Strength

Strength of muscle does not indicate strength of nerves. On this account many people who look healthy enough suffer from nervous troubles and cannot understand what is ailing them. Sleeplessness and irritability are among the early symptoms. Indigestion and tired feelings soon follow.

Read this letter from an Ontario man:

Mr. W. L. Gregory, Charles St. E., Ingersoll, Ont., writes:

"I had been troubled for quite a while with indigestion. At times there would be a twitching of the nerves of my stomach; and I also found it difficult to get a good night's sleep. I am a moulder, and owing to the nature of my work my system became run-down. I took a treatment of Dr. Chase's Nerve Food, and found great benefit from this medicine. They did me a great deal of good. I have not been bothered at all with indigestion since, and can sleep much better. I have recommended Dr. Chase's Nerve Food to many of my friends, as I think it splendid for anyone run-down and needing a tonic."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto

PROVINCE OF BRITISH COLUMBIA.
FOREST BRANCH.
DEPARTMENT OF LANDS.

EXAMINATION FOR THE POSITION OF ASSISTANT FOREST RANGER.

Object.

These examinations are for the purpose of filling present vacancies and to enable candidates to qualify for future vacancies or increases in staff.

Assistant Forest Rangers.

Assistant Forest Rangers are employed during the fire season (May to September inclusive) of each year and this period is extended where possible by work on improvements, such as trails, etc. Reappointment is made each year as long as satisfactory service is given. Promotion to the permanent staff is made by merit and examination as occasion offers. The salary is $100 per month the first year and $110 per month the second year and $120 the third year. Travelling expenses are also paid.

Qualifications for Candidates.

Candidates must be British subjects resident in British Columbia for at least one year, of good character, good physical condition and with woods experience.

They should have experience in fire fighting; possess the ability to organize work and handle men, and have knowledge of the Forest Act.

The examinations are partly written, partly oral and are designed to test the candidate's ability along the above lines. All statements made by applicants as to experience, education and fitness are subject to verification by the examining board. Preference is given to returned soldiers with the necessary qualifications.

The Examinations.

The examinations will be held at the places and on the dates named below. Each intending candidate should apply to the District Forester of his district for application forms and for information regarding the hour of the examination and the building in which it will be held. Application forms should, in each case, be filled in and mailed to the District Forester in time to reach him at least two days before the examination.

Place.	Date.	Apply to District Forester at
Vancouver	March 14	Vancouver
Kamloops	March 15	Kamloops
Prince Rupert	March 16	Prince Rupert
Smithers	March 20	Prince Rupert
Prince George	March 22	Prince George
Nelson	March 20	Nelson
Clinton	March 28	Williams Lake
Williams Lake	March 30	Williams Lake

G. R. NADEN,
Deputy Minister of Lands.

PROVINCE OF BRITISH COLUMBIA.
FOREST BRANCH.
DEPARTMENT OF LANDS.

EXAMINATIONS FOR THE POSITION OF FOREST RANGER.

Object.

These examinations are for the purpose of filling a vacancy and to enable candidates to qualify for future vacancies and increases in staff.

Forest Rangers.

Forest Rangers are employed the full year. The salary is $125.00 per month and field expenses. This is increased to $140.00 per month the second year and $150.00 a month the third year provided satisfactory service is given and sufficient marks are obtained in the examination; also there are opportunities for promotion to higher positions. Rangers who fail to qualify for the higher grades in their first examination may have an opportunity to do so at subsequent ranger examinations.

Qualifications for Candidates.

Candidates must be British subjects not more than forty-five years of age, resident in British Columbia for at least one year; of good character, good physical condition and with woods experience.

They should be familiar with the practical side of logging, timber cruising, surveying and forest protection; possess a knowledge of the Forest Act; and have ability to organize work and handle men.

The examinations are partly written, partly oral, and are designed to test the candidate's ability along the above lines. All statements made by applicants as to experience, education and fitness are subject to verification by the examining board. Preference is given to returned soldiers with the necessary qualifications.

The above examinations will take place at Prince Rupert on March 16th and Smithers on March 20th. For further particulars apply to the District Forester, Prince Rupert.

W. H. MacINNES,
Civil Service Commissioner.

Advertising is to business what steam is to machinery, the grand propelling power.—Lord Macaulay.

Waterfront Whiffs

Doings of the Mosquito Fleet Which Is the Chief Source of Prince Rupert's Prosperity

The Admiral of the Mosquito Fleet reports that with the bad weather prevailing at the beginning of the week it has meant that a number of boats have been stormbound in port. Although many of the boats arriving report a hard passage home the storm has not been attended with any serious damage to gear, although in a few cases minor repairs and additions to equipment will be necessary before some of the boats will be hitting the high spots again.

