



No Appetite

Nervous exhaustion leads to distaste for food. The nerves of the stomach are weak, digestion fails and you become generally upset and out of sorts.

The secret of complete restoration is in getting the nervous system fully built up.

Mrs. R. Cheney, 208 Richmond St., Chatham, Ont., writes:

"I was troubled with indigestion, which caused me many sleepless nights. I would be in terrible distress at times, and would get no relief for two or three hours. For sixteen months I ate nothing but Shredded Wheat Biscuits, as I did not eat anything else. I did not know what to do, as I had tried so many different remedies, as well as doctors' medicines, without gaining permanent relief. Finally I got some of Dr. Chase's Nerve Food, and while on the second box noticed that I was improving. I continued the treatment until I am now fully restored, and have returned to my regular diet. My husband has also taken Dr. Chase's Nerve Food with splendid results, so we are glad to recommend it to others."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto.



PROVINCE OF BRITISH COLUMBIA. DEPARTMENT OF LANDS.

EXAMINATION FOR THE POSITION OF ASSISTANT FOREST RANGER.

Object. These examinations are for the purpose of filling present vacancies and to enable candidates to qualify for future vacancies and increases in staff.

Assistant Forest Rangers. Candidates are employed during the fire season (May to September) and receive a salary of \$125.00 per month and board expenses. This is increased to \$140.00 per month the second year and \$150.00 a month the third year provided satisfactory service is given and sufficient marks are obtained in the examination; also there are opportunities for promotion to other positions. Candidates who fail to obtain the higher marks in their first examination may have an opportunity to do so at subsequent ranger examinations.

Qualifications for Candidates. Candidates must be British subjects resident in British Columbia for at least one year, of good character, good physical condition and with Woods experience. They should have experience in fire fighting, possess the ability to organize work and handle men, and have knowledge of the Forest Act.

The examinations are partly written, and partly oral, and consist of tests of the candidate's ability along the above lines. All statements made by applicants as to experience, education and fitness are subject to verification by the examining board. Preference is given to returned soldiers with the necessary qualifications.

The examinations will be held at the following dates and places: Each candidate should apply to the District Forester for application forms and for information regarding the hour of the examination and the application forms should, in each case, be filled out and mailed to the District Forester in time to reach him at least two days before examination.

Apply to District Forester at:

Place.	Date.	Place.
Vancouver	March 14	Vancouver
Kamloops	March 15	Kamloops
Prince Rupert	March 16	Prince Rupert
Smithers	March 17	Smithers
Port George	March 18	Port George
Nelson	March 19	Nelson
Clinton	March 20	Clinton
Williams Lake	March 21	Williams Lake

G. R. NADEN, Deputy Minister of Lands.



PROVINCE OF BRITISH COLUMBIA. DEPARTMENT OF LANDS.

EXAMINATIONS FOR THE POSITION OF FOREST RANGERS.

Object. These examinations are for the purpose of filling a vacancy and to enable candidates to qualify for future vacancies and increases in staff.

Forest Rangers. Forest Rangers are employed the full year. The salary is \$125.00 per month and board expenses. This is increased to \$140.00 per month the second year and \$150.00 a month the third year provided satisfactory service is given and sufficient marks are obtained in the examination; also there are opportunities for promotion to other positions. Candidates who fail to obtain the higher marks in their first examination may have an opportunity to do so at subsequent ranger examinations.

Qualifications for Candidates. Candidates must be British subjects not more than forty-five years of age, resident in British Columbia for at least one year; of good character, good physical condition and with Woods experience. They should be familiar with the practical side of logging, timber cruising, surveying and forest protection; possess a knowledge of the Forest Act; and have ability to organize work and handle men. All statements made by applicants as to experience, education and fitness are subject to verification by the examining board. Preference is given to returned soldiers with the necessary qualifications.

The above examinations will take place at Prince Rupert on March 16th and at Smithers on March 20th. For further particulars apply to the District Forester, Prince Rupert.

W. H. MACINNES, Civil Service Commissioner.

1000 BOOKS COLLECTED

Library Now Has 1650 Volumes Approximately With a Few More to Come In.

There was a great book collection held on Saturday with the result that over a thousand more volumes were added to the list already received making in all something over 1650 books. There are probably a few more to come in so the nucleus for a local library has been assured and it is a good one.

The collection was made with the co-operation of the principals and teachers of the schools and basos for collection were made at Seal Cove, Fuller's Grocery, Booth Memorial School, Borden Street School, and several private houses. From there the books were moved in cars loaned by George Richmond and Dr. W. T. Kergin to Orme's store where they will be sorted and cared for by Mr. Wilkinson until further arrangements are made for a home for them.

The book collection has proved most successful, more successful than the most optimistic could have hoped. It is pointed out that if the general co-operation in future is equal to that at the commencement the library must be a great success.

