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TEA

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THE DAILY NEWS

PRINCE RUPERT - BRITISH COLUMBIA

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H. F. PULLEN, Managing Editor.

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DAILY EDITION

Monday, February 12, 1923.

Feeling Of Optimism
Is Growing Steadily.

The feeling of optimism in regard to the future of the city is steadily growing. Very soon some of the Canadian National Railway officials are likely to be here to look over the ground with a view to deciding how best to use the port facilities and whether improvements or additions are necessary. There is being shown a desire to make this end of the road pay and this desire is showing itself in discussions in parliament and in various other ways. Everything points to a decided increase of interest in this port and its improvement.

One drawback to the place is the lack of power which the city has to offer those who would come to establish industries in the city. There is no great surplus such as would be needed for a paper mill or for any big concern. This is something which will have to be provided for and which the city is not in a position to undertake. The city has its hands full at present in keeping down taxes in order that the owners of property may be able to continue to pay and keep their property. If some big concern could be induced to come here and develop one of the big waterpowers, it would take this matter out of the hands of the city and they would do the rustling for customers to use the power.

Keeping Fit Is
Important Matter.

Are we fit or are we flabby? These are questions we may well ask ourselves. There is a tendency in places like this to forget our physical development and get soft and out of condition. Then it is difficult to get back.

While the facilities for exercise are not as good here as in some places, there are facilities, and even without them, everyone has a bedroom or at any rate a part of a bedroom. There the physical exercises may be taken every morning or evening or both. Ten minutes a day is little enough to give to setting up exercises in order to keep flabbiness away.

Women Need Setting Up
As Much As Men.

Women need setting up exercises just as much as men. They get stout when there is no need of it and they lose their comely form because they do not keep themselves in condition.

Then there are the thin people. They can fill out their muscles by proper exercise and make themselves more presentable members of society. Every girl likes to look her best. Also men like to look their best or there is something wrong with their mentality. We are all members of society and owe a duty to ourselves and to our neighbors to look our best. Especially is this true if we have aspirations to succeed. No successful businessman can afford to go around looking like a slouch and the unsuccessful need sprucing up even more than the successful. Physical development is one of the needs of the day.

It is not necessary to turn handsprings, to play basketball or to climb mountains in order to keep fit, although each of these sports is a good one. Steady systematic exercise each morning or evening in the bedroom before retiring for the night will tend to keep the sparkle in the eye and the glow to the complexion. It is something not to be forgotten or neglected.

Women sometimes say they get enough exercise doing the work of the house. So they may, but most of them do not. They exercise some of the muscles but not enough, of them. There is perhaps more tendency for women to give up than for men. The conditions under which they work in the home are such as to become monotonous and the system needs the toning up that comes from regular exercise.

Severe Kidney Trouble

Mrs. F. Rinehart, Campbellville, Ont., writes:

"I had trouble with my kidneys and very frequent urination. This was followed by pains which at times were severe. The doctor said I had inflammation of the bladder and that an operation might be necessary. To this I refused, and began using Dr. Chase's Kidney-Liver Pills. From the first few doses I felt the benefit. The pains left, urination was corrected, and I have had no recurrence of these ailments."

Dr. Chase's Kidney-Liver Pills

One pill a dose, 25c. a box. All dealers, or Edmondson, Bates & Co., Ltd., Toronto

SECRETARY-RELIGIOUS
EDUCATION COMING TO
CITY NEXT WEDNESDAY

Rev. W. E. Galloway, secretary of Religious Education for Alberta and British Columbia, will arrive in the city from Vancouver on Wednesday. During his stay here several meetings will be held under the auspices of the Anglican, Baptist, Presbyterian and Methodist Churches who are uniting for the purpose of furthering religious work among children. Mr. McLean will also address the High School students and the Rotary Club during the week, and will take part in the services of all the churches next Sunday. He will visit Port Simpson early next week and proceed East from here by rail visiting important points in the interior enroute.

SKATING ENJOYED
AT LAKE YESTERDAYOh Baby and Private Launches
Took Parties Across Harbor

In spite of the cold wind yesterday afternoon, a number of enthusiasts crossed the harbor to the Salt Lake and enjoyed the skating. The bay at the southwest corner of the lake had smooth ice and there were some good patches at the far end. The lake is sheltered from the wind and the sport was much enjoyed. The launch Oh Baby made three trips and a number of private launches carried parties across, among them being the Harla, Sunbeam III, and the Lois M.

