



"I Am So Tired, Dearie"

IN the recent Advertising Contest the question was asked, "For what is Dr. Chase's Nerve Food most frequently used?"

And the answer in the great majority of cases was: "I have found on inquiry among my friends that Dr. Chase's Nerve Food is most used by women who have their own housework to do and small children to look after."

"When tired and wornout by the continuous monotony of household duties and the care of small children the nerves in time play out and then it is that Dr. Chase's Nerve Food proves the good friend in time of need."

Mrs. W. German, 213 Park street, Brockville, Ont.,

writes: "After the birth of my boy I became so weak and gradually lost weight. I was unable to do my work and was in misery because I could not sleep. My nerves would twitch and jump and I would get up in the mornings with tired, aching limbs and aching head. My heart was so weak that it would palpitate at times, and I became greatly discouraged."

"Following personal advice from friends, I began the use of Dr. Chase's Nerve Food and took altogether 12 boxes. I wish you could see how well I am now and how I am enjoying life."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmondson, Bates & Co., Ltd., Toronto.

GETTING READY FOR FIGHT ON MARCH 23

MILWAUKEE, March 15.—Tommy O'Brien, the Los Angeles lightweight, who recently returned from Australia and Tony Dennis of Milwaukee will complete their training here this week for their meeting in Winnipeg on March 23.

FRENCH CABINET AFTER OLYMPIC GAMES 1924

PARIS, March 14.—The French cabinet yesterday decided to do everything possible to insure the holding of the 1924 Olympic games in France as originally planned.

MUCH HAS BEEN SAID

About the sanitary condition of the power laundry output, it may be of interest to note that Dr. Ira S. Wile writing in the Medical News, New York, concludes a discussion of laundry hygiene by saying that in the power laundry process "exposure to heat and the usual washing agents alone with mechanical agitation, destroys the hardest bacteria" and that "laundering appears to be an efficient hygienic method of promoting cleanliness without danger to patrons or employees. This cannot be said of the hand laundry."

The old bugbear of contamination has been exploded. Expert investigation has failed to find and disease producing germs (pathogens) where clothing has been exposed to a temperature of 180 degrees fahr, or where they have been washed at a temperature as low as 104 degrees fahr., using soap liberally.

These precautions are all observed in our process. You can safely trust us with your washing problems. We will return your clothing CLEAN, SANITARY and UNDAMAGED by injurious chemicals.

CANADIAN STEAM LAUNDRY

Phone 8

THE ONLY SHADY SPOT

A very stout woman, bustling through a park on a hot day, became aware that she was being followed by a roughly dressed lad.

"What do you mean by following me in this manner?" she demanded indignantly.

The boy hung back a little. But when the woman resumed her walk he again took up his position directly behind her.

"Look here," she exclaimed, wheeling angrily, "if you don't go away at once, I will call a policeman."

The unfortunate lad looked at her appealingly. "For goodness sake, kind lady, have mercy on me, and don't call a policeman. You're the only shady spot in the park!"—Tit-Bits, London.

LAST RESTING PLACE FLAGSHIP VICTORY

Lord Nelson's Famous Old Warship in Dock at Portsmouth.

Whatever may be the admiralty's decision with regard to the preservation of the Victory, Lord Nelson's old flagship, it is certain she will not remain at her moorings in Portsmouth Harbor much longer, says the Manchester Guardian. When the late Marquis of Milford Haven, shortly before his death, called attention to the condition of Nelson's flagship there was a general impression that his anxiety was not justified, but the admiralty ordered a survey of the vessel, as a result of which it has been decided to place her in No. 2 dry dock at Portsmouth Harbor for examination.

The opinion of local experts is that, once dry-docked, the ship will never return to her old moorings in the harbor. Nearly 20 years have elapsed since the old ship was last out of the water. In 1903 she was dry-docked, after having been holed by the old battleship Neptune in harbor. Since then she has been exposed to the scouring effects of four and five knot tides, for she is anchored in the middle of the fairway, where the tide is at its strongest. Moreover, she has been exposed to the ravaging effects of barnacles and boring worms. During the past year or two the Victory has shown signs of strain and leaking, and parties have been sent from the dockyards to pump out water.

