

"SALADA" TEA BAGS

So handy

ORME STUART IS PRESIDENT

To Head Gyro Club During
Coming Year—Nominations
Yesterday

Orme G. Stuart was the only nominee for president of the Prince Rupert Gyro Club when nominations for 1948 officers were received at the monthly business luncheon of the club yesterday. E. D. Forward was the only nominee for secretary and M. G. Brydges for treasurer. For three places on the executive J. J. Lindsay, W. M. Watts, Robert McKay, George Murray, W. J. Scott, Allan Armstrong, and Robert Parker were nominated.

Reporting on the recent Apple Day, W. M. Watts announced proceeds for the playground fund, totalling \$235.90 while the Halloween hoedown netted over \$220.

MINERAL SOURCE

Milk is the best-known single source of calcium and riboflavin.

BOTTLE-FED BABIES

If your baby is bottle-fed, be sure to watch little bowels closely. Mother's milk has a natural laxative effect which helps take care of baby's needs. Lacking this, a bottle-fed baby often gets fretful, feverish and suffers constipation and upset stomach. Let Baby's Own Tablets help you keep baby's bowels on schedule—sweeten upset stomach—relieve feverishness and teething troubles. No "sleepy" stuff — no dulling effect. Easily crushed to a powder, if desired. Don't let your baby suffer—get Baby's Own Tablets today. 25¢.

GRATEFUL FOR FOOD PARCELS

Grateful letters from Britons who received food parcels from Queen Mary Chapter, Imperial Order, Daughters of the Empire, were read at the monthly meeting of the chapter at the home of Mrs. E. W. Becker on Tuesday. The members were deeply impressed by the letters which came from young widows with small children and elderly people whose expressions of thanks were very warm.

Mrs. W. J. Lineham, treasurer, accepted donations from members to assist in purchasing the Canadian I.O.D.E. wedding gift to Princess Elizabeth, which is to be an ermine wrap. Money beyond the quota for that present will be used to send food parcels to the people of Britain which also will be in the form of a wedding gift to the princess.

Mrs. G. R. S. Blackaby urged members to continue knitting squares for afghans and there also was an appeal for continued activity in the collection of stamps for veterans in Shaughnessy Military Hospital.

Mrs. J. A. Teng, chapter regent, urged the members to use their ballots in the civic elections wisely to encourage good city government.

The meeting laid plans for a bazaar which is to be held on November 19. Following the business meeting, a social period was enjoyed during which refreshments were served by the hostesses.

CFPR Radio Dial 1240 Kilocycles (Subject to change)

THURSDAY—P.M.

- 4:00—Tony the Troubadour
- 4:15—Stocks and Interlude
- 4:30—Especially For You
- 4:45—Timothy and the Rabbits
- 5:00—Alan and Me, Tor.
- 5:30—Hawaiian Melodies
- 5:45—Platter Parade
- 6:00—People Ask
- 6:15—Freddy Martin's Orch.
- 6:30—King Edward St. School
- 6:45—Recorded Interlude
- 7:00—CBC News
- 7:15—CBC News Round-up
- 7:30—Eventide
- 8:00—The Nation's Business
- 8:15—Sports Review
- 8:30—Winnipeg Concert Orch.
- 9:00—Vancouver Theatre
- 9:30—Nocturne
- 10:00—CBC News
- 10:10—B.C. News
- 10:15—Sportsman's Guide
- 10:30—Music in the Night
- 10:55—Musical Interlude
- 11:00—Weather and Sign Off.

FRIDAY—A.M.

- 7:30—Musical Clock
- 8:00—CBC News
- 8:15—Morning Song
- 8:30—Music for Moderns
- 8:45—Little Concert
- 9:00—BBC NEWS
- 9:15—Morning Devotions
- 9:30—Morning Concert
- 9:59—Time Signal
- 10:00—Morning Visit
- 10:15—Morning Melodies
- 10:30—Roundup Time
- 10:45—Scandinavian Melodies
- 11:00—Let's Play
- 11:15—Reminiscences
- 11:30—Weather Forecast
- 11:31—Message Period
- 11:33—Recorded Interlude
- 11:45—Ethel and Albert
- 12:00—Recorded Program — P.M. —
- 12:15—CBC News
- 12:25—Program Resume
- 12:30—B.C. Farm Broadcast
- 12:55—Recorded
- 1:00—The Concert Hour
- 1:30—Afternoon Recital
- 1:45—Women's News Commem.
- 1:48—Needle Pointers
- 2:00—National School Bdst.
- 2:30—Songs to Remember
- 2:45—Don Messer and Islanders
- 3:00—Varieties in Music
- 3:15—Spotlight Star
- 3:20—Art Van Damme Quartet
- 3:30—Divertimento
- 3:45—BBC News

The Experts Say

By KAY REX
Canadian Press Staff Writer

FRAMING PICTURES

Pleased as you may be with that newly-acquired painting, if you want the neighbors to admire it, make sure the frame is right.

