

G. H. ARNOLD, Notary Public
FIRE INSURANCE is a hobby of ours. We take keen pleasure in making sure that all policies are so written that they cover your property exactly as you intend. If you entrust your fire insurance to careless, inexperienced or ignorant agents you may find, when you come to collect your fire loss, that your policies are so worded that the insurance company is not liable and so will not pay the loss. Why take chances?
H. G. HELGERSON, LTD.
 Insurance Rentals Real Estate

Special Lunch
40c
WEDNESDAY, JANUARY 4
 Soup
 Spaghetti Vegetable Soup
 Cold Slaw
 Choice of
 Boiled Salmon and Cream Sauce
 Braised Beef and Dumplings
 Boiled and Mashed Potatoes
 Creamed Carrots
 Tapioca Pudding
Good Eats Cafe

Under New Management.
Strand Cafe
NOW OPEN
 All White Help

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JAMES HUNTER
GENERAL BLACKSMITH, G AND CAR BODY BUILDER
 Agent for Traffic, Day-Elder and Ruggles Trucks
 Terms can be arranged for purchasers.
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Edson Coal Company
 Phone 58
 We are in a position to give **IMMEDIATE DELIVERY**, by the ton or carload, of our famous **EDSON COAL**, which is known to be the best value of any coal on the market.
BEST COAL AT LOWEST PRICES
ORDER NOW—PHONE 58
 Office - Prince Rupert Feed Co.
 Corner Second Avenue and Seventh Street

H. S. WALLACE CO., LIMITED
 Specials, This Week
LADIES' SUITS
FOUR ONLY LEFT TO CLEAR. Are you an average figure? Style and Quality in Each. One and All Below Cost.
ONE BOTANY SERGE with fur trimming and braiding. Regular \$58.50 for **\$32.50**
ONE NAVY GABERDINE, electric seal collar, handsomely embroidered. Regular \$74.50 for **41.50**
ONE NAVY SERGE, possum collar and cuffs and lavishly embroidered. Regular \$87.50 for **49.50**
ONE NAVY SERGE, possum collar and cuffs with braiding trimmings. Regular \$78.50 for **44.50**
ONE ONLY SALTS' PLUSH COAT with possum collar. Regular \$125 for **75.00**
THESE AND OTHER BARGAINS ON VIEW IN OUR WINDOWS
 Corner of Third and Fulton C. G. MINNS, Manager

PEOPLE NOW LIVE LONGER

Modern Living Conditions Add to Vitality and Height.

That the human span has been lengthened in America by "probably five years" during the brief period since 1909 does not at first sight seem credible, but the statement has the high authority of a committee of the American Engineering Council, appointed by Secretary Hoover, and is in line with other recent developments, says the New York Times. The decreases in infant mortality is the leading factor, for many or most of the children who are saved have lives of the normal length. Another factor of importance is the reduction of preventable sickness by means of sanitation and medical care. Twelve years ago Professor Irving Fisher found that at any given time the number of the seriously ill averaged 3,000,000, 32 per cent. of the cases being preventable. Secretary Hoover's committee finds that the number has already been reduced to 2,500,000.

Vitality Increasing.

The committee also concludes that "the national vitality is increasing." Here again it is supported by much contemporary evidence. Universities that have kept physical records over a considerable period, as Vassar, Harvard and Yale, have arrived at the same conclusion. It is not merely that athletic performances are constantly bettered; that might be accounted for by the rapid enlargement in the field of competition. Anthropometric charts show that the average height, weight and strength of the incoming freshmen are steadily increasing. This gain is doubtless due to a rising standard of living, to a widely disseminated knowledge of cooking, diet and sanitation, to the modern addiction to fresh air and exercise. There is indeed some warrant for the child who, after carefully surveying its parents, remarked that "God" was improving His handiwork.
No Physical Advance.
 Rather surprising, therefore, is the committee's statement that "there is no reason to believe



Headaches Gone

Perhaps you can imagine what this means to one who had suffered terribly with headaches for ten years.