Last Resting Place.

An expert states that if the Victory is dry-docked in the ordinary way with blocks the strain would not be equally distributed, which would render it doubtful whether the old ship would be able to stand the concentrated weight and come out of the ordeal without serious damage. Many schemes have been advanced for preserving the Victory, but it may be taken for granted that her last resting place will be the dockyard, the position most probable being near the main gates, where she will be easily accessible to admirers.

NOTICE.

I wish to announce that I have taken over the Royal Cafe and will not be responsible for any debts of the late management.

67.

LU SING, Prop.

OBSERVING KID.

Little Bess—Mamma, do dogs get married?

Mother—Certainly not, dear.

Little Bess—Then what right has Prince to growl at Fannie when they're eating breakfast?

Boston Transcript.

COLLEGE BRED.

"Lay down, pup. Lay down. That's a good doggie. Lay down I tell you."

"Mister, you'll have to say, 'Lie down.' He a Boston terrier."

—Nashville Tennessean.

***** IN THE LETTER BOX ***** ANYOX CHALLENGES BASKET-BALL TEAM

March 13, 1922. Editor Daily News.

What has happened to the Prince Rupert sports? They don't seem to want to do business with Anyox this year. Last winter when we had no basketball teams we received plenty of Rupert challenges, but this season we cannot even get a reply to our challenge sent six weeks ago. We have a team up here just "tartin' to go" and we are ready to talk business on the expense question.

Home and home games with each paying its own expenses, or a guarantee to the visiting team, suits us. Any time or place is good enough to decide this championship to which we think Prince Rupert has no longer got much of a claim.

Thanking you for your valuable space.

D. W. DOW, Pres. Anyox Basketball Association.

ST. ANDREW'S BEAT BEAVERS BILLIARDS

Score in Last Night's Junior League Game Was 847 to 722.

The St. Andrew's junior billiard team defeated the Beavers in last night's tournament by a score of 847 to 722. The Beavers were successful in winning only one game.

The individual scores were as follows:

W. Lambie (St. Andrew's), 150; J. McGowan (Beavers), 100; W. Duncan, 150; E. Hudson, 130; R. Arthur Jr., 150; T. Halverson, 105; W. Hamilton, 150; S. Hunter, 142; W. Mitchell, 97; B. McDonald, 150; W. D. Smith, 150; G. S. Hill, 89.

The league standing to date is as follows:

	Pl.	Pts.	Av.
Maple Leafs	4	3152	888
Excelsiors	3	2574	857
St. Andrew's	5	4084	817
Groito	4	2968	742
Elks	4	2916	729
Beavers	4	2761	690

SONS OF CANADA WIN INTERMEDIATE LEAGUE BILLIARD TOURNAMENT

In the Intermediate Billiard League fixture this week the Sons of Canada beat the Barbers by a total score of 887 to 741. The Barbers only won two games.

The individual scoring was as follows:

O. K. Nelson (Barbers), 76; W. G. Anderson (S. of C.), 150; R. Barnes, 150; H. B. Scott, 140; J. Keefe, 129; E. Fenelon, 150; W. Spencer, 150; C. Blythe, 147; W. Purken, 78; H. B. Charlton, 150; B. Morley, 128; H. Menzies, 150.

SCOTTISH CUP REPLAY RANGERS VS. ST. MIRREN

LONDON, March 15.—In the Scottish Cup replay the Rangers defeated the St. Mirren team by a score of two goals to nothing.

DON'T NEGLECT BRONCHITIS

The principal symptom of bronchitis is a cough which is dry, harsh and hacking, accompanied with rapid wheezing, and a feeling of tightness through the chest.

There is a raising of phlegm, especially in the morning after rising from bed. This phlegm is at first of a light color, but as the trouble progresses it becomes a yellowish or greenish color and is sometimes streaked with blood.

