

MACDONALD'S Cut Brier

MORE TOBACCO FOR THE MONEY

Packages 15¢
½ lb Tins 85¢



The Tobacco with a heart

Canada's National Fish Day is Fittingly Observed at Bauquet Of Canadian Fish Association

Canada's eighth annual Fish Day was fittingly observed and celebrated at the great fish luncheon put on at the St. Regis Cafe yesterday afternoon. Two instructive addresses by W. E. Williams and Fred Stork, M.P., an appropriate musical program, the bounteous spread of products of the sea from whales to clams, and a large, enthusiastic and representative assembly of citizens made the affair a complete success. Mayor Harry Rochester was the chairman, and seated at the head table alongside him were Fred Stork, M.P., John Dybbavn, James L. Lee, J. W. Nicholls, H. Johnson, W. E. Williams and W. J. Cash. Down the two long tables among those present were: Milton Gonzales, Ben E. Hill, R. V. & L. Lepine, W. F. Rogers, Douglas P. Stork, T. B. Cooper, W. D. Vance, Thomas Edlymont, G. A. Woodland, W. J. Orchard, Dan J. McDonald, Geo. Collart, H. L. Landry, E. Woods, C. V. Evitt, H. Phillips, J. H. McMillan, A. Brooks, Frank S. H. Hoskins (Smithers), A. Bilton, Dr. C. A. Eggert, W. O. Omer, S. E. Parker, G. W. Anderson, Ralph Harrop, Dr. W. Keen, C. G. Mills, Joe Greer, George Keer, Harry Wright, George Munro, Leo Waugh, F. G. Dawson, W. Viger, Col. S. P. McMorris, D. G. Stewart, J. F. Laurier, D. C. McRae, E. A. Wakefield, David Thomson, W. Wright, A. Clapperton, R. Arhug, L. M. Fuller, Jack Woods, E. F. Duhy, Rev. Dr. H. Grand, W. G. Hughes, A. Larberg, Hon. A. M. Manson, Frank Davies, John McRae, R. E. Moore, W. Sandison, G. A. Hunter, Thomas McMeekin, J. Currie, F. W. Hari, G. A. Bryant, J. J. Muldoon, Jack Venables, J. P. Bunn (Vancouver), S. King, W. Vaughan Davies, S. K. Campbell, J. E. Davey, H. Lipsitt, W. Knight, T. Hallinger, George W. Tite, A. Norris and B. O. Houghton.

Forceful address by W. E. Williams. "My subject is a large and important one," said Mr. Williams. "Although it might seem a rather commonplace one in such a place as Prince Rupert, however, it could be clothed in revelation and, as Tesnyson said when writing of the flower, all creation could be shown if it were understood. In it there are endless possibilities of beauty and instruction: This annual Fish Day has been set aside as a day to function in inducing the people to become familiar with fish qualities. Fish constitutes one of the most wholesome and nutritious diets but in Canada only one pound of fish is eaten to every ten pounds of meat. Possibly this is due to past circumstances for so many people of the country live removed from the lakes and seaboard and transportation of fresh fish to them is a difficulty. The people have acquired the flesh taste and so they eat flesh.

"The people on the coast also fix their diets in accordance with the desires they have acquired to eat meats. The result is that the children are not given the taste for fish. They should be given all the fish they want for it is the most wholesome thing they could eat. It is said that dog salmon is a more perfectly balanced food than can be found in flesh. Since these banquets have been organized I would suggest that ladies should be invited for it is they who are mainly responsible for fixing the menus of the homes. They could be given recipes so there would be more effect to the efforts to popularize the eating of fish. More would thus be done than we can do at these banquets."

Important Industry. Mr. Williams went on to show that fishing was a vitally important industry to Prince Rupert. All the people here were more or less living off it and many were living off it exclusively. In the last year 24,000,000 pounds of fresh halibut and 7,000,000 pounds of fresh salmon, at total of 31,000,000 pounds of fresh fish, had been shipped through this port. This quantity of fish would take 1300 cars to handle or an average of 3½ cars per day. With such an important factor of traffic the people should feel proud of the wonderful asset. On deep sea fishing boats plying in and out of Prince Rupert 2000 men were employed the year around and the packing concerns in the city employed another 250 men. The fishermen and the packers were directly interested in the industry and the machine shops almost as directly. Merchants, doctors, lawyers, dentists and all the citizens generally derived a portion of their income from the business.

