

Food instead of flannels

Are you ready for the chilly days? Bodily warmth comes from nourishing, easily digested foods. Piling on flannels will not supply warmth to the poorly nourished body. Shredded Wheat Biscuit served with hot milk and a little cream gives warmth and strength for any kind of weather, and it is just as satisfying for lunch and dinner as it is for breakfast. It is ready-cooked and ready-to-eat. Contains all the bran you need for stimulating bowel movement. Delicious for any meal with sliced bananas or other fruits.



TRISCUIT is the Shredded Wheat cracker—a real whole wheat toast—eaten with butter, soft cheese or marmalades.

The Canadian Shredded Wheat Company, Ltd.
Niagara Falls, Ontario

Shredded Wheat

Local and Personal

B.C. Undertakers. Phone 41.

Mayners, Undertakers. Phone 351.

Interior Pasteurised Milk. Prince Rupert Dairy. Phone Black 216.

All Moose please attend special meeting Wednesday night. Special business. 257

A. R. Barrow has left the city for Telkwa where he will establish for the winter.

Hospital Hallowe'en Dance, Wednesday night, Auditorium. Admission \$1.00. 256

Everybody invited to the Fish Luncheon in the St. Regis dining room to-morrow at 1 p.m. Tickets 75c.

The November 1 issue of McLean's magazine has an article on Thought Transference. Archbishop DuVernet's theory by the editor of this paper.

30 live young turkeys for Thanksgiving arriving November 7. Place your order now and avoid disappointment. Table Supply Meat Department. 257

J. W. Exley has offered the city council \$5 for an old set of scales in the City Market. The offer has been referred to the finance committee for report.

A bylaw authorizing the council to dispose of land acquired by the municipality under tax proceedings were finally adopted by the city council last night.

The city clerk's office will remain open until 11 o'clock on Tuesday night of this week to receive declarations for enrolment on the city's next voters' list. 256

D. J. Matheson, city treasurer, was officially named acting city clerk during the absence of City Solicitor E. F. Jones in the south by resolution of the council last night.

The bylaw to amend the Fourth and Fifth Avenue grading bylaw by eliminating a certain portion of the work on Agnew Place was given its third reading at last night's council meeting.

BULBS—Just arrived in first class condition all kinds of Hyacinths for indoor and bedding out. Narcissus, Tulips, Snowdrops, Chinese Lillies and Crocus, also bulb glasses and bowls. Glennie's near Post office. 11

Mr. and Mrs. R. E. Allen, of Hanall, announce the engagement of their daughter, Kathleen Agnes, to John Whitby Smith, son of the late J. Fred Smith, of Port Clements. The marriage is to take place late in November.

Mrs. P. Melz of Port Simpson is the first native from that place to apply for American naturalization papers. She is now living in Seattle and although transferring her allegiance from this country says she still enjoys reading the Daily News.

Permission was given William Wilson last night by the city council to rent his residence on lot 42, block 9, section 5; built under the Soldiers' Housing Act for six months providing the rentals are paid over to the city to apply on the purchase price of the house.

The city council last night received and referred to the Board of Works for action the following prices for lumber to be used in the patching up of plank roadways: Big Bay Lumber Co., 20,000 feet of 4 by 12 rough spruce, \$27 per thousand; Prince Rupert Lumber Co., 4 by 4's in five foot lengths, \$15 per thousand; boards, \$12.50 per thousand.

A report from the finance committee recommending that no action be taken in connection with the resolution of the city council of Nanaimo requesting that the provincial government give permission to municipalities to devote proceeds from motor vehicle licenses to relief of local improvement street work was accepted by the Prince Rupert council last night.

VISITING HERE WITH MR. AND MRS. MCLEAN

Mr. and Mrs. N. M. McLean have as guests from the Old Country Mr. and Mrs. F. McManus, the former being a brother of Mrs. McLean. They arrived here on Saturday. The McManus family are particularly pleased with the trip which they enjoyed very much. They crossed from Southampton on the Minnedosa.

Mr. McManus has travelled extensively in the East and during the Great War served in the army and also as a pilot in the Royal Air Force in the eastern campaign against the Turks under Field Marshall Lord Allenby.

FUNERAL TODAY

Late Peter Jennings Was Laid to Rest This Afternoon in Fairview Cemetery

The funeral of the late Peter Jennings of Hazelton took place this afternoon at 2 o'clock from the B.C. Undertakers' Parlors to Fairview Cemetery. The local Knights of Pythias lodge was in charge, deceased having been a member of the order. Rev. G. G. Hacker officiated at the chapel and the graveyard service was conducted by C. C. Westaway, chancellor commander, and John Bulger, prelate of the local K. of P. lodge. The pall bearers were John Bulger, H. M. Blake, W. Burken, E. J. Large, Norman Robinson and G. S. Hill. Floral tributes were sent by the Knights of Pythias, Mrs. Ann Ross and Mrs. Glennie.

