Hospitality is the simplest of virtues and one of the easiest to practice.

Gather your friends about you in your own home now that the nights are longer and a warm room is more comfortable than porch or veranda.

There are always inexpensive delicacies in food and drink as well as old favorites ready to be served at informal luncheons and suppers.

Games of novelty, charm and skill that will entertain and please your guests appear at this time of year. New music and new books are in the market.

Clothes for your parties need never bother you. The latest vogue or the conservative model is at your command in a hundred forms from shoes to hairnets.

Any new bit of household furnishing, any personal services you may desire to save time and strength, all are provided for.

To keep in touch with all these helpers you need spend only from half an hour to an hour daily with those who advertise in your home paper.

READ THE ADVERTISEMENTS
The Hostess's Friend

TIMBER SALE X 5451.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 25th day of October, 1923, for the purchase of Licence X 5451, to cut 875,000 feet of Hemlock, Balsam, Spruce and Cedar, on Lots 16 and 1275, Range 2, Coast Land District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or the District Forester, Prince Rupert, B.C.

TIMBER SALE X 5505.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 25th day of October, 1923, for the purchase of Licence X 5505, to cut 10,000 Hemlock Ties, on an area adjoining Lot 221, Range 5, Coast Land District.

One (1) year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or the District Forester, Prince Rupert, B.C.

TIMBER SALE X 5559.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 18th day of October, 1923, for the purchase of License 5559, to cut 7,550 Lodgepole Pine and Hemlock Ties on an area situated about two miles from Cedarvale Station, Canadian National Ry., Cassiar District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

TIMBER SALE X 5590.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 2nd day of November, 1923, for the purchase of Licence X 5590, to cut 52,700 Jack Pine and Spruce Ties, on an area situated near Sheraton, Range 5, Coast Land District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or the District Forester, Prince Rupert, B.C.

TIMBER SALE X 5454.

Tenders will be offered for Sale at Public Auction, at noon on the 2nd day of November, 1923, in the office of the District Forester, Court House, Prince Rupert, the timber on Licence X 5454, to cut 58,700 Jackpine Ties and 1,500,000 f.b.m. of Spruce Logs, on an area situated on the Kitsumkalum River, approximately 4 miles west of Lake Francois Lake, Range 4, Coast District.

Five (5) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or the District Forester, Prince Rupert, B.C.

TIMBER SALE X 5429.

Tenders will be offered for Sale at Public Auction, at noon on the 19th day of October, 1923, in the office of the District Forester, Court House, Prince Rupert, the timber on Licence X 5429, to cut 100,500 Jackpine and Spruce Ties, on an area situated on Lakelse Lake, at a point known as Lippett Bay, Range 4, Coast Land District.

Five (5) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

TIMBER SALE X 4701.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 25th day of October, 1923, for the purchase of Licence X 4701, to cut 450,000 feet of Spruce, Cedar, Hemlock and Balsam, on an area situated on the West side of Pitt Island, Range 4, Coast Land District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or the District Forester, Prince Rupert, B.C.

TIMBER SALE X 5538.

Tenders will be offered for Sale at Public Auction, at noon on the 19th day of October, 1923, in the office of the District Forester, Court House, Prince Rupert, the timber on Licence X 5538, to cut 64,000 Jackpine and Spruce Ties, on an area situated on Lakelse Lake, at a point known as Lippett Bay, Range 4, Coast Land District.

Five (5) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

BROKE INTO HOME CHIEF OF POLICE AT PRINCE GEORGE

PRINCE GEORGE, Oct. 16. — Fire Chief McKenzie and Assistant Chief Graham had an exciting time on Monday evening. Chief Carlow was out of the city on a hunting trip to Vanderhoof, and word was brought to the fire hall that some person had broken into his residence. The firemen at once decided to do a little sleuthing on their own account. On arriving at the house they found a front window had been broken in, through which the lock upon the front door could be manipulated.

Chief McKenzie sized the situation up in a glance. Without waiting for assistance he instructed Graham to deploy himself along the front of the building, while he reconnoitered the interior. Inserting his hand through the broken window he turned the latch and stepped fearlessly into the gloomy vastness of the dark room. There was not a sound, and the chief groped around until he located an electric switch. With the flood of light came a whirling sound from one of the rooms, and McKenzie shouted out to Graham that he had his man and to close in. It took some time to capture the intruder but in the end he was neatly trussed and taken over to the fire hall, where he was entered on the record as a full grown grouse.

The bird had come through the broken glass without a scratch. The theory of McKenzie is that Chief Carlow flushed the grouse somewhere in the vicinity of Vanderhoof, but being an orphan the bird decided to beat it for the Carlow residence as the safest place it knew of. It was waiting for the chief on his arrival home.

BURNS LAKE AND LAKES DISTRICT

At the last general meeting of the Burns Lake Citizens' Association it was decided that the association would not attempt to run a skating and hockey rink this coming winter.

It is a cause for satisfaction locally that the school pupils are at last to get the new school building which they are so urgently in need of. Tenders are now being called for the erection of a three-room school with basement.

