

Reminiscences

By W.J. and Reflections

Scores of ears in Prince Rupert have gone over retaining walls and steep embankments without suffering serious loss, damage or injury of consequence. Indeed, an occasional victim appeared to be feeling a touch of embarrassment. To go hurtling through the moist air and then, BINGO! Well, it was always a strain on one's dignity. It would be too much, however, to claim there was never any grief but, nevertheless, this fair city has the luck of the Irish. By all the rules of the game there should have been at least a few first class funerals through the years but good fortune held. Flirting with fate would sometime take a fantastic twist. One can recall a snappy little runaway that barged right through a bridge railing and brought up on a railway spur—or darn close to it. But that was just the end of another day.

Prince Rupert is so full of comparative new comers that perhaps everyone has not heard the true tale of the morning the Duke of Connaught stepped ashore at the government dock to pay an official visit and incidentally inspect the guard of honor. It was away back in September 1912. The Duke was Canada's Governor General. The ship was the Princess Alice. The sky was blue, and all Prince Rupert was down by the sea, along with the Indian band in glad uniform using first class instruments. The bandsmen could play them too.

The guard-of-honor consisted of a unit from Earl Grey's Rifles, Capt. Fred Stork. Came the great moment! The Duke was about to land—also the Duchess, the Princess, military secretary and others of a distinguished party.

The Governor-General passed slowly along by the guard, pausing before a certain soldier. "Tell me, my lad," he queried, indicating a decoration on the tunic, "in what campaign did you win this medal?"

"It was given to me, sir, for singing in the choir at New Westminster."

THIS AND THAT



Meat First In Tot's Feeding

New York Padiatrician Believes Food Likes and Dislikes of Children Should Be Respected

By FRANK CAREY

WASHINGTON (AP)—Believe it or not, ice cream ranks only No. 4 on the dietary hit parade of kids under five.

Given a free choice of diet, says Dr. Harry Bakwin of the padiatric department, New York University College of Medicine, young children rate foods in this order:

Meat, butter, fruits, ice cream, milk.

Their attitude toward vegetables "differs just as does adults," he says, and "raw vegetables are often preferred. Cereal is the food most often refused and it may be safely omitted from the diet."

Bakwin discusses ways and means of dealing with cases of "poor appetite" in pre-school youngsters in the Journal of Padiatrics.

One of his hot tips to parents:

"There should be no insistence on this or that food. The food likes and dislikes of children should be respected just as in adults." Let 'em eat fried or highly-seasoned foods, sauces and gravies if they want such, says the doctor, and—"food should be prepared interestingly."

"Parents should be urged to forget calories, vitamins and minerals and rely on the child's appetite. It is reasonable to assume that we were endowed with appetite for some purpose."

(Bakwin told a reporter he meant by this that children, if given their free choice of good wholesome foods, would be guided—by appetite—to select an adequate balanced diet.)

The doctor says poor appetite may stem from some deep-seated emotion disturbance or be the aftermath of some acute infection.

OTHER CAUSES OF POOR APPETITE

But, if your child is healthy and emotionally stable—and still isn't eating much—here are some other causes, together with

Bakwin's suggestion for treatment:

1. The need for food is less between the ages of one and five compared with the needs of the infant. During the first year of life, a child gains about 15 pounds, tripling its birth weight.

But between one and five the child has an annual average weight gain of only about five pounds. Hence corresponding to the relatively slow weight gain, there's a smaller appetite.

2. A child may refuse to eat, even though hungry, just because he knows it will get his mother riled up.

Bakwin warns against trying to force the child, or to bribe or reward him. Just put the food out, leave it there a reasonable length of time, then remove it without comment or show of emotion. If the child

Apartment House Chick Enjoys Life, Manages to Produce Eggs

Eight-year-old Glendon Smith is untroubled by the ancient problem of which came first—the hen or the egg. As far as he is concerned, the hen came first and in due time she began to lay the eggs. Things are uninvolved when you're eight.

Glendon, son of Mr. and Mrs. Floyd Smith, Second Avenue West, is probably the only person in Prince Rupert who has a hen for a pet. Neither he nor his plump Rhode Island Red see anything unusual in that and, after more than a year and a half, even the neighbors have begun to take the biddy's amiable chuckling for granted.

So much a part of the neighborhood has "Chick" become that her periodic visits to nearby homes and apartments are accepted casually by the housewives who never fail to offer her their best informal hospitality.

In return, Chick produces eggs which on occasion are offered to the neighbors. At the moment, though, there is a winter lull in production.

Acting as spokesman for his pet, Glendon declined to predict when the manufacture of henfruit in the back room nest would resume. "Chick" might

requests something between meals—a cracker, fruit, or the like—give it to him.

3. Poor training habits in eating may have balled-up Butch's appetite.

4. Mothers who continue to feed their children after they're able to feed themselves raise another problem. Bakwin says kids like to feed themselves and if denied this, they get balky.

5. Entertainment at mealtime is "generally overdone." Hence, don't go into excessive antics to entice the child to eat.

get around to it in the spring but there were no promises. "Chick" entered the Smith household a year ago at Easter literally as a chick, the gift of friends on Fulton Street. Her upbringing has been in the best domestic tradition and her manners are described as unusually refined for one of her species. In short, she is practically "housebroken."

AGED CANINE IS CHICK'S PROTECTOR

Her protector against such predators as strange dogs is "Carlo", the Smith's 15-year-old Alsatian who keeps a wary, if dimming eye open in her behalf. "Chick" however, requires only a minimum of protection.

Fluttering seagulls which gather in screaming mobs around "Chick's" feeding dish have found her master of the situation and quite able to protect her victuals. Impertinent cats, too, have felt the wrath of her indignant beak.