* * *

The quantity of fish landed in port during the month of February exceeded the quantity for February 1921 by 20,750 pounds, which goes to show that the output of the fleet is on the upward grade and that everybody concerned is on the job.

* * *

The offices of the Admiralty report that the flu epidemic has been noticeable along the waterfront during the week, and several cases are reported. Even the fish houses are not immune from the complaint and are working on depleted staffs. However, the medical department has the situation well in hand, and Doctor Catto is giving complete satisfaction to his patients.

* * *

Good fur trapping is reported from Pitt Island, Dundas Island, and Estevan Island, at which points some excellent mink skins have been obtained.

Two fur arrivals are reported during the week. Captain Nichols of the J. & N., arrived with 247 pelts consisting of mink, marten, and otter, valued at approximately $1200. The local price offered not being satisfactory they are being shipped to the east.

* * *

The troller Ely arrived in port early in the week from Dundas Island with a fine cargo of skins, the majority consisting of mink, which were sold locally.

The crews of a number of the smaller craft are still out on trapping bent and it is expected will be making for home in the near future.

* * *

It is reported that during the trapping season of 1920-1921 approximately $500,000 worth of furs were landed at this port, and it is expected that at the end of the present season this figure will be equalled if not excelled.

* * *

With the loss of Alexander Halcrow, who died at the General Hospital on Wednesday morning, aged 56, another outstanding character well known to the waterfront boys, is sadly missed. He was a native of Leith, Scotland, well known to his chums as Sandy and had been a resident of Prince Rupert for some five years. He was employed in the boiler shop at the Dry Dock during the construction of the two Canadian Merchant Marine boats, and had been employed during the past summer at Anyox by the Granby Smelting & Copper Company. He was one of the best mechanics on the coast, and was always ready and willing to lend a hand to any of the boys who needed the benefit of his mechanical experience.

* * *

Captain R. E. Lambly, of the Clare, injured his left hand recently while chopping kindling in the dark. The axe hit the wall behind him with the result that he struck his knuckles practically paralyzing his fingers, which has prevented him from taking any active part in the fishing industry for the time being.

However, the injury, with careful nursing, is progressing favorably and he is still able to tickle the dominoes to the delight of his fortunate audiences.

* * *

Flossie Flirt, who is still sojourning at the Seal Cove holiday resort, has written a very interesting letter to Jack, and some extracts are given herewith. "Yesterday afternoon I was around the proposed Pulp and Paper Mill site figuring out the advisability of putting a little change into this proposition as from first hand observations the thing looks very feasible to me. I never made paper myself but I guess the guys that are going to run it can make paper. Anyway for my own part I'd like to see 'em at it, and think I'll take a little flutter if I can finish up my holidays on the right side of the ledger. Have had wonderful weather here although I heard from a friend, who lives near Cow Bay, that you have had some rain, and hope you kept the milk bottles under cover, as I told you too.

"Say Jack, the people here have treated me swell, and I've had ham and eggs three times a day, and they don't know what clam chowder means thank goodness. Thanks very much indeed for The Daily News, which I have received regularly and I do so enjoy reading the old sheet, it sure makes me homesick. This burg is a honest to goodness up to date one, the lights along the big fish storage house here at night give the waterfront a city like appearance, different to the darkness we are all so familiar with at home, and if a fisherman drops a nickel aboard his boat he can see to pick it up again. The natives here have suggested, after my telling them of our troubles, that we should get some Chinese lanterns and string along the wharf, and I think in my spare time I'll knit some.

"I met several people lately from Prince Rupert and they tell me people are asking after me, nod isn't that nice of them. I mean the people who did the asking. There are lots of boat-building guys around here and they all seem busy hammering and sawing, and have very kindly told me a lot about boat-building, which I forget. The great excitement, to me, is the arrival of the motor bus, and I often go and meet it, and sometimes see old friends. The people I am staying with keep chickens and they are very tame birds, I think they call them wine-dots, but I don't see where they got the idea of the wine part from in naming them, although there are a few dots on some. The rooster crowed so much one night that I threw one of my best shoes out of the window at it, and instead of going and hitting the rooster the blamed shoe went in the rain water barrel, and I had to do a Mack Sennett bathing beauty stunt to get it back. Such is life Give my best regards to all the good people around the Bay."

* * *

Captain Hansen of the Iris is busy refitting at Cow Bay, and will hit for the halibut banks again over the week end.

