



Anaemia

Thin, watery blood is no more nourishing than thin, watery milk—skim milk.

But you can soon enrich thin blood, overcome the anaemic condition and build up the whole system by using Dr. Chase's Nerve Food.

Mrs. F. G. Simmons, 42 Curtis St., Brantford, Ont., writes:

"For about eight years I suffered from anaemia. My circulation was poor, my gums and lips were pale, and my hands and feet were always cold. I was nervous and unable to sleep well. I had frequent headaches, seemed restless and easily worried or irritated. There was a buzzing sound in my ears. Indigestion was also one of my complaints, and I often was attacked by weak spells. I went to a doctor, who told me I was anaemic, but as I did not get any better I decided to try Dr. Chase's Nerve Food, and after the first box I felt brighter and my headaches completely disappeared. I continued using the Nerve Food for quite a while. I am quite well now, and cheerfully and gratefully recommend Dr. Chase's Nerve Food to people suffering as I did before I used this splendid medicine."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

Annual Fall Fair Meeting Is Enthusiastic Over Next Year's Prospects for Success

Starting the year with something like \$4100 to the good, the members of the Fall Fair Association seemed unanimous at the annual meeting last night that next year more money should be spent in securing exhibits from the outside points. While there were special advocates for improvement in the various sections—industrial, art, trade display and Indian work—yet it was evident that the first work of the organization, if it follows out the ideas of the gathering last night, will be to induce the exhibitors of the various points on the Grand Trunk Pacific, the islands and coast mainland to send in their products so that there may be a representative display of the whole of Northern B. C.

George Munro, the retiring president, spoke of the renewed interest in the exhibition by the people around Smithers. He had been told that the Terrace and Kitimat people were not going to have it all their own way this year but that some of the exhibits would come from Smithers that would make all the others look sickly and pale into insignificance. The spirit of rivalry was a good one and he thought this year there would be a good deal of it.

Mr. Munro gave credit to the various committees for the good work of the past season and said that whatever success they had attained was because of the co-operation of the committees each of which did its own work.

There had been a disappointment in not getting in exhibits from Skidegate and other points owing to the failure of the steamer to make the trip. The people there were all ready to come and to bring their exhibits with them, but the boat did not call.

Everyone Pleased.

Fair week last year had been the biggest week they had ever had in Prince Rupert. Everyone seemed pleased including the ball teams and the natives. The events financed themselves. Much permanent work had been done in improving the grounds and the interior of the building.

George Bryant said the secretary's report showed that good subscriptions had been taken around town. In the sports great credit was due to Jack Venables, Ben Self and W. E. Thompson, especially in connection with the hayseed ball which raised \$882.75. Ben had been the real man who had got the ball teams here and these had been a success financially. The fine weather had helped.

The president said so many had helped and done it so well that he had felt reluctant to mention any. Credit for the hayseed ball had been due to Jack Venables but Ben Self had worked very hard. C. G. Perry, a past president had also worked well. The name of W. E. Thompson should be mentioned.

Looks Like Success.

W. E. Thompson thought it spoke well for success to see the interest taken in that meeting. In the past it had been difficult to get enough present to pick a board of directors. A great deal of work had been done and most of this had been the work of one big committee. The credit of over a thousand dollars indicated that there had been harmony of purpose. Much money had been spent on the carnival grounds and a small cow barn had been built and all this was permanent work as well as the improvements inside of the building. The work had been carried out in the proper spirit. R. Pattinson, vice-president, urged the appointment of a poultry fancier next year's board.

C. G. Perry, a past president spoke appreciatively of the balance sheet. Usually there was enthusiasm at the meetings but this enthusiasm dwindled. It would be great if all would stay with the game and each do his best.

The Indian department had done pretty good work and he was glad to see that they were encouraged by the association. The directors did not need to fear for that section of the fair.

Attention to Art.