Any who were missed in the collection are asked to either bring the books in themselves or telephone the principal of the Public schools or the High school and they will be fetched.

"WOMAN IN HOUSE" TO BE SEEN TONIGHT

Only One Night Show and Welnes-day Matinee for Good Picture.

In "The Woman in His House," showing at the Westholme tonight, Philip Emerson, a materialistic physician, while enjoying an outing with his friend, Peter Marvin, an idealistic philosopher, discovers Hilda, a beautiful young girl, mourning over the recent death of her mother, with a misshapen hunchback, Sigurd, in dog-like devotion, at her side.

Despite Sigurd's opposition, Hilda marries Philip, and they return to New York, where the husband soon establishes himself as a famous physician and surgeon. His material mind filled with outside interests, Philip neglects his wife. For days at a time he works in his laboratory with no one save a beautiful young woman, who acts as his assistant. This close association with another woman arouses groundless suspicion in the heart of Hilda, who can not understand the make-up of a man of her husband's type.

In time comes Philip junior, but even a mother's love does not make up for her husband's neglect, and when there comes the temptation, one Bob Livingston, he finds a ready listener to his wiles. Finally, when Philip is awakened to his duty to his wife, an epidemic sweeps over the city and once more the physician's mind is plunged into other channels. His own child is stricken, and upon his return home, he is greeted with the shocking news that the child is dying. The blow prostrates Hilda, but the child recovers. The verdict of the doctors is that he will live but will be hopelessly deformed.

Philip takes the child away to devote himself to its cure, and when Hilda recovers she is informed that her baby has been buried. A complete estrangement of husband and wife results, and Hilda, her mind poisoned against Philip by the perfidious whisperings of Livingston, abandons her home and leaves with the false friend.

Peter, the philosopher friend, seeks her out, determined to bring her to the child. When Hilda enters the room where the crippled boy is lying a miracle is wrought by mother love. The baby raises its paralyzed arms, stretching them out to her, and slides from the chair unaided. Just at that moment Philip enters the room.

FOR WOMEN ONLY

The Baltimore women who pushed her obstreperous husband into a trunk, slammed down the lid, locked the trunk and threw away the key has apparently solved the ancient problem—"How can I hold my husband?"—Seattle Post-Intelligencer.

ADVERTISING WEEK FOR THIS PROVINCE

Vancouver Board of Trade Starts Provincial Wide Movement Which Includes Letter-writing.

As a means of making known the attractions and resources of the province of British Columbia with a view to further development, the Vancouver Board of Trade is starting a provincial wide movement which includes the setting aside of the week from April 10 to 16 as "B. C. Invitation Week." In connection with the campaign, the Vancouver Board has voted a sum of \$50 to be used as prize money for a letter competition for the pupils of Greater Vancouver Schools. The money will be paid in four prizes to the pupils writing the best letter describing B. C. to some person outside the province. The Vancouver Board asks the Prince Rupert Board to take up the movement along similar lines.

LEFT FOR HOME

Mrs. Mercer Adams and Daughter Return to Toronto After Visit to New Zealand.

Mrs. Mercer Adams and Miss Adams left for their home in Toronto this morning. Accompanied by her daughter, Mrs. Adams set out on a trip to New Zealand last September to visit her son, who was seriously ill at the military hospital at Waipekeorran, New Zealand, and who died on the day of her arrival at Auckland and was laid to rest with full military honors in the soldiers' cemetery at Waipekeorran.

Private Adams enlisted in New Zealand in August, 1914 went through Gallipoli, where he contracted enteric fever. On leaving hospital he was sent to France, where he was gassed. Receiving his discharge in November, 1920, he returned to New Zealand, where he died last October.

Mrs. Adams is a sister of R. L. McIntosh of this city.

OCEAN FALLS BALL ENTIRE SUCCESS

OCEAN FALLS, March 3.—The ball given Thursday evening by the staff of the Pacific Mills General Store turned out an entire success. There were about four hundred joy-seekers in attendance. Dancing commenced at 9 p.m. with everyone eager to trip the light fantastic, and many old-fashioned dances were called as well as the more modern ones. Refreshments were served about midnight, after which dancing was resumed until 4 a.m. A four-piece orchestra supplied the music.

BYLAWS TO COME BEFORE COUNCIL MEETING TONIGHT

Three bylaws are to be considered at the city council meeting tonight. They are: the G. T. P. assessment agreement bylaw, the municipal free library bylaw and the indemnity bylaw. The first two are being prepared to go before the people on March 22. It is understood that the indemnity bylaw provides for no reductions in the salaries of the mayor and aldermen this year.

Children's Coughs Quickly Relieved.

