

### When Exposed to Air

tea loses its freshness and flavor.

# "SALADA" TEA

For that reason is never sold in bulk.

### THE DAILY NEWS

PRINCE RUPERT - BRITISH COLUMBIA

Published Every Afternoon, except Sunday, the Prince

Rupert Daily News, Limited, Third Avenue.

H. F. PULLEN, Managing Editor.

#### SUBSCRIPTION RATES:

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#### TELEPHONE 98

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Transient Advertising on Front Page. . . . . \$2.80 per inch  
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Member of Audit Bureau of Circulations.

DAILY EDITION

Friday, September 21, 1923.

#### Great Opportunity For This City.

The coming of the grain commission to this city was a great opportunity for local people to get their case before the authorities in the East. The committee in charge of the presentation of evidence did good work in having it placed before them in an authoritative manner by men whose word could not be controverted. The result should be decidedly beneficial to this city. If the commission finds that the development of Prince Rupert will be of benefit to the farmers of the prairies and that it will be a good point from which to ship grain it will strengthen the local case for an elevator very materially.

Prince Rupert people did their best to entertain the visitors as well as possible and the visitors did their best, men and women, to show their appreciation of local hospitality. The Rotary Luncheon and the trip on the water in the afternoon were the climax of a very pleasing experience.

#### Redeeming War Loans Easy.

The redemption of war loans is proving rather an easy matter, judging from the despatches that come from the east. The rate of interest is dropping and the demand for good securities is steadily on the increase. Happily, in spite of the campaign being carried on by an eastern newspaper in a series of articles headed "The Whisper of Death," the credit of the country is not only good but improving. The credit of the provinces is good and if the affairs of the country continue to be conducted wisely, there is no reason to fear financial calamity. To keep the credit good there must be rigid economy, however, and a strict attention to business.

#### Many Accidents In United States Navy.

Accident seems to follow accident in the United States navy. If it were the British navy we should say the officers were inefficient but it might not be polite to say that of a neighbor country. At any rate there is an awful catastrophe when half a dozen destroyers pile on the rocks close together in a fog off California, another collision takes place near the same spot within a few days of the former and yesterday the wire brought news of the Arkansas being rammed by a destroyer. In every case the naval men were apparently to blame.

War ships are not much good unless they can be navigated under difficult conditions. If had mistakes are made in peace time, what is to happen in time of war? It looks to an outsider as if the United States would have to make some very thorough investigations into the training and discipline of her naval officers if she is to have any influence as a naval power.

#### Yukon Closing And East Will Follow.

Navigation on the Yukon is closing and very soon the rivers and lakes in the east will follow suit and then there will be no way of getting out of Canada eastward except by the Atlantic ports of Canada or the ports of the United States. That is where the west has the advantage. The shipping ports of the west are open all the time. There is no suspicion of either Vancouver or Prince Rupert harbors being closed by ice. That is one of the strong reasons why grain should be shipped out this way instead of being held in the elevators at the Great Lakes or shipped by rail from an American port.

### Looking Forward

The more you think about the future, and about Opportunity and Success, the more enthusiastic you become about being a money saver.

If you have mastered the art of saving, you can forecast with reasonable accuracy how much of a fortune you will be in the days of opportunity which are drawing near.

"Double your Savings; IT CAN be Done."

## UNION BANK OF CANADA

Prince Rupert Branch A. T. Broderick, Manager

### GRAIN INQUIRY COMMISSIONERS SPEAK AT ROTARY LUNCHEON IN HAPPY VEIN ON LOCAL PROBLEMS.

(Continued from Page One.)

Prince Rupert was as big a place as it proved to be. He was also struck with the fishing, lumbering and other possibilities and the more or less permanent trade that was bound to be developed with the prairies from this port. He wondered if local people should not try to increase the demand for fish on the prairies.

With all the advantages this place seemed to have, as indicated by the evidence that morning before the commission, he said he wondered why no elevator had been built here by private capital. He supposed a grain man would have to be imported and there would have to be specially trained businessmen who could buy and sell grain. Capital was slow to come until it was shown the advantages but was keen to come to any place once it was shown the way. He predicted that the port which had the advantages would eventually pull its weight. The bringing in of business was an important factor.

In regard to capital, Dr. McGibbon said he wondered if the western provinces by heavy taxation had not almost come to the point where they scared capital away. He was struck by the knowledge in England of the conditions here. He wondered if there was not danger in searing away capital by the laying down of too many regulations, and instanced one case in northern Alberta where Fort McMurray was sidetracked because real estate was held so high there that the railway could not afford to go there. Now the opportunity was lost. In developing the country there was a period before the flow of capital took place and yet on it lay the future of the north country, that last great west.