George McKenzie, former proprietor of a general store of Burns Lake and one of the district's pioneers, accompanied by his wife arrived in Burns Lake on Friday from Los Angeles, Cal. Mr. McKenzie is very incensed over the fact that the customs officials would only permit him to bring his auto over the line for the period of one month. Four other auto loads of U.S. tourists on the same day were turned back at the boundary owing to the same ruling, and as they wished to come up to Central British Columbia they were convinced that the time permitted was too short.

On Sunday night Mike Fenton met with an accident at Francois Lake, being found on the lake shore by A. Anderson, of the Burns Lake Garage, in an unconscious state. He was brought into Burns Lake where Dr. Lang rendered medical attention.

Miss M. E. Carrico and Frank Ramsden were Houston visitors on Sunday.

Mr. and Mrs. George McKenzie are visiting at the Harker Ranch at Colleymount.

Rev. Manson Doyle, Sunday School Supervisor, of Toronto, addressed a meeting of adults and children in St. Paul's Union Church on Sunday night. The address was full of interest to all engaged in Sunday School work and also to the scholars. The Burns Melody Orchestra started the program with several selections. Rev. MacCrimmon followed with a short address and called on S. Godwin to announce the prize winners in the children's garden contest. Twenty-six children were awarded prizes, the first prize being won by Gaylord Stearns.

Burns Lake Citizens' Association is in receipt of a communication from Arthur Wood, general manager of the Taltapin Mining Company, in which he states that active work will be recommenced on the mine north of Burns Lake in a short time.

A petition is now being signed for the formation of a Burns Lake municipality.

IMPOSSIBLE TO GET RELIEF

Until She Started To Take "Fruit-a-tives"

The Medicine Made From Fruit

R.R. No. 1, Everett, Ont.

"I had been troubled for years with Dyspepsia, Liver and Kidney Trouble, and could not get relief until I started taking "Fruit-a-tives". Thanks to their beneficial action, I am in normal health again".

Mrs. THOMAS EVANS

"Fruit-a-tives" alone can give such happy and successful results because "Fruit-a-tives" is the famous medicine made from fruit juices and tonics.

"Fruit-a-tives" is pleasant to take and will always restore the health when taken regularly as directed.

50c. a box, 6 for $2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

SMITHERS

R. L. Gale, who went to Terrace on an inspection of some mining claims, is spending a few days in Prince Rupert prior to returning home.

Mrs. A. Kilpatrick who spent a few days visiting at the homes of her sons, Norman and Jack, returned to Jasper on Saturday last.

The evening classes of the Northern Polytechnic Institute which were scheduled to start here on October 8th, were, for the present at least, a failure, as no pupils put in an appearance with the exception of four enrolled for the commercial course. A special effort will be made to enroll a sufficient number to carry on, but failing the necessary quota, the project will be dropped.

Mrs. C. Reid is now visiting Hazelton.

J. Brunton, who has been confined in the local hospital with pneumonia, has recovered sufficiently to permit of his returning to his home in Winnipeg. He was accompanied by his father who came west on receipt of information of his son's illness.

H. C. Lifton returned from Victoria on Sunday, where he was called by the sudden death of his father.

J. A. Dowling has returned from Winnipeg where he went on vacation.

HOTEL ARRIVALS

Prince Rupert

R. H. Crains, Vancouver; Geo. Walker, Terrace; Mr. and Mrs. G. D. Siles, Buffalo, N.Y.; Dr. G. C. Paine, Telkwa; Mrs. F. R. Brown, Pacific; E. Rognan, Seattle.

Central

Thomas B. Veitch, Victoria; A. King, Remo; W. King, Edmonton; F. Hardisty, Smithers.

Prosperous advertising means regular continuous advertising.

TERRACE NOTES

T. H. Walsh of Dorreen and C. Bingham of Usk were in town on Friday.

Morse Hatt returned from Smithers on Friday.

Dr. Petrie of Hazelton was in town on Saturday.

Mrs. Horwell of Salvus was the guest of Mrs. Sherwood last week.

G. A. Woodland of Prince Rupert was in town Friday.

Mr. and Mrs. Norrington of Prince George moved to Terrace last week and expect to make their home here in the future.

Miss Sprague and Miss James of Usk and Miss Marshall of Hanall made a trip to Terrace Saturday.

Jack Gilbert who has been visiting his parents, Mr. and Mrs. C. R. Gilbert, for the past three weeks, left on Thursday for Vancouver en route to Bellingham, Wash.

Miss Irene Stewart spent the week end with Mrs. Leslie Skinner at Copper River.

Mr. Laing of Vancouver who has been in town on business left Saturday night.

P. R. Skinner of Usk was in town Saturday.

Mrs. Hipsley returned from Rupert Saturday night.

Miss Clayton, a niece of Dr. Clayton, formerly of Prince Rupert, is visiting Mrs. Durham at Usk.

Mrs. Hagan of Vanarsdol was another visitor to Terrace Saturday.

There was a dance at New Town Saturday night and the guests spent a most enjoyable evening.

