

## SICKENING HEADACHES ENDED BY "FRUIT-A-TIVES"

**Effect was splendid when she tried this Fruit Medicine**

East Ship Harbour, N.S.

"For years, I was a dreadful sufferer from Constipation and Headaches, and I was miserable in every way. Nothing in the way of medicines seemed to help me and I was almost discouraged."

Then I tried "Fruit-a-tives" and the effect was splendid; and after taking one box, I can safely say I am well. I feel like a new person in every way and I am deeply thankful to have relief from those sickening headaches".

Mrs. MARTHA DE WOLFE.



"Fruit-a-tives" will always relieve Headaches due to Constipation because they act directly on the liver and cause the bowels to move regularly and naturally. This rids the system of impurities and keeps the blood pure and rich. "Fruit-a-tives" are made of fruit juices combined with tonics, are pleasant to take and mild and gentle in action,

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent by

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### THE DAILY NEWS

PRINCE RUPERT - BRITISH COLUMBIA

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## NEW APPARATUS FOR HOSPITAL

Doctors Advance Six Hundred Dollars Toward Purchase X Ray Machine

All the doctors of the city attended the meeting of the Hospital directors last night, D. G. Stewart presiding, and as a result to divide the fees with the result of their representations and hospital, following an offer to advance Dr. Egger said he had lit \$100 each to make the first to add to what Dr. Kergin payment, the Board last night had said. An X Ray instrument decided to instal such apparatus was no longer a luxury but as is necessary to bring the necessity. The American present X Ray machine up to date of Surgeons had laid down a standard which hospitals must adopt to receive recognition, and it included an up to date X Ray machine. Without it the institution was simply a nursing home. The present X Ray was ten years behind the times. It was impossible to use it except for detecting fractures. The diagnosis of many diseases was impossible with the present equipment. The expenditure of \$1500 should be a paying investment and should also make for greater efficiency at the hospital. He mentioned the matter in 1909 but it was the same old story of lack of funds every time.

The doctors who attended were W. T. Kergin, L. W. Kergin, G. A. Egger, J. P. Cade, H. E. Tremayne and J. A. West, all members of the Medical Association. Dr. W. T. Kergin was the chief spokesman for the Association. He said that a fairly good machine had been installed years ago but it was not complete even at that time and since then many improvements had been made. The doctors had recently discussed the matter and decided to recommend to the board that the sum of \$1500 should be expended to bring the apparatus up to date. Hazelton had a better apparatus than the one here. Also Smithers and Granby were better equipped. This was the only hospital of its size in the province so poorly provided for in that respect. A Coolidge tube and other additions were necessary. At present all they could use the machine for was for bone and foreign body work. They had no method of testing for stomach trouble, kidney stones, gallstones and chest conditions. Patients had to go to Vancouver which proved a hardship for the people who were ill. If they spent \$1500 it would make the apparatus complete but not elaborate. It would then answer

the purpose.

### Would be Revenue

Dr. Kergin said he knew the Board were short of money but this was a necessity. The Victory X-Ray Corporation would instal the apparatus for \$5,000 down the balance to be paid in monthly instalments. What was now a loss to the hospital would then be converted into a re-

turn of the local doctors to specialize in that sort of work Stewart presiding, and as a result to divide the fees with the result of their representations and hospital.

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Dr. Kergin said the matter had been discussed with Mr. Ponton who strongly advised the purchase of Coolidge tubes. The Board was sympathetic to the idea but they did not see where the money was to come from.

### Patients Go South

Dr. West said patients had again and again been sent south in order to get X Ray examinations. Patients had come here from outside points expecting to get treatment but had to be sent to Vancouver. Not to have it was a knock to the town.

Asked what he thought the income from it might be, Dr. Kergin said he thought when it pensive.

## SMOKE OLD CHUM TOBACCO

MANUFACTURED BY IMPERIAL TOBACCO COMPANY OF CANADA LIMITED

got established one patient a day to use it would be a conservative estimate.