DR. WOOD'S NORWAY PINE SYRUP

You will find a remedy that will stimulate the weakened bronchial organs, subdue the inflammation, soothe the irritated parts, loosen the phlegm and mucous, and help nature to easily dislodge the morbid accumulation.

Mr. John H. Root, 40 Maple Avenue, Hamilton, Ont., writes: "I was troubled with bronchitis and had a very bad cough. I had it so long I was beginning to get afraid of cough remedies without relief. I was advised by a friend to try Dr. Wood's Norway Pine Syrup, so I got a bottle, and it convinced me to believe that I had at last gotten the right medicine. I used several bottles and am practically well. I have recommended it to others since, and good results followed."

Be sure and get "Dr. Wood's" when you ask for it; price, 35c and 60c a bottle; put up only by The T. Milburn Co., Limited, Toronto, Ont.

MODEL YACHTS ALL THE RAGE

Boys of Victoria and Vancouver Spend Much Time and Achieve Results.

RACES ARE PENDING.

(Written for the Canadian Press by Archie Wills.)

VICTORIA, March 15.—Model yacht racing is now the latest craze in British Columbia. Not only are the school boys engrossed in the delicate task of constructing models that can stand up to a good breeze but older and wiser heads, including many former sealers and men who have sailed in square-riggers and fore-and-afters, are whiling away most of their spare time trying to produce a craft that will win the honors that will be at stake at the regatta to be held at Cowichan Bay and Victoria next July by the Pacific International Yachting Association.

Only this winter has model yacht racing gripped and fascinated the coast enthusiasts. Victoria and Vancouver have formed Model Yacht Clubs, which are receiving special attention from the Royal Yacht Clubs, Seattle, Tacoma and Portland, on the other side of the border, have been visited by the craze and boat builders there are working with feverish anxiety in an effort to perfect boats that will be able to make creditable showings at the international regatta.

Sloop Popular.

The amateur ship-builders are specializing in a boat of forty-inches overall, carrying 1000 square inches of sail. Any type of craft, including a three-masted, full-rigged ship, a four-masted schooner, a yawl or sloop, is eligible for this class, provided it complies with the overall measurement and the sail area. Most of the builders are sticking fast to the sloop as it offers less intricacies for the novice.

There is another recognized class, however, but it is not finding favor due to its size, and also the increased difficulties of construction. It is a sloop of 72 inches overall and but 38 inches on the waterline. This craft will be allowed to carry 2,200 square inches of sail and can be equipped with either the Marconi or Gaff rig.

Upwards of fifty models are now being constructed in British Columbia. The youngsters are showing the greatest enthusiasm. Some of them are making a proper job of construction, framing and planking throughout. Other are relying on old cedar logs and working on them with gouges. Their great ambition is to make the shell as thin as tissue paper. It must be possible to see a light through the sides. This is no small order but it is giving young Canada a chance to show his ingenuity and workmanship.

Arranging Races?

The Royal Victoria and Royal Vancouver Yacht Clubs are arranging races to see who can produce the fastest models. Some of the boats now in the water are capable of bowling a long at a good clip and they heel as gently as a regular racer. The models are held in their course by an automatic steering device, working from the main boom to the tiller. The adjusting of the tension has much to do with the success of the craft.

At present the models have to stand up to the gusty winter breezes. With the approach of spring airs elimination races will be arranged and in this manner boats will be selected to race for the international honors of the Pacific coast.

The races so far held have attracted more than ordinary interest. Many "experts," "critics" and just common ordinary every day folks who don't know the truck from the keel, gather on the banks to watch the sport.

Small Boys Busy

Many model shipyards have been established in the cellars of British Columbia homes and small boys are bending every effort to produce the champion yacht. The craze is spreading with great rapidity and it is expected that by the time summer arrives the harbors and bays will be dotted with the bright sails of model craft. It is looked upon as a great way to train the future yachtsmen of the country. It will give the boys an insight into the art of construction, rigging and bending of sails.

