

# Canadian National Railways in 1922 Have Been Identified with National Progress of Dominion

Through the perfecting of its plans, making timely and ample provision for the continually expanding traffic in Western Canada, the Canadian National Railways has, during the year 1922, been identified with national progress in every province, according to a report on the year's activities prepared in the East.

To maintain the high standard of transportation rendered by the Canadian National system, considerable monies were expended to improve the road bed; other facilities provided, and the equipment purchased to enable the greatest tonnage to be handled in a single train.

The National system of 26,700 miles, there are in the West 10,479.70 miles of railways made up as follows: Canadian Northern 6,793.82; D. W. & N.W. 1,778.01; C.N.P. 2,711.61; Hudson Bay 214; Canadian Government 582.28.

In accordance with the management's policy of extending railway service, as settlement proceeded, in undeveloped or partially developed territory, and of improving the lines so constructed as to make them developed, the construction program for western Canada has been maintained during the year, but mostly confined to improvement of existing lines. By this, encouragement has been given to the extension of the railway industry, agriculture, and other railway placed in a position to handle a greater proportion of the national traffic.

Since the co-ordination of the Grand Trunk Pacific with the Canadian National, various connections were constructed to enable traffic to be routed by shorter or better lines; eliminating railway crossings and interlocking plants and thus reducing operating costs, and quicker freight and passenger service.

The results of the co-ordination have been eminently satisfactory, and during the year additional undertakings of the same character have been undertaken, and these, with the completion of some commenced last season, improved operating conditions. Mention may be made of certain of these; viz.—East Edmonton, Battle-Duhamel, Magdalen, Stony Plains, Regina, Lacombe and Rowan connections, and the grade revision at

## WHAT MADE ME HAPPY

"I was congratulating myself that I had passed the winter without catching a cold, when I got one at the beginning of last May. It was because I was run down. Being run down I had some trouble in getting rid of this cold. I was a nervous wreck. I would wake up regularly mornings feeling that some terrible calamity would take place. Although we were comfortably off, I felt sure my husband was going to lose everything. The children worried me. If they made the least noise, I would get into a terrible temper. I would scold them so that I am sure they hated me. I would be mad with myself after it was over and make up my mind never to let it happen again. I would go to bed at night and begin to think and picture dreadful things which might happen to me and my family. I would lay awake for hours, sometimes until daylight, until I was so weak that I could scarcely raise my head. I would wake next day just as tired as when I laid down. After a while I got so that I didn't care what happened. The children annoyed me and I wouldn't have cared if they had left me for good. I felt that it was only a matter of time before I would lose my mind. I knew that my symptoms were due to a run down condition and that if I could only get something to build me up, I might be all right. I knew that there must be some good tonic but most of them made such foolish claims that I was afraid of them. Happening one day to run across a leaflet about Carnol, I was impressed with the moderate way this preparation was described, so I made up my mind I would try it. I did and today I am the happiest and healthiest woman living. I haven't a care in the world. Instead of running away from me, my children are now with me all the time. My husband tells me that my disposition is as near an angel's as any human being's can be, but of course he is prejudiced. I don't believe I have a nerve in my body now."

Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money. 6-622

## Increased Passenger Traffic

Great strides were made during the year 1922 in passenger traffic, which showed a noticeable increase. The introducing of triangle tours, choice of routes on land and sea, placed the National lines in a very advantageous position, a position which the Canadian and American tourists by the thousands were not slow in taking advantage of.

While the splendid showing made is the outcome, to a great degree, of the activity of representatives and their aggressive solicitation, the high class service now rendered on the passenger trains, the opening up of a new recreation field in Canada's most northerly park—Jasper National Park—provided attractive features in inducing American tourists to travel "National" through Canada for the first time. Canadian National trains carry the tourist through a country of great scenic beauty, as well as a country occupied by a prosperous and progressive people.

As a result of the success attained at Jasper Park Lodge last summer, the railway is now planning to increase facilities in that National Park for 1923.

The year 1922 also marked the operation of several extra trains to handle special parties. Among these were the general Assembly of the Presbyterian Church; Rotary Club; Montreal Board of Trade; School Teachers Personally Conducted Tour; Shriner's; Special train to Atlantic seaboard for Old Country

## Land Settlement

The amount of land taken up along the Canadian National lines in the West during 1922, indicates that there was a steady movement in that direction. The class of settlers the railways were instrumental in bringing into the country were of a fine type and practically all well-to-do farmers. Those from the south came chiefly from the States where the farming conditions are not so very dissimilar from those of this country and are, therefore, highly desirable. They too brought with them considerable capital and were in a position to get their land under cultivation quickly. With this land settlement, there has been a steady upbuilding of towns and villages throughout the country. As a consequence of increased business, practically resulting from the recent agricultural developments, there was a large amount expended in device improvements and the development of these smaller market towns meant better business for the larger distributing centres.