"A picture may be good, but if poorly framed it never will be fairly appreciated," said an official of the National Art Gallery. "The frame should not draw attention to itself. . . . the painting—whether scene or portrait—is what should first confront the observer's eye."

He warned against putting modern frames on old pictures which was "something like clothing an old man, or an old woman, in the dress of a child."

Clumsy as they appeared, the heavy ornate frames of the Victorian era suited the paintings of that period just as well as simple wooden frames suit the pictures of today.

As for oil paintings, the expert warned against hiding these behind glass as a protective measure against dust.

"Glass casts such terrible reflections," he said, "The observer never gets the opportunity of seeing the picture from the proper angle!"

FURNISHING PROBLEMS

Once the hard-to-get apartment has been found the new housewife will have furnishing problems on her hands. If she's looking for furniture she'll play wise and choose from the plain unornamented styles. Not only are they easier to match, but they don't present such a difficult dusting problem.

In the simple styles, maple and bleached mahogany harmonize well. Walnut goes with dark oak maple or cherry. Because it can be painted to harmonize with a surrounding color scheme many Canadian householders nowadays are buying unfinished furniture. This may be bleached, stained or varnished, but for painting the piece should be made of birch or maple to bring out the best results.

With reasonable care good furniture will last a life-time. Expensive wood should not be kept near hot-air registers, or

scrubbed with steel wool dipped in wax. The wax removes the stains and leaves the floor ready for polishing. . . . If there's a hand-painted shade to be cleaned apply wallpaper cleaner in the same way as you would on paper. Window shades also may be cleaned by this method. An iodine stain on cotton cloth will disappear if it is wet with cold water and held before an open fire.

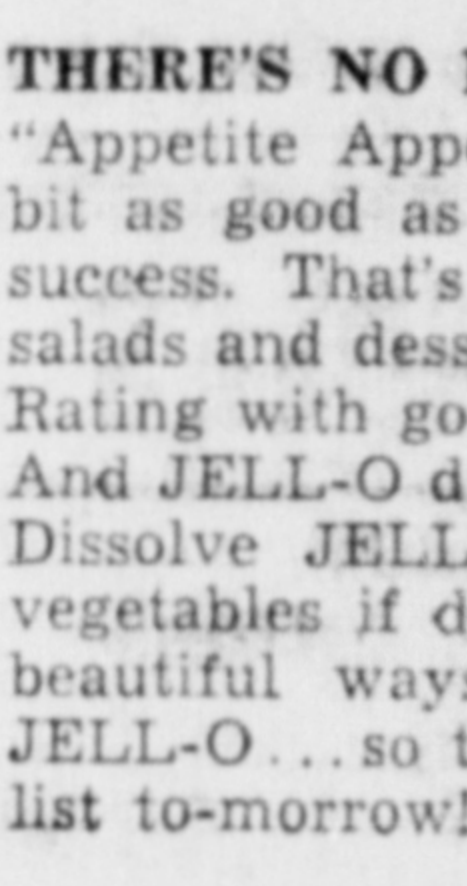
CLAGARY, Alta. — For the first time in the history of Alberta, the sale of motor licenses has passed the 100,000 mark. Until the arrival of the six-figure markers, the Calgary issuing office was without plates for one week. It will be able to issue plates up to 101-300 before applying for additional ones.

BUYS AND WHYS BY Barbara Brent

A weekly advertising and information service for today's woman



MONTREAL, Nov. 13th—Good news for book-lovers! . . . here are books you've always wanted to own . . . books to read and reread . . . contemporary classics such as Winston Churchill's "MY EARLY LIFE" . . . Stephen Leacock's "SUNSHINE SKETCHES OF A LITTLE TOWN" . . . beautifully and uniformly bound for you by The Reprint Society of Canada Limited. Don't miss this golden opportunity to fill your bookshelves with a wealth of GOOD BOOKS at very little cost. . . . a book-a-month for \$1.50—postage included! For your Membership Card and more good news about this important all-Canadian book-club, simply write to me—Barbara Brent, 1411 Crescent St., Montreal, P.Q.



THERE'S NO DOUBT ABOUT IT . . . food with "Appetite Appeal" . . . food that looks every bit as good as it tastes . . . makes for mealtime success. That's why those gorgeous-looking JELL-O salads and desserts have such a high popularity rating with good cooks and their fond families. And JELL-O dishes are so very easy to prepare! Dissolve JELL-O in hot water. Add fruit or vegetables if desired. Chill. . . . and serve in any one of a number of beautiful ways! There are grand recipes on every package of JELL-O. . . . so take my tip—put JELL-O at the top of your shopping list to-morrow!