MACDONALD'S

Fine Cut

FOR THOSE SMOKERS WHO LIKE MACDONALD'S CUT FINE, OR WHO "ROLL THEIR OWN"

The Tobacco with a heart

1/2 lb - 15¢

Sport Chat

It is interesting to note that in a recent race held in Victoria, the model of a school boy won from the spic and span craft built by a former sealer, who spent twenty years in sail.

Shoe Repairing While You Wait

Of the 300 odd games to be played at the Elks' Home in the Lepine trophy competition at billiards only 87 matches have so far been played. An attempt is to be made to speed up the playing of the games so that the competition may be concluded by the end of this month. The following were the results of the games played during the past week:

B. Arthur, 150; J. Bulger, 200; W. Balagno, 200; Bulger, 196; Easson, 189; McIlmoyle, 200; Hooper, 194; McLauchlan, 200; Judge, 200; Bulger, 120; Bulger, 160; Green, 200; N. Pringle, 200; Rood, 191; Rood, 200; McLauchlan, 195; Rood, 197; Day Bell, 200.

With the opening of the Big League baseball season just three weeks distant, it may be interesting to note where some of the stars who figured in the winter trades will play. Heinie Groh goes from Cincinnati to the Giants. Stuffy Meltonis, of the Athletics, who made only one error at firstbase last year, will cavort around the initial bag for Cleveland. George Burns, for ten seasons with the Giants, will this season play in the outer garden for Cincinnati. Everett Scott, who played 832 consecutive games at the hot corner for the Boston Red Sox, will wear a Yankee uniform in the 1922 pennant race. Roger Peckinpaugh, shortstop of the Yankees, goes to Washington while Joe Dugan, of the Athletics, will cover third base this season for the Boston Red Sox. Sam Jones, of the Boston Red Sox twirling staff will be with the Yankees this year.

The official curling season at Prince George closed last week when Flaten's rink won the consolation from the Jones' rink. The following is a complete list of prize winners in the interior town this winter:

McCullagh trophy—won by the Fitzpatrick rink; J. H. Fitzpatrick, F. Whitmore, S. George and W. W. D. Ackerman.

Club medals—also won by Fitzpatrick rink.

Bank of Commerce Cup—won by Atkins' rink; R. S. Atkins, W. Golder, F. Lipscomb and P. Welsh.

Simons Cup—won by Dr. Ewart's rink; Dr. C. Ewart, B. Baird, W. Bexon, and B. Parker.

Consolation—won by Flaten rink; A. Flaten, B. J. Garvey, Scotty Anderson and W. W. Beal.

PRINCE RUPERT TIDES

Wednesday, March 16.

High—2:28 a.m., 23.0 feet.

14:53 p.m., 21.8 feet.

Low—8:37 a.m., 1.9 feet.

20:50 p.m., 3.0 feet.

Thursday, March 16.

High—3:11 a.m., 22.6 feet.

15:40 p.m., 20.6 feet.

Low—9:23 a.m., 2.4 feet.

21:39 p.m., 4.4 feet.

Special SALE

RUBBER FOOTWEAR	BOYS' SHOES
Knee Boots, white and brown, rolled edge (miner) \$6.00	Leckie Red Stitch 4 1/2 to 9 1/2 \$4.00
Storm King, white and brown, rolled edge (miner) 8.00	10 to 13 1/2 4.50
Hip Tyce 8.50	1 to 5 1/2 5.00
	Heavy Chrome Strong Boys' Boots 4 to 5 \$3.75

Shoe Repairing While You Wait

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Shiplap-Boards and Dimension

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Manufactured in Prince Rupert and selling at Lowest Prices

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DENTIST

Visit his Office—Rooms 7 and 8 Smith Block—or phone for an appointment. Phone 575

Office hours: 9-12, 1 to 6 and 7 to 9 evenings.

Sunday Appointments Lady Assistant

FIRE! FIRE!

The fire inspectors have been round and we know just what you need to protect your walls, partitions and ceilings.

We make ASH BARRELS and everything for your protection against fire.

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