OFFICERS OF GIRL
GUIDES CHAPTER

Girl Guides Chapter, Imperial Order Daughters of the Empire, elected the following officers on Saturday afternoon:

Honorary Regent, Mrs. F. H. DuVernet.
Honorary Vice Regent, Mrs. J. F. Ritchie.
Regent, Mrs. R. Blance.
First Vice Regent, Miss S. A. Mills.
Treasurer, Miss Georgina I. Hunter.
Secretary, Miss Constance McMullin.
Echoes Secretary, Miss Margaret Palmer.
Educational Secretary, Miss Lucy Pillsbury.
Standard Bearer, Miss Louise Fisher.

The Man in the Moon
SAYS:-

I SHOULD like to ask if it's true that mamma's boy took cold on the ice yesterday?

ICE is made for skating on, for making indigestibles for children and those who think themselves young, for mixing with drinks, for placing on old jokes so that they may keep fresh, and for placing just as gently in the interior part of a waterpipe in order to prevent water flowing through it. Ice is not for sprawling on.

THE first touch of cold makes all the world akin. It makes everybody crowd around the kitchen stove.

BURNS LAKE

The Burns Lake and Francois Lake hockey teams met last week the result being a 3 all draw. The line-ups were as follows:

Burns Lake — P. Carr, T. E. Kiscock, L. Belton, G. E. Imeson, G. H. McNeill and G. S. Wood.
Francois Lake — T. Jeffery, C. Brennan, W. Jeffery, H. Long, C. Hickey and J. Jeffery.

Mrs. H. H. Kerr has been called to Cereaf, Alta., on account of the serious illness of her mother.

George Chaboose and Johnny Gachen arrived from Bella Coola last week making the trip overland by way of Ootsa Lake.

Provincial police officers seized 58 heavier skins at Houston recently, two days before the season opened. A man named Sidaris has been charged with having them unlawfully in his possession.

Advertise in the Daily News.

TRIAL MARRIAGE
NOT SUCCESSFULSocial Service Council Urges
Abolition of Custom Among
Indians

OTTAWA, Feb. 12. — The social service council in session here heard the report of a committee on trial marriages among the Indians as follows:

There has been brought to the attention of the committee (this year as in former years, the problem of the continuance of the custom of allowing trial marriages to take place on the Indian reserves. When a trial marriage occurs, no special rite is observed except the complimentary exchange of gifts, and nothing is done which is calculated to give the couple a realization of the responsibility of their position. A spirit of irresponsibility is in fact encouraged by a certain public opinion which supports the action of couples, who, after living together some months as man and wife, grow tired of one another and separate, to enter perhaps very soon afterward into new marriage relationships. This custom is the cause of much looseness and profligacy among Indians on reserves. There are few reserves in Canada which are free from the menace to the Indian race which such looseness constitutes. The committee therefore submitted the following resolution:

The Resolution

"Whereas we conceive the objective of government and church work among Indians to be their inclusion in Christian citizenship, and

"Whereas the home is the fundamental unit of national life, and

"Whereas looseness in domestic relationships on the Indian reserves is causing much concern among many of the missionaries of the various churches engaged in Indian work, and

"Whereas much of this looseness has its roots in the trial marriages practised by the natives, and

"Whereas immorality produces disease, physical decay and race degeneracy, and

"Whereas some Indian agents have already rendered excellent service in this matter in their own agencies,

"Be it hereby resolved that we respectfully suggest to the deputy superintendent general of Indian Affairs that a letter be sent out to all Indian agents, setting forth the facts and asking them to use their influence to persuade the people under their care to forsake their old practices in this regard and to adhere more closely to Canadian laws and Christian teaching concerning marriage, for the purpose of preserving and improving the race."

RADIO ENTHUSIAST
IS SMITHERS RANCHERJack MacKay Picks up Music and
Wisdom From Distant Centres,
Gathering It From
Ether

Radio for farmers is the latest idea. Near Smithers a set is being used with good effect, according to the Interior News which tells of it as follows:

The radio set now furnishing delight to the ranch home of Jack MacKay, near Smithers, is not only providing entertainment from the world's great artists and immediate dissemination of all important world news, but it also answers the question often asked since radio was established: "Will the mineralized mountains interfere with the sound waves to a point making the radio impossible in the Bulkley Valley?" They will not, states Mr. MacKay, who nightly reclines in the comfort of his own room and taps the ether for his choice of programs being broadcasted from all important cities on the continent.

