



No Appetite

Nervous exhaustion leads to distaste for food. The nerves of the stomach are weak, digestion fails and you become generally upset and out of sorts.

The secret of complete restoration is in getting the nervous system fully built up.

Mrs. R. Cheney, 208 Richmond St., Chatham, Ont., writes:

"I was troubled with indigestion, which caused me many sleepless nights, I would be in terrible distress at times, and would get no relief for two or three hours. For sixteen months I ate nothing but Shredded Wheat biscuits, as I dare not eat anything else. I did not know what to do, as I had tried so many different remedies, as well as doctors' medicines, without gaining permanent relief. Finally I got some of Dr. Chase's Nerve Food, and while on the second box noticed that I was improving. I continued the treatment until I am now fully restored, and have returned to my regular diet. My husband has also taken Dr. Chase's Nerve Food with splendid results, so we are glad to recommend it to others."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto.

CANDIDATES FOR CIVIC ELECTION TELL IDEAS IN BRIEF INTERVIEWS

(Continued from Page 4)

roadway and far the surface. Also I would favor taking up the bylaw, which was advanced by the Board of Works in 1921, to run the line of street improvements along Fourth, Fifth and Sixth Avenues and through to Seal Cove. If the incinerator bylaw carries it will be up to the next council to install it as early as possible in the most economical location. I consider also that negotiations with the Canadian National Railway should be taken up with a view to open up Seventh Street to the waterfront according to the original plans of the townsite."

Mrs. E. C. Kirkpatrick.

Mrs. Elizabeth C. Kirkpatrick: "I would have to go into things first with the city council before I could form any idea as to general policies or what would be the biggest question to be dealt with by the city council in 1922."

"However, I consider we must have better streets and I would like to see the electric power brought within the reach of everyone who desires to use electricity for domestic purposes."

"I know lots of people who would like to use electricity for cooking purposes if it were obtainable at reasonable rates. In connection with the better street question I consider it is very necessary to keep within the bounds of economical expenditure. I do not wish to criticize the work that has already been done in this connection."

Herbert Hampton.

Herbert Hampton: "I put in my nomination papers for alderman at the last minute after several people had approached me to do so and your questions are somewhat of a surprise, as I have not had time to consider things thoroughly."

"I can tell you, however, that I am running for the betterment of the city both morally and materially. I would advocate strict economy in all departments and a square deal to all. As I am not acquainted with the doings of the previous city council I am unable to go into any details. I am certainly of the opinion that any work undertaken by the city in future should be of a permanent character."

Theo. Collart.

Theo. Collart: "Your first question covers a little too wide a range for me to answer off hand. My idea about the whole thing is to spend the city money in the right way, that is, get as much for the money spent as possible, embodying efficiency and economy. That is my platform. One of the greatest questions I consider is the question of sewers, and, of course, the general improvement of the streets. I believe in getting away from the plank roads as much as possible."

James Black.

James Black: "In reply to your first question I consider the question of electric power to be most important. If we are going to have any grain elevators we will have to have power and unless we can get an arrangement with the dry dock we will have to be in a position to furnish it ourselves. In reply to your second question about policies, I will be guided by the ideas of the Trades and Labor Council which have been put before the public. The Trades and Labor Council are endorsing me and it will be up to me to carry out their wishes."

Rod McLeod.

R. A. McLeod: "In answer to your first question I consider that probably the matter hydro-electric power will be the biggest question. There is one thing I will say and that is if this question comes up I will support it unless anyone can convince me to the contrary. In regard to general policies, one of my strong points is a trunk roadway from end to end of the city of a permanent nature. I would like to see this so that people could travel in safety on one street from end to end of the city. The bye streets should follow in the same manner."

"Anybody who has lived in this town as long as I have will know that more sewers are wanted in the worst way. Their extension will have my support, because from a sanitary standpoint, sewers are urgently required."

Ald. C. C. Perry.

Ald. C. C. Perry: "I consider

the biggest thing that can be done at the present time is for the public bodies to co-operate, and instead of spending so much time and energy seeking the unattainable, direct their time and energies to seeking the attainable. A strong bond between the Board of Trade and the city council would be one of the biggest things I could wish for in the coming year. I think that better facilities for the accommodation of the fishermen and for the development of the city in general in the way of better roads of a permanent nature, etc., should be embodied in future policies."

"One important matter that strikes me is that the Court of Revision should give very careful consideration to conditions surrounding assessment so as to arrive, if possible, at a fair and equitable basis of value of properties, with a view to ascertaining true values and arriving at a fair assessment."

