

## THE DAILY NEWS

PRINCE RUPERT - BRITISH COLUMBIA

Published Every Afternoon, except Sunday, the Prince Rupert Daily News, Limited, Third Avenue.

H. F. PULLEN, Managing Editor.

## SUBSCRIPTION RATES:

City Delivery, by mail or carrier, per month.....\$1.00  
By mail to all parts of the British Empire and the United States in advance, per year.....\$6.00  
To all other countries, in advance, per year.....\$7.50

## TELEPHONE 98

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All advertising should be in The Daily News Office on day preceding publication. All advertising received subject to approval. Member of Audit Bureau of Circulations.

## DAILY EDITION

Saturday, Dec. 2, 1922.

Three Elements  
In Healing.

In scientific healing there are three elements. These are distinguishable in thought but inseparable in fact. Man cannot be split up into parts because he is a living unity.

First there is the physical element. It is impossible to get away from the practical fact that in the passage from illness to health there must be changes in the body brought about by physical and chemical reactions. The question is, what causes these reactions? From our knowledge of the structure of the human body it is only reasonable to infer that one contributory cause must be certain material factors, such as pure air, good food, proper exercise, suitable medicine, the elimination of suppressed poisons, the right setting of broken bones, etc. The physical element in bodily healing is so manifest that it would be folly to ignore it.

Psychical Element  
Or That Of The Mind.

Next there is the psychic element. Whether the patient recovers or not from his illness depends more upon his stored-up psychical energy than upon any medicinal substance taken into his system from without, though the latter may materially assist nature. In the radiant energy of his soul lies the secret of his vitality. Thousands of indisputable facts occurring in the life of every human being prove that the mind has a powerful effect upon the body, whether it be to cause illness, or to promote health. The suggestion of health, when firmly rooted in the subconscious mind of the patient, goes on secretly working day and night upon his whole nervous system, affecting his breathing and his heart, his digestion and his blood, his secretions and his tissues. Here we undoubtedly have a contributory mental cause aiding in bringing about the required physical and chemical reactions in the body.

Lastly The  
Spiritual Element.

Lastly there is the spiritual element. The mind is one thing, the spirit of the mind is another. Whether the patient is believing or doubtful, cheerful or depressed, hopeful or dependent, depends chiefly upon the spirit of his mind; and the spirit of his mind can be marvellously renewed by being brought into touch with the Spirit of God, who is the supreme source of life, vitality and health.

Must Recognize  
Three Elements.

As to the patient himself, he needs to recognize these three elements in order that both his spirit and his mind may heartily co-operate with his body in the restoration of his health.

As to the practitioner called in to assist the patient, he needs also to recognize these three elements. While there are many exceptions, speaking generally, the physician who knows much about the body knows little about the mind; the psychologist who knows much about the mind knows little about the spirit; and the religiousist who knows much about the spirit knows little about the mind. Where the specialist is most ignorant there he is apt to be most dogmatic. We must beware of a one-sided view if we would do justice to all the facts of human experience. F. H. DuVERNET, Archbishop of Caledonia.

What Would Life Be  
Without Newspapers?

What would life be without a newspaper? Have you ever thought how you would miss your daily paper if it should happen to suspend? It may be a struggling, weak specimen of art preservative, but it fills a niche in your home affairs that cannot be replaced by the largest daily. When you pick up the paper and read where Bill Jones has come in off the grade and Tom Smith has erected a new garage, have you stopped to reflect over the work required to compile just these two items? A reporter may have to walk several blocks to get the fact concerning Bill, and then as far in the other direction to meet Tom. Then it must be written up, placed in type and printed.

Do you know that the average man cannot give you three news items in an interview? Think how many men must be seen to compile a column of personals. To be sure it is all in the day's work and of no concern to the man who idly scans it and tosses the paper aside. If people were better informed about making up a newspaper, they would appreciate it more. It represents hours of work and a vast outlay of money. There is no business that requires the initial outlay to produce as small results.

