

G. H. ARNOLD, Notary Public

FIRE INSURANCE is a hobby of ours. We take keen pleasure in making sure that all policies are so written that they cover your property exactly as you intend. If you entrust your fire insurance to careless, inexperienced or ignorant agents you may find, when you come to collect your fire loss, that your policies are so worded that the insurance company is not liable and so will not pay the loss. Why take chances?

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Special Lunch

40c

WEDNESDAY, JANUARY 11

Soup
Barley Broth
Potato Salad
Choice of
Boiled Salmon, Egg Sauce
Veal Pot Pie
Boiled and Mashed Potatoes
Mashed Turnips
Bread Custard Pudding

Good Eats Cafe

From the Farm to the Table

BULKLEY VALLEY
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PORK
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VEAL
FRESH KILLED POULTRY
Skeena River Farm Produce
VANDERHOOF CREAMERY
BUTTER
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Strand Cafe

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All White Help

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Ladies' & Gentlemen's
TAILOR
Fit Guaranteed
Third Avenue, opposite P. O.
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H. S. WALLACE CO., LIMITED

C. G. MINNS, Manager

January White Wear Sale



20
per cent.
Discount

on our Entire Stock of Whitewear, including
WHITE COTTON NIGHTGOWNS
WHITE FLANNELETTE NIGHTGOWNS
WHITE DRAWERS AND BLOOMERS
WHITE CORSET COVERS
WHITE ENVELOPES
WHITE UNDERSKIRTS

Do not miss this opportunity to replenish your requirements in these lines.

Phone 9 Corner of Third and Fulton

LADY FRIENDS OF THE PRINCE

Has a Wide Circle of Them and They Are All Fond of Him.

LONDON, Jan. 9.—The circle of the Prince's women friends is a wide one.

Even in a world where, normally, exhibitions of emotion of any kind are regarded as rather bad form, the Prince's entry into a drawing room or ballroom creates an electrical effect. "I am sure," said a woman who recently met the Prince at a dance, "that directly the Prince entered the room every woman in it would have loved to have shaken hands with him—it was difficult to keep one's eyes off him. He is so devoid of affectation of any kind, and yet looks so much like a Prince."

Favorite Dancing Partner

It would be difficult to attempt to define precisely the type of woman the Prince of Wales most admires, but of the women he meets more or less frequently in society it may be said that they are clever, conversationally clever, at all events, they dress extremely well, and as a rule are more than usually proficient at some sport or pastime.

For example, Lady Roxborough, sister of Sir Philip Sassoon, is one of the best-dressed women in society, and she is probably one of it, not actually the best woman amateur billiard player in England. On more than one occasion she has had a game with the Prince at her brother's house at Trent Park, and I believe can give his Royal Highness who is by no means a duffer at



Strength

Strength of muscle does not indicate strength of nerves. On this account many people who look healthy enough suffer from nervous troubles and cannot understand what is ailing them. Sleeplessness and irritability are among the early symptoms. Indigestion and tired feelings soon follow.

Read this letter from an Ontario man:

Mr. W. L. Gregory, Charles St. E., Ingersoll, Ont., writes: "I had been troubled for quite a while with indigestion. At times there would be a twitching of the nerves of my stomach, and I also found it difficult to get a good night's sleep. I am a moulder, and owing to the nature of my work my system became run-down. I took a treatment of Dr. Chase's Nerve Food, and found great benefit from this medicine. They did me a great deal of good. I have not been bothered at all with indigestion since, and can sleep much better. I have recommended Dr. Chase's Nerve Food to many of my friends, as I think it splendid for anyone run-down and needing a tonic." Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto

the game, a start of thirty in a hundred.

Lady Stanley, the wife of Lord Derby's son and heir, who stands high in the regard of the Royal Family, may be described as one of those women whom his Royal Highness is always glad to meet. Lady Stanley is an enthusiastic all-round sports-woman. She is a good rider and clever shot and is one of the comparatively few women who understand anything about cricket.