## Industrial Development

With regard to the industrial development, there were indications of a revival in this district, with the National Railway assisting to secure such industries as are suitable and likely to thrive in this country. The manufacturing of certain articles and products should naturally follow the settlement of the land, which at the present time, should be regarded as of chief importance.

An important feature of Canada's well organized transportation system is the relationship of railway trackage to the sources of raw materials on the one hand and the distribution of finished products on the other. The National Railways tap all the large and accessible coal areas, as well as the regions where minerals are found. The co-operation between water and rail service is virtually complete and a fact that is of vital importance in the development of resources of such basic raw materials as lumber and forest products in general.

"Let the Clark Kitchens help you"

# CLARK'S TOMATO KETCHUP



The fresh tomatoes so well blended with pure spices in Clark's Tomato Ketchup—are exceedingly tasty.

Absolutely wholesome—Clark's Tomato Ketchup is a great addition to roasts, stews and omelets.

W. CLARK Limited, MONTREAL  
ESTABLISHMENTS AT MONTREAL, P. O. ST. REMI, P. Q. AND HARGO, ONT.

When you want good Pork & Beans get "CLARK'S"

Christmas travel. In addition there were numerous smaller movements.

Grain, coal and livestock are probably the three commodities which move in the largest bulk in Western Canada, and the Canadian National Railways has handled a big share of the commodities the west produces. A satisfactory increase has been shown in import traffic through the Pacific Coast ports.

**IN THE SUPREME COURT OF BRITISH COLUMBIA.**  
In the Matter of the Administration Act: and  
In the Matter of the Estate of Emilio Sedran, Deceased.  
In Chambers: Before His Honor F. McE. Young, Friday, the 10th day of November, 1922.

EPON the petition of J. H. McMullin, Official Administrator; upon reading the affidavits of George Heidman, and of Angus Mackenzie;

IT IS ORDERED that the death of the above-named Emilio Sedran shall be presumed to have occurred on the 5th day of December, 1920, at Sylvester Bay, Observatory Inlet, British Columbia.

IT IS FURTHER ORDERED that the said J. H. McMullin may apply for administration of the said estate and declare to the said date upon publishing a copy of this order in a newspaper published and circulating in Prince Rupert, B.C., for a period of one month at weekly intervals.

F. McE. YOUNG, J.J.S.C.

**IN THE SUPREME COURT OF BRITISH COLUMBIA.**  
In the Matter of the Administration Act: and  
In the Matter of the Estate of Peter Nelson, Deceased; Intestate.  
TAKE NOTICE that in order of His Honour F. McE. Young, made the 20th day of December, A.D. 1922, I was appointed Administrator of the Estate of Peter Nelson, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified to me, on or before the 21st day of January, A.D. 1923, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator.  
Prince Rupert, B.C.  
Dated this 21st day of December, 1922.

**IN THE SUPREME COURT OF BRITISH COLUMBIA.**  
In the Matter of the Administration Act: and  
In the Matter of the Estate of Emilio Sedran, Deceased.  
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F. McE. YOUNG, J.J.S.C.

**IN THE SUPREME COURT OF BRITISH COLUMBIA.**  
In the Matter of the Administration Act: and  
In the Matter of the Estate of William John Foster, Deceased; Intestate.  
TAKE NOTICE that in order of His Honour F. McE. Young, made the 13th day of December, A.D. 1922, I was appointed Administrator of the Estate of William John Foster, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified to me, on or before the 16th day of January, A.D. 1923, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator.  
Prince Rupert, B.C.  
Dated this 16th day of December, 1922.

# Mail Order & Shipping Business--Price List

We Bill Our Out of Town Orders at Same Prices as to City Customers. Your Money Refunded on Any Line That Is Not Satisfactory

