

G. H. Arnold, Notary Public

FOR RENT.—The Martin Block, Third Avenue. A modern two storey building 25x60, and having on the ground floor a store room 24x36, living room, bedroom and lavatory. Upper floor consists of a good 5-roomed flat with bath and two office rooms. Will rent the whole to one tenant or any portion as desired. Reasonable rent.

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Prince Rupert, B.C.
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Gives a Beautiful Interior
Effect and Can be Applied to
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Fishermen!

You need BREAD that will NOT
GO SOUR. We make BREAD that
will NOT GO SOUR.

We Make
SQUARE,
IRISH,
RAISIN,
BROWN, and
RYE BREAD.

INSIST UPON GETTING ELEC-
TRIC BREAD.
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Electric Window Bakeries
Third Avenue.

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DENTIST.
Helgeson Block,
PRINCE RUPERT, B. C.
Office Hours, 9 to 6.
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Open Tuesday, Thursday and
Saturday Evenings.

Ladysmith - Wellington COAL

Bulk on Dock \$12.75 Sacked on Dock ... \$13.75
Bulk Delivered \$14.25 Sacked Delivered ... \$16.00

YELLOWHEAD LUMP

Bulk on Dock \$11.00 Sacked on Dock ... \$11.75
Bulk Delivered \$12.50 Sacked Delivered ... \$14.00

YELLOWHEAD EGG

Bulk on Dock \$ 9.75 Sacked on Dock ... \$10.25
Bulk Delivered \$11.25 Sacked Delivered ... \$12.50

Prince Rupert Coal Co.

PETER BLACK, Agent.

Sole Agent for LADYSMITH-WELLINGTON & YELLOW-
HEAD COALS.
Main Office: Central Hotel.
Phone 15.

RAILWAYMEN IN POLITICS

Matter Discussed by Alberta
Newspaper Which Opposes
Move

The question of railwaymen in politics is discussed clearly by the Edmonton Bulletin which says:

Sir Henry Thornton has re-scinded the famous "Hanna order" which forbade employees of the government railway system to run for public office. What the result will be will depend upon how the privilege thus conferred is used, or abused. So long as nothing more serious follows than that a railway man is here and there elected to a town council there will be no occasion for complaint. But political aspirations are expansive. They cannot be kept confined to the smaller spheres. Suppose a score or so of employees of the National system run for seats in the House of Commons at next election. What will then become of Sir Henry's declaration that there must be no connection between politics and the administration of the National enterprise? The immediate result would be that the railway, the policy of its directorate, and the details of the management would be thrown into the limelight and become an issue about

which the campaign controversy raged. If that would not bring the National system into vital relationship to politics, politicians and political influences, it is difficult to see how that much-dreaded relationship could be established. Would it make for efficiency or discipline in the running of the railway if the policy of the general manager and board of directors were thus kept before the public and subjected to the criticism of the opposition?

Queen Charlotte Land Division.
Take Notice that A. J. Gordon, of Skidegate, B.C., miner, intends to apply to the Minister of Lands for a license to prospect for coal, petroleum and natural gas over and under the following described lands, situated on Skidegate Inlet, Graham Island, Commencing at a post planted at the southeast corner of Section 33, Township 1, then 80 chains north, then 80 chains east, then 80 chains south, then 80 chains west to point of commencement.
Located November 20, 1922.
A. J. GORDON.

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HEART PALPITATED and Was Short of Breath

Through one cause or another a large majority of people are troubled, more or less, with some form of heart trouble.

Many people may be unaware of having anything wrong with their heart till some little excitement, over-work or worry starts it to palpitate and throb, skip beats, beat fast for a time and then so slow as to seem almost to stop, then it causes great anxiety and alarm.

To all such sufferers

Milburn's

Heart and Nerve Pills
will give prompt and permanent relief. Mrs. Alice Bishop, 15 Hawthorne Ave., Hamilton, Ont., writes:—"I take pleasure in recommending Milburn's Heart and Nerve Pills to all persons troubled as I had been."

I suffered from palpitation of the heart and shortness of breath; my heart would skip beats, and in the night, at times, I would have to sit up to get my breath. I could not go up stairs without my heart fluttering, and my nerves were all unstrung, but since using your famous Pills I have felt like a different person."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

which the campaign controversy raged. If that would not bring the National system into vital relationship to politics, politicians and political influences, it is difficult to see how that much-dreaded relationship could be established. Would it make for efficiency or discipline in the running of the railway if the policy of the general manager and board of directors were thus kept before the public and subjected to the criticism of the opposition?