#### Dean Rutherford

Dr. Rutherford, dean of the University of Saskatchewan told of the struggle it had been to make Saskatchewan a great province. It was the keystone province of Canada, the banner produced a lot of livestock. The first settlement took place there in 1882 and many difficulties had to be overcome before it made progress. They had the weather to contend with, but a variety of wheat was discovered by scientists that while producing good hard wheat ripened ahead of the frost. When the province was formed it had a handful of people twenty years ago and raised only two or three million bushels of grain a year. In 1916 this increased to 150,000,000 bushels and this year it was estimated the crop would be 250,000,000 bushels. The great difficulty today was finding a market for the tremendous production. The commission was trying to cheapen the cost of production to the men who were laboring on the farms.

The Dean said they envied Prince Rupert her harbor, her islands and forests. The rainfall here, which he understood was at least five inches greater than Vancouver would be welcome there. If they got fifteen inches in the year nine inches of which was in June, July and early in August they had no complaint to make. They had to fight difficulties just as the people of Prince Rupert would have to fight difficulties.

#### J. G. Scott of Quebec

J. G. Scott, a former railway railway builder and manager, spoke very enthusiastically of the future of the prospects of this part of the country. He said: "Judge Turgeon, who has just addressed you, is chairman of the Royal Commission on Grain, and has given you all the information possible as to the work of that Commission, so I shall confine my remarks to a few thoughts as to the connection between the old east and the new west, which is now offered by the band of steel which has been forged by the building of the government railway from Quebec to Prince Rupert. That railway, which owes its inception and its northern location to the wise direction of Sir Wilfrid Laurier, Sir Charles Fitzpatrick and that great railway man C. M. Bays, is the best of all transcontinental railways of America, in point of gradient, curvature and solid construction, and in my humble opinion should be one of the most cheaply operated of all roads.

Quebec, its eastern terminus, is 500 miles closer to Liverpool than New York is, Prince Rupert, its western terminus, is nearly



Carnation gives complete milk and cream service—the only milk supply needed for your household.

CARNATION MILK is just pure milk—100 per cent cows' milk. It contains all of the food elements in the fresh whole milk.

Nothing is added to Carnation, not even sugar. Only part of the natural water is removed to reduce the bulk and give you doubly rich milk in convenient-sized containers. Carnation is then sterilized (heated) to keep it pure and absolutely safe.

Removal of part of the water leaves twice the proportion of cream in Carnation as in whole milk. Thus Carnation is twice as rich as ordinary milk. For cream purposes, use it as it comes from the tin; for whole milk, put back the water we removed (equal parts); for cooking uses add from 3 to 4 parts of water.

The high quality of Carnation is due to the excellence of the fresh whole milk and to our extreme care and long experience in preparing Carnation by the most modern sanitary methods.

Thousands of Canadian housewives are using Carnation because they have found it the economical and dependable Pure Milk Service.

You, too, will find that Carnation Milk is just "100 per cent cows' milk," rich, safe, convenient, economical. Order a supply from your grocer today and learn the food value of Carnation for all of your daily milk and cream needs.

"—from Contented Cows" Made in Canada

### My Favorite



### Recipes

By Mary Blake

**Cream of Spinach Soup**  
2 tablespoons flour, 2 tablespoons butter, 2 cups boiling water, 1 quart spinach or 1/2 pound, pepper, 2 teaspoons salt, 2 cups water, 1 cup Carnation Milk.  
Wash spinach thoroughly and cook 30 minutes in boiling water. Drain and rub through sieve. Melt butter, add flour, then milk, and cook 5 minutes; add the spinach and season with salt and pepper. This recipe serves six people.

**Scalloped Potatoes**  
1 tablespoon salt, 4 medium sized potatoes, 1 1/2 cups water, 3/4 cup Carnation Milk, 1/2 tablespoon butter.  
Wash, pare and cut potatoes in thin slices. Put a layer in buttered baking dish, sprinkle with salt and dredge with a small amount of flour. Add milk and butter and bake until potatoes are soft. This recipe serves six people.

**Cream White Sauce**  
2 tablespoons flour, 1/2 cup Carnation Milk, 2 tablespoons butter or substitute, 1/2 teaspoon salt, 1/2 cup water.  
Melt butter or butter substitute, add flour and stir until thoroughly mixed. Add the milk and cook about five minutes or until the mixture thickens, then add seasoning. This recipe makes one cup of white sauce.

**Creamed Cauliflower**  
1 head cauliflower, 2 cups cream white sauce.  
Remove outer leaves, soak thirty minutes in cold water with the head down and cook with the head up, twenty minutes or until soft. In boiling salted water. Drain and heat in the cream white sauce. This recipe serves six people.