It is hard for to keep the children from taking cold; they will run out of doors not properly wrapped, or have too much clothing on and get overheated and cool off too suddenly, they get their feet wet, kick off the clothes at night; the mother cannot watch them all the time, so what is she going to do?

—Mothers should never neglect the children's coughs or colds, but on the first sign should procure a bottle of

DR. WOOD'S NORWAY PINE SYRUP

It is pleasant and nice to take, and relieves the cough or cold in a very short time and thus prevents bronchitis, pneumonia, or perhaps consumption getting a foothold on their systems.

Mrs. E. Smith, 288 Victoria Avenue, North, Hamilton, Ont., writes:—I have three children who have had very bad colds, due to change of climate. I have tried different remedies, but I seem to get the best results from Dr. Wood's Norway Pine Syrup. I have no difficulty in giving it to them as they like it. I always have at least one bottle in the house.

Price, 35c and one a bottle at all dealers. Put up only by The T. Milburn Co., Limited, Toronto, Ont.

EASTERN MEN FAIL TO RECOGNIZE WEST

In his valedictory address to the Victoria Canadian Club at Victoria B. C. Nicholas, retiring president and vice-president of the Central organization for this province expressed regret that the public men of Canada failed to recognize the strategic importance of the Pacific Coast and by spending so much of their time in the East afforded such organizations as the Canadian Club small opportunity of hearing their views on issues of the day.

"There is a distinctive Canadian character and sentiment to be developed," said Mr. Nicholas. "By building up these elements we will establish fresh centres of strength for the Empire and erect an absolute safeguard against the dry rot which might otherwise set in. Canada has an inspiring political record. The fathers of Confederation set a new example for the whole world and opened the way for a form of commonwealth development that has been the foundation of the Empire's permanence. The spirit which animated these men and those who followed them converted a centralized Empire—Imperial, according to the old definition of the word—into a constellation of free, self-governing British Dominions, and laid the groundwork truly and well for a confederation of common ideals."

"We may take pride in Canada's political record, but also in her industrial record, as shown in railway and engineering development, as well as in her high moral and spiritual standards. It is unfortunate that so few of the men who address this club are from outside Canada. It is unfortunate that the leaders of Canada do not yet recognize the strategic position of this ocean and the necessity of keeping in intimate contact with Coast conditions."

LOCAL EMPLOYMENT AGENT RETURNS TO CITY FROM VICTORIA

James Campbell Attended Conference of Western Officials of Employment Service.

James Campbell, local provincial government employment agent, returned last night on the Venture from Victoria where he attended on Tuesday, Wednesday and Thursday of last week at the parliament buildings the annual conference of western officials of the Employment Service of Canada. There were about 20 persons present and matters of general interest in connection with conduct and improvements of the work of the service were taken up. Among those who attended were R. A. Rigg, of Winnipeg, Dominion superintendent of western offices, Bryce Stewart, director of the Employment Service of Canada; J. A. Mitchell, general superintendent for the province of Alberta; J. Bowman, general superintendent for Manitoba; Mr. Molloy, general superintendent for Saskatchewan; J. D. McNeiven, deputy minister of labor for the province of British Columbia, and the superintendents from Nelson, Vernon, Fernie, Cranbrook, New Westminster, Nanaimo, Kamloops, Victoria and Prince Rupert. On account of illness, J. H. McVely, Vancouver superintendent, was unable to be present.

Several interesting papers were read and among them was one by Mr. Bowman, of Winnipeg, dealing with juvenile employment. It was urged that steps be taken to get all young people, on leaving school, into good and suitable employment with a view to the future. A resolution along these lines was passed and will be sent to the different provincial governments, school boards and the department of education.

R. A. Rigg, of Winnipeg, presided and H. Grisswood, of the Vancouver office, was secretary. The next conference will be held in Winnipeg.

RATHER STRIKING

"But, Bertha, how did you make the acquaintance of your second husband?"

"It was quite romantic. I was out walking with my first, when my second came along in an automobile and ran him down. That was the beginning of our friendship."—Bartlesville Enterprise.

MACDONALD'S

Fine Cut

FOR THOSE SMOKERS WHO LIKE MACDONALD'S CUT FINE, OR WHO "ROLL THEIR OWN"

The Tobacco with a heart

12lb-15¢

OSCAR FREEBERG WAS ACCIDENTALLY BURNED ON BOARD GAS BOAT

JUNEAU, March 4.—The jury at the coroner's inquest over the death of Oscar Freeberg, "The Terrible Swede," held recently before U. S. Commissioner V. A. Paine, returned the following verdict:

"That Oscar Freeberg came to his death on Admiralty Island near Coll Island on the 20th day of February, 1922, in the following manner, accidental burning aboard gas boat between 7 p. m. February 20 and 9 a. m. February 21, 1922; cause of death not known."