But without our home paper we would be groping in the dark. The happenings a block away would be beyond our ken. We would be on a par with aborigines and more helpless than a New Guinea native and his talking drum.—Seward Gateway.

## DENTISTRY; X-Ray Service

The only reliable and scientific method of knowing the exact condition of the teeth and surrounding bony structure.

## DR. BAYNE

Office Hours: 9-6, Tues., Thurs., Sat. Evenings 7-9.  
Dental Nurse Always in Attendance.  
Rooms 4, 5, 6, Helgeson Bldg. Phone 109.

SO EASY TO BE  
WELL AND STRONGTake "Fruit-a-tives" The  
Wonderful Fruit Medicine

805 CARTER ST., MONTREAL

"I suffered terribly from Constipation and Dyspepsia for many years. I felt pains after eating and had gas, constant headaches and was unable to sleep at night. I was getting so thin that I was frightened.

At last, a friend advised me to take "Fruit-a-tives" and in a short time the Constipation was banished, I felt no more pain, headaches or dyspepsia, and now I am vigorous, strong and well."

MADAM ARTHUR BEAUCHER.

50c a box, 6 for \$2.50, trial size 25c.  
At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

"HURRICANE'S GAL"  
RUGGED SEA PICTURE

Dorothy Phillips, who will be remembered for her remarkable work in "Man-Woman-Marriage," a massive First National attraction, has an unusual and particularly fitting part in "Hurricane's Gal," the picture which opened last night at the Westholme Theatre and will be repeated tonight. She is cast as an unconventional maid of the sea, who, inheriting a smuggling schooner from her father, takes command of it and rules with the same iron hand and relentlessness which characterized her father.

The production is filled with thrills, but they are not of the kind, "dime novel" variety. There is logic and plausibility behind each, and the spectacular effects which follow in rapid succession cause the spectator to gasp.

"Hurricane's Gal" is a big, rugged sea story, and a three-masted schooner, a torpedo boat destroyer and aeroplanes and hydroplanes have been used in making it. The characters are strong men—and women—and they are portrayed by an exceptionally capable cast.

TEA PRICES DUE  
FOR AN ADVANCE

Tea Crop Was a Failure and  
World's Supply is Some 70,-  
000,000 Pounds Below  
Normal

LONDON, Dec. 1.—Tea prices will be advanced during the coming winter, according to tea importers in London, the reason assigned being the failure of the tea crop.

This is 70,000,000 pounds below normal, and the effect will be shown by increases of from four to ten cents a pound in all tea using countries. The China crop, which is largely imported to the United States, is said to have suffered the most.

NANAIMO RESOLUTION  
SENT TO LOCAL BOARD

Asks Government to Reduce Tax  
Burden, Especially Personal  
Property Tax

A letter from the Nanaimo Board of Trade was read at the meeting of the Prince Rupert Board of Trade last night asking the support of the local members in a resolution passed by them to have the personal property tax removed as being unfair and unjust and also supporting the government in any move to retrench and reduce the expenditures of the province and, that the government adopt a policy to reduce the present heavy tax burden.

The matter was referred to the legislative committee for a report.

## TERRACE WEATHER

Eleven Inches of Rain and Two  
Inches of Snow Fell in  
November

The following weather figures for the month of November in Terrace have been furnished by N. Sherwood, the Dominion meteorologist there:

Maximum temperature, 54.  
Minimum temperature, 25.  
Mean temperature, 38.  
Rainfall, 11.69 inches.  
Snowfall, 2 inches.

The Man in the Moon  
SAYS—

A NEW industry has sprung up over night in Prince Rupert. The city has gone into the business of spraying ladies coats with tar which is guaranteed to withstand any sort of old weather.

OUR fair city is certainly up to date and even we northern mortals can get into the note game. There are all sorts of notes flying around just now including notes of hand and notes of notice.

WE are getting plenty of hail these days and the gang will need to look to their overshoes.

