



### When Baby Comes

WHAT a joy to mother's heart when baby comes! What a relief after months of anxiety and nerve strain!

Mother is happy and expects soon to be strong and well again.

But frequently reaction sets in, and when the excitement is over she is left weak and limp and does not seem to build up the way she should.

Fortunate the mother who has at hand the kindly nurse or attentive friend to tell her how Dr. Chase's Nerve Food will help her at this critical time.

Now more than ever the mother requires the assistance of a blood-forming, tissue-building, nerve-invigorating treatment, and these requirements are admirably

met by Dr. Chase's Nerve Food.

Mrs. Wm. Woods, Coldwater, Ont., writes: "After the birth of my baby I was run down, nervous and could not eat or sleep, jumping at the least noise. Dr. Chase's Nerve Food built me up and made me strong and well again."

Mrs. David Logan, Thorburn, N.S., writes: "A friend of mine whom I went to see after baby was born told me she used Dr. Chase's Nerve Food all through the expectant period and attributed her good condition and splendid baby to its use."

Dr. Chase's Nerve Food, 50 cents a box. All dealers, or Edmanson, Bates & Co., Ltd., Toronto. Look for portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on the box you buy.

### Sport Chat

The Elks are arranging to take charge of the Victoria Day celebration in Prince Rupert on May 24. The committee, consisting of W. F. Roberge, Ben Self and Ralph V. G. Lepine, appointed to make preliminary arrangements, has already interviewed the Fair Association and gained permission to use the Agricultural Hall free of charge in connection with the proceedings. The next step will be to have the city council grant the use of the Aeropolis Hill sports ground for the occasion. Although arrangements are still in the formative stage it is planned to have a baseball game between Anyox and Prince Rupert, football games and a big carnival in the hall. There will also probably be sports and races for the youngsters. Definite announcements should be forthcoming in the very near future.

The final whist games between the Valhalla Ladies and the Valhalla Men champions of the Ladies' and Men's Whist League respectively, to decide the city championship and the possession of the Dybhavn Cup for 1922, will be played in the Metropolitan Hall next Tuesday evening. The meeting will be an ordinary nine game match and the winners of the five or more games will be the champions. The teams are as follows: Valhalla Ladies—Mrs. Olof Hansen, Mrs. O. A. Johnson, Mrs. K. Hallberg, Mrs. George Fritz, Mrs. M. Jacobsen and Mrs. A. Lindsay.

Valhalla Men—A. Akerberg, L. O. Larsen, G. Stegaviz, John Dybhavn, K. Hallberg and Peter Nelsh.

The delay in getting this series played off has been on account of illness in the ranks of the two teams.

The French may know little about golf, but they have not much to learn about the playing of rugby football, says the Manchester Guardian; if M. Briand thought that the famous golf-match at Cannes was a deep-laid plot to shake his nerve he should have countermanded with a rugby team gathered from the fine players of Southern France. On Saturday, at Twickenham, on our native soil and by our domestic hearth, where victory is assumed and not discussed, the Frenchmen drew. We may make up our minds to it; the day is fast coming when the French will do better than make a mere draw.

The French, and especially the Southern French are well equipped for the game. They have a liveliness and impetus, a swift response of action to thought that would always make them hard to beat. But whereas one would suppose that they were by temperament sprinters, they are also notable stayers; in actual track-athletics they have had some of the best runners at the long, if not the longest distances.

### D. D. M'KENZIE MAY SUCCEED LANGLEY

OTTAWA, March 24.—The appointment of a successor to the late Judge Langley, of Nova Scotia, supreme court is being discussed in political circles and it is understood that the appointment will probably fall to Hon. D. D. McKenzie, solicitor general who has previously been mentioned for the vacancy and who, it is understood, would not be averse to accepting the position after the end of the present session.

### In the Letter Box

#### DAYLIGHT SAVING.

Anyox, B. C.

Editor Daily News:

The News has for some time past advocated resorting to daylight saving and advanced arguments to sustain its views. Because the News circulates beyond the confines of Prince Rupert, and as such virus is of a highly infectious character the discussion of the subject belongs to anyone.