Theo. Gallant urged that more attention should be devoted to the art section this year. A good many were interested in handicrafts but in showing them lots of light was necessary.

C. O. Rowe spoke of the need of encouraging the home industry section. At the last exhibition one of the judges of this department had neglected to award a prize to one of the men

who richly deserved it. His exhibit had paid him well but he did not know whether he would have an exhibit there his year.

Jack Venables suggested in this respect that a better classification would improve matters. Both home industry and outside exhibits should be encouraged. He mentioned the need of more farm exhibits and the value of the wonderful Indian exhibit.

E. H. Shockley and H. K. Pullen spoke of the art department urging improvements. The latter said that many people were interested in the photographs and art departments. He thought if more attention was given them, this would be a great attraction to visitors. He instanced the Indian basketry exhibit by Mr. Perry at the last fair as the best he had ever seen and one that could be shown with credit in any part of the world.

Mr. Pullen also spoke of the fact that many of the people in the interior were new settlers and many of them had never even visited Prince Rupert. It should be the care of the association to interest these people in the fair.

Agricultural Exhibits.

D. C. Stuart bemoaned the gradual falling off in agricultural exhibits as being contrary to the spirit of the institution. He urged that someone should be paid to collect the exhibits. There should be exhibits from Smithers, Telkwa and other places. He thought if this was attended to, the industrial part would take care of itself. The main thing behind the city was agriculture and this should be encouraged.

Ben Self suggested that a sum of \$500 should be set aside to get the exhibits from outside points. In sports they had set a mark and gone after it. The same might be done in regard to exhibits. He told of the perpetual shield he was putting up which would be sent to Anyox and Ocean Falls and then to Prince George to be held until next fair.

J. G. Steen said he had come to the conclusion the fair was a good institution and should be encouraged.

Several of the speakers made further suggestions and after the passing of resolutions of thanks and the election of officers, the meeting came to a close.

LABOR COUNCIL NEW OFFICERS

S. D. Macdonald Is Chosen President for Coming Year.

At a well attended meeting of the Trades and Labor Council held last night officers were elected as follows:

President—S. D. Macdonald. Vice-president—James Black. Sec.-Treas.—T. Ross Mackay. Statistician—L. Dewhurst. Sergt.-at-arms—J. G. Anderson.

The new officers were installed by J. J. Gillis. A couple of committees were appointed to enquire into and adjust difficulties that have arisen locally.

The action of Fire Chief McDonald in urging the immediate installation of fire-escapes at the new school was unanimously endorsed, not because it would provide a little work but because it was regarded as an urgent necessity to insure reasonable protection to the children of that school.

The action proposed by Ald. Perry, re, the inauguration of a double platoon in the fire hall and a reduction of the "Light and Power" rates was endorsed.

The unemployment situation was reviewed very carefully and all members were urged to canvass their friends who had in view the starting of any work to do so at an early date. All can assist in reporting even short jobs.

POLITICS IN AUSTRALIA

Proposal to Amend Constitution to Enlarge Federal Powers. Would Abolish Senate.

MELBOURNE, Australia, Jan. 21.—(By Canadian Press).—The question of amending the constitution of the Commonwealth of Australia is again to the forefront and Premier Hughes has introduced a bill to provide for the creation of a Federal Convention to study the constitution which was adopted in 1900, and report on the various proposals for amending it. According to Mr. Hughes' plan the convention would consist of 75 members chosen by the electors of the 75 Federal constituencies, 18 members selected from the sitting members of the two Houses of the Federal Parliament, and 18 members appointed by and from among the members of the six State Legislatures.

When the Labor party became a power in Commonwealth politics it found that its federal program of social legislation clashed with state rights, and it presently began an agitation to alter the federal constitution. Mr. Hughes, then an outstanding figure in the Labor movement, drafted the plank in the party's platform, demanding the enlargement of the Commonwealth powers.

Abolish Senate.