"Another question of importance is that of a public sewerage system. We should bend our energies in the direction of giving the people a better sewerage system, but there must be better co-operation between the people and the council in this regard. The city provides lateral leading from dwellings to the main sewer system and expects that the residents will connect with those laterals. The property owners should not allow a plumbing bill to stand in the way of making the connection for it would bring about more desirable sanitary conditions in the city."

"The question of electric power and the hospital are other big questions to be dealt with. I consider the hospital affairs should be gone into very thoroughly with a view to getting better support for this worthy institution from the provincial government. The power question is one everybody is familiar with. It is very necessary to increase our present capacity in this connection."

Ald. J. H. Kelly.

Ald. J. H. Kelly: "In my opinion the biggest questions are the questions of permanent roads and sewers. My idea would be to map out a program of permanent improvements which could go on from year to year so that each succeeding city council could carry on with it. This is a matter which should be thrashed out at the very beginning. I think that certain appropriations should be laid aside each year for playgrounds and parks so that some work could be carried on year by year of a permanent nature."

W. H. Montgomery.

W. H. Montgomery: "The biggest questions I think will probably be those of tax reduction and power. It seems to me that the cost of electric light in the city should be reduced in view of the fact that this department made a profit of something like \$32,000 last year. As to general policies I consider that all city improvements should be along permanent lines."

Police Commissioners.

To the candidates for Police Commissioners the questions were put: "What, in your opinion, will be the biggest question or questions to be dealt with by the police commission in 1922?" and "What, if anything, have you to say in regard to general policies?"

George M. Sutherland.

George M. Sutherland, said: "I consider the 'blind piggers' in the city should be cleaned up and that all the undersides should be kept on Comox Avenue. I consider the general policies of the police commissioners should be to keep the undersides out of the city altogether and to see that no one of foreign birth, either male or female, of undesirable character, is permitted to land at this port at all. I am not positive of the truth of this condition, but it seems to me that American women can come into this country, after having been put out of the States for various reasons, and yet Canadian women cannot land in the States unless under special and strict immigration laws. Therefore, I consider the restrictions for foreigners landing in this port should be tightened."

George Leek.

George Leek said: "I consider economy together with efficiency should govern the work and administration of the police commission. I think at this time that it is a little too soon to state what the biggest question

before the police commission in 1922 will be."

E. H. Shockley: "In view of the great readjustments which are taking place with the return to peace conditions and the expected prosperity and consequent growth of the city, the police commissioners will have grave problems confronting them during the coming year. These problems will have to be dealt with fairly and justly. My object would be to have the policing of the city done in an economical manner as possible as long as the efficiency of the force is not impaired."

ELKS WON BILLIARDS FROM VETERANS WITH FIVE GAMES OUT OF SIX

The Elks won the last two games in the Trail Shield tournament with the Great War Veterans last evening and scored another big victory in the total of the series, which stands 1195 to 1099 in their favor. The result brings the Elks up 22 points in the standing and within 10 points of the St. Andrew's for third place. Last night's scores were as follows:

Dr. J. A. West (G.W.V.A.), 166; E. A. Donohoe (Elks), 200.

W. F. Roberge (G.W.V.A.), 193; Bert McEvoy (Elks), 200.

The standing to date follows:

	P.	Pts.	Av.
Trail	5	5837	1167
Wanderers	5	5544	1109
St. Andrews	5	5496	1099
Elks	6	6531	1089
S. O. E.	5	5988	998
G. W. V. A.	6	5885	981

BILLIARD STANDINGS

	Games	Total	Aver.
Pillsbury (E)	5	1000	200
Blythe (T)	5	1000	200
Barbour (T)	5	1000	200
Shockey (W)	4	800	200
Shakespeare (T)	3	600	200
Howe (W)	2	400	200
Judge (T)	5	991	198
McMoyl (E)	3	592	197
McEvoy (E)	6	1168	195
D. Brown (T)	5	972	194
Self (E)	4	772	193
Scott (W)	5	957	191
J. Brown (SA)	4	764	191
Andrews (SA)	3	574	191
Stephens (W)	5	946	189
Macdonald (SA)	5	943	189
Waugh (T)	3	565	188
Robertson (SA)	5	921	184
Roberge (G)	6	1100	183
Nelson (W)	5	916	183
Hill (S)	5	910	182
Kinghorn (SA)	5	909	182
Balagno (E)	5	899	180
Hooper (W)	3	535	178
Sudan (T)	4	710	178
Wakefield (E)	3	531	177
Tinker (S)	4	702	176
Davie (SA)	1	176	176
Allen (SA)	5	869	174
King (S)	5	861	172
Donohoe (E)	3	517	172
T. Silversides (S)	1	171	171
Green (E)	5	859	170
McMordie (W)	5	851	170
W.D. Smith (SA)	2	340	170
Goodrick (G)	6	1009	168
Hemming (W)	3	505	168
May (G)	6	995	166
Weymouth (S)	5	819	164
A. Silversides (S)	5	806	161
Warrior (G)	6	951	159
Fleming (G)	2	315	158
Dr. West (G)	6	943	157
Mansel (S)	5	718	144
Morgan (E)	4	124	124
Thompson (G)	1	105	105
La Casse (E)	1	101	101
Easson (E)	1	69	69

Subscribe for the Daily News.

