



OXO CUBES save the Housekeeping Money

Oxo Cubes are more than the easy way of cooking. They are the economical way. They lend zest and flavor to warmed-up dishes, and by stimulating the system, enable you to obtain extra nourishment out of the other foods you buy.

And there is another gain besides the monetary one—the family gain in health and strength that follows Oxo cooking. By getting more nourishment from your foods, you and those around you grow rapidly in strength and energy.

Put Oxo Cubes on your order list today. After a test you will never want to cook without them.

OXO CUBES
In tins of 4, 10, 50 and 100 cubes.

BONDS

Are the Best Investment

We recommend the following as being safe, saleable and of fair return:—

- City of Vernon— 5 1/2% due 15th June, 1938, at \$98.04. Yield 5.70%
- City of Duncan— 6% due 18th May, 1953, at \$104.20. Yield 5.70%
- City of Prince Rupert— 6% due 1944 to 1950, at \$101.34. Yield 5.90%

Orders may be wired at our expense, interest accrued to date of payment must be added. We pay delivery charges.

Gillespie, Hart & Todd, Ltd
Head Office: VICTORIA, B.C.



COAST STEAMSHIPS

Winter Service
S.S. PRINCE RUPERT
Sails from Prince Rupert

For VANCOUVER, VICTORIA, SEATTLE, Intermediate Points Friday, 10.00 a.m.
For STEWART and ANYOX Wednesday, 11.00 p.m.
S.S. PRINCE JOHN.
For VANCOUVER via QUEEN CHARLOTTE ISLANDS, Feb. 13, 27; March 12, 26

PASSENGER TRAIN, DAILY EXCEPT SUNDAY.
Leave Prince Rupert 6.45 p.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

AGENCY ALL OCEAN STEAMSHIP LINES.
City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.



CANADIAN PACIFIC RAILWAY

B.C. Coast Services

Sailings from Prince Rupert

S.S. PRINCESS MARY.
For Vancouver, Victoria and Seattle, January 18; February 1, 15, 29.
For Ketchikan, Wrangell, Juneau and Skagway, January 14, 28; February 11, 25.
S.S. PRINCESS BEATRICE.
For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River, and Vancouver, every Saturday at 1 p.m.
Agency for all Steamship Lines.
Full information from
W. C. ORCHARD, General Agent.
Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

UNION STEAMSHIP COMPANY OF B.C., LTD.

Sailings From Prince Rupert.

For VANCOUVER, VICTORIA, Ocean Falls, and Swanson Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday Noon.
For ANYOX, ALICE ARM, STEWART, Wales Island, Sunday 9 P.M.
For PORT SIMPSON and Nass River Canneries, Friday A.M.

J. Barnsley, Agent. Prince Rupert, B.C.

Local and Personal

B.C. Undertakers. Phone 41.

Mayners, Undertakers. Phone 351.

Thousand tons famous Nanaimo Wellington Coal arrived. Try a ton. Albert and McCaffery, 1f

Mrs. Joe Bent returned by the Prince Rupert yesterday afternoon from a business trip south.

We buy, sell and exchange furniture and all useful articles. Prince Rupert Exchange. Phone 652. 1f

William F. Trant, post-office inspector, arrived from Vancouver on the Prince Rupert yesterday afