Save Fuel in Cooking

The illustration shows an interesting test you should try in your own kitchen. It proves the superiority of good enameled ware for cooking purposes. Take an SMP Enameled Ware Sauce Pan, and a sauce pan of equal size made of aluminum, tin or other metal. Into each pour a quart of cold water. Set both sauce pans over the fire. The water in the SMP Enameled Ware Sauce Pan will be boiling merrily in about five minutes, while the water in the all-metal sauce pan will come to the boil in about eight minutes—three minutes longer. Save fuel in cooking. Use

SMP Enameled WARE

"A Face of Porcelain and a Heart of Steel"

Three finishes: Pearl Ware, two coats of pearly-grey enamel inside and out. Diamond Ware, three coats, light blue and white outside, white lining. Crystal Ware, three coats, pure white inside and out, with Royal Blue edging.

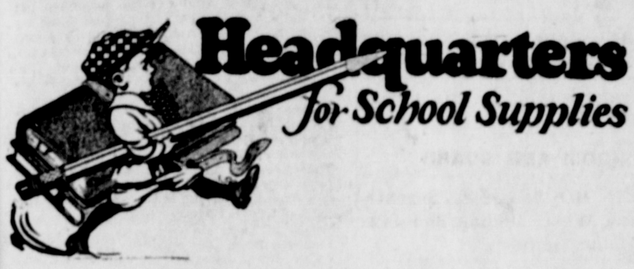
SMP "QUALITY" TRADE MARK

Look for this Trade Mark

THE SHEET METAL PRODUCTS CO. OF CANADA LIMITED
MONTREAL TORONTO WINNIPEG
EDMONTON VANCOUVER CALGARY

167

Local Agent—Thompson Hardware Co., Ltd., Third Ave.



Headquarters for School Supplies

We equip them by the hundreds. Because we have

Books, Bags, Rulers, Loose Leaf Binders and Fillers

in fact everything that an up-to-date book and stationery should have, at prices that satisfy everybody. Call or write for a complete list all books and supplies used in the Public and High School, also Commercial School. Every item is priced to please.

McRae Bros. Ltd

It's The Pace

That Tells

Keep it up, you Fishermen and Moose, and with a spurt these last few days, make your candidate

Miss Adeline Henrickson

"The Little Fishermaiden"

Queen of the Carnival

"Rupert" Brand

Kippers

SMOKED DAILY
by
Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT

Baby cutting Teeth was very Sick

With Diarrhoea

When the baby starts to cut its teeth, especially during the hot weather, then is the time that the poor mother is under the stress and strain of great anxiety.

There is no remedy so safe and effectual, for the teething complaints of infants, as is Dr. Fowler's Extract of Wild Strawberry, no remedy that has had the endorsation of so many Canadian mothers during the past 78 years it has been on the market.

Mrs. C. W. Myers, Clanwilliam, Man., writes:—"My baby girl was very sick with diarrhoea when she was cutting her teeth. I tried several different remedies, but nothing did her any good. She was getting worse when my mother sent me out a bottle of Dr. Fowler's Extract of Wild Strawberry. I gave her a few doses and the next day she was much better, and in a couple more days she was as well as ever.

"New, I always keep 'Dr. Fowler's' in the house and recommend it to all those troubled with diarrhoea."

Price 50c a bottle; put up only by The T. Milburn Co., Limited, Toronto, Ont.

Mr. and Mrs. M. P. McCaffery sailed by the Prince George last night for Vancouver and Victoria.

E. A. Shepherd, A. Butler and H. Tee are booked to sail for Vancouver by the Cardena this evening.

Rev. T. J. Marsh and son arrived in the city last night from Terrace and are registered at the Hotel Prince Rupert.

Charlie Wing, Chinese, charged with suppyling liquor to Indians, was dismissed in the police court this morning. L. W. Patmore appeared for him.

Mrs. G. Couture and two children left on last night's train for Sherbrooke, Quebec. One of the children will be placed in school in the East and will remain there.

Col. J. H. McMullin, superintendent of provincial police, returned to Victoria on the Prince George last night. Inspector T. W. S. Parsons is accompanying him as far as Ocean Falls.

Hester Ryan, Indian, was further remanded for eight days this morning on a charge of intoxication. She is the principal witness in a liquor supplying charge against Tommy Atkins.

Thomas Atkins, charged with supplying liquor to Hester Ryan, Indian, was further remanded for eight days in the police court this morning. A charge of stealing a banjo from Charles Prevost is also to be preferred against Atkins.

Mr. and Mrs. J. A. P. Gibb of Johannesburg, South Africa, who have been in the district for the past few days, are leaving on tonight's train for Toronto. Mr. Gibb has been visiting Stewart and will be back on the Cardena this afternoon.

HOTEL ARRIVALS

Prince Rupert

E. C. Nevison, Vancouver; S. H. Kerr, Vancouver; Mrs. Butler and daughter, Victoria; Mr. and Mrs. Bouchard; W. E. G. McLennan, Toronto; Rev. Thomas J. Marsh and son, Terrace; Tom Moore, Terrace; T. A. Sandison, Haysport; A. Watt, C.N.R.; L. B. Montefiori, San Francisco.

