Central Interior

Terrace

Mr. and Mrs. J. Hall of Banff, Alberta, left by car after spending the past 10 days visiting with her sister-in-law, Mrs. W. S. Anderson. Accompanying them were John Anderson, brother of the late W. S. Anderson, who has been spending a short vacation in Terrace.

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H. Joyce, manager of Kelly, Douglas Co. at Prince Rupert, was in Wednesday and Thursday of this week on business.

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C. Baxter left by car for Prince Rupert on Saturday where he will seek medical attention. His wife accompanied him on the journey.

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George Atkinson has been appointed as caretaker and janitor of the new hospital, his duties to commence immediately.

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The last word is that the Terrace Hospital will definitely be opened by September 15.

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Ed. Kenney was in town on Saturday for supplies.

* * *

William Teston came down from his ranch at Mud Lake at the week-end.

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Miss Marie Banta, who is one of the employees at Goodacre's Grocery in Smithers, spent the last two weeks holidaying at Campbell's Cabins.

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On August 14 the directors of the Credit Union held a meeting for the first time in their new building on Greig Avenue. It was formerly an army building and must have extensive interior alterations before it is ready for use.

* * *

Colleen Whalen returned on Thursday night from Edmonton where she has been visiting her grandmother.

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On Thursday Spencer's Garage delivered a logging tractor to Ralph Matthew's mill at Lakelse Lake.

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S. M. Cameron and George Tate, field men of the Standard Oil Co., drove in to Terrace on Thursday on routine business and later drove on to Prince Rupert.

* * *

Mitchell & Currie, contractors of Prince Rupert, have installed a big electric sign at Spencer's Garage. This is the first sign of its kind in town and will be quite an acquisition on Lakelse Avenue.

AIR PASSENGERS

For Vancouver—R. C. McCorkell, O. K. Anderson, R. T. Smith, P. De Jong, J. M. Holtby, Mrs. L. Nichols, Mr. and Mrs. J. H. Tingle, R. Erwin, Mrs. Stratton and infant.

From Vancouver (Monday)—Don Eby, Mrs. B. Dodds, Miss Peggy Clee, William Long, J. B. Sargent.

Don Eby returned on Monday afternoon's plane flight from a holiday trip to Vancouver.

Seasonable Ideas for Housekeepers

FROZEN FRUITS IN SEASON ARE TEMPTING THESE DAYS

A hostess that is cool, both figuratively and actually is always a social success. The summer luncheon built around a salad is successful, particularly if the salad is made with crisp fresh vegetables or luscious fruits in season.

Salads may be every day fare or party specials, for with careful preparation, harmonious and appropriate dressing the plainest salad may be a culinary triumph. It may so easily be a limp, watery and even gritty plate of greens if the cook is careless. Several thorough washings assure freedom from foreign matter and refrigeration prevents wilting.

It is really a joy to create a salad that is beautiful to look at and a pleasure to eat.

Fruit salads are popular with the bridge club or the sewing circle. Cool, delicate, colourful fruit salads are ideal for main course if cottage or other cheese is used to make it more substantial. With a sweet dressing the fruit salad becomes a cool refreshing dessert to follow a souffle or cold meat plate.

Now is the time to make the most of these fresh foods while the season is at its height. Home Economists of Agriculture suggest trying these three cool salads.

FROZEN FRUIT PERFECTION

1 package cream cheese
½ cup salad dressing or mayonnaise
Dash of salt
1 tablespoon sugar
1 cup whipping cream
1 cup sliced peaches
1 cup diced cantaloupe

Mash cheese with fork and beat until smooth, add salt and sugar. Blend with dressing. Whip cream and fold in cheese mixture, add fruit, pour into freezing tray and freeze until firm. Serve on crisp lettuce. Yields to 8 servings.

Cauliflower Carrot Salad

1½ cups thinly sliced raw cauliflower (about 1 lb.)
1½ cups shredded raw carrots (about ½ lb.)
1 cup cottage cheese
Salt and pepper to taste
Mayonnaise or thick sour cream
Lettuce or other greens

Combine the cauliflower, carrots, cottage cheese, salt and pepper. Add enough mayonnaise or sour cream to moisten and toss together lightly. Serve on lettuce or other greens. Yields six servings.