In the Ballroom.

In the ballroom one of the Prince's most frequent dancing partners is Mrs. Dudley Ward, and that not merely because she is so charming a woman and so clever a conversationalist, but because she is a really good dancer.

Although the Prince has been far too busy a life to have been able to devote much time to practicing the intricacies of the fox-trot and tango waltz, he is quite a good dancer, and likes to have as a partner someone who is at least as proficient as himself.

Two intimate friends of the Princess Mary are also good friends with her brother. One of these ladies is Lady Joan Mutholland, who is lady-in-waiting to the Princess; the other is Lady Rachel Cavendish, a daughter of the Duke of Devonshire.

Will He Marry Her?

Without being brilliant, she has an intellect of more than average depth and vigor. She is well-read and well-informed, and tends to take life rather seriously, and has a deep-rooted sense of duty. Lady Rachel stands very high in the regard of the King and Queen, and more unlikely things have come to pass than that she should become Princess of Wales.

The difficulties in the way of the Prince of Wales marrying outside Royal rank are considerable but not insurmountable.

One thing about the Prince of Wales' marriage may be predicted with certainty; if and when the Prince does marry he will not marry against his parents' wishes, and their Majesties will never attempt to force the Prince of Wales to marry against his own inclinations.

FIRST REHEARSAL

Of "H. M. S. Pinafore" by Prince Rupert Musical Society.

The Prince Rupert Musical Society held its first rehearsal last night in the Presbyterian Hall for the production of Gilbert & Sullivan's light opera "H. M. S. Pinafore," which it is expected will be staged in the city in the early spring. Both old and new members of the society attended in great force, and the tone of the first rehearsal augurs well for the success of the undertaking.

Advertising is often expensive, but it is nothing like as expensive as an empty store and idle clerks.

FINALLY ACCEPTS MILLION DOLLARS

Charles Garland, Massachusetts, Changes His Mind About Refusing.

MIDDLESBORO, Mass., Jan. 10.—Charles Garland, who fourteen months ago refused a million dollars from the estate of his father on the grounds that it would be inconsistent with his views regarding property, has changed the report that he has changed his mind and will accept the legacy.

TRAIN RUNS DOWN SCHOOL BUS; FOUR CHILDREN KILLED

VAN WERT, Ohio, Jan. 10.—Four children were killed and seventeen were injured when a school bus, containing thirty-three children, was run down by a freight train.

O. B. U. FAVORED

Australian Workers' Union Votes 7 to 1 in Favor of Joining Up.

MELBOURNE, Jan. 10.—The Australian Workers' Union has voted 7 to 1 in favor of joining up with the One Big Union.

GETTING MARRIED IS EASY BUSINESS

Go to One Window, Get License; Go to Another, Get Married.

NEW YORK, Jan. 9.—Asserting that getting a marriage license in New York is easier than buying a theatre ticket, two judges in general sessions have come out in favor of a measure which would require publication of the names of persons obtaining licenses and prohibiting the ceremony for a month, during which any objections could be registered. This, it was asserted, would check run-aways and bigamy.

"All you have to do to get married in New York," said Judge Tatley, "is to go to a window in the municipal building and get a license and then go to another window and get married."

His remarks were made in suspending sentence on a married man with two children who alleged he had contracted a bigamous marriage after having puffed at the poppy in Chinatown. Judge McIntyre said 28 persons had been convicted of bigamy here in 1921.

EXPLAINED.

Mrs. Benjamin—I notice that the farmers always have a man for a scarecrow.

Benjamin—That's because they couldn't afford to dress a woman scarecrow.

Heart Would Beat like a TRIP HAMMER

Heart trouble has of late years become very prevalent. Sometimes a pain catches you in the region of the heart, now and then your heart skips beats, palpitates, throbs, or beats with such rapidity and violence you think it is going to burst.

You have weak and dizzy spells, sinking sensations, are nervous, irritable and depressed, and if you attempt to walk upstairs or any distance you get all out of breath.