From Various Sources

Not only has MacKay picked up the nearby broadcasting stations of Edmonton, Calgary and Vancouver, but he has heard concerts, lectures, theatrical plays and all the general news of the day from all parts of Canada and the United States. On January 25 he heard Bobby Burns concert at Calgary, Minneapolis and at Moscow, Idaho. Each night a half-hour lecture is broadcasted from the State Agricultural College at Tacoma. These are very interesting, says MacKay,

PLAYER'S
NAVY CUT
CIGARETTES

"Greatest Value in the World"

Package of 10 - 20¢
" 20 - 35¢
Enamel Tin - 50 - 90¢
" 100 - \$1.75



the lecture last Thursday advising farmers to treat their seed strains with copper carbonate instead of bluestone or formaldehyde.

Last Monday evening Mr. MacKay picked up the Stettler Hotel, at St. Louis, Mo., and not only was the orchestra distinctly heard, but the voices of the dancers and even the gentle gliding of their feet could be heard in the big auditorium nearly three thousand miles away.

Many Interested

With the adaptability of the radio thus conclusively established a number of citizens of town are now considering the purchase of receiving sets for entertainment and business.

Prosperous advertising means regular continuous advertising.

PRINCE RUPERT ASSESSMENT DISTRICT.

NOTICE IS HEREBY GIVEN that a Court of Revision and Appeal under the provisions of the "Taxation Act" and Amendments thereof and "Public Schools Act" regarding the assessment roll for the Prince Rupert Assessment District for the year 1923 will be held at the Provincial Assessment Office in the Court House Building, Prince Rupert, B.C., on Wednesday, the 21st day of February, 1923, at 10 o'clock in the forenoon.

JOHN DYERHAY,
Judge of the Court of Revision and Appeal.



TIMBER SALE X 4440.

Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 6th day of March, 1923, for the purchase of Licence X 4440, to cut 7,840,000 feet of spruce, cedar and hemlock, situated on an area adjoining Timber Licence 17411, Cumshewa Inlet, Queen Charlotte Islands Land District.

TIMBER SALE X 4315.

Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 16th day of February, 1923, for the purchase of Licence X 4315, to cut 7,518,000 feet of spruce, cedar, hemlock and balsam, situated on an area on the East shore of Beresford Arm, Queen Charlotte Islands Land District.

TIMBER SALE X 4675.

Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 23rd day of February, 1923, for the purchase of Licence X 4675, to cut 2,025,000 feet of spruce, cedar and hemlock, situated on an area adjoining the North Arm of Big Lake, Kilerislie Bay, Range 3, Coast Land District.

TIMBER SALE X 4608.

Sealed Tenders will be received by the Minister of Lands at Victoria, not later than noon on the 5th day of March, 1923, for the purchase of Licence X 4608, to cut 7,204,000 feet of spruce, cedar and hemlock, and 1,659,000 feet B.M. of felled and bucked spruce, cedar and hemlock, situated on an area adjoining the South boundary of Lot 1518, Shannon Bay, Queen Charlotte Islands Land District.

Two (2) years will be allowed for removal of timber.

Try this simple test. Take an SMP Enamelled Ware tea kettle, like the above, and an aluminum or other all-metal kettle of same size. Pour two quarts of cold water into each. Place over fire at same time. The SMP kettle will be singing and boiling merrily when the other is merely simmering.

The SMP Enamelled Ware kettle beats all others for quick boiling. It will save you many minutes every time you use it. Think what this would mean in a year—in time and money saved in fuel bills!

With ordinary care, this SMP Enamelled Ware Kettle will last as long as you. All SMP Enamelled Ware is durable! And pure! Easy to clean! And inexpensive! Ask your local hardware merchant for

SMP Enamelled WARE

Three finishes: Pearl Ware, two coats of pearly grey enamel, inside and out; Diamond Ware, three coats, light blue and white outside, white lining; Crystal Ware, three coats, pure white inside and out, with Royal Blue edging.

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