Cabbage and Celery Seed Salad

cups finely shredded cabbage
½ cup finely chopped green or sweet red pepper
Cream salad dressing (see recipe below)
Salt and pepper to taste
Lettuce
½ tablespoon celery seed

Mix cabbage and chopped pepper, moisten with salad dressing and season to taste with salt and pepper. Pile lightly on crisp lettuce leaves, sprinkle top of salad with celery seed. Six servings.

CREAM DRESSING

½ teaspoon salt
¾ teaspoon dry mustard
2 tablespoons sugar
1 teaspoon starch
2 egg yolks
¾ cup light cream (about 10%)
¼ cup vinegar

Mix salt, mustard, sugar and cornstarch in top of double boiler. Blend in egg yolks. Add cream. Place over hot water and cook slowly adding vinegar gradually. Stir until thickened. Cool and serve on cabbage or other salad. Yield about 1 cup.

Advertise in the Daily News

Chinese Seize UNRRA Supplies

PEIPING, (AP)—Harland Cleveland, China's UNRRA director, said today that government forces which captured Szepingkai from Chinese Communists subsequently commandeered a warehouse full of UNRRA supplies and sold or parcelled out the entire consignment. The director has written a formal protest to the nationalist government.

Wheat Payment For Farmers of West

OTTAWA (CP)—The federal government will recommend to Parliament at next session that the initial wheat payment to western producers of $1.55 per bushel be given another boost, the Canadian Press learned authoritatively today. If the increase goes through it will be retroactive to August 1, giving the farmers a substantial rebate on wheat shipped to Britain thus far.

Five-Day Week Proving Costly

LONDON, (AP)—British coal, including that shipped as cargo or bunkers, will go up four shillings a ton in price next Monday, the coal board announced today. Further increases will be made when rail freight-charges go up in October. The chief cause is the miner's five-day week, it is announced.

Terrace Theatre
Matinees on Tuesdays and Wednesdays
Fridays and Saturdays at 8 p.m.
Saturday matinee at 2:30 p.m.

TUESDAY, AUGUST 26
"BEHIND THE MASK"
with Kane Richmond and Barbara Reed.
WEDNESDAY, AUGUST 27
"IN FAST COMPANY"
Bobby Jordan and Jane Randolph.
with Leo Gorcey, Huntz Hall.
THURSDAY AND SATURDAY
August 29 and 30
"MISS POLLY"
with Zasu Pitts, Slim Summerville, Kathleen Howard, Brenda Forbes, Elyse Knox and Dick Clayton

CABINS
Skeena Bridge Tourist Camp
(One Mile East of Town)
Box 13 Terrace, B.C.

TERRACE Transfer & Taxi
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WE MEET ALL TRAINS—SERVICE TO ANY POINT IN THE DISTRICT
(H. Smith)
P.O. Box 167 Terrace

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Phil's Cafe
Lakelse Avenue Terrace, B.C.
BREAKFAST — LUNCH — DINNER AND BANQUETS
Serve: Tasty Food Fine Pastries Quick and Courteous Service
Proprietor, Phil Tetrault

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SEE OUR TWO FLOORS
LADIES' WEAR
YARD GOODS
MEN'S WEAR
GROCERIES
THE SKEENA MERCANTILE
TERRACE