CHINAMAN GETS THIRTY DAYS SELLING BEER

Tom Pong pleaded guilty before Magistrate McClymont this morning to a charge of selling beer on October 14 to Henry Riggles of the provincial dry squad. He was sentenced to thirty days imprisonment. W. O. Fulton was his counsel.

INSURANCE FOR LIQUOR
VICTORIA, Oct. 30.—The provincial government will receive \$149,526.47 insurance for the destruction of liquor in the warehouse fire here in the old Pither and Leiser building last summer.

TOO LATE TO CLASSIFY

LOST—Airedale puppy. Phone 430.

Union steamer Cardena, Capt. A. E. Dickson, arrived from Anyox and Stewart at noon and will sail for Vancouver and way ports at 5 o'clock this evening.

Departmental accounts as follows were passed for payment by the city council last night: schools, \$838.64; phone and light, \$1,120.79; miscellaneous, \$1,430.79.

Saran Singh, Hindu, was found guilty by Indian Agent W. E. Collison yesterday on a charge of selling liquor to an Indian and was fined \$200 and costs with the option of four months in jail. Evidence was given by Constable Mancoer of Terrace and William Bolton, Indian of Vancouver.

Mah Bon Quen, Chinese, appeared in the police court this morning to answer to a charge of selling intoxicating liquor to wit beer to an Indian, Amos Collison. Evidence was taken and judgment was reserved until Thursday next. Milton Gonzales prosecuted and W. O. Fulton appeared for accused.

HOTEL ARRIVALS
Prince Rupert
W. B. Tirmm, Ottawa; W. M. Nichols and R. L. Brown, Vancouver; M. L. Clark, Georgetown, Central
Matt Smith, Moose Jaw; W. King, C.N.R.

ROCHESTER NOT RUNNING
Ex-Mayor Harry Rochester definitely stated this morning that he would not be a candidate for the mayoralty at the forthcoming civic election.

ANNOUNCEMENTS

Hospital Hallowe'en Ball, October 31.
Adair Garsz Chapter, I.O.D.E., Bazaar, St. Andrew's rooms, Second Avenue, November 7.
Anglican Church Bazaar, November 14.
Presbyterian Church Bazaar, November 21.
Rebekah Bazaar, Saturday, November 24.
Women of Mooseheart Legion Bazaar, Metropole Hall, November 28 and 29.
Royal Purple Bazaar, December 4, Elks' Home.
High School Xmas. Concert, December 20.

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Kodak Film

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Just as you count on Kodak Film, you can count on our developing and printing service. Films carefully developed; prints painstakingly made; work that's right and right on time—that's our reputation.

Ormes Ltd.
THE REXALL STORE.
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For Your

Hallowe'en Party

Invitation Cards
Pumpkin Jack O'lanterns
Black Cats Witches
Masks Hats
Decorated Crepe Paper
Cut Outs Novelties
Orange and Black Crepe Paper
Greeting Cards

McRae Bros., Ltd.

Have You Tried?

Rupert Brand

SOCKEYE SALMON Sandwiches

Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT

Nanaimo - Wellington COAL

DOUBLE SCREENED! LASTS LONGER!
Real Satisfaction. Cheapest in Long Run!
NO SHALE OR ROCK! COAL GUARANTEED!
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CANADIAN NATIONAL RAILWAYS

COAST STEAMSHIPS

SAILINGS FROM PRINCE RUPERT.

S.S. PRINCE RUPERT and PRINCE GEORGE.

FOR VANCOUVER, VICTORIA, SEATTLE, Intermediate Points, Thursday, Sunday, 11 p.m.
FOR ANYOX WEDNESDAY, 10 p.m.
FOR STEWART SATURDAY, 10 p.m.

S.S. PRINCE JOHN.

For Vancouver via Queen Charlotte Islands, Oct. 17, Nov. 3, 17 at 8 p.m.

PASSENGER TRAIN, DAILY EXCEPT SUNDAY.

Leave Prince Rupert 6:45 p.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

AGENCY ALL OCEAN STEAMSHIP LINES.

City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.

UNION STEAMSHIP COMPANY OF B.C., LTD.

Sailings From Prince Rupert.

For VANCOUVER, VICTORIA, Ocean Falls, and Swanson Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday Noon.
For ANYOX, ALICE ARM, STEWART, Wales Island, Sunday 8 P.M.
For PORT SIMPSON and Neas River Canneries, Friday A.M.

J. Barnley, Agent. Prince Rupert, B.C.