S. K. Campbell said they were faced with the possibility of a deficit of probably \$5,000 by the end of the year. The Nurses' home was costing a great deal.

Asked if he had any plan to suggest, Dr. Kergin said the doctors had collectively no money as they had turned in all the association possessed to the Nurses' Home. Individually they could not do much, he did not think the doctors were called upon more than anyone else to put up the money. As a citizen he would do his part.

D. G. McBae said he saw no place they could get the money.

### Make Loan

W. E. Williams suggested that the medical board loan the association the money and that the profits from the apparatus be set aside and used to repay it. He would like to see this hospital have the best X Ray that could be procured but the council had cut down their appropriation and they were building the nurses' home. The board could not tax the patients for it and the alternatives were to borrow or pass the hat. They had already done the latter for the Nurses' home and could not well do it again.

Dr. Kergin said they did not own that much money among them but they would discuss the matter.

The doctors then retired and came back later with the proposal which was adopted and the apparatus will be ordered at once and installed in the basement of the building.

### The Man in the Moon SAYS:

FREE speech may be a blessing but it gets more people into trouble than either drink, gambling or women.

MEN are advised that if they wish to make their pants last they should make the coat first.

PEOPLE who are grouchers are not winners. Give me a winner every time.

POSSIBLY the most difficult thing in the world for most people is to live on the salary they are getting.

IT was an American who advised letting the whiskers grow in readiness for the Christmas neckties. Possibly the advice might also be good here.

ONE danger of keeping wifie at home is that she may try making salad out of cabbage.

PRINCE Rupert people are often puzzled when they go south and hear the auto conversation.

They have to think twice before they realize what is meant by "went to heaven on high."

THERE is only one thing a smoker loses easier than his pipe and that is his temper.

JAKE says there are two kinds of women you can't trust, those with dark eyes and those with light.

TO the average girl a man is like a Ford, a rattling good thing to take you there and bring you back.

HOW can you expect stable conditions around a garage?

A THING of beauty may be a

## STORK SPEAKS TO RATEPAYERS

Interesting Address on Functions and Usefulness of Association is Delivered

Members of the Prince Rupert Taxpayers' Association listened with interest last evening to an address given by Fred Stork, M.P., in which he submitted observations with respect to the functions and usefulness of such an institution in the city. There was a fair attendance at the meeting which was presided over by J. C. McRae, vice-president, in the absence of the president, John Dybahn.

Mr. Stork expressed the opinion that the formation of the Taxpayers' Assn. had been an excellent idea. Many smaller unincorporated communities in the district had their citizens' associations whose work and functions were similar to those of this one. Their principal object was to give guidance and direction to those in authority. Many such associations were having marked success but too often they died out when a city became incorporated. At such a period in a community's life, the speaker felt, a citizens' association could be active to the best advantage. It was at such a time when the greatest opportunities of doing good presented themselves and the association could be of the most value.

Stating that the keynote of a taxpayers' association should be economy, Mr. Stork gave his opinion that many things could have been headed off 10 or 12 years ago for which the city was now sorry if a citizens' organization had been active. Better plank roads could have been built and the present situation in that respect might not have been so serious. As it was, specifications had not been adhered to and the contractors had done about what they wanted.

Like a Company

A municipality was just like a limited liability company, the speaker said, and every taxpayer was a stockholder. All having stock in a common concern, it behoved the taxpayers to see that the best possible service was being given. Waste should be checked and economy should be observed. No matter how efficient and painstaking a council might be it was bound to make mistakes. The taxpayers' association could profitably point out where economies and savings could be effected. Success of a town depended much on economy and appearance and the taxpayers' association might well institute a movement with such objects in view.

Mistakes had been made in the past and many of them were unavoidable, declared Mr. Stork. One of such mistakes was in connection with the materials in the Booth School. It was a magnificent building and a credit to the city but it had been found that brick construction was not suitable here. The provincial government in the erection of the court house had also proved this. There had been too much talk and criticism about the Booth School, when, after all, it was purely the result of experimentation and the same mistake would not be made again.