Read about it in this letter.
 Mrs. Tena A. Smith, Country Harbor Cross Roads, N. S., writes:

"I feel that if anyone can recommend Dr. Chase's medicine I certainly can. I suffered for ten years from severe headaches, and although I took all kinds of headache powders they just relieved me at the time. I became very nervous and run-down, and everything seemed to trouble me. I have taken eighteen boxes of Dr. Chase's Nerve Food and it has made an entirely new person of me. I felt that I could not have lived without it. I do not have one headache now for every hundred I used to have, and my nerves are good and strong. I just weighed 109 pounds when I began using Dr. Chase's Nerve Food, and now I weigh 121. Knowing what this treatment has done for me, I cannot too highly recommend it to others."
 Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

REGARDING LETTERS FOR PUBLICATION

A letter to the editor dealing with the municipal election has been received at the Daily News office. The letter is duly signed but the name is a strange one and appears in no directories or voters lists that are available in the office. It might again be pointed out that no letters are received in the News office for publication unless the signature and identity of the writer are clear. It is not necessary, however, for the name to appear in print. All that is necessary is that the correct name of the writer be in the hands of the editor and that the matter conforms to the rules of the paper.

WIRELESS REPORT

8 a.m.
BULL HARBOR — Overcast; southeast wind strong; barometer, 29.61; temperature, 38; light swell; 9 p.m., spoke steamer Congress Maru, 120 miles off Cape Flattery, inbound; 1:35 a.m., spoke Princess Ina, off Pine Island, northbound; 1:30 a.m., spoke Admiral Watson, 15 miles south of Ketchikan, southbound.
DEAD TREE POINT — Raining; southeast gale; barometer, 29.82; temperature, 35; sea rough.
DIGBY ISLAND — Overcast; fresh southeast wind; barometer, 29.60; temperature, 38; light swell.
 Noon
BULL HARBOR — Overcast; strong southeast wind; barometer, 29.62; temperature, 39; sea rough; 11:45 a.m., spoke Princess Ina, in Milbank Sound, northbound.
DEAD TREE POINT — Raining; southeast gale; barometer, 29.82; temperature, 35; sea rough.
DIGBY ISLAND — Raining; fresh southeast wind; barometer, 29.60; temperature, 36; light swell.

WESTHOLME THEATRE
 Tonight, Tuesday

CHARLES RAY
 in
"Nineteen and Phyllis"
Mack Sennett Comedy,
"Don't Blame the Stork"
 Admission, 15c and 35c
 Tomorrow, Jack Pickford, "Just Out of College"

'DEMERS' SALE
 Great Slaughter SALE
 to make room for new stock
EXTRAORDINARY VALUES!

in COATS, SUITS, DRESSES, HATS and all Ladies' wearing apparel
 Everything in the store reduced.
 Call and see our prices.
 3rd Ave. "DEMERS" Phone 27

BAIT Our frozen herring bait is conceded by fishermen to be the finest procurable at any Pacific Coast Port—and it is "Fishy." Price, \$30 per ton.
ICE The best way of insuring a good quality trip is to have plenty of our hard frozen ice. Price, \$4 per ton.
Outfits Our well-equipped store can supply fishing gear, fishermen's clothing, groceries and provisions and hardware.
NEW ENGLAND FISH Company
 Ketchikan, Alaska Branch

THEO COLLART, LTD. - - NOTARY PUBLIC
 FOR SALE—Six-room house with bath, \$1200, half cash; Ninth Avenue and McBride Street.
 Rentals Real Estate General Insurance
 Phone Blue 69 Westholme Theatre Block P. O. Box 66