In 1916 Mr. Hughes, following the split in the Labor party over conscription, formed his Nationalist Coalition government, and, finding himself in alliance with the Liberals who had been the chief champions of state rights, induced the new Nationalist party to adopt, as a compromise, a plank favoring the creation of a federal convention to examine the constitution. In the press of other matters the question of altering the constitution was allowed to languish until the Inter-State Labor Conference, recently held at Brisbane, brought it forcibly to public attention again by unanimously adopting the following platform:

Commonwealth constitution to be amended to provide:

(a) Unlimited legislative power for the Commonwealth Parliament and such delegated powers to States or Provinces as the Commonwealth may determine from time to time.

(b) Commonwealth Parliament to be vested with authority to create new states and provinces.

(c) Senate to be abolished.

(d) High Court of Australia to have final jurisdiction in all Australian causes.

(e) Principle of adult suffrage to be embodied in the Constitution.

(f) Initiative and referendum. Year to Report.

In presenting his bill providing for a federal convention, Mr. Hughes said his object was to remove the question of Constitutional amendment from party politics, but as his proposal involves elections throughout Australia some doubt is expressed as to whether his purpose will be achieved. When the convention reports—and it will be given a year after its creation to do so—its recommendation must be approved by majorities in the Senate and House of Representatives, and ratified by a referendum of the electors in all the states before they can become effective.

At present the Nationalist and Country parties have a majority over the Labor party, and it is considered unlikely that the proposed convention will make any drastic changes in the Constitution.

OH SHELL!

Officer-in-charge of Rifle Range—Don't you know any better than to point an empty gun at me?

Raw-Rookie—But it ain't empty, sir; it's loaded—Newport Recruit.



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The Man in the Moon SAYS:-

OF my friends who were away for their midwinter holiday I notice some are back to work and others at their usual jobs.

THERE were several serious fires here last week, but just think what the fires left standing.

IT'S wonderful how sharp some of the young people are these days. There's one girl wears leather things to hold up her other things so as to stop her shoulder blades.

MONEY isn't everything but think what a great and glorious feeling it would be to handle a brand new crisp hundred dollar bill.

TIMES are certainly hard and I pity the poor hoodluggers who scarcely make enough money to keep them the rest of their lives after a year's operations.

YESTERDAY without so much as a twinkle of his eye a well known citizen when walking up the street remarked that he was finding it difficult to keep his head above water.

IS the place where the girls curl their hair known as curling rink? And if so what is a bonspiel?

THE weather forecast for tomorrow is overcast with rain or snow, possibly blizz.

SPECULATION ON NEXT POPE

Cardinal Gasparri Mentioned as Possible Successor to Benedict XV.

In the speculation as to who will be the successor to Benedict, the most prominently mentioned is the secretary of state, Cardinal Gasparri, whose election would represent an endorsement of the policy by him and by Benedict in the last seven years during the grave period of the whole war. Cardinal Gasparri, who also holds the position of chamberlain of the church, is entrusted with the direction of the Holy See during the interregnum from the death of the pope to the election of his successor.

Another member of the Sacred College, who is considered as a probable choice, is Cardinal De Lai, secretary of the consistorial congregation, which deals chiefly with the selection and appointment of archbishops and bishops throughout the world, except the countries still under the jurisdiction of the propaganda file. The election of Cardinal De Lai would gratify the desire of the Sacred college to have again, as under Pius X., a pope above all religious, that is, who would not play such a prominent part in world politics as Benedict XV. and Leo XIII.

Spaniard Suggested.

Among the cardinals living in Rome there is another who has a considerable following and whose election would be a new departure, since for several centuries there has not been a foreign pope in the chair of St. Peter's, namely, Cardinal Merry del Val, who was secretary of state under Pius X. Cardinal Val's parents were Spanish and his brother is Spanish ambassador to the court of St. James, but he has resided almost his entire life in Italy, where his father was Spanish ambassador to the Vatican.

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