Members of the jury were: Harry J. Fisher, P. L. Coleman, Robert Simpson, D. J. Hafferty, L. S. Robe, H. E. Doff.

Freeberg's boat was a 19-foot craft and cabined with a canvas cover. Witnesses at the inquest stated that he always slept with the cover of his boat securely fastened down and a lamp burning. The supposition is that on the night of February 20, Freeberg went to sleep with the lamp burning and that when the tide went out a sea leg did not catch, causing the boat to list, the lamp being tipped over.

AS A MATTER OF FACT

The idea that chemicals are injurious, merely because they are chemicals, is erroneous.

We live on chemicals. The air we breathe is a mixture of oxygen, nitrogen and certain inert gases, as is also the water we drink a chemical compound of hydrogen and oxygen.

Like most everything in the world, however, there are good and bad chemicals, as well as good and bad laundries.

The good chemicals are those we eat drink and breathe—the kind we use in the laundry to keep us clean. The harmful chemicals are the poisonous gases and compounds we are all familiar with.

We would not think of using the harmful chemicals in our homes; why not give our clothing the same intelligent consideration, and send them to the laundry where this chemical principle is recognized, and where only the good chemicals are used?

This service is at your disposal.

CANADIAN STEAM LAUNDRY

Phone 8. (adv.)

PRINCE RUPERT TIDES

Monday, March 6
High—6:04 a.m., 18.4 feet.
Low—12:51 p.m., 15.3 feet.
Tuesday, March 7
High—7:11 a.m., 18.1 feet.
Low—1:04 p.m., 15.5 feet.
Wednesday, March 8
High—8:30 a.m., 18.2 feet.
Low—1:44 p.m., 16.3 feet.
Thursday, March 9
High—9:45 a.m., 19.0 feet.
Low—2:38 p.m., 17.7 feet.
Friday, March 10
High—1:06 a.m., 19.5 feet.
Low—3:25 p.m., 18.8 feet.
Saturday, March 11
High—2:28 p.m., 19.8 feet.
Low—4:44 p.m., 19.8 feet.

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Canadian National Railways

Prince Rupert Shipyards

Operating G. T. P. 20,000 Ton Floating Dry Dock Engineers, Machinists, Boilermakers, Blacksmiths, Pattern makers, Founders, Woodworkers, Etc.

Electric and Acetylene Welding.

Our plant is equipped to handle all kinds of

MARINE AND COMMERCIAL WORK

PHONES 43 AND 385

Canadian National Railways

GRAND TRUNK PACIFIC RAILWAY

S. S. PRINCE RUPERT will sail Wednesday 10:00 p.m. for Stewart and Anxox. Thursday midnight for Swanson Bay, Ocean Falls, Powell River, Vancouver, Victoria and Seattle. S. S. PRINCE ALBERT—For all points Northern and Southern Queen Charlotte Islands, March 15 and 27. For Stewart, March 16 and 30.

Train Service. Passenger MONDAY, WEDNESDAY and SATURDAY at 11:15 a.m. For Smithers, Prince George, Edmonton and Winnipeg, making direct connection for all points in Eastern Canada and United States.

Agency All Ocean Steamship Lines.

City Ticket Office, 526 Third Avenue Phone 260

CANADIAN PACIFIC RAILWAY B.C. Coast Services

Sailings from Prince Rupert

For Ketchikan, Wrangell, Juneau and Skagway—March 10, 20, 31; April 10, 21. For Vancouver, Victoria and Seattle—March 4, 15, 25; April 5, 14, 25. S. S. PRINCESS BEATRICE—For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River and Vancouver, every Saturday at 1 p.m.

Agency for all Steamship Lines.

Full information from W. C. ORCHARD, General Agent, Corner of 4th Street and 3rd Avenue, Prince Rupert, B. C.

UNION STEAMSHIP CO. OF B.C., LIMITED.

SAILINGS For Vancouver, calling at Swanson Bay, Ocean Falls, Tuesday, 8 p.m. For Port Simpson, Nias River, Anxox and Alert Bay, Sunday, midnight. Calling at Oceanic and Nias Harbor on sailings Jan. 29, Feb. 12, 26, March 12, 26. Calling at Somerville, Kumeon and Mill Bay sailings Feb. 5, 19, March 5, 19 and April 2.

623 Second Avenue JACK BARNESLEY, Agent Prince Rupert, B. C.

From the Farm to the Table Bulkley Valley

BEEF PORK MUTTON VEAL FRESH KILLED POULTRY Skeena River Farm Produce VANDERHOOF CREAMERY BUTTER NORTHERN INTERIOR CO-OPERATIVE Phone 81

EDSON COAL COMPANY

Corner 2nd Ave. and 7th St.

Best Coal

at Lowest Prices

Order Now! Phone 58