Jabour's ANNUAL STOCK SALE
 REDUCING SALE
STARTS TODAY
 AND CONTINUES TILL SATURDAY, JANUARY 14, 1922
 To our customers and citizens of Rupert this extraordinary sale is announced. This sale is undoubtedly an "anti-mail order house" sale and will stimulate the idea of buying at home.
 Because this is the first and last sale that will take place this coming year. No such bargains have been offered before and there never will. We are offering this opportunity now because our stock is a little more than we should care to have and are willing to sacrifice it rather than to carry it through. Therefore everything must go at greatly reduced prices.
FEW EXAMPLES OF THE BARGAINS OF OUR YARD
GOODS DEPARTMENT
 In these cold days buy the White Baby Flannel at, yard 70c
 White and Striped Viyella Flannel at, per yard **\$1.50**
 Sheeting 90 inches wide, Reg. \$1.25, to clear at, per yard **75c**
 Sheeting 80 inches wide, Reg. \$1.00, to clear, per yard **60c**
 Unbleached cotton, reg. 30c a yard, to clear **5 yards for 1.00**
 White cotton, reg. 30c a yard, to clear, **5 yards for 1.00**
 Pillow Tubing, 40 in., 42 in., 44 in., regular 75c and 80c.
 To clear-at per yard **60c**
 20 per cent. discount on all Dress Goods, Coating and Serges.
 Crepe de Chines and Georgettes, any width and any color.
 To clear, per yard **\$1.95**
 Two Examples of the Shoe Department Bargains
MEN'S RUBBERS \$1.50 **LADIES' RUBBERS \$1.15**
 Every article in the store is reduced. Our circulars show you the details. If you have not got one ask or phone for one.
 Store will be opened Wednesday Afternoon, January 4
JABOUR BROS., LTD.
 Phone 645 Corner Third and Seventh

WE EXTEND TO ONE AND ALL
The Compliments of the Season.
 May the Year **1922** bring Happiness and Prosperity to Prince Rupert and Its Citizens.
Rupert Table Supply Co.
 Phones 211-212

For your next
Shoe Repair Job
 try
J. C. EMERTON
 Champion Shoe Repair Shop
 Emad Block, Third Avenue
 "Repairs while you wait"

HOLIDAYS
 At last we have Cadomin lumpy coal for heaters and furnaces. Cadomin carries higher heat units than any other coal sold here.
Consumers Coal Co. Ltd.
 J. Lorne MacLaren, Manager
 Phone 7

that the race is physically advancing." Here we come up against a dogma of the biologists. In "The Direction of Human Evolution," Professor Edwin Grant Conklin, of Princeton, says: "For at least 100 centuries there has been no notable progress in the evolution of the human body." Skeletons found in the caves of Cro Magnon indicate that in the old stone age, some 25,000 years ago, at least one race had a stature and brain capacity equal to that of the leading races of today, and the art products found with the skeletons are of such excellence that anthropologists call the Cro-Magnons "paleolithic Greeks." Evolution, it is now believed, takes place not by a slow and steady process, but by sudden "mutations," and such changes are limited to a brief period in the life of a race. The human type is apparently fixed; even if the eugenics could have their way there is little likelihood that they would produce a new and higher type of man.

It is still possible, however, to raise the masses of men toward the highest types of the present and to safeguard one and all from many of the natural shocks that flesh is heir too. The true direction of evolutionary forces according to Professor Conklin, is not so much in the human organism as in its environment—the institutions and the ethics of civilized life.

WATCH NIGHT

Appropriate Services Held in Anglican Church Saturday Night.
 A Watch Night service was held in the Anglican Church on New Year's Eve, commencing at 11:30. Appropriate New Year hymns were sung and a seasonable sermon was preached by Canon Rix. At midnight the bell was rung announcing silent prayer.

WEATHER REPORT

December 1921.
 Maximum temperature, 58 degrees, December 7.
 Minimum temperature, 14 degrees, Dec. 25.
 Mean temperature 35 degrees.
 Rain fall, 8.65 inches.

CARD OF THANKS.

Mrs. George H. Selig and family wish to acknowledge with sincere thanks the kind expressions of your sympathy in their late bereavement.

Miss Kelleher has returned from Vancouver and is registered at the Prince Rupert Hotel.

TOO LATE TO CLASSIFY

WANTED—Woman or girl for housework. Apply Mrs. Eby, downstairs, 435 Fourth Avenue East. 2

FOR RENT—Furnished bedroom in private house. Steam heat. Close in. Phone Black 280. 3

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 The Place to Eat during this Festive Season
BOSTON GRILL
 Third Avenue
 At this time you want good food.
WE HAVE IT
 Turkey, English Plum Pudding, Hot Mince Pie and every seasonable dish.
OPEN DAY AND NIGHT
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 Ladies' & Gentlemen's
TAILOR
 Fit Guaranteed
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 Union Made in Vancouver
 Since 1906