How to have beautiful hair

For really beautiful and attractive hair, just follow this simple method:

Dissolve a tablespoonful of Lux into a gallon of very hot water. Whisk into a foamy lather. Cool down with cold water, then work the lather through the hair thoroughly, rubbing the scalp briskly with the tips of the fingers. Rinse with fresh water, gradually cooling it. Dry by gentle rubbing—in the sun, if possible—but not with strong heat.

Everybody admires her beautiful hair—

it is so richly luxuriant, soft and silky, and always so delightfully fresh-looking.

And when her friends openly admire it and beg her for the secret of its lustrous beauty, she always smiles and answers, "Really it's so simple. I just shampoo it frequently with Lux."

Try a Lux shampoo the next time and you will be both surprised and delighted with the result. The creamy, soothing Lux lather will leave the scalp fresh and healthy, and will bring out the natural wave and colour in your hair, making it soft, silky and bright-looking.

Sold only in sealed packets—dustproof.

LEVER BROTHERS LIMITED
TORONTO

L310

LAND ACT.

Notice of Intention to Apply to Purchase Land.

In Coast Land District, Recording District of Prince Rupert, and situate Lyell Island, Queen Charlotte Islands, at the head of Atli Inlet.

Take Notice that I, Thomas A. Kelley, of Vancouver, B.C., occupation Logging Operator, intend to apply for permission to purchase the following described lands: Commencing at a post planted on the shore of Atli Inlet, about 4 chains south of the 1 line post of Lot 1077; thence south 11.11 chains; thence east 22.82 chains; thence north 16.27 chains; thence following the high water mark to the point of commencement, and containing [illegible] acres, more or less.

THOMAS A. KELLEY,
Name of Applicant.

Dated September 25th, 1923.

LAND ACT.

Notice of Intention to Apply to Purchase Land.

In Coast Land District, Recording District of Prince Rupert, and situate at Cumshewa, on Moresby Island, Queen Charlotte Islands, and adjoining T.L. 8473 to the south.

Take Notice that I, Thomas A. Kelley, of Vancouver, B.C., occupation Logging Operator, intend to apply for permission to purchase the following described lands: Commencing at a post planted on the shore of Cumshewa Inlet; thence north 3.75 chains, more or less, to the south boundary of T.L. 8473; thence west and following the said south boundary, 41.45 chains, more or less, to the southeast corner of said T.L.; thence easterly and southerly, and following the high water mark of Cumshewa Inlet to the point of commencement, and containing 22.55 acres, more or less.

THOMAS A. KELLEY,
Name of Applicant.

Dated September 25th, 1923.

LAND ACT.

Notice of Intention to Apply to Lease Land.

In Coast Land District, Recording District of Prince Rupert, and situate at Cumshewa Inlet, Moresby Island, Queen Charlotte Islands.

Take Notice that I, Thomas A. Kelley, of Vancouver, B.C., occupation Logging Operator, intend to apply for permission to lease the following described foreshore:

Commencing at the southwest corner of T.L. 8473; thence south 2 chains; thence S.69 11'E., 44.34 chains; thence north 2 chains; thence northerly and westerly, and following the shore of Cumshewa Inlet to the point of commencement, and containing 18.38 acres, more or less.

THOMAS A. KELLEY,
Name of Applicant.

Dated September 25th, 1923.

LAND ACT.

Notice of Intention to Apply to Lease Land.

In Coast Land District, Recording District of Prince Rupert, and situate at the head of Atli Inlet, Lyell Island, Queen Charlotte Islands.

Take Notice that I, Thomas A. Kelley, of Vancouver, B.C., occupation Logging Operator, intend to apply for permission to lease the following described foreshore:

Commencing at a post planted on the shore line of Atli Inlet, about five chains northeast of the southeast corner of Lot 1076; thence S. 84 38'E., 30.36 chains, more or less, to the opposite shore of Atli Inlet; thence southerly, westerly and northerly, and following said shore line to the point of commencement, and containing 53.73 acres, more or less.

THOMAS A. KELLEY,
Name of Applicant.

Dated September 25th, 1923.