Sit in Parliament

But that would be the beginning and the least of the trouble. If the National candidates got elected they would take seats in Parliament and perhaps hold the fate of the government of the day in their hands. Parliament is the real board of management of the National system, and as of every publicly-owned enterprise and of every department of government. A minority which holds the fate of a government in hand is a powerful force in parliament. It can dictate its will out of all proportion to its numerical strength, and lay down the law for officials great and small. Sir Henry in that case would find himself in the uncomfortable position of having to take orders from men holding subordinate places in the National system—or get out. No doubt under those circumstances he would get out. But meantime, what about the National system being kept aloof from politics and political interference?

If railway politicians are to be allowed, there will be politics in and around the management of the government railway. The thing is inevitable. Human nature among railwaymen is the same as among others. If they aspire to seats in parliament they are going to concern themselves with that branch of the public business in which they think they are best able to deal with, and are going to try to make their views prevail in the direction of the enterprise with which they are connected—to which connection they will feel they owe their prospects or positions. They could not do less and keep faith with their fellow employees whose votes they sought or had received.

Personal Liberty

That a man worked for the government railway has not in the past made him ineligible for a seat in parliament, or for any other position in the gift of the voters. But it was held that, being an employee of a government enterprise, he had personal interests which were inconsistent with representative position, and that if he aspired to the latter he should sever his connection with the railway. No doubt that rule was disappointing to men who wish to try for election but wished also to keep their jobs on the railway open in case of defeat. That, however, is a restriction of personal liberty which men in other callings have to accept. If they wish to serve the public in a representative capacity, a merchant must neglect his business if he wants to run for office, and a wage earner must take chances on getting employment again if he tries for election and fails.

The employees of the government railway are not by the new ruling placed on the same footing as others. They are placed on a different footing. They are given the privilege of quitting their jobs

when an election comes round and going back on the payroll when it is over. There is in that a positive temptation to employees of the government system to become politicians and to thus bring the operation of that enterprise directly and indirectly into relationship with political movements and under influence of political interests. If political interference would be bad for the railway it is a mistake to allow and encourage employees to go into politics and still remain employees.

Cheerful

Ray—Well, I am going over to the hospital to be operated on tomorrow.

May—Good luck to you. I hope everything comes out all right.

—Topics of the Day Films.

Fixing Blame

"Can you keep a secret, Peggy?"

"I can; but it's just my luck to tell things to other girls who can't."

N.Y. Univ. Alumnus.

PRINCE RUPERT TIDES

Tuesday, January 16.

High 1:00 a.m. 19.3 ft.

12:45 p.m. 21.7 "

Low 6:16 a.m. 7.4 "

19:31 p.m. 2.2 "

Wednesday, January 17.

High 1:27 p.m. 24.6 "

Low 7:30 a.m. 7.1 "

20:08 p.m. 2.2 "

DEPARTMENT OF LANDS, NOTICE.

Application For Grazing Permits For The Season of 1923.

Applications for permits to graze livestock on the Crown Range within each grazing district of the Province of British Columbia, must be filed with the District Forester at Cranbrook, Fort St. John, Kamloops, Nelson, Prince Rupert, Williams Lake, Vancouver and Vernon, or with the Commissioner of Grazing, Parliament Buildings, Victoria, B.C., on or before March 15th, 1923.

Blank forms upon which to submit applications may be obtained from the District Foresters at the above named places, or from the Department of Lands at Victoria, B.C.

G. R. NADEN,
Deputy Minister of Lands,
Department of Lands, Victoria, B.C.,
January 14th, 1923.

SYNOPSIS OF LAND ACT AMENDMENTS

Minimum price of first-class land reduced to \$5 an acre; second-class to \$2.50 an acre.

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emption abolished but parties of not more than four may arrange for adjacent pre-emption with joint residence, but each making necessary improvements on respective portions.

Pre-emptors must occupy claims for five years and make improvements to value of \$10 per acre, including clearing and cultivation of at least 1/2 acre before receiving Crown Grant.

Where pre-emption in occupation more than 2 years, and has made improvements, improvements may be made, but must be made within 2 years of receiving Crown Grant.