Transportation Stumbling Block. Following the toast to the King, Mayor Rochester opened the program. He said that it must have been gratifying to the Prince Rupert branch of the Canadian Fisheries Association, the Board of Trade and the City Council to see such a great amount of citizens showing the same interest that was given the fisheries. There had been great progress made in the industry in the last few years and the future would depend largely on what could be done in the way of providing transportation. Transportation had been the great stumbling block in the past but the fact that five million pounds more halibut had passed through the port in 1921 than had in 1920 showed what could be done when transportation was provided. The mayor drew a comparison between the fishing business of today in Prince Rupert and that of the early days in 1907 when he had first come to the city. Today hundreds of thousands of pounds were landed daily; then, the Chinese cook in the construction mess house had declared with pride on a day only once in a while that he had bought one halibut and two salmon, the entire catch of some "arm strong" propelled fishermen.

Fisheries of Canada. The toast to the "Fisheries of Canada" was proposed in a

the industry and the machine shops almost as directly. Merchants, doctors, lawyers, dentists and all the citizens generally derived a portion of their income from the business.

Canada at large was interested in the industry for it was a tremendous source of food supply. The country derived a large portion of its revenue from it and much employment was provided.

Fishery Protection. Fisheries protection was an important question. The halibut industry was now facing a similar condition as did the halibut before they were made extinct some years ago. A few years ago the West Coast of Vancouver Island was a great halibut ground but it was also being fished out. Today the schooners had to go a distance of a thousand miles northwest to get the halibut. We should pause and realize the great asset which we now possessed and see that it was protected for future generations. The fish were not put there for the benefit of the fishermen but for the people at large.

"I believe that immediate steps should be taken to bring about a close season for halibut so that they will not be permitted to disappear," declared the speaker.

Gas Engines. To have the best type of citizens engaging in the industry was another important necessity. But to have these things must be proper conditions. It was with a view to making better conditions for the salmon fishing industry that the Board of Trade and the citizens were pressing for the use of gas engines will gill nets in fishing.

These things were worth consideration for with proper conditions the halibut banks could be restocked and the best sort of fishermen could be secured. The type of men who were engaged in the deep sea fishing out of Prince Rupert was the best in the world and one of which we could boast. They were strong, fearless and ingenious, the type that makes a nation. They would never go to defeat themselves for they were imbued with courage, nerve and strength.

Quickest Route. Speaking of the agitation in Alaska to have the fishery regulations changed so that American boats would not be permitted to discharge their catches here, Mr. Williams said that if such artificial regulations as were demanded were put into effect it would force American boats into Canadian registry or something to that effect because it was essential that fish get the quickest route to its market and that was through this port. He had no doubt that whatever happened, the fish would continue to take the quickest and most easy route and agitation would only result in higher prices being paid for Canadian fish and the United States would have to pay.

Fred Stork. Fred Stork, responding to the toast, congratulated the committee and the chef on the excellent menu which had been provided. It was in itself a revelation of what could be done with the product of the sea. The gathering was met in the greatest fish port of the Pacific to pay tribute to the fisheries.

WOULD COME TO AID FARMERS WHO LOST CROPS LAST SEASON

WINNIPEG, Feb. 2.—As means of keeping farmers who are unable to meet small payments by way of interest on loans on the land who otherwise will face foreclosure from mortgage companies, George Palmer, Independent Labor member for Dauphin, will introduce at the present session of the legislature a resolution to set up government relief.

Mr. Palmer said he was in favor of creating a fund of at least \$1,000,000 to be administered by a board to be appointed by the government for the purpose of advancing small sums to farmers in order to save them from foreclosure. The money said Mr. Palmer, could be advanced on a second mortgage, and be made repayable from two to three years. Action of this nature, he declared, would save thousands of farmers in the province today whose financial condition was sound, but who, because of the extraordinary conditions obtaining, were faced with ruin because they were unable to meet small amounts of money, and could not borrow from any private agency.

TORONTO TRIES TO CURE DEPRESSION, BRING PROSPERITY

TORONTO, Feb. 2.—The cure for depression is prosperity. The road to prosperity lies through co-operation. To bring about that needed co-operation five hundred representative businessmen at the King Edward Hotel decided on the organization of the Toronto Publicity Bureau. The purpose of this bureau is to advertise Toronto and to make it known the world over; to promote organized effort; to encourage the investment of capital; to make the city attractive as a residential centre.