PRINCE RUPERT TIDES

Friday, October 5.		
High	9:16 a.m.	16.3 ft.
	21:40 p.m.	17.4 "
Low	3:06 a.m.	6.8 "
	15:29 p.m.	9.4 "
Saturday, October 6.		
High	10:36 a.m.	17.6 ft.
	22:38 p.m.	18.6 "
Low	4:08 a.m.	6.0 "
	16:34 p.m.	7.5 "
Sunday, October 7.		
High	11:20 a.m.	19.0 ft.
	23:29 p.m.	19.7 "
Low	5:01 a.m.	5.0 "
	17:26 p.m.	5.7 "

SOCCER AWARDS ARE PRESENTED

Smoker Given by Football Association in Elks' Home Last Night is Enthusiastic Affair

The smoker given by the Prince Rupert Football Association at the Elks' Home last night for the purpose of formally presenting the various trophies of the year to their respective winners was an enthusiastic and enjoyable affair. About 150 persons were present including the players in the various teams who were the guests of the occasion. George Hill, president of the Prince Rupert Football Association, was in the chair.

The Rochester Shield, significant of the Junior League city championship, was presented to Ralph Smith, manager of the Colts, by James Mitchell.

The Stuart Benefit Shield was handed over to George Kelsey, captain of the Sons of England, by Bert Morgan.

The Sons of Canada, through J Marks, captain, received the Dominion Day Cup from Mayor Newton.

The Exhibition Cup, emblematic of Northern B.C. soccer championship, was presented to the winning Prince Rupert team through George Kelsey, captain, by C. H. Orme, president of the Northern B.C. Agricultural & Industrial Association.

Fred Gilhuly presented the cup bearing his name to George Kelsey for the Sons of England.

The Mobley Cup, significant of city soccer championship, was presented by George Johnstone to Jock Campbell, captain of the Grotto team. Individual gold medals bearing the city coat of arms and the names of the playerss of the champion Grotto team were presented by George Hill to Jock Campbell, George Waugh, P. McGowan, H. Hamilton, James Andrews, Steve Gawthorn, and George Howe. Other medal winners who were not present to receive awards were J. M. Campbell, Sam Erskine, J. Joyce, Alex. Roy and James Jackson.

Neat speeches were made by those presenting the various trophies and those receiving them. The assembly joined in community singing under the leadership of James Mitchell and to the accompaniment of Mrs. Gawthorn between the presentations. Songs were rendered by George Mitchell, Eddie Craggs and J. Sims and a recitation was given by Vincent Meagher. Refreshments were served and the affair broke up about 11 o'clock.

The committee in charge consisted of George Hill, George Johnstone, Bert Morgan, Frank Vickers, Harry Love, George S. Russell and Eddie Craggs.

PREPARING FOR WINTER SPORTS

Unprecedented Interest to be Taken in Games This Year and Several Teams Already Practising

Judging from the ante-season activity that has already commenced at the Methodist Church gymnasium, there is to be an unprecedented interest taken in various indoor sports this winter. Practising teams already have the hall booked up daily both afternoons and evenings. The younger element it seems is going to come more actively into play this year than ever before.

The Trail Rangers, Tuxis Boys and Canadian Girls in Training are all to have teams and the Maple Leafs, ladies' champion team of last winter, started practising last Saturday evening.

The 102nd Battalion is launching a couple of teams—one, it is understood for the Senior League and the other for the Intermediate. They have started practice under the direction of Frank Davies.

C. Woodworth, vice-principal of the High School, is working on the formation of a High School Basketball League. It is the intention to have the games played in the afternoons between the hours of 4 and 6 so that all the students of the school may have the opportunity of participating.

Additional interest in volley ball this year seems apparent. The High School is matching several girls and boys teams and there will be a couple of championship series—one ending at the New Year and the other in the spring.

HOTEL ARRIVALS

Prince Rupert

W. F. Binns, A. E. Noel, A. J. Buttimer, Balmoral; C. A. Mancor, Terrace; M. L. Clark, Georgetown; R. L. Brown, A. Field, John M. Thomson, R. L. Battenberg, A. M. Whiteside and J. Nixon, Vancouver; Mr. and Mrs. R. G. Johnston, Mrs. E. C. Bayliss, Mrs. H. M. Berryman, H. W. Chambers and R. W. Sinclair, Inverness; M. G. McLeod, Forday Forks; W. A. Wattie, Hazelton; A. J. Matheson, Port Edward; W. L. Dass, city; J. E. Duffma, Toronto.