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Firestone Tire & Rubber Co. Ltd.
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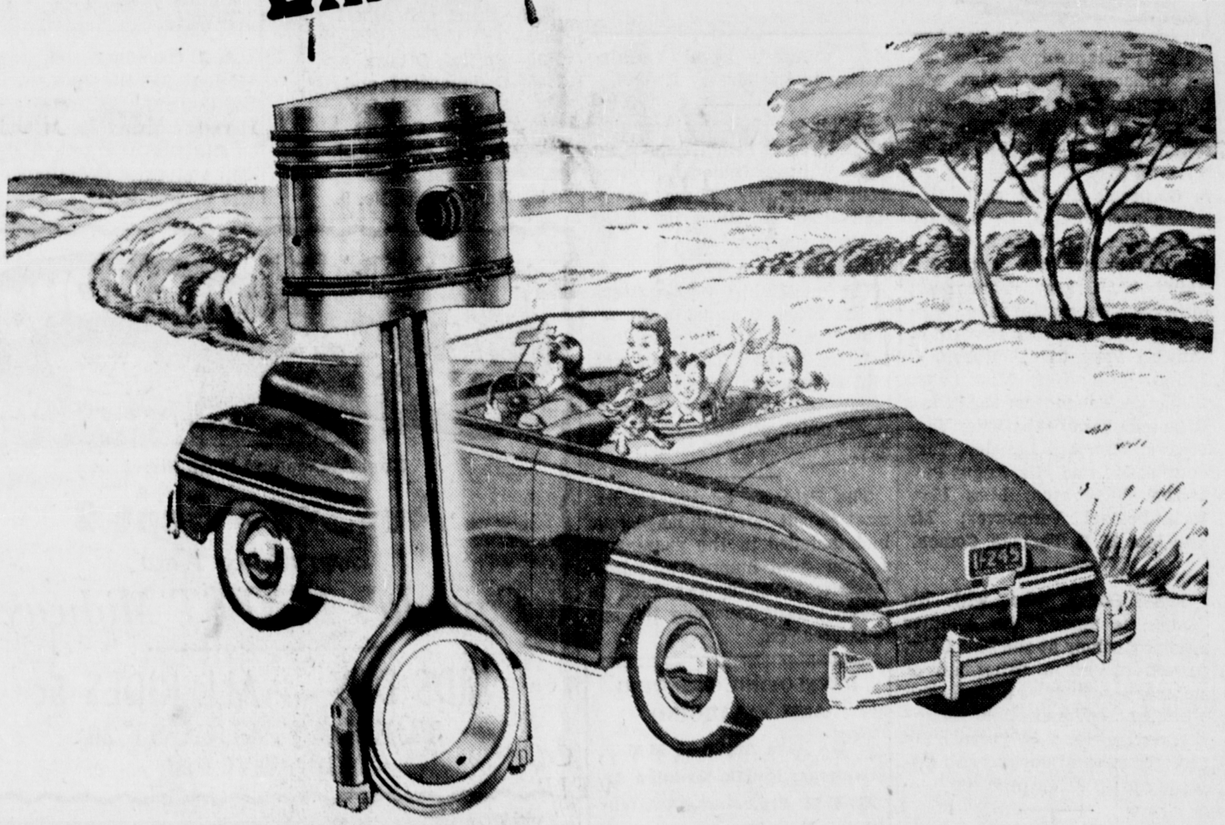
Willard Batteries

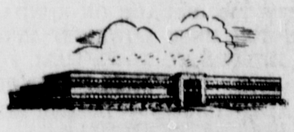
it gets SMACKED 1000 times a minute!



EVEN at normal cruising speed, the pistons of your car take a cruel licking. With each explosion one of them gets smacked down with pile-driver force—pressure runs more than a ton and a half. Heat builds up to 600° and higher. And the pistons take this hours on end—one thousand smacks and more every minute.

Aluminum pistons are made to stand this sort of punishment, and more. That's why they are used in airplane engines, too.

Another reason is their lightness, which in turn means power economy. Here's why: You can push a modern, lightweight aluminum vacuum cleaner back and forth with almost no effort. (An engineer would explain it in terms of low inertia.) And inertia is important in a piston, which must reverse its direction every split second. The less force needed to stop it and head it the other way is that much power saved to drive plane or motor car with that much greater pep and speed.



New alloys — new applications
Aluminium Laboratories Limited, our associated company, is continually working on new alloys for new uses. This is just a small part of the all-round research which metallurgists, chemists and engineers carry on in the largest commercial research laboratory in Canada. Their efforts are of direct benefit to Canadian manufacturers, supplying answers to a thousand scientific and production problems. You benefit too—in new products, better products, less expensive products made with aluminum.

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No Carrying Charges

An Announcement of Interest
Miss Margaret McLeod, optometrist of Vancouver, announces the opening of her permanent office at Manson's Jewelers.

Miss McLeod graduated from the Ontario College of Optometry in 1943 and after an association with a prominent Toronto optometrical group she returned to her home province. Miss McLeod has since been associated with Dr. Harry Perrin, optometrist in Vancouver.
She is well trained in the practise of Optometry and has had considerable experience. She is of a family prominent in optometry in B.C. many years. Her father, Mr. Murdock McLeod, has an extensive practise throughout B.C. and her brother, Clyde, is a prominent optometrist in Penticton, B.C. Miss McLeod has installed the most modern equipment for the examination of eyes and a conscientious service will be given.
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HAS THE WELCOME MAT OUT FOR ITS PATRON-FRIENDS
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