### Too Much Criticism

Stating that there was an inclination on the part of citizens generally to criticism of public officials rather than assistance, Mr. Stork urged the Taxpayers' Association to avoid such tactics. It was on account of them that it was so difficult at this time to get the best men to enter the sphere of municipal service. Urging that political feelings be kept out of municipal affairs, Mr. Stork stated that he knew of nobody that was better equipped to offer nominations for civic office than the Taxpayers' Association. Its members paid the piper and they should be the judges of those who could best serve them.

In thanking Mr. Stork on behalf of the association, Vice-president J. C. McRae referred to the fact that \$100,000—or twenty per cent of the city's total revenue—had been paid last year for the operation of the schools.

### General Discussion

F. W. Hart suggested that committees might be appointed to make investigations into various civic matters. W. J. Kirkpatrick had some suggestions to offer in connection with plank roads and Mrs. Kirkpatrick re-



## Fortify Now

Against the sudden changes of temperature which are such a shock to the system

MILD one day, cold the next. Warm and dry indoors, cold and damp outside. These sudden changes waste vitality at an enormous rate.

If the benefits of summer temperature and outdoor life are to be maintained it is necessary to fortify the system against this strain of sudden change of temperature.

The fresh air, the more natural foods, the exercise you take in the summer time help to get your blood rich and your nerves steady.

How to retain this benefit to your health is the problem now confronted.

It is worth while to try to keep well and there is nothing like Dr. Chase's Nerve Food to help you.

If you are down it will help you up, but it is so much easier to keep well than

to get well that we like to dwell on this side of the picture.

Disease germs are harmless to a body strong enough to fight them—to a body supplied with an abundance of rich, red blood.

Instead of becoming an easy prey to coughs, colds and all sorts of contagious diseases you find that you have the reserve strength to fight them off and to feel that you are master of your health.

By fortifying your system you also protect yourself against worry, for worry is fear of the future and nothing is so trying on the nervous system.

Begin to-day to store up vitality in order that you may fight the battle for health all through the trying weather and win. You will not follow this treatment long before you will realize that you are feeling stronger and better and enjoying life as only one can when health is at the high water mark.

## Dr. Chase's Nerve Food

Pours into the blood the very elements which are necessary for the creation of new nervous energy, new vitality and good health. 50 cts. at all dealers or Edmanson, Bates and Co., Ltd., Toronto.

ferred to chimneys which were letter of notification of their proposal for Fifth Ave. causing annoyance to neighbors, assessment under the grading letter was filed.

Mrs. W. Keith urged that

sidewalks be put on Fifth Ave. East in connection with the rough grading program.

Ald. Munro replied that final plans were not yet made in connection with this work.

The whole matter of sidewalks was being deferred in the meantime as it was not definitely ascertained yet as to how they were to be paid for. He had urged that, though the sidewalk be on one side of the street, both sides should pay for it. He did not know, however, whether this could be arranged under the Municipal Act.

The hospital board at their meeting last night heard read a

### SHERIFF'S SALE.

In the Supreme Court of British Columbia, Alice Arm, Mineral and Development Company Limited, Plaintiff, Oscar W. Gray and Marie L. Gray, Defendants.

By virtue of a Warrant of Execution issued in this action and directed to me I have seized the interest of the defendants in their Wild Rose, Wild Rose No. 1, Wild Rose No. 2, Mountain Goat, Bay View, Moonlight and Keystone Fraction, which said interest I will offer for sale by Public Auction at noon on Wednesday, the 19th day of December, 1923, at 2:30 in the afternoon. Terms: Cash.

JOHN SHIRLEY, Sheriff, County of Prince Rupert, B.C.

Dated at my office November 9, 1923.

## Ingersoll

### 60 Million Sold



Maple Leaf \$2.00

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WHAT a tribute to any article to say that more people have chosen it than any other!

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