To the accomplishment of this ideal, and inspired with the vision of a greater Toronto before them, 101 subscriptions, ranging from \$100 to \$5,000 a year for three years, were pledged, making a total of \$16,500, which will form the nucleus of a fund to be used for the purposes of the bureau.

Prince Rupert enjoyed a strategic position as the terminus of a railway which led right to the fish banks. It was up to all to develop the port and one of the most important necessities was the making of a separate fish district out of Prince Rupert. The people of the south had wasted their heritage but, whatever the cause, it was no affair of the north. We still had our heritage and steps should be taken to have the district divided so that we would have a separate district of our own. We should protect ourselves and let the south take care of itself or we might get in the same position as they were in today.

Mr. Stork declared that the commercial end of the fishing industry had been highly developed but not so the scientific end. There should be a separate Dominion portfolio of fisheries.

Now was a time of progress and up-to-date fishing methods should be allowed. Gas boat fishing should be allowed so that the fishermen would be afforded the opportunity of employing the best means to gain their livelihood.

Musical Numbers. The musical program consisted of a duet "Larboard Watch" by A. Clapperton and J. E. Davey; a solo "Rolling O'er the Sea," enclosed with "At Home on Land and Sea," by S. K. Campbell, and a solo "Skipper," by A. Clapperton. W. Vaughan Davies was the accompanist.

Mayor Rochester thanked the gathering on behalf of the committee for their attendance and the affair closed with the giving of three cheers for the committee and the signing of the National Anthem. The committee in charge consisted of J. E. Davey and James L. Lee, of the Canadian Fishermen's Association; G. W. Nickerson and John Dybbavn, Board of Trade Fisheries Committee, and Ald. John Dybbavn and Ald. W. H. Montgomery, Civic Fisheries Committee.

ANY SKIN TROUBLE IN YOUR HOME?



In every home Zam-Buk proves a priceless possession. It is a valuable herbal balm and superior to old-style fatty ointments. Swiftly and surely Zam-Buk banishes pain, expels poison and disease, and grows new healthy skin. Wherever there is a cut, burn or scald, a patch of eczema, ringworm or salt rheum, or a case of poisoned sores or piles, Zam-Buk's rich herbal essences speedily soothe and heal. You cannot afford to be without Zam-Buk.

- 1.—Mother's Ulcerated Ankle.** Mrs. J. Kilmartin, 608 Selkirk Avenue, Winnipeg, says: "Ulcers started on my left ankle and in spite of doctor treatment spread towards the knee. A sample of Zam-Buk ointment was sent me. Further dressings of this famous balm stopped the discharge, took out all poisonous matter and healed my leg perfectly."
- 2.—Child's Scalp Disease.** Mr. W. D. Lane, 28 Bond St., Central Falls, U.S.A., writes: "My little girl's scalp disease on the face and scalp dried doctor's treatment. The first application of Zam-Buk ointment stopped the itching irritation, and gave every evidence of its unique healing powers. Continued treatment with Zam-Buk soon rid the child of every trace of disease."
- 3.—Burnt in Explosion.** Mr. E. McMillan, 49 Humbert St., Toronto, says: "While taking flashlight photos I was badly burned about the head and face through the muzzle exploding. After five days in hospital the burns were still bad so I went to a store and got some Zam-Buk. This cooled the burning pain and gave quick relief. After a week's Zam-Buk treatment, one could scarcely tell where the injuries had been, so splendid was the healing."
- 4.—The Peril of Blood-Poison.** Mrs. Frank St. Denis, 305 Thompson St., Winnipeg, says: "After a day's washing, one of my fingers swelled because it had swollen and went a blue colour. The pain was intense. When postices gave no relief, my daughter-in-law got me some Zam-Buk. This quickly subdued the throbbing pain. More Zam-Buk drew out lots of poison and inflammation and healed the sore perfectly."

Zam-Buk
FREE! Mention this Paper and enclose 1c. stamp and the Zam-Buk Co., Toronto, will mail you a Free Sample. No. 200 return.

DOCTOR YOUNG URGES PARENTS

Declares Many Children Are Physically Unfit and Should Be Cared For.

"We spend millions in British Columbia on education, but when we come to examine our children and find that one-third of them are suffering from various defects, I ask you whether it is good business to pay this money to bring up one-third of the population which will become defective so that they, through their physical labor, will never be able to repay the amount their education has cost?" This query from Dr. H. E. Young, secretary of the Provincial Board of Health, speaking at the Esquimalt Child Hygiene Council, summed up the speaker's contention that prevention of disease and physical defects in children was better than cure.