HEARTBURN A SEVERE CASE

Many people are troubled with heartburn who really do not realize just what it is.

In cases of this trouble there is a gnawing and burning pain in the stomach attended by disturbed appetite. It is generally caused by great acidity of the stomach, and whenever too much food is taken, is liable to ferment, and becomes extremely sour, causing heartburn. In such cases vomiting often occurs, and what is thrown up is sour and sometimes bitter.

The one way to get rid of heartburn is to keep your liver active by using MILBURN'S LAXA-LIVER PILLS

and you will have no heartburn or other liver troubles such as constipation, jaundice, water brash, floating specks before the eyes, coated tongue, foul breath, etc.

Miss Edith Cutting, Shallow Lake, Ont., writes: "I have had heartburn for a long time. There were gnawing and burning pains in my stomach, and then when I vomited there was a sour and bitter taste. I used two vials of Milburn's Laxa-Liver Pills, and they have cleared me of my heartburn. I don't think they can be beaten by any other medicine."

Price, 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

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The Tobacco with a heart

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THE ECONOMY PACKAGE

1/2 lb - 85¢

BASKETBALL TIME TABLE

Released by Association—Will Wind Up on February 14.

The schedule for the second half of the basketball season has been released by the association. It follows:

January 13.—Tiny Tims vs. Dry Dock; Knights of Columbus vs. Elks; Sons of Canada vs. Elks.

January 17.—Dry Dock vs. King Edward; Canucks vs. Comets; Elks vs. Sons of Canada (Intermediate).

January 20.—Telephone Girls vs. Meteors; Colts vs. Knights of Columbus; Sons of Canada vs. Elks.

January 24.—King Edward vs. Tiny Tims; Sons of Canada vs. Colts; Elks vs. Sons of Canada.

January 27.—Maple Leafs vs. Telephone Girls; Checkers vs. Meteors; Sons of Canada vs. Elks.

January 31.—Tiny Tims vs. Dry Dock; Knights of Columbus vs. Sons of Canada; Colts vs. Elks.

February 3.—Checkers vs. Telephone Girls; Meteors vs. Maple Leafs; Elks vs. Sons of Canada.

February 7.—Dry Dock vs. King Edward; Colts vs. Knights of Columbus; Sons of Canada vs. Elks (Intermediate).

February 10.—Comets vs. Canucks; Maple Leafs vs. Checkers; Sons of Canada vs. Elks.

February 14.—King Edward vs. Tiny Tims; All Star Men's Intermediate; Sons of Canada vs. Elks.

Practice Schedule.

The following is the schedule of practice hours that has been drawn up:

Mondays—Maple Leafs, 6:30 to 7:30; Checkers, 7:30 to 8:30; Colts and Knight of Columbus, 8:30 to 9:30.

Wednesdays—Meteors; Telephone Girls; Sons of Canada, 2 teams, (same hours).

Thursdays—Junior Boys; Knights of Columbus and Colts; Elks, 2 teams.

Saturdays—Comets, 2 to 3; Canucks, 3 to 4; Checkers, 4 to 5; Meteors 6:30 to 7:30; Maple Leafs, 7:30 to 8:30.

Sundays—Juniors, 11 to 12; Sons of Canada, 2 teams, 12 to 1:30; Elks, 2 teams, 1:30 to 3; Telephone Girls, 3 to 4.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that Reginald Herbert Wright, of Victoria, B. C., occupation prospector, intends to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted on the shoreline of Cape Pass and about one mile south and one mile west of the S.W. corner of Timber Licence No. 18007, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, and containing 640 acres, more or less.

REGINALD HERBERT WRIGHT, Applicant.

J. W. Connell, Agent. Dated October 7, 1921.

NOTICE.

In Queen Charlotte Islands Land District, Recording District of Skeena, B. C., and situate on the West Coast of Moresby Island, B. C.

Take notice that John Wesley Connell and Albert Scott Lock, of Victoria, B. C., occupation brokers, intend to apply for permission to prospect the following described lands for coal and petroleum: Commencing at a post planted about one mile north of the southwest corner of Timber Licence No. 18007, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains to point of commencement, and containing 640 acres, more or less.

JOHN WESLEY CONNELL and ALBERT SCOTT LOCK, Applicants. J. W. Connell, Agent. Dated October 7, 1921.

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