A STRANGER to the city stood for an hour at the corner of Third Avenue and Sixth Street waiting for a street car. He had mistaken the tracks of an auto in the covering of hail for street car tracks.

A SLOGAN in the old country reads more pay and more beer. Some fool forgot to add less work.

SPEND and the wife spends with you—save and you save alone.

When the lights go out,  
Where shall we be,  
Without the aid  
Of T. C. D.?

Ten Years Ago  
in Prince Rupert

The commission that has been appointed by the provincial government to look into the question of municipal matters will not visit Prince Rupert, it was learned today.

J. Dalby, a well known prospector and miner arrived in the city today on the Princess Mary.

A number of beacons have been ordered placed in nearby waters as an aid of navigation.

The city has been given formal permission to put its pipe line across Shawlthans passage.

The precipitation for November was 13.52 inches and the mean temperature 41 degrees. The highest temperature was 57 and the lowest 26 degrees.

HEART PALPITATED  
and Was Short of Breath

Through one cause or another a large majority of people are troubled, more or less, with some form of heart trouble.

Many people may be unaware of having anything wrong with their heart till some time, excitement, over-work or worry starts it to palpitate and then, skip beats, beat fast for a time and then so slow as to seem almost to stop, then it causes great anxiety and alarm.

To all such sufferers

Milburn's  
Heart and Nerve Pills

will give prompt and permanent relief. Mrs. Alice Bishop, 15 Hawthorne Ave., Hamilton, Ont., writes:—"I take pleasure in recommending Milburn's Heart and Nerve Pills to all persons troubled as I had been."

I suffered from palpitation of the heart and shortness of breath; my heart would skip beats, and in the night, at times, I would have to sit up to get my breath. I could not go up stairs without my heart fluttering, and my nerves were all unstrung. But since using your famous Pills I have felt like a different person."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

YOUR  
CHOICE

Why not order now that special gift of Birks' Diamonds? Your choice is now particularly good, and the values shown in our Year Book are incomparable.

Prompt and careful mail service—if you have not received our 1923 Year Book, send for it.

*Birks*

Henry Birks & Sons Ltd.,  
VANCOUVER, B.C.

SMOKE  
OGDEN'S  
CUT PLUG15¢  
per packet½ lb. tin  
80¢

A Real Old Country Treat

WILL ASK THAT ORE  
SAMPLER COME HERE

Board of Trade Will Ask For Its  
Establishment in Prince  
Rupert

George Nickerson brought up the matter of an ore sampler for this province at the meeting of the Board of Trade last night. He stated that an appropriation of \$150,000 had been standing on the Federal books for some time for the purpose. He suggested that the Federal number urge it be established here. S. K. Campbell added that southern interior cities were trying to get the plant there and thought Mr. Nickerson's suggestion a good one. A motion to this effect was adopted.

Some tunes from fiddles are  
musical piddles.

## Canadian National Railways

Prince Rupert  
DRYDOCK  
AND  
SHIPYARD

Operating G. T. P. 20,000 Ton Floating Dry Dock  
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern  
makers, Founders, Woodworkers, Etc.

Electric and Acetylene Welding.

Our plant is equipped to handle all kinds of  
Marine and Commercial Work  
PHONES 43 AND 385

## BENT'S

## FRIDAY AND SATURDAY SPECIALS

## Flannel and Homespun Dresses

Reg. Priced at \$12.00 and \$15.25. Must be Cleared to make room for New Stock.  
WE WILL SELL THESE BEAUTIFULLY EMBROIDERED DRESSES, IN ALL THE  
POPULAR COLORS, SIZES 34 TO 42, AT THE CUT PRICE OF

\$8.50

Friday and Saturday Only.

## 6 Serge and Tricotine Dresses

Sizes 38 to 42, at the Cut Price of

\$17.50

Friday and Saturday Only.

THESE DRESSES ARE WONDERFUL VALUE.

We Cordially Invite You to Inspect Our Stock.

## BENT'S LADIES' READY-TO-WEAR STORE

Third Avenue

Opp. Bank of Montreal.