Mrs. Geo. Little left for Seattle on Thursday.

Mr. Martin is on a hunting trip at Shames.

The ladies of the Catholic Church held a very successful sale on Saturday. In spite of rather unpropitious weather it was well attended.

C. Aubin who has been at Anyox for the past few months has returned to Terrace.

The St. Andrew's Society are reviving a number of the old Scotch dances and a number of rehearsals are being held so the numbers will go off well at their forthcoming dance.

Mr. Arkell who has been in the Rupert Hospital for some weeks, has recovered sufficiently to return to his pre-emption at Kalum Lake.

Most of the farmers here were busily engaged last week in potato digging. The vegetable crops have been excellent this year.

Happy Owings of Kalum Lake is in town.

Those registered recently at the Terrace Hotel are S. A. Philpott, Rupert; M. Mossatt, B. Wilson, Vancouver; E. Dyer, Rupert; T. Robertson, Vancouver; F. G. Aldous, Bridgeton; N. Hughes, Rupert; R. H. Gale, Smithers; Wm. Lloyd, H. E. Goulbourn, Vancouver; John Thompson, Vancouver; J. Blackburn, Vancouver; G. A. Woodland, Rupert; J. W. Nunn, Vancouver; J. F. Splicer, Caughudwago, Que.; Cyril Orme, Rupert; D. McColl, Vancouver; T. Rowsell, W. Laing, Victoria; A. E. Ralph, Hanall; A. Wells, Lakelse Sawmill; W. J. Bartley, Vancouver; Mrs. W. W. Hippersley, J. M. Sugfried, city; C. P. Brown, Seattle; W. Owing, Terrace.

STEWART

The Engineer group of claims on Marmot River have been developed during the summer and the showings there are said to be very good. It is about six miles from the salt water and is 2,600 feet above sea level.

The Chicken Inn was opened a few days ago under the management of Miss Cora Toleffson.

Eugene Murphy, a well known miner, was killed on Friday night by falling from the planked roadway near the boundary line to the rocks below.

At the recent hospital dance the sum of $300 was netted.

At the city council meeting last night a petition was received from Fred Ritchie and 85 per cent of the property owners on Fourth and Fifth Avenues where the street grading has been done asking that a new bylaw be substituted for the one already passed, the new one to provide for construction of a cinder walk instead of plank as at present proposed. The petition was granted and the new bylaw will be prepared in the regular way. The proposed new path will be five feet wide.

TIMBER SALE X 5402.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 26th day of October, 1923, for the purchase of Licence X 5402, to cut 25,000 Jackpine Ties on portions of Section 16 and 17, Tp. 3, Range 5, Coast District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

TIMBER SALE X 5449.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 26th day of October, 1923, for the purchase of Licence X 5449, to cut 25,000 Jackpine Ties on an area situated northeast of Telkwa, Range 5, Coast District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

TIMBER SALE X 5596.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 1st day of November, 1923, for the purchase of Licence X 5596, to cut 17,000 Jackpine Ties on an area adjoining Lot 5682, on the north shore of Francois Lake, Range 5, Coast District.

Three (3) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

TIMBER SALE X 5565.

Sealed Tenders will be received by the Minister of Lands, at Victoria, not later than noon on the 26th day of October, 1923, for the purchase of Licence X 5565, to cut 50,000 Jack Pine and Spruce Ties on an area situated near Perow, Range 5, Coast District.

One (1) year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

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10 for 15c
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A liquor of Gold

with neither the arrogance of wine, the self-consciousness of coffee, nor the simpering innocence of cocoa. That is well-made tea.

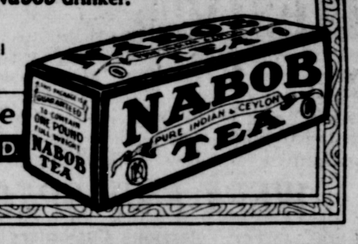
Tea drinker or not, you cannot but enjoy

NABOB TEA

a tea with body and "bouquet"—a golden amber liquid, pleasing to the sight—gratifying to the senses—a potent pick-me-up for mind and muscle.

Tea drinker or not, once you try *Nabob*, you will become a *Nabob* drinker.

Nabob is the password. 31



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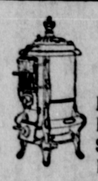

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Canadian Made

As a health builder, Royal Yeast is gaining in popularity every day. It is a food - not a medicine. It supplies the vitamine which the diet may lack. Royal Yeast is highly beneficial in cases where the system seems "run down". Royal Yeast is the richest known source of vitamines, and when taken into the system acts as a corrective agent. Royal Yeast Cakes are recommended for their purity and wholesomeness. It is the purest, the most convenient and economical yeast on the market.

Two to four Royal Yeast Cakes a day will work wonders. A full day's supply can easily be prepared at one time by using one glass luke warm water and teaspoon sugar to each yeast cake. Allow to stand over night in moderately warm room. In the morning stir well and pour off liquid. Place in refrigerator or other cool place and drink at intervals as desired throughout the day.

Send name and address for free booklet" Royal Yeast Cakes for Better Health."

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