<b>PROVISIONS</b> Creamery Butter, prints, per lb. <b>45c and 50c</b> Special prices on Quantity lots. Dairy Butter, per lb. <b>40c.</b> Creamery Butter in bulk. Guaranteed the finest quality in town, 3 lbs. for <b>\$1.40</b> 11 lb. boxes <b>\$6.00 and \$6.50</b> Eggs, local fresh, Market price. Springfield B.C. storage, doz. <b>45c</b> Finest Ontario Cheese, lb. <b>35c.</b> Finest Shilton Cheese, not cut, 10 to 11 lbs. each, <b>40c.</b> Imported Limburger, per lb. <b>70c</b> Jack Cheese, lb. <b>60c</b> Romano Cheese, lb. <b>75c</b> Roquefort Cheese, lb. <b>\$1.00</b> Kraft Cheese, lb. <b>50c</b> 5 lb. bricks <b>\$2.25</b> Wisconsin Brick Cheese, lb. <b>50c</b> Prim-Oak Cheese, lb. <b>40c</b> Compound Lard, bulk, lb. <b>17c</b> Pure Lard, 3's <b>75c</b> " 5's <b>\$1.25</b> " 10's <b>\$2.40</b> " 20's <b>\$4.50</b> Armour's Bacon, lb. <b>40c</b> (This price applies on whole side) Armour's Hams, lb. <b>35c</b> (Average 10 to 12 lbs. each) Pic-nic Hams, lb. <b>22c</b> Swift's Peas or Beans Shamrock Bacon, lb. <b>55c</b> (This price applies on whole side) <b>SOAPS</b> Palmolive, 3 dears for <b>25c</b> Palmolive Pure Castile, 17 oz. bars, each <b>20c</b>	<b>CANNED VEGETABLES</b> The lines listed below are all Hamsterly Brand, and guaranteed. Tomatoes, 2 1/2 per doz. <b>\$1.75</b> " 2 1/2 per doz. <b>\$2.15</b> Pumpkin, 2's per doz. <b>\$1.75</b> " 2 1/2, per doz. <b>\$2.15</b> Corn, 2's, per doz. <b>\$1.85</b> Standard Peas, 2's, doz. <b>\$2.15</b> Early June Peas, 2's doz. <b>\$2.50</b> Sweet Wrinkle Peas, 2's doz. <b>\$3.25</b> Refugee Beans 2's, d. oz. <b>\$2.35</b> Golden Wax Beans, 2's doz. <b>\$2.35</b> Spinach 2's, per doz. <b>\$2.35</b> Spinach, 2 1/2 doz. <b>\$2.65</b> Baby Beets 2's doz. <b>\$3.25</b> Gallon Catsup, 6 to case <b>\$4.25</b> <b>CANNED FRUITS</b> Bartlett Peas, 2's, doz. <b>\$3.25</b> " 2 1/2 doz. <b>\$4.25</b> Crawford Peaches, 2's doz. <b>\$3.25</b> " 2 1/2 doz. <b>\$4.45</b> Apricots, 2's, doz. <b>\$3.25</b> " 2 1/2 doz. <b>\$4.45</b> Strawberries, 2's doz. <b>\$4.25</b> Loganberries, 2's, doz. <b>\$3.75</b> Royal Anne Cherries, 2's doz. <b>\$3.85</b> Lombard Plums, 2 1/2 doz. <b>\$2.75</b> Crabapples, 2 1/2 doz. <b>\$2.65</b> Note: We will accept orders at above prices for either canned fruits or vegetables assorted to suit customer.	<b>STAPLE GROCERIES</b> Granulated Sugar, 20 lbs. sacks <b>\$2.00</b> Granulated Sugar, 100 lb. sacks <b>\$9.25</b> Prices subject to market advances or decline <b>FLOUR</b> Robin Hood, Royal Household, Five Roses or Purity, 49 lb. sacks <b>\$2.10</b> Wild Rose or Snowflake Pastry, 10 lb. sacks <b>55c</b> <b>CANNED MILK</b> Pacific or St. Charles, 48 tins, talls, case <b>\$5.85</b> Eagle Milk, (in) <b>20c</b> Pacific or St. Charles, baby size case <b>\$3.50</b> <b>TEAS</b> Bulk Lines. Our Own Blend, per lb. <b>50c</b> Finest Orange PEKOE Tea, packed in 5 lb. tins <b>\$2.75</b> <b>PROPRIETARY BLENDS.</b> Malika's Best, per lb. <b>65c</b> Blue Ribbon Tea, per lb. <b>60c</b> In 10 lb. lots <b>\$5.65</b> Nabob, Green Label, per lb. <b>60c</b> Nabob Green Label, 5 lb. for <b>\$3.00</b> Nabob, 3 lb. tin <b>\$1.95</b> Ridgeway's Old Country Blend, per lb. <b>85c</b> 3 lb. tins, each <b>\$2.50</b> Lipton's Pink Label, per lb. <b>75c</b> Empress Tea, per lb. <b>65c</b> Japan Green Tea, per lb. <b>75c</b> (Note—Above prices are subject to change without notice as tea market is very firm and prices will surely advance.)	