork—	75c
4 lbs. Apples	100
Sirloin Tip-	20c
per lb.	200
957 — Phone — 95	7

The Survival of the Sweetest

One slice of ham (one inch thick), six medium sized raw potatoes, per, enough milk to cover potatoes drama, which is being presented at (about three cups). | the Capitol Theatre here as the

Peel and cut potatoes into thin week-end feature offering. potatoes are used. Put the rest of of "Make Me a Star." 60 minutes).

With the ham and potato dish in the oven, there will be a few minutes for setting the table. A salad placed in the refrigerator if there is room for them. After the potatoes and ham have cooked 15 or 20 win a doubtful renown. minutes, start a corn flake char-

FINED AT HAZELTON

Divisional headquarters of the provincial police here have been advised that Richard Muldoe was fined \$10 and costs by Stipendiary Magistrate Srorkey at Hazelton on a charge of carrying a loaded firearm in a motorvehicle. The fine was paid.



Miss D. Hogan

TEACHER OF MUSIC

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Covenient to business district, homelike, beautiful harbor

Rates reasonable. Spacious sample rooms. FIRST CLASS CAFE Open at All Hours

Special monthly rate for Rooms and Meals Hotel Central Ltd.

(By Barbara Brooks)

HAM SCALLOPED WITH POTATOES



Phone-Black 232

First Avenue & Seventh Street

MANY STARS IN PICTURE

Prominent Figures on Screen Depict Studio Scenes in Stuart Erwin Film "Make Me a Star"

There is no dearth of stellar talone-third cup flour, two tablespoons ent in "Make Me a Star," Stuart butter, one-half teaspoon salt, pep- Erwin's latest picture, a comedy-

slices. Place ham in bottom of a In addition to the regular cast, casserole. Cover with a half inch of which includes Erwin, Joan Blonto flour (not too much salt as the several other prominent starsham may be quite salty). Sprinkle Maurice Chevalier, Sylvia Sidney, some of the flour mixture over the Claudette, Colbert, Gary Cooper, potatoes and dot lightly with part Tallulah Bankhead, Clive Brook, of the butter. Add another 1/2-inch Frederic March, Phillips Holmes, layer of sliced potatoes, sprinkle Jack Oakie and Charles Rugglesagain with flour mixture and dot appear in authentic studio scenes with butter. Repeat this until all the which are part of the plot-action

the flour mixture and butter over Erwin, as the movie-struck heroithe top. Fill the casserole with milk worshipper, who saves up his penuntil the potatoes are covered. Bake nies as a grocery clerk in a small in a moderate oven (375 d. F.) until mid-west town and goes to the film the potatoes are done (about 50 to capital seeking fame in the pictures, meets these various stars in the course of his wandering about the studios seeking a job as an extra.

Joan Blondell, as a double for a could be prepared and the plates screen celebrity and herself ambitious for stellar success, takes pity on Erwin and finally helps him to

Zasu Pitts and Ben Turpin are splendid in comedy character roles.

Week-End Specials

Swift's Pure Lard-5-lb. pail Royal City Corn-2's 25c Empress Strawberry Jam-55c 4-lb. tin



Malkin's Best Tea— 1-lb. pkg.	40c
Evaporated Choice Peaches per lb.	15c
Globe Roast Mutton—1's per tin	25c
Daniel 47 11 11 m	25c
Best Foods Mayonnaise— 16-oz. jar	40c



35c quarters

Malkin's Best

SPINACH, 2's

Swift's Back Bacon-15c sliced, 1-lb. pkg. Brookfield Eggs-30c in cartons, doz. Crestwood Creamery Butter 80c 3-lb. brick B. & K. Pastry Flour-40c 10-lb. sack P. & G. White Naphtha Soap, 6 bars

Phone Your Order-We Delive

P. GAMULA, Proprietor Fifth Street. Phone 208



Friday & Saturday TWO SHOWS - 7 and 9 nm Feature Starts at 7:30 & 9:30 ADMISSION - 15c & 50c SATURDAY MATINEE at 2:30 Feature Starts 3:00-15c & 35c

ALL THE WORLD LOVES A LOVER-AND A STAR STUART IRWIN-Is BOTH In

"MAKE ME A STAR"

With JOAN BLONDELL, ZASU PITTS, BEN TURPIN A picture-crazed country boy makes good. From that hilarious hit "Merton of the Movies"

Comedy-OUR GANG in "CHOO CHOO"

MONDAY and TUESDAY-"ARE YOU LISTENING?" sliced potatoes. Add salt and pepper dell, Zasu Pitts and Ben Turpin,

> Insist on "GRANT'S BEST PROCURABLE"-The Original For Sale at Vendors or direct from "Mail Order Dept." Liquor Control Board, Victoria, B.C.



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50-ton Derrick for Heavy Lifts

"TILLIE THE TOILER" Home, Sweet Home









-By Westover.