In view of opinions expressed therein, it would be interesting to know why any place apart from Vancouver should set up a fictitious time, when by so doing it would conflict with standard time as used by transportation companies. Canning saves in the past have persistently spread the report that when a railroad changed from winter to that of summer, it meant clock manipulation as part of its policy, so as to furnish an excuse for adopting the fad and innocents have been known to fall for the ruse.

#### Leisure.

One day and a half and inclusive of holidays too, out of seven, does not allow much leisure if it is true, for those who make pleasure-seeking the chief aim of life. Yet the world-to-day takes a different view, and complains bitterly of the enforced leisure to which it is subjected.

This province lies between the 49th and 60th parallels of north latitude. The length of the day in summer in the north is so long that it seems monotonous. Even now, daylight, after the sun crosses the meridian (at noon) is much over an hour more than before it reaches that point, which shows that the day according to standard time is over-balanced in the direction of the afternoon. Yet the eccentricities of the savor prompt him to make it further lopsided, and those who claim for daylight-saving, under such circumstances, should be regarded with amusement if not suspicion.

#### The Real Saver.

The real saver is invariably one who can comply with the law he advocates, by advancing the clock-time—while by reason of his circumstances, can exempt himself from the inconveniences and hardships its operation inflicts on others. The numerical inferiority of this class is admitted, but its policy is enforced through and by the aid of satellites to whom can be accredited the subversion of the liberties of the people and entrenchment of special privilege everywhere. This fad is supported by a group of organized minorities in cities (Overlords) the real dictators of public policy. The Vancouver list has been frequently published in the press of that city, as well as statements emanating from that source, dealing with and outlining the methods where, by coercion should be applied to children to secure compliance therewith. Such dictum should grate upon the ears of at least some parents who would be loth to shirk the responsibility of protecting their off-spring against the caprices of organized greed.

#### Personal Rights.

The principles upon which this Government rests, and in theory at least supports, is the recognition and protection of the citizen in his individual rights, in matters that affect him alone, and in no way conflict with the public welfare nor majority interests. When conditions are imposed upon him, compelling him to arise an hour earlier than

# MACDONALD'S Cut Brier

MORE TOBACCO FOR THE MONEY

The Tobacco with a heart

Canada's Best Buy - THE ECONOMY PACKAGE 1/2 lb - 85¢



## Lumber & Lath Shiplap-Boards and Dimension

Thoroughly Air Dried and Stored Under Cover

Kiln Dried Flooring, Ceiling, Siding and Finish SPRUCE LATH

Manufactured in Prince Rupert and selling at Lowest Prices

## PRINCE RUPERT LUMBER CO.

Seal Cove, Prince Rupert Telephone 361

QUALITY CLEANLINESS

"It's Better when Baked by Electricity"

## \$5 Gold Piece \$5

GIVEN AWAY

A \$5 GOLD PIECE will be placed in our QUALITY MILK BREAD on FRIDAY or SATURDAY

TRY A LOAF and TRY YOUR LUCK! Ask Your Grocer for Electric Bread.

Note---We will give \$6.00 in cash for the return of the Gold Piece.

It will pay you to buy Electric Bread

## Electric Window Bakeries

"Where Quality and Cleanliness Rule"

VALUE Phone 667 SERVICE

## FIRE! FIRE!

The fire inspectors have been round and we know just what you need to protect your walls, partitions and ceilings. We make ASH BARRELS and everything for your protection against fire.

## Rowe's Sheet Metal Works

Phone 340

### M. T. LEE

Ladies' & Gentlemen's TAILOR  
Fit Guaranteed  
Third Avenue, opposite P. O.  
Phone Red 136

The best in town

## Strand Cafe

All White Help.

For your next

## Shoe Repair Job

try

J. C. EMERTON  
Champion Shoe Repair Shop  
Emad Block, Third Avenue  
"Repairs while you wait"

Night Phones - J. G. Steen, 871  
W. Longwill, Blue 270  
Day Phone 5

## STEEN & LONGWILL

Sheet Metal Works  
Agent for McClary Furnaces  
Sanitary and Heating Engineers  
5th Street and Fraser Street  
Prince Rupert B. C.

## WILL REDUCE POLICE FORCE

Two Officers Are Given Notice for April 1—Board Against Wage Reductions Now.

