

Reasonable Ideas for Housekeepers

AD, THE STAFF OF LIFE — SOME INTERESTING NEW PRESENTATIONS

"Staff of Life" is bread, the staff upon which the traveller leaned was severely plain, some- intricately carved, so may have many varia- term "bread" includes breads and rolls as well as "breads" which are made in powder. Among the are loaf breads, biscuits, and muffins.

mouth watering aroma bread sends out a wel- the family when days later and evenings cool-

recipe for beaten bis- "Beat five hundred with a mallet. This will hour, or more but the are worth it." Home says that the home- of today wants to serve with less effort than they serve the following

Apple Bread
Sifted all-purpose flour
Spoon salt
Spoon baking soda
Spoon baking powder
3 mild-flavored fat
Sugar

Butterscotch Crunch Coffee Muffins

1 1/2 cups sifted all-purpose flour
Or 1 2-3 cups sifted pastry flour
Or 1 1/2 cups whole wheat flour
1/4 cup sugar
2 teaspoons baking powder
3/4 teaspoon salt
1 egg
1/2 cup milk
3 tablespoons mild-flavored fat

Sift together dry ingredients. Beat egg; add milk and shortening. Stir into dry ingredients, mix only enough to moisten the flour. Pour into lightly greased muffin tins. Sprinkle with following topping. Bake in hot oven

(400 degrees F.), 2 1/2 to 30 minutes. Yield: 9 muffins.

Butterscotch Crunch Topping

1 1/2 tablespoons butter
1/4 cup brown sugar
1/2 tablespoon flour
1 tablespoon water
1 cup corn flakes or wheat flakes

Melt the butter and stir into it the combined sugar and flour. Add the water and cook over low heat, stirring to blend, for about 3 minutes. Quickly pour over the cereal, mixing thoroughly. Spread in a shallow pan and cool. Sprinkle over muffins.

Potato Scones

2 cups sifted all-purpose flour
1/2 teaspoon salt
4 teaspoons baking powder
1 cup mashed potatoes
& cup milk

2 tablespoons melted fat
Mix and sift dry ingredients. Blend with mashed potatoes, add milk and melted fat. Pat out to 1-inch thickness and cut in diamonds. Bake on a hot ungreased griddle. When well browned on one side, turn and cook on other side. Makes 12 scones.



FALL PLANTING SAFE UNTIL SOIL FREEZES HARD

When freezing temperatures begin, many home gardeners who have not finished their fall planting wonder how much longer it can be done. The answer is, as long as the soil will crumble and can be packed properly about the bulbs and the roots of plants.

It makes small difference to a plant whether it is November or December, so long as it can be properly installed in its new location. A crust of frost on the surface of the soil will not interfere with planting; but when the soil has been frozen deeply, then planting must cease.

If deep freezing threatens and you know the location in which you wish to plant, it can be protected by a light mulch of leaves for a week or two. A very thin layer will keep the frost out until temperatures drop close to zero.

It is true that late planting is not the best; and everything will do better if planted soon enough to make considerable root growth in the fall. But late planting is better than none and preferable to spring planting with many subjects.

HOW CAN I ???

By ANNE ASHLEY

Q. How can I make a good pie crust?

A. Take 1 cup of shortening, butter or lard, 1/2 cup of boiling water and beat until creamy. Sift in a flour mixture composed of 3 cups of flour, 1/2 teaspoon baking powder and salt. Stir together and roll out. This makes two pie crusts.

Q. How can I eliminate a greasy shine from the skin?

AA. This can often be overcome by washing every morning and night with water in which a pinch of borax has been dissolved.

Q. How can I clean wrought iron?

A. Try dampening a woolen cloth in sweet oil, rubbing thoroughly, and then polishing with a dry woolen cloth.

STARTS to work in 2 seconds
EASE neuritic
neuralgic PAIN
ASPIRIN
GENUINE ASPIRIN IS MARKED THIS WAY

ANALYSIS IS PROBLEM OF LONELY WOMAN

Author of New Book Says Matter One of Grave Social Concern

(By STUART UNDERHILL)
Canadian Press Staff Writer

LONDON, (CP)—The problem of the lonely woman, widowed or deprived of the opportunity of marriage by the war, is tackled by Leonora Eyles in a briskly written book entitled "Unmarried But Happy" (Gollancz).

"Figures are not yet available to help determine how many single women are facing life as a consequence of the Second World War," she writes, "but the number must be very great."

"Many of them are very unhappy or have every anticipation of being unhappy unless they can resolve their personal conflicts and see a way through their practical difficulties; and a nation which has amongst its citizens numbers of unhappy people is not a healthy nation. So their problem becomes as much a matter of grave social concern as a personal and family one."

Mrs. Eyles, author of "Common Sense About Sex" and other "problem" books, tries to advise on probable day-to-day difficulties: how working mothers can dispose of their children, what jobs are likely to be congenial, the necessity of saving and guarding health, the sublimation of frustrated instincts. But her advice is larded with many a pithy phrase.

Polygamy is not a solution to women's loneliness, she says, because apart from the moral aspect: "I believe that most men want peace and quiet with one woman; they don't want the stress and struggle of being a sort of Trieste battled for by two opposing powers."