A sociable character in the best sense of the word, "Chick" often drops in on neighboring homes to pass the time of day and enjoy the equivalent of a cup of tea. The phrase "drops in" is almost literal because the Smiths live in a second-floor apartment and "Chick" has her nest and roost in a porch at the back.

"Chick's" devotion to "Carlo" and "Carlo's" protection of the rust-colored biddy are sources of tender amusement to the neighborhood. When things get a bit terrifying, "Chick" runs to "Carlo", then favors the object of her fright with the equivalent of a Bronx cheer.

A commonly-seen procession near the Park Avenue intersection is Glendon going about his small-boy business, followed by "Carlo" who in turn, is trailed by "Chick".

"Chick", it is obvious, is a perfectly adjusted personality.

Except for her recent delinquency in egg production, a matter that bothers her not at all, she lives a serene existence. Never once, according to Glendon, has she registered anything but the most elementary complaint and she is far too sophisticated to run squawking to "Carlo" that the sky was falling down just because she got hit on the head with a rain drop.

PROLIFIC WRITER
Linnaeus, Swedish botanist, during his life span of 70 years, wrote 180 books and brochures.

KNOWN IN LUTHER'S TIME
The Hungarian city of Debrecen was known as "Calvanist Rome" during the Lutheran Reformation.

PURCHASE LOTS FOR \$3,200

Three lots, owned by the provincial government and occupied by a portion of the former R.C.M.E. workshop on Second Avenue will be sold to the city for \$3,250. The building was recently purchased by the city as a workshop. Council, at its final meeting of the year last night voted that payment for the lots be made from the land sale trust account which is at the free disposal of council only until the end of the year. After that, permission to use money from the account must be obtained from the Municipal Affairs Department.

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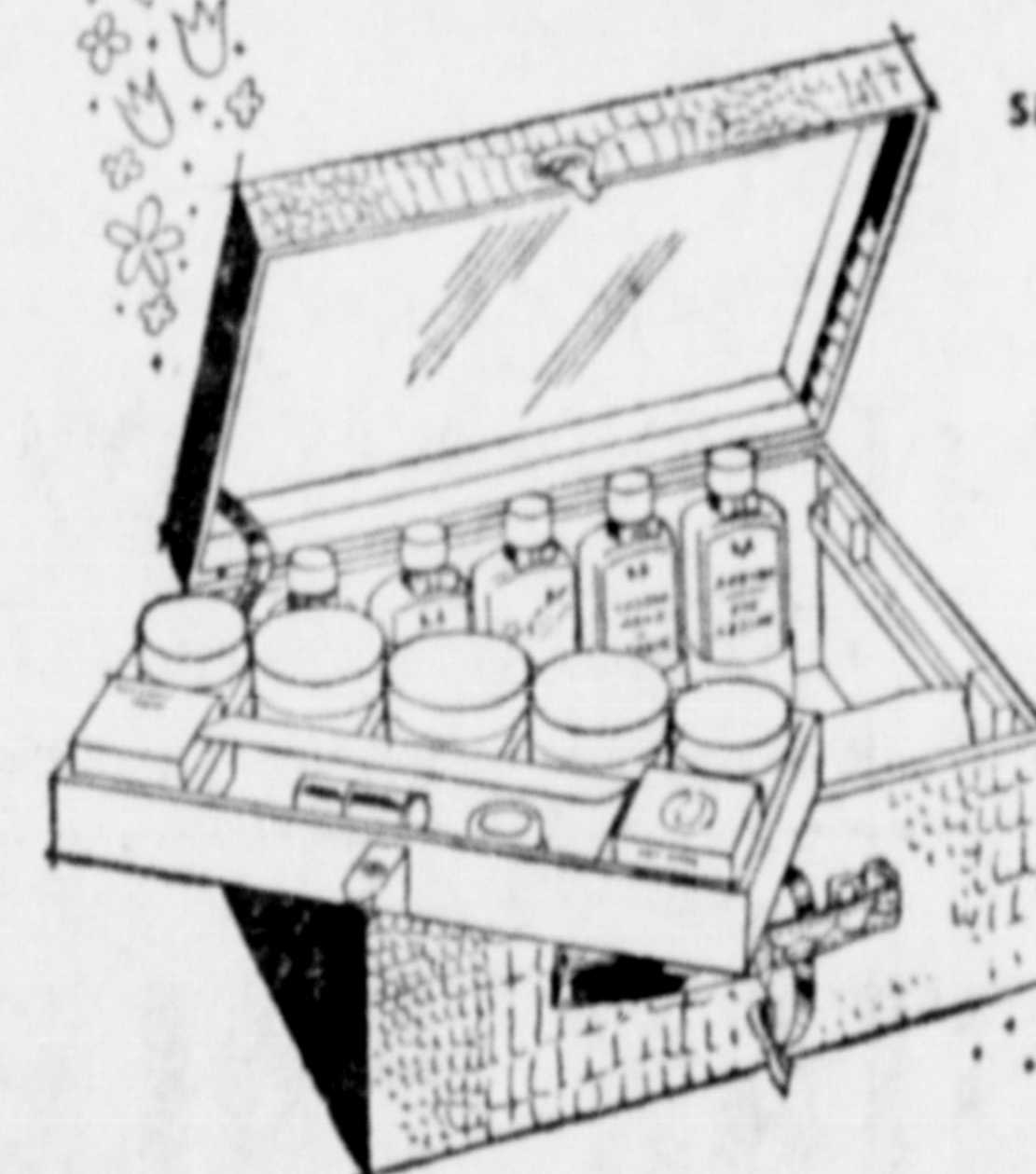
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