* * *

The Dixie Rupert, Captain Newcombe, arrived in port on Wednesday night from the Zanardi Rapids, where he has been with a party engaged on government telegraph repair work. Cap reports that the snow in that locality is two feet deep in places, and that snowshoes will be added to the equipment on the next trip.

* * *

The Wigwam, Captain Claude Ketchum and Chief Officer Jimmy Thomas, arrived in port on Wednesday morning with a boom of logs from Inverness for the Dry Dock shingle mill, and left on Thursday morning with a scow load of coal for the Port Simpson hospital.

* * *

The Ethel June, Captain Ritchie, is refitting at Cow Bay prior to her first trip of the season to the high spots.

* * *

The launch Oh Baby, Captain Myhill-Jones, cleared port on Thursday morning, with a party of some eight men, for Smith Island quarry. The party will be engaged on quarry work in connection with material for the city.

* * *

Bob Hanna, who is sick in hospital with the flu is progressing favorably, and it is anticipated will be out again in the near future.

* * *

J. and C. Currie left with the Ruby Mae for the north on Thursday, on a timber cruising and logging expedition.

* * *

Captain Jud Thurber, had every intention of leaving port aboard the Mayflower early in the week, but the bad weather interfered with his plants. As Jud says, "whats the use of going to fish if bad weather won't let you fish," and there is a deal of logic in that.

* * *

The Bartolome, Captain H. Selig, arrived from Ketchikan during the week with a cargo of halibut, and is clearing for the deep sea fishing grounds over the week end.

* * *

Captain Peterson, one of the prominent ranchers of Porcher Island, arrived in port aboard the Betty on Tuesday. Cap is in the city on business.

* * *

Captain Don Yelf, left port with the Tip Top on Thursday morning to look for herring.

* * *

The S. & S., after taking on ice and bait at the Cold Storage, hit for the high sports on Thursday afternoon.

* * *

The Baluart, a logging boat from North Arm, Wark Channel, came into port on Monday for repairs to machinery. After the necessary repairs had been executed she cleared for an unknown destination on Tuesday.

* * *

There is something fascinating to the wild ducks around the Prince Rupert Yacht Clubhouse, and blue bills, golden eyes, etc. by the swarm, can be seen diving under the moored boats. If the ducks remain in this vicinity long enough it should prove a splendid rendezvous for the sportsmen around Cow Bay.

* * *

The 28 ft. pleasure boat, which is being built for Captain Sanders of Digby at the N. M. McLean shipyards is making excellent progress, as is also the halibut boats, which is being built for the Lear Brothers.

* * *

The W. & F., Captain Cook, arrived in port on Monday morning with 10,000 pounds of halibut. The skipper said that the finest kind of weather was experienced on the trip and that for seven entire days there was not enough wind to blow a match out. Extensions are being made to the fish hold. Cap says that with the low price of fish he will have to make provision for packing a greater quantity, otherwise the chief engineer will have to be laid off.

* * *

The E. Lipsett, Captain Petersen, is on the high spots on her maiden trip.

* * *

The Annie May, Captain Jack Robins, arrived in port on Thursday morning with 7000 pounds of halibut. Cap reported very heavy weather on the inward voyage, but nothing untoward occurred, and that excellent morale prevailed aboard on the entire venture.

* * *

Martin Miller, foreman, and Chris Dickson, boom-man, of the Georgetown sawmill arrived from Georgetown on Monday night aboard the launch Gladys B. Owing to the very heavy weather encountered they experienced a hard trip in.

* * *

The gas boat Starston, Captain Brodhurst, brought in a scow load of fish boxes and lumber last Friday from the Georgetown mill. The fish boxes were for delivery to the Cold Storage and the lumber was for the Big Bay Lumber Company, for local use.

* * *

George McAfee, manager of the Georgetown mill, will return to the city on Wednesday next on the S. S. Prince Rupert.

* * *

The tug Fir Leaf arrived in port on Wednesday with a scow load of coal for Albert & McCaffery, for local consumption.

* * *

The Margalice, Captain Jack Christiansen, after undergoing minor repairs and overhaul left port on Thursday for the halibut banks.

* * *

Captain A. Swanson is laid up with the influenza, but is progressing satisfactorily.

* * *

Captain Svensen, of the gas boat Starratt, took all precautions to avoid accidents on his last trip for herring to Captain's Cove, which was undertaken in a south-easterly gale. Before leaving the harbor he "hove to" to make his anchor and cable secure, and also lashed his mate to the mast to prevent him from being washed overboard while pumping the ship out. The Cap then lashed himself to the steering wheel and proceeded on his way. Beyond having a few sore ribs the captain says the trip was uneventful.