Records without permanent residence may be issued, provided applicant makes improvements to extent of \$250 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture.

Title cannot be obtained in less than 5 years and improvements of \$100 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years are required.

Pre-emptor holding Crown Grant may record another pre-emption, if he requires land in conjunction with his pre-emption without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesteads, title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes areas exceeding \$10 acres may be sold by the person or company.

Mill, factory or industrial sites on unimproved land not exceeding 40 acres may be purchased on conditions including payment of stumpage.

Natural hay meadows, unenclosed or existing roads may be purchased on condition of construction of a road 1/2 mile. Rebate of one-half of cost of road not exceeding half of purchase price is made.

"FREE EMPLOYERS' FREE GRANTS ACT."

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The one within, which the heirs or devisees of a deceased pre-emptor may apply for title under the Act is extended from one year from the death of such person, as formerly, until one year after the conclusion of the great war. This privilege is also made retrospective.

No fees relating to pre-emption are due or payable by holders on pre-emption records after June 26, 1918. Taxes are remitted for five years.

Provision for return of money advanced, due and been paid since August 1, 1914, on account of payments, seen taken on holders' pre-emption.

Interest on agreement to purchase town or city lots held by members of Allied Forces, or devisees, acquired direct or indirect, remitted from instrument to March 31, 1920.

SUB-PURCHASERS OF CROWN LANDS.

Provision made for issuance of Crown grants to sub-purchasers of Crown Lands, acquiring rights from purchasers who failed to complete purchase, involving forfeiture, on fulfillment of conditions of purchase, interest and taxes. Where sub-purchasers do not claim whole of original parcel, purchase price due and taxes may be distributed proportionately over whole area. Applications must be made by May 1, 1923.

GRAZING.

Grazing Act, 1919, for systematic development of livestock industry provided for grazing districts and range administration under Commissioner.

Annual grazing permits issued based on number range, priority 22 established owners. Stock-owners may form Associations for range management. Free, or partially free, permits for settlers, campers or travellers, up to ten head.

'WINTER ECZEMA' 'CHAPS' & COLD-SORES

KEEN wintry weather brings a host of skin troubles. Cold-sores, chapped hands, unsightly face-sores and blotches, become a source of discomfort and annoyance. To end the trouble and make your skin clear, healthy and flexible, give the face, arms and hands, a nightly dressing with pure herbal Zam-Buk.

Zam-Buk instantly soothes the smarting irritation, it kills disease germs, and quickly heals all soreness, roughness and chafing which, neglected, often develops into eczema or other chronic skin disease. Use also Zam-Buk Medicinal Soap and enjoy real skin health.

This was an obstinate case.

Mrs. Henry Ames, 42, Lyall Avenue, Toronto, says:—"My daughter's face and neck were a mass of eczema. Her doctor prescribed treatment for over two months, but to little avail. I was about to call in a skin specialist when I heard of Zam-Buk treatment rescuing other sufferers from this dread disease. So I got a box of Zam-Buk and a tablet of Zam-Buk Medicinal Soap. In a few days these wrought a decided improvement. Day by day the sores gradually healed, and within a month my daughter's skin was thoroughly cleared of the terrible disease."

FREE SAMPLE BOXES of this great skin remedy! Send 1c stamp (for return postage), give name and date of paper, and address Zam-Buk Co., Dupont St., Toronto. 50c. box, all dealers.



WESTHOLME THEATRE

Tonight, Tuesday, at 7 and 9

METRO PICTURES CORPORATION

presents..

"Turn to the Right"

with All Star Cast

COMEDY.

Admission 15c and 35c.

Kippers

A Substantial

and Nutritious

Breakfast Food

Smoked Daily

by

Canadian Fish & Cold Storage Co., Ltd.

PRINCE RUPERT

King George Cafe

KEEP IN GOOD HEALTH BY EATING GOOD

at the

NEW CAFE

We serve the Best CHOP

SUEY and NOODLES

Cor. 8th Street and 2nd Avenue

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3rd Ave. Phone 457.

To the Housewife--

You Want Good Results When Cooking.

USE

Maple Leaf Flour

And your Cooking will always be A MARKED SUCCESS.

"ONCE USED ALWAYS USED."

A Guarantee With Every Sack.

ORDER "MAPLE LEAF FLOUR" from your Grocer TODAY