Central

P. Baylis, Brule, Alta.; R. H. Ozburn, Ottawa; Mrs. J. R. Stanyer, R. C. Stanyer and G. A. Stanyer, Burns Lake; M. Gershfield, C.N.R.; P. Sheehan and George Coulter, city.

7¢ a pound

Plus 1c Per Piece.

FLOAT-IRONED
Family Service

All of your washing—80 per cent of your ironing—everything returned dry—

You simply touch up a few outer garments such as waists, blouses, house dresses, with hand-iron.

Phone us today.

CANADIAN STEAM LAUNDRY.
Phone 8.

Local and Personal

B.C. Undertakers. Phone 41.

Mayners, Undertakers. Phone 351. tf

Big Smoker, Elk's Home, Wednesday, Sept. 12.

Brother Bills! Miss May Reid for Carnival Queen.

Football Tonight, 6.45 sharp; S.O.E. vs. Grotto. Gilhuly Cup replay. 1t

J. D. McLeod was an arrival from Vancouver on the Prince George yesterday afternoon.

Mrs. George Bushby returned from Victoria on the Prince George yesterday afternoon.

WHIST DRIVE AND DANCE in Elk's Home, Wednesday, Aug. 29, 8.30 p.m. Everybody welcome.

Save Money! Buy our Nanaimo-Wellington Nut Coal at $13.50 a ton. Albert & McCaffery, Ltd. tf

P. W. Baldwin, C.N.R. auditor, arrived from Vancouver on the Prince George yesterday afternoon.

City accounts for the week ending August 25 totalling $2,913.33 were approved by the council last evening.

The regular meeting of the Trades and Labor Council called for tonight has been postponed until tomorrow evening at 8 p.m.

Mrs. C. A. Kirkendale and family, who have been holidaying in Seattle, returned to the city on the Prince George yesterday afternoon.

Whist Drive and 3 o'clock Dance, Metropole Hall, Wednesday, August 29. Moose and Fishermen. Ladies 50c, gentlemen $1.00. 204

Mrs. D. C. McRae and child, who have been on a holiday visit to Vancouver and Victoria, returned to the city on the Prince George yesterday afternoon.

Mrs. P. Sharley and family, who have been visiting for some time in the Cariboo country, returned to the city on the Prince George yesterday afternoon.

R. F. Armstrong, an official of the Ceylon Government Railways, arrived in the city from the south on the Prince George yesterday afternoon. He will spend a couple of days here and then proceed to Jasper before returning to Vancouver to sail for Australia.

Mr. and Mrs. Reginald Beaumont and family and Mrs. Leys, Mrs. Beaumont's mother, returned on the Prince George yesterday afternoon. Mrs. Beaumont has been visiting several weeks in Vancouver and Mr. Beaumont went to Ocean Falls to meet her.

Miss Mary Gladwell wrote to the city council last night asking that survey stakes removed in the course of grading Fifth Ave. West be replaced so that she may start improvements to her premises. The matter was referred to the Board of Works.

Only one tender was received by the city council last night for the purchase of the old gasoline launch on Shawatlans. It was from W. Smith who offered $87. The bid was referred to the utilities committee. Ald. Perry thought the launch should bring at least $200.

A report from the finance committee recommending that the city do not subscribe to the Municipal Officers' Association and that it be pointed out that the Association had held its last convention at Vancouver thus depriving municipal officers of Northern and Central B.C. of the opportunity of attending was adopted by the city council last night.

On motion of Ald. Stephens seconded by Ald. Macdonald, the city council last night expressed its deep appreciation to all citizens who had assisted in making the reception and entertainment of the Union of B.C. Municipalities delegates last week so successful. The names of Mrs. J. C. McLennan and Dr. J. P. Cade were specially mentioned. A card of thanks will be inserted in the press by the council.

You, Too,

Can have better shaves

If millions of men have found the way to quicker shaves, easier on the skin, you'd want to share their knowledge.

Now you can. We extend to you the same invitation they accepted—by which they discovered the shaving cream that is 5 ways better.

Soap experts for 30 years, it took us 18 months—making 130 experiments—to perfect Palmolive Shaving Cream for you. We ask you to do no more than give it a trial—at our expense. Discover for yourself the 5 advantages that speed up shaving time, and do away with skin irritation.

First, it multiplies itself 250 times in luxurious lather.

This lather softens the toughest, wiriest beard in one minute, without any rubbing.

It lasts, creamy and rich, for 10 minutes on your face.

Each bubble is extra strong-walled—holding hairs erect for easier cutting.

Skin is left soothed, cool, by the blended palm and olive oils.

Millions of men today know how important these things are—how they help. We feel sure you will appreciate them, too, after a trial. So sure that we are staking our reputation with you, on the results.

Ten shaves free—just as soon as you mail this coupon.