Instead of cutting the salaries of the officers, the police commission has decided that the force will be reduced by two men effective on April 1 and, in accordance with that decision Constables Bourne and Bruce, junior members of the force, are to be notified that their services may not be required after that date. In the meantime and before the reduction comes into effect a special drive is to be made by the police department against the drug traffic in the city.

The whole matter of reorganization and possible wage reduction was given full discussion at the meeting. Commissioner Macdonald said that he was absolutely opposed to any reduction now as he felt that the time was inopportune for living costs had not come down sufficiently as compared with 1914 to warrant it. Statistics showed that living costs were 93 percent higher today than they were in 1914 and increases would be more in line than reductions. Until such time as these costs came down considerably he would not be willing to consider wage cuts. It was worth at least 10 percent more to work in Prince Rupert than in other cities. As far as the question generally was concerned he thought that the salaries of city employees should remain as they were and the property owners should bear the cost.

Commissioner Shockley was of the opinion that the whole matter should be thrashed out before an arbitration board before the police commission took any action along this line.

Mayor Rochester stated that he would prefer reducing the staff over cutting wages but something must be done for the city had reached the limit.

## "DON'T TELL EVERYTHING" IS AT THE WESTHOLME

A Real Picture With Real People in It Is Description of Play.

The spirit of the outdoors is evident in "Don't Tell Everything" which will be the attraction tonight at the Westholme Theatre. It is a Paramount picture and produced with the usual excellence that characterizes these offerings. The notable thing of course, is the combination of Wallace Reid, Gloria Swanson and Elliott Dexter in the picture, which in itself is a superior attraction. But when there is a breezy story, a tangle of fabrications and a lot of good situations

enlivened by real acting—it becomes of added interest. Sam Wood directed, Lorna Moon wrote and A. S. LeVino adapted the story. It has to do with two women who love the same man, a self-sacrificing friend who loves one of the women and who helps his friend to win her even against his own chance of happiness. There is a spirited polo game and a realistic accident during its progress. It is a real picture with real people in it, and it is handsomely staged.

## PREST TO LAND NEAR SMITHERS

Las Vegas Airman Intends to Fly This Year From Auburn, New York.

Further information regarding the flight which C. O. Prest, of Las Vegas, Nevada, airman, who was here with his machine "Polar Bear" last fall, intends to make this summer to Siberia has reached the city.

This year Aviator Prest will start from Auburn, New York, instead of Mexico. The flight will commence in April or May and Prince Rupert should be reached by June. Instead of Hazelton it is proposed to land at Smithers and Mr. Prest has already communicated with the town council there with a view to obtaining a suitable landing place. Two sites have been recommended, one at the Rosenthal & Deyoin farm and the other on the Oulton place.

Mr. Prest is bringing with him this year in his one man biplane which is smaller than the Polar Bear and suitable for landing on shorter fields, a complete moving picture outfit.

## THE COUGH with that Ticklish Sensation

A little tickling in the throat; now and then a dry, hacking cough; you think it is not bad enough to bother about, but every hack makes a breach in the system, strains the lungs and prepares the way for more serious trouble.

How many people have lost a good night's rest by that nasty, tickling, irritating sensation in the throat? The dry, harsh cough keeps you awake, and when you get up in the morning you feel as if you had had no rest at all.

DR. WOOD'S NORWAY PINE SYRUP is just the remedy you require to stop that irritating, tickling cough on account of its soothing, healing and expectorant properties.

Mrs. P. Johnson, Port Alberni, B. C., writes: "I have suffered for years, off and on, with a tickling cough. I could not sleep nights and had to sit up in bed to get relief. I tried different doctors' prescriptions until I heard of Dr. Wood's Norway Pine Syrup. I tried it and found great relief after I had taken the first bottle and have not been troubled since. I shall always keep it in the house." Be sure and get "Dr. Wood's" when you ask for it. Price, 35c and 60c a bottle; put up only by The T. Milburn Co., Limited, Toronto, Ont.



Wallace Reid, Gloria Swanson and Elliott Dexter in the Paramount Picture "Don't Tell Everything" Starring tonight at the Westholme Theatre.