When you buy advertising you buy CIRCULATION, and see that you get it. tf

DISCOURAGE JOY RIDING

Woman Magistrate Says Girls Should be Taught Self-Respect

TELLS OF DRUG TRAFFIC

Judge Murphy Says Eighty Per Cent of Fallen Girls Were Domestics

VICTORIA, Oct. 4.—"Teach your girls not to be grafters. Don't encourage your daughters to look for too many free tickets, joy rides and dances. They always have to pay for them at some time or another. When your daughter stops out too late, find out where she is, or you may be too late."

This warning to mothers was enunciated by Magistrate Emily Murphy ("Janey Canuck"), of Edmonton, in the course of an address before the Women's Canadian Club in which she dealt with women's courts and the drug traffic. Few women in the world are more qualified to speak on these problems than Mrs. Murphy. As the first woman to be appointed a magistrate in the British Empire her experience with women and girl delinquents has been a long one. Her intimate acquaintance with the evils of the drug traffic has been revealed in the expose of its horrors which she wrote under the title of "The Black Candle."

Should Attend Courts

Declaring that any woman who had reared a family had been a police magistrate all her life, Mrs. Murphy observed that the connection between the home and the court was very close in that both were places of education and both places of correction. "Women should attend courts wherever possible; the friends of criminals always attend; the friends of law and order seldom do. It is a sign of interest in public welfare and not necessarily morbidity to attend the courts," commented the speaker.

One-third of the cost of government had to do with the courts, continued Judge Murphy, who said that seventy per cent of the discovered crime went unpunished through non-evidence or appeal.

Her statement that ninety-three per cent of all crimes by boys is theft was startling. She urged the women's organizations to study crime and crime prevention more closely.

"The police court should be looked on as a casualty clearing station where diseases or crime may be diagnosed and remedies applied. It should not be looked upon as a place where so much punishment is meted out for so much crime."

Wide Jurisdiction

Province-wide jurisdiction for women magistrates was advocated by Mrs. Murphy. She holds the magistracy in Edmonton but with jurisdiction throughout Alberta, because a case frequently has its origin in one part and its sequel at a distant place.

The operation of the courts in Edmonton was described by Mrs. Murphy. One of the outstanding features of the woman's court is its follow-up work. Any girl leaving jail is encouraged to retain her self-respect and is assisted to a position instead of being made to feel the hopelessness of her future. Many of them were the victims of ignorance, she said.

Mrs. Murphy appealed to the mothers to see that their daughters dressed modestly. "Teach your girls not to be grafters. Don't encourage your daughters to look for too many free theatre tickets, joy rides and dances. Don't be apathetic. When your daughter stays out too late, find out where she is or you will be too late," pleaded Mrs. Murphy. "Instead of throwing stones at the white slavers, some of us ought to say, 'God be merciful to me a sinner,'" was Mrs. Murphy's trenchant observation, which followed the statement that eighty per cent of fallen girls were in domestic service, not in factories and stores, as often believed.

Women in Senate

That women should have a place in the Senate was Mrs. Murphy's assertion. She recited the many abortive efforts made by women to have certain legislation designed for the protection of girls pass the Senate.

Turning to the drug traffic, the speaker stated that the cure was primarily international. "You might as well try to keep back the ocean with a broom as to try and pass laws to keep back the ocean of narcotics which is sweeping into this country," she declared. "The only way to stop it is to stop all production except for medicinal and scientific purposes."

Child Addicts

Motives of self-preservation, not merely altruism, call for a strong determination on the part of Canadians to fight the narcotic evil, continued Mrs. Murphy, quoting figures to show the ravages of the traffic in the United States. She spoke of a case coming within her purview of a girl of fifteen who had been taking drugs since the age of thirteen, and cited other cases of addicts to show the horror of the situation.

Anticipating the suggestion that her statements were an exaggeration, Mrs. Murphy pointed out that the drug traffic was a secret one, as drug addiction was a secret vice, and there were no narcotic police squade.

Drug Production

Touching upon the production of drugs, the speaker explained the nature of the opium monopoly enjoyed by the Indian government.