* * *

The following boats are at present in port: Annie May, Beaver Cove, Bingo, W. & F., Fisher, Marguerite, Ingred, Leila, R., Iris, J. & N., S. & S., Dolphin II, Flattery, Bartolome, Rupert Dixie, Narbethong, Murineag, Nancy, Gladys B., Fremont, Fly, Lancelet, Hekla, Fox Trot, Lillian F., Mab, Thelma II., Lillian M., Anna J., Mermaid of Seattle, Uranus of Seattle, Reform of Petersburg, Pachena and Provincial.

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The Tobacco with a heart

- Canada's Best Buy -
THE ECONOMY PACKAGE
½ lb - 85¢

ASK INFORMATION OF FISHERIES INSPECTOR REGARDING SALMON

Board of Trade Secretary to Write Major Motherwell in Regard to Transfer of Eggs From Skeena River.

The Board of Trade at its meeting last night instructed the secretary to write Major Motherwell and inquire if it was the intention of the department of fisheries to transfer salmon eggs or fry from the headwaters of the Skeena River this year as had been done in the past in order that the Board might take action if it was found any such move was contemplated.

He will also ask the inspector if the Indians are to be compelled to get their supply of fish from the headquarters of the Skeena this year instead of from the Fraser as formerly, thus depleting the supply of salmon eggs on the Skeena waters.

AS A MATTER OF FACT

The idea that chemicals are injurious, merely because they are chemicals, is erroneous.

We live on chemicals. The air we breathe is a mixture of oxygen, nitrogen and certain inert gases, as is also the water we drink a chemical compound of hydrogen and oxygen.

Like most everything in the world, however, there are good and bad chemicals, as well as good and bad laundries.

The good chemicals are those we eat drink and breathe—the kind WE use in the laundry to keep us clean. The harmful chemicals are the poisonous gases and compounds we are all familiar with.

We would not think of using the harmful chemicals in our homes; why not give our clothing the same intelligent consideration, and send them to the laundry where this chemical principle is recognized, and where only the good chemicals are used?

This service is at your disposal.

CANADIAN STEAM LAUNDRY
Phone 8. (advt.)

PRINCE RUPERT TIDES

Saturday, March 4.

High—	4:30 a.m.,	19.3	feet.
	17:08 p.m.,	16.8	feet.
Low—	10:54 a.m.,	6.4	feet.
	22:55 p.m.,	7.6	feet.

Sunday, March 5.

High—	5:41 a.m.,	18.8	feet.
	18:03 p.m.,	15.9	feet.
Low—	11:15 a.m.,	6.8	feet
	23:42 p.m.,	8.5	feet.

Canadian National Railways

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Engineers, Machinists, Boilermakers, Blacksmiths, Pattern makers, Founders, Woodworkers, Etc.

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Canadian National Railways

GRAND TRUNK PACIFIC RAILWAY

S. S. PRINCE RUPERT will sail Wednesday 10:00 p.m. for Stewart and Anyox. Thursday midnight for Swanson Bay, Ocean Falls, Powell River, Vancouver, Victoria and Seattle.

S. S. PRINCE ALBERT—For all points Northern and Southern Queen Charlotte Islands, March 15 and 27. For Stewart, March 16 and 30.

Train Service.

Passenger **MONDAY, WEDNESDAY** and **SATURDAY** at **11:15** a.m. For Smithers, Prince George, Edmonton and Winnipeg, making direct connection for all points in Eastern Canada and United States.

Agency All Ocean Steamship Lines.

City Ticket Office, 526 Third Avenue **Phone 260**

CANADIAN PACIFIC RAILWAY
B.C. Coast Services

Sailings from Prince Rupert

For Ketchikan, Wrangell, Juneau and Skagway—
March 10, 20, 31; April 10, 21.
For Vancouver, Victoria and Seattle—
March 4, 15, 25; April 5, 14, 25.
S. S. PRINCESS BEATRICE—For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River and Vancouver, every Saturday at 1 p.m.

Agency for all Steamship Lines.
Full information from
W. C. ORCHARD, General Agent,
Corner of 4th Street and 3rd Avenue, Prince Rupert, B. C.

UNION STEAMSHIP CO. OF B.C., LIMITED.

SAILINGS

For Vancouver, calling at Swanson Bay, Ocean Falls, Tuesday, 8 p.m.
For Port Simpson, Naas River, Anyox and Alice Arm, Sunday, midnight. Calling at Oceanic and Naas Harbor on sailings Jan. 29, Feb. 12, 26, March 12, 26. Calling at Somerville, Kumeon and Mill Bay sailings Feb. 5, 19, March 5, 19 and April 2.

623 Second Avenue JACK BARNSLEY, Agent Prince Rupert, B. C.

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