FREE
10 shaves
Use coupon

THE PALMOLIVE COMPANY OF CANADA, Limited
Montreal Toronto Winnipeg

Made in Canada

PALMOLIVE
SHAVING CREAM

10 SHAVES FREE
Just fill in and mail to The Palmolive Company of Canada, Ltd., Dept. B-411 Toronto, Ont.
Name.....
Address.....
City.....

2109

New Fall Coats, just arrived. Demers. 205

R. L. Brown sailed by the Prince George last night for Ocean Falls.

Ole Andohl was fined $50 in the police court this morning for drunkenness.

Mrs. George Frizzell sailed last night on the Prince George for Vancouver.

T. A. Sandison, manager of the Maritime Fisheries plant at Haysport, arrived in the city by last night's train.

The tender of McRae Bros. for city printing at $422.25 was adopted by the council last night on recommendation of the finance committee.

Mrs. J. R. Stanyer, R. C. Stanyer and G. A. Stanyer arrived in the city from Burns Lake on last night's train and are registered at the Hotel Central.

A letter from Wrigley's directories asking the city to purchase a 1923 edition for $10 was referred by the council last night to the finance committee.

Ald. Macdonald brought to the attention of the city council last night a case of destitution. Acting Mayor Collart said the finance committee had the matter in hand.

Hamilton Douglas has applied to the city to purchase tax sale lot 75, block 20, section 2 for $150. The application was referred to the finance committee last night.

An invitation to the mayor and aldermen to attend the opening of the 1923 exhibition was received by the council last night from the Northern B.C. Agricultural & Industrial Association and accepted.

Ernest C. Nevison, traveller for Storey and Campbell, wholesale leather firm of Vancouver, arrived from the south on the Prince George yesterday afternoon and is registered at the Prince Rupert Hotel.

The city council last night adopted a report from the finance committee recommending that rate of payment of 7 per cent interest on $155,000 worth of local improvement bylaw debentures be changed to 6 per cent.

No report having yet been received from the Board of Works, the city council last night deferred its consideration of silent policemen for one week. The Board of Works is to get information as to the cost of six silent policemen as compared with the dozen the purchase of which had been recommended.

ECZEMA You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box; all dealers or Edmanson, Bates & Co., Limited, Toronto

Travel East!

SUMMER EXCURSIONS

ON SALE DAILY.

Union Pacific System

The U.P. follows the original western trails covering scenery of the Storied West.

SALT LAKE—The Mormon country.
DENVER—The city a mile high.
CHEYENNE—The Plains country.
THE COLUMBIA RIVER AND HIGHWAY—and many other attractive places.

Double Track—Steel Equipment—Good Meals.

A TRIP IN COMFORT

Have your summer ticket read "U.P." one way.
Ask any railroad ticket agent or write.

FRANK S. ELLIOTT
T., F. & P. A.

UNION PACIFIC SYSTEM — OVERLAND ROUTE

W. H. OLIN
Asst. G.F. & P.A.

UNION PACIFIC STATION
Seattle, Washington

CANADIAN NATIONAL RAILWAYS

COAST STEAMSHIPS

SAILINGS FROM PRINCE RUPERT.
S.S. PRINCE RUPERT and PRINCE GEORGE.

FOR VANCOUVER, VICTORIA, SEATTLE, Intermediate Points, Monday, Thursday, Saturday, 11 p.m.
FOR ANYOX ..... WEDNESDAY, 10 p.m.
FOR STEWART ..... FRIDAY, 10 p.m.
SS. PRINCE ALBERT or PRINCE JOHN.
For Port Simpson and Stewart ..... Monday, 8 p.m.
Vancouver via Queen Charlotte Islands ..... Wednesday 8 p.m.
Skeena River Ports ..... Sunday a.m.

PASSENGER TRAIN, DAILY EXCEPT SUNDAY.

Leave Prince Rupert 6.45 p.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

AGENCY ALL OCEAN STEAMSHIP LINES.

City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.

CANADIAN PACIFIC RAILWAY

CANADIAN PACIFIC RAILWAY

B.C. Coast Services

Sailings from Prince Rupert

S.S. PRINCESS LOUISE, S.S. PRINCESS ALICE.
For Vancouver, Victoria and Seattle,
August 1, 8, 11, 18, 22, 29.
For Ketchikan, Wrangell, Juneau and Skagway,
August 3, 6, 13, 17, 24, 27.
S.S. PRINCESS BEATRICE.
For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River, and Vancouver, every Saturday at 1 p.m.
Agency for all Steamship Lines.
Full information from
W. C. ORCHARD, General Agent.
Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

UNION STEAMSHIP COMPANY OF B.C., LTD.
Sailings From Prince Rupert.
For VANCOUVER, VICTORIA, Ocean Falls, and Swanson Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday Noon.
For ANYOX, ALICE ARM, STEWART, Wales Island, Sunday 8 P.M.
For PORT SIMPSON and Naas River Canneries, Friday A.M.
623 2nd Avenue. J. Barnsley, Agent. Prince Rupert, B.C