**Fish Souffle**  
2 cups fish, 1 1/2 cups white sauce, parsley, 2 eggs beaten separately.  
Flake the cooked fish and season. Cool the white sauce, add the fish then the well beaten yolks and mix. Fold in the whites of eggs beaten stiff. Bake in buttered individual baking dishes or in a pudding dish set in a pan of hot water. Bake twenty minutes or until puffed and brown. Serve immediately. This recipe serves six people.

If you desire a recipe for any special dish, I will try to send it to you. Address me care Carnation Milk Products Co., Ltd., 134 Abbott St., Vancouver, B. C.

Mary Blake

Domestic Science Dept. Carnation Milk Products Co., Ltd., 134 Abbott St., Vancouver, B. C.

500 miles closer Japan than any other seaport on the Pacific coast. The country through which it runs finishes in northern Quebec and Ontario and in northern British Columbia, the material for the paper trade, now almost the greatest of Canadian industries, and in the three prairie provinces, the product of the greatest wheat fields of the whole world. How can there be any doubt as to the future traffic of such a road? It is true it is a road in the far north, 500 miles from the United States boundary, and remote from the centres of population. But it is in the north that the future development of this great country of ours is to be looked for, and it is already taking place.

**Development of North B.C.**  
The division between Quebec and Winnipeg 1350 miles in length was derided by the majority of the people, as being premature, and as being unlikely to have any traffic whatever. But the new settlers went in, pulp and paper mills sprang up, as if by magic, and last year the critics were astonished to find that this new road had earned fifteen millions of dollars.

"It will be the same with your end. The Bulkley and Skeena valleys will get settled up, lumber and paper industries will be created, mineral deposits will be developed, and the great coal field of the Groundhog on the upper Skeena, the only real anthracite west of Pennsylvania, will soon be sending its valuable smokeless fuel to bunker your steamers at Prince Rupert.

"Perhaps I am not disinterested in making this latter statement, because I happen to be one of a number of Quebec men who have acquired interests in the Groundhog anthracite, and in the fertile lands of the Bulkley Valley. But we are all fervent believers in the future of these great resources and of your north country.

#### Wonderful Sail

We have just arrived here from Vancouver on one of the fine steamers which do credit to your maritime people, thus enjoying a coasting trip sheltered from end to end—practically inland navigation for 500 miles, through some of the most imposing scenery that is to be found in the world. There is nothing to compare with this trip on the Atlantic coast, and it must eventually bring you thousands of tourists.

### LADIES HELP WORK OF RIDLEY HOME BY DONATING GROCERIES

There was a large turnout of ladies yesterday afternoon at the second cottage of the Ridley Home group where a grocery and provision show took place. The affair was most successful and there were many splendid donations. Tea was served in the course of the afternoon by Miss D. Gillett and Miss A. Thomas, the matrons. Miss R. M. Davies, Miss West and Mrs. C. W. Honer. The trustees were in charge.

Many complimentary remarks were made by the visitors as to the work that is being carried out at the home. The two cottages now in operation have been neatly finished and in them is being conducted a very necessary work. Eleven children are now attending the home and sixteen are booked. This will fill the two cottages now completed. A third is in course of construction and

## Prince Rupert CIGAR STORE

"The Service Store."

WE CASH CHEQUES.

Agents For:—

### N. and S. ENGINES

Terms Arranged To Suit Purchasers. Phone Blue 91.

## DENTISTRY

Dr. Jos. Maguire

Rooms 7, 8, 9 Smith Block

Office Hours, 9 to 9

Phone 575

Lady Assistant

will be opened before Christmas. The next work will be the erection of a central kitchen and dining room, after which two more cottages will be built, finishing the plant as now proposed. It will then be possible to accommodate fifty children. This program will be carried out as soon as the money is available. Mitchell & Currie have charge of the construction and a good deal of material from the old home at Mellakatta is being used. Fred Scadden is doing the painting.

Prosperous advertising means regular continuous advertising.

#### TENDERS WANTED.

Sealed Tenders will be received by the City Clerk up to 5 P.M. Monday, October 1st, for the fitting of approximately 2500 lineal feet, for 8 inch water main on First Ave. Full information and form of tender may be had at the office of the undersigned. Tenders to be marked on the outside of envelope "Tender for Ditching." Lowest or any tender not necessarily accepted.

P. W. PEARSON, City Engineer.

## LOGGERS' CLUB

Situate in the old Empress Hotel Building. Rooms to Rent by Day, Week or the Month. Steam Heated. Hot and Cold Water. POOL TABLES. First-class Restaurant in connection. James Zarelli - Proprietor.

## St. Regis Cafe

Prince Rupert's Leading Restaurant. A Bakery Unsurpassed. Third Avenue.