"Most women detest their work. They like the comradeship of shop or factory, with all its kindness, its spite, its jealousy and scandal—but they dislike the actual work."

"The single woman living alone naturally tends to become intemperate. I don't mean that she gets drunk with alcohol."

See the Spies and Meekings at this week. (256)

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REBEKAH BAZAAR PLEASANT AFFAIR

Vases of pink carnations, flanked by pink candles, centred the pourers' table at the annual fall bazaar and tea held by the Rebekah lodge in the Oddfellow's Hall Thursday afternoon. The function was the centre of a large attendance of ladies.

Receiving the guests was Mrs. H. Thurgood while pourers were Mrs. J. W. McKinley, Mrs. S. V. Cox and Mrs. R. Gammon. Servers were Mrs. G. F. Petersen, Mrs. E. F. Saunders, Mrs. B. Quick and Mrs. S. L. Peachey.

In charge of the home cooking booth were Mrs. J. S. Irvine and Mrs. Bruce Love. The fancy-work stall was in charge of Mrs. W. S. Hammond and Mrs. Thomas Priest while the apron counter was directed by Mrs. J. E. Boddie and Mrs. M. Quandt. Cashier was Mrs. N. Haines.

Better English

By D. C. WILLIAMS

1. What is wrong with this sentence? "It was none other than she."

2. What is the correct pronunciation of "sanguine?"

3. Which one of these words is misspelled? Encyclopedia, sarsaparilla, paraphernalia.

4. What does the word "dubious" mean?

5. What is a word beginning with mo that means "kept within due bounds?"

Answers

1. Say, "It was no other than she." 2. Pronounce sanguine (not san-gwin), as in add, i as in, accent first syllable. 3. Encyclopedia. 4. Occasionous doubt. (Pronounce the u as in cube). "It was a dubious answer." 5. Moderate

TOO LATE TO CLASSIFY

FOR SALE—Two door sedan, 1937 model. Phone Green 838. (257)

Classified Advertising Pays!

Modern Etiquette

By ROBERTA LEE

Q. Should the players of bridge talk while the game is progressing?

A. The players may talk while the cards are being dealt or shuffled, but the conversation should stop the minute the play begins, for concentration is necessary to play a good game.

Q. When a hostess has waited 15 or 20 minutes for a tardy dinner guest, should she telephone to see why he is delayed?

A. No. She is privileged to go ahead and serve the dinner.

Q. Is it all right to give birthday showers in the afternoon?

A. The evening is preferable for an affair of this kind.

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BUYS AND WHYS BY Barbara Brent

Weekly advertising and information service for today's woman

MONTREAL, Oct. 30th.—For the top-of-the-column... a buyword to the wise! There is no surer way to avoid disappointment when you go shopping than to look for the trademark—the identifying label when you're buying plastic articles... do be sure to look for the VINYLITE label... ask the salesgirl if the article is really VINE-NA-LITE! You see — VINYLITE Plastics have been tested for use... they're made under the most rigid and exacting conditions... they're approved by "Better Fabrics Testing Society". That's why—when you buy VINYLITE Plastics—you know you're buying satisfaction!

ING FOR APPLES at Young Sue's Green Party—the youngsters are sure to pop for air with extra-healthy appetites! When apple-bobbing time is over—serve something to make their eyes sparkle... SWANS DOWN

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WANT A PASSPORT TO SMARTNESS? Then begin with the new girle "miracle" created by "PERMA LIFT"... light-weight and thrillingly youthful girdles that have NO BONES about 'em! I mean exactly that... yet they stay up WITHOUT stays! Constructed with a revolutionary Magic Inset, the new "PERMA LIFT" Girdles won't wrinkle, won't roll over or bind... instead, they absolutely banish the annoying discomfort that boning, even in the lightest garment, has always caused. You'll find "PERMA LIFT" Girdles in your Corset Department... smartly styled, youthful and lightweight. Wash over and over without loss of that wonderful "can't roll" feature! Insist on "PERMA LIFT"... the girle with "stay-up" smartness and control, without a single bone about it!

HITCH YOUR DREAMS TO A "NORTH STAR" for your next trip abroad. This past summer I enjoyed the pleasiest trip of my life on a TRANS-CANADA AIR LINES "North Star" to England. The miraculous speed of this huge, beautiful plane with its four Rolls-Royce engines carries you to Ireland—Scotland—England within a few hours' time! A wonderful trip!... T.C.A. has thought everything for your comfort and convenience... truly, the "North Star" way to the U.K. is "luxury-on-a-budget"!

LIKE HOT and like it... but family agree on... important

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HALLOWEEN to your youngsters means witches on broomsticks and bobbing for apples. To you, it means the time and trouble of preparation for their Hallowe'en party. Cheer up! Here's good news... the refreshment problem will be no problem at all when you stock up with 7-Up! The youngsters will love this "Fresh Up"... it's such a wholesome, happy drink! 7-Up has a blithe and merry goodness... a fresh, clean-tasting flavour that will win favour with grown-ups, too! Buy your "family" supply at any store displaying the famous 7-Up sign!

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