There was no narcotic drugs act in India; and while three tons per annum would supply the world's legitimate need of opium there had been produced in India alone in 1921 no less than 1,273 tons of the drug. In the United States the government had stopped all import of opium until it should be ascertained what amount was required for medicinal and scientific purposes.

"Everybody is responsible in some measure for the existence of the traffic," concluded Judge Murphy. "There is only one thing worse than actual participation in the unholy profits of this traffic, and that is a guilty acquiescence in it."

Prosperous advertising means regular continuous advertising

WALK DOWNSTAIRS and SAVE MONEY

Another Special Demonstration

We have arranged to have a representative of The H. J. Heinz Co. present on

Friday and Saturday

To sample to our customers the 57 Varieties of Pure Food Products.

During this demonstration only we will have assorted lots at Special Prices.

Choose your lot (or lots), and if you can't come along to taste these delicious samples, your phone order will have our usual attention.

Lot No. 1—7 Tins Heinz Baked Beans with Tomato Sauce, small, limited to one purchase .. **95c**
Lot No. 2—7 Tins Heinz Cream of Tomato Soup, small, limited to one purchase **95c**
Lot No. 3—6 Tins Heinz Cooked Spaghetti, with Cheese and Tomato Sauce, small. A really delicious luncheon dish **95c**
Lot No. 4—3 Large Bottles Heinz Tomato Ketchup.. **95c**
Lot No. 5—1 Tin Heinz Med. Baked Beans with Tomato Sauce,
1 Tin Heinz Boston Style Baked Beans,
1 Tin Heinz Baked Kidney Beans,
1 Tin Heinz Cream Tomato Soup **95c**
Lot No. 6—1 Med. Oct. Heinz Sweet Mixed Pickles, (or Sweet Mustard or Gherkins),
1 Large Tomato Ketchup,
1 Heinz Baked Beans with Tomato Sauce, small **95c**
Lot No. 7—1 Med. Oct. Heinz Sour Mixed Pickles,
1 16oz. Bottle Heinz Malt White or Cider Vinegar,
2 Small Cream Tomato Soup **95c**
Lot No. 8—1 Med. Gem Chili Sauce, Heinz,
1 Large Tomato Ketchup, Heinz,
1 Med. Cream Tomato Soup **95c**
Lot No. 9—1 32oz. Malt, White, or Cider Vinegar,
1 Med. Oct. Sweet Mixed Pickles **95c**

FRESH MEATS

Our car of fresh meats is now here, and we have some real prices to offer in our meat department.

Pork Spare Ribs, 2 lbs. for **35c**
Pork Hocks, 2 lbs. for.. **35c**
Pork Steaks, per lb. .. **25c**
Shoulder Roast Pork, per lb. taking whole shoulder **20c**
Half Shoulder Pork, per lb. **22c**
Pork Loins, taking whole loin, per lb. **32c**
Loin Roast Pork, piece, per lb. **35c**
Pork Legs, whole, per lb. **30c**
Half Leg Pork, per lb... **35c**
Lamb, whole, per lb. .. **28c**
Side Lamb, per lb. **30c**
Mutton, whole, per lb. **20c**
Side Mutton, per lb. ... **22c**
Beef and Veal prices in proportion.

THE RUPERT TABLE SUPPLY

Three Phones—211, 212, 281.

"THE MOST OF THE BEST FOR THE LEAST"

BENT'S

LADIES' READY-TO-WEAR

Announcement

Velvet Bolivia and Wool Bolivia Coats

A very fine selection of Velvet Bolivia and Wool Bolivia Coats have just been received from the east.

These coats are beautifully tailored in the very latest styles and have exquisite trimmings.

Some with fur collars and cuffs, while others are in plain designs.

These Coats are in all sizes from 34 to 46.

ALSO A FEW LARGE SIZE SERGE TRICOTINE AND SATIN DRESSES. Sizes up to 48. These are remarkably good value.

WE HAVE IN STOCK A FEW WINTER COATS FOR GIRLS.

These are made in hard wearing materials and are just the thing for general knockabout wear.

BENT'S Ladies' Ready-to-wear

Third Avenue. **Opp. Bank of Montreal.**