Dr. Young was formerly minister of education in the McBride administration and member of the Legislature for Alton.

"It is a well-known fact that prevention is far better than cure," Dr. Young went on. "Today the country is faced with its people afflicted by physical defects, and I want to tell you that as soon as you have physical degeneration you will also have moral and mental delinquency. I urge you to adopt measures and means to prevent these diseases from being inherited by the children of the coming generation. If you don't take some action in this respect it is criminal neglect on your part."

Pointing out that one-third of those who had sought admission to the army had been rejected because of their physical unfitness, Dr. Young declared that young men and women today are getting too little sleep, are irregular in their health habits, and draining their vitality by excessive living.

Work to conserve the nation's health should begin with the care of the body, Dr. Young said. He urged that children of pre-school age should be carefully supervised and suggested that prospective mothers should obtain health advice from the Provincial Health Department.

Rev. H. T. Archibald, organizing secretary of the Island Council of Social Hygiene, quoted statistics to show that 25 per cent. of the population of Canada was suffering with venereal disease. He said that venereal disease should be dragged out into the open where it could be fought with the sunlight of education.

PRINCE RUPERT TIDES
Thursday, February 2.
High—4:35 a.m., 19.2 feet.
16:37 p.m., 17.6 feet.
Low—10:34 a.m., 7.5 feet.
22:48 p.m., 6 feet.
Friday, February 3.
High—5:15 a.m., 18.9 feet.
17:27 p.m., 16.6 feet.
Low—11:30 a.m., 7.9 feet.
23:38 p.m., 7.6 feet.

Phone 66 P. O. Box 743

JAMES HUNTER

GENERAL BLACKSMITHING AND CAR BODY BUILDER

Agent for Traffic, Day-Elder and Ruggles Trucks

Terms can be arranged for purchasers.

First Avenue and Cow Bay
Prince Rupert, B. C.

Nanaimo-Wellington COAL

AT REDUCED PRICES

LASTS LONGER MORE HEAT BETTER SERVICE

Watch your monthly bill and you must admit NANAIMO-WELLINGTON is the Cheapest and Best.

ALBERT & McCAFFERY, LTD.

Phones 116 and 564

DENTISTRY

Don't neglect your teeth. One decayed or missing tooth lowers your vitality.

DR. BAYNE

Rooms 4, 5, 6, Helgeson Block Phone 109

Office Hours: Mornings, 9-12; Afternoons, 1:30-5:30; Evenings, 7-9.

FAULTY MATERIALS DISCOLOR THE LINEN

Canadian Steam Laundry Congratulated Upon Knowledge of Laundry Supplies.

Discolored linen is a source of much annoyance to many people who send their washing out to be laundered. This discoloration is the result of faulty materials or methods. Happily, our patrons do not complain of this serious defect in laundry service. The following reply to our inquiry regarding this condition may indicate the reason our patrons have no complaints on this score.

"Dear Sir:— We are referring your letter of January 12th direct to Dr. Shupp, Mellon Institute, Pittsburgh, and you will hear from him.

Your letter shows that you thoroughly appreciate the importance of a knowledge of the supplies used in laundering.

You are to be congratulated on this fact, because there is no single item connected with the laundering process that has any greater importance than this. In fact, there are many who think that it is the most important subject for the laundryowner to understand. Yours sincerely, LAUNDRYOWNERS' NATIONAL ASSOCIATION. Your linen is worthy of the best treatment, MAY WE SERVE YOU? CANADIAN STEAM LAUNDRY Phone 8. (adv.)

EDSON COAL COMPANY

Corner 2nd Ave. and 7th St.

Best Coal at Lowest Prices

Order Now! Phone 58

Night Phones - J. G. Steen, 371 W. Longwill, Blue 270

Day Phone 5

STEEN & LONGWILL

Sheet Metal Works

Agent for McClary Furnaces

Sanitary and Heating Engineers

6th Street and Fraser Street
Prince Rupert - B. C.

CHARTERED ACCOUNTANTS AND AUDITORS

RORIE & SMALL

Resident Partner
GEORGE RORIE, CA.

City Auditor for Prince Rupert
Authorized Trustee in Bankruptcy

Auditing Partnership Accounts
Investigations Liquidations
Financial Reports, etc. Assignments

Federal Building, Prince Rupert
Phone 327 Box 540