ENTER-TAINING THOUGHT . . . Now that it's party time you'll want to polish up your reputation as a happy-thought hostess. A grade-A suggestion is the recipe for Winona Punch right on the label of E. D. SMITH'S PURE GRAPE JUICE. And that's just one of several taste-tempting recipes on the bottle. Remember too that this full strength grape juice is a healthful round-the-clock appetizer for breakfast, lunch, dinner and with between-meal snacks. As for quality—Well—it's a product of the makers of E. D. SMITH'S PURE JAMS, JELLIES and MARMALADES, long famous for their fruit-full flavor! That means you can buy it with confidence.

EVERYONE'S TALKING ABOUT the new VINYLITE Plastic upholstery materials that clean with the swish of a damp cloth! Just think! . . . furniture forever new and beautiful! These superb VINYLITE Plastics wear so well—withstand any amount of scratching and scuffing. Their handsome colours are applied-to-stay!—on the inside surface of the plastic—simply won't fade, rub or wear off. Truly, these magical materials are every homemaker's dream-come-true . . . here—at last—the way you like your furniture to look!

CAN YOU IMAGINE a rainstorm inside a watch? It happens all the time . . . for high humidity followed by a sudden drop in temperature can set up a miniature rainstorm right inside the tightest watch case. Such conditions cause the condensation of a droplet of moisture . . . and rust begins to work its damage on even the finest steel mainspring. But now, at last, there's a miracle mainspring made of an entirely new alloy that absolutely refuses to rust! Developed exclusively for ELGIN Watches, it's called the DuraPower Mainspring . . . and is the most important watchmaking advance in over 200 years! Soon we'll all be thinking of Christmas gifts. And if you're planning to give that "special" someone a watch, take my tip . . . insist on an ELGIN . . . for only ELGIN Watches, including Lord and Lady Elgins and Elgin DeLuxe, have this DuraPower Mainspring. . . . and at NO extra cost!

IT'S SMART TO LOOK SMART ON SKIS! The sloppy gear of yesterday is definitely out—and that's just one reason why NYLON ski jackets will take to the ski trails come winter. Warm-as-toast jackets of nylon are always neat . . . feather-light—completely windproof—wonderfully durable! Enthusiastic professional skiers have tested and approved them . . . found them practical and perfect. Frankly, I've wasted no time in choosing mine . . . a beauty!—smartly styled, with a hood to keep the wind from my ears. Take my tip . . . look now for ski jackets labelled "Fabric Made of C-L-L Nylon Yarn" . . . available in better stores!

TAKE TIME OUT from your kitchen chores to relax and sip a bottle of delicious 7-Up! Home work goes much faster this way, for you return to it refreshed and ready for come-what-may. 7-Up, you see, is the "Fresh Up" . . . fairly bubbling over with good cheer and good taste. You'll like its luscious lemon-lime flavour—the way it makes your mouth feel fresh and cool! Make 7-Up a family affair—your children will love it in their milk—your husband, home from the office, will enjoy a bottle of sparkling 7-Up. Order your "family" supply at any store displaying the cheerful 7-Up signs!

LIKE A FULL COOKIE JAR . . . here's a recipe for Brownies with results always delicious! . . .

BROWNIES
Time: 35 minutes
Temp: 350° F.
1/3 cup butter 1/2 cup sugar
1/2 cup Crown Brand Corn Syrup
1 large or 2 small eggs, well beaten
2 (1-oz.) squares unsweetened chocolate, melted
3/4 cup sifted pastry flour
1 tablespoon Benson's or Canada Corn Starch
1/2 teaspoon salt
1/2 cup broken nuts (if available) 1/2 teaspoon baking powder
Cream butter, blend in sugar and Crown Brand Syrup gradually. Add well-beaten egg or eggs; blend. Stir in melted chocolate and broken nuts, add vanilla and blend. Turn into a well-greased pan 8" x 8" x 2" and bake in a moderate oven (350° F.) for 35 minutes. Cut in squares while warm.

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GRADE 'A' EGGS dozen **57c**

JAVEX BLEACH 2 bottles **25c**

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CUT GREEN BEANS Garden Gate, Choice, 20-oz. **2 tins 31c**

TOMATO JUICE Libby's, 20-oz. **4 tins 49c**

HIPO LITE CAKE FROSTING **29c**

DICED BEETS Aylmer Choice, 20-oz. **2 tins 23c**

APPLE JUICE Kel, 20-oz. **2 tins 19c**

ASPARAGUS Tips and Ends, Aylmer, 12-oz. **25c**

FRESH PRODUCE

McINTOSH APPLES CEES box **\$2.99**

OKANAGAN ONIONS No. 1 4 pound **25c**

CARROTS 4 lbs. **25c**

TURNIPS 4 lbs. **25c**

CABBAGE 2 lbs. **15c**

SWEET POTATOES 2 lbs. **29c**

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COFFEE TABLES (Duncan Phyfe).

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