We know of no remedy that will do so much to make the heart regain strength and vigor, regulate its beat and restore it to a healthy normal condition as will

MILBURN'S HEART AND NERVE PILLS

Mrs. Chadwick, Delhi, Ont., writes: "I had palpitation of the heart, and the least exercise, such as going upstairs or up a hill, my heart would beat like a trip hammer and at times I was dizzy-headed and had a sinking sensation as if my time were near."

"A friend suggested I try Milburn's Heart and Nerve Pills, so I procured three boxes, and by the time the first one was used I began to improve. In all I took six boxes, and now although in my 66th year I feel like a young girl; no dizziness or heart-thumping, and can walk miles without fatigue. At time of my sickness I weighed 120 pounds, now I weigh 130."

Price, 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

STEEN & LONGWILL

Sheet Metal Works
Agent for McClary Furnaces
Sanitary and Heating Engineers
5th Street and Fraser Street
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WESTHOLME THEATRE

Tonight, Tuesday

Charles RAY

The Midnight Bell

6 Reel First National Feature.

Capital Comedy, "Proposing Bill"

Admission, 15c and 35c

Friday and Saturday—"The Affairs of Anatol"
Monday and Tuesday—Dorothy Phillips in "Man, Woman and Marriage"

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Edson Coal Company

Phone 58

"We are in a position to give IMMEDIATE DELIVERY, by the ton or carload, of our famous EDSON COAL, which is known to be the best value of any coal on the market."

BEST COAL AT LOWEST PRICES
ORDER NOW—PHONE 58

Office - Prince Rupert Feed Co.
Corner Second Avenue and Seventh Street

MAN WHO WAXES FAT CAN BLAME ANCESTRY

Is fatness inherited?

Statistics compiled by Dr. G. B. Davenport of the Eugenics Record Office, Long Island, N. Y., show that children of two slender parents and four slender grandparents are rarely fleshy. On the other hand, children of two fleshy parents are usually inclined toward avoirdupois, though they are occasionally lean. In most cases fleshy children have at least one stout parent.

These statistics have been studied from a great number of family records, and all point to the fact that heavy build in forebears is the dominant factor that governs the figures of their descendants.

A spoiled and pampered kid is worse than none.

QUALITY Is Economy

The chief trial of house-keeping today is the keeping down of expenses, and the surest way to succeed is to deal with Grocers of Quality, who carry nothing but the BEST OF EVERYTHING.

The Best Is Always the Cheapest.

Munro Bros.

"The Quality Grocers"
Phone 88 Third Avenue



BIG BARGAINS at BULGER'S

in Watches for One Week
Watches at Cost and Less.

Our stock of Watches is too large, and our customers might as well have them cheap as have them in our safe.

Regina, 12 size, in 20-year case; regular \$22.50, Sale price \$14.50
18 size Waltham in 20-year case; regular \$20.00, Sale price \$13.50
\$13.50 Equity nickel case, Sale price \$9.50
Same in gold-filled case; reg. \$19.50, Sale price \$14.00
15-jewel Zenith, 16 size; reg. \$27.00, Now \$17.50
\$60.00 Howard, 12 size, thin model, 17-jewel, extra quality case, Sale \$43.00
Fancy Polygon shape, thin model, Tavauxes 17-jewel, silver dial, gold figures; reg. \$45.00, Sale \$29.00
16 size Admiral in 20-year plain case; fine time-keeper; regular \$14.00, Sale price \$9.50
18 size, 21-jewel Illinois Railroad, with plain gold-filled case; regular \$51.00, Sale price \$37.00
15-jewel Bracelet Watch in gold-filled case; regular \$20.00, Sale price \$11.50

THIS SALE STARTS MONDAY, JANUARY 9, AND RUNS FOR ONE WEEK ONLY

If you need a real watch these are real bargains. We can not mention them all here, but come in and we will show you.

"GIFTS THAT LAST" John Bulger Jeweller