<b>COFFEES</b> Special Blend, fresh ground, 3 lb. for <b>\$1.10</b> Mocha and Java. We grind it fresh every sale, per lb. <b>45c</b> 3 lb. for <b>\$1.25</b> Malika's Best, vacuum pack, per lb. <b>55c</b> 2 lb. tin <b>\$1.10</b> , 5 lb. tin <b>\$2.75</b> Nabob Coffee, vacuum pack, per lb. <b>55c</b> 5 lb. tin <b>\$2.75</b> Empress Coffee, per lb. <b>55c</b> Chase & Sanborn, Seal Brand, per lb. <b>55c</b> Hill's Red Can, packed in San Francisco, per lb. <b>75c</b> "Supreme" Coffee, per lb. <b>55c</b> Green Coffee Beans, Santos, per lb. <b>35c</b> Guatemala, per lb. <b>40c</b> Peaberry Green, per lb. <b>45c</b> Special lower prices in quantity lots. Chicory, per lb. <b>35c</b> <b>FRUITS and VEGETABLES</b> Navel Oranges, Sunkist, per doz. <b>50c, 60c and 85c</b> Sunkist Lemons, per doz. <b>50c</b> Florida Grape Fruit <b>15c</b> California Grape Fruit <b>10c</b> Apples, No. 1 Ontario, grown in B.C., per box <b>\$2.65</b> Jumble Pack <b>\$1.50</b> Carrots, 6 lbs. for <b>25c</b> Turnips, 6 lbs. for <b>25c</b> Beets, 5 lbs. for <b>25c</b> Parsnips, 4 lbs. for <b>25c</b> Special prices in sack lots.	<b>DRIED FRUITS</b> Evaporated Prunes, 90-100 size, 25 lb. boxes <b>\$3.25</b> Evaporated Prunes, 40-50 size, 25 lb. boxes <b>\$4.50</b> Evaporated Prunes, 30-40 size, 25 lb. boxes <b>\$5.75</b> White Cooking Figs, 25 lb. boxes <b>\$4.15</b> Evaporated Apricots, per lb. <b>40c</b> 25 lb. boxes <b>\$8.25</b> Evaporated Peaches, per lb. <b>30c</b> 25 lb. boxes <b>\$6.25</b> Evaporated Loganberries, 8 oz. package <b>40c</b> Per doz. packages <b>\$4.25</b> Sun Maid Seeded Raisins, 16 oz. packages <b>20c, 5 for 95c</b> Sun Maid Seeded Raisins, in bulk, 2 lbs. for <b>35c</b> , 6 lbs. for <b>\$1.00</b> , 30 lb. boxes <b>\$4.85</b> Sun Maid Seedless Raisins, otherwise known as Sultanas, 16 oz. pkg. <b>20c, 5 for 95c</b> Bulk, 2 lb. for <b>35c</b> , 6 lb. <b>\$1.00</b> 25 lb. boxes <b>\$4.10</b> Bleached Sultanas, in bulk, per lb. <b>30c</b> , 5 lb. lots <b>\$1.35</b> California Cluster or Table Raisins, 1 lb. pkg. <b>35c</b> , 3 for <b>\$1.00</b> New Dates, in bulk, 2 lbs. for <b>35c</b> 7 lbs. for <b>\$1.00</b> Dromedary Dates, 10 oz. pkgs., each <b>30c</b> 2 Crown Loose Muscatel Raisins, per lb. <b>20c</b> Lemon and Orange Peel, lb. <b>40c</b> Citron Peel, per lb. <b>50c</b> Reeloned Currants, 2 lb. <b>45c</b> 42 oz. pkgs., 2 for <b>35c</b>	<b>Men's Store</b> Space does not permit us to itemize the many lines we carry. However, we have the largest variety and the most complete stock to be found in Northern B.C. Below are a few of the many lines we handle. <b>HATS, CAPS, MEN'S FURNISHINGS.</b> Boys' Clothing and Wearing Apparel. Rubber Goods and Rubber Footwear. Boots and Shoes. Laskie's Boys' Shoes. We are Sole Agents for the Genuine SLATER SHOE. Every pair guaranteed and bears the Union stamp which signifies honest workmanship and quality material. <b>MEN'S HEAVY WOOLLEN CLOTHING. MACKINAW SHIRTS.</b> Sole Agents for "Clothes of Quality." Made-to-Measure Suits or Overcoats. <b>Ladies' Store</b> Dry Goods and Notions. Rubber Goods and Rubber Footwear. <b>Ladies' Suits. Evening Gowns. Children's Clothing. Underwear and Hosiery.</b> "London Lady Shoes"—We are sole agents for this popular line which is the last word in comfort and style.
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The Rupert Table Supply Company P. O. Drawer 1712  
 Phones 211 and 212  
 Universal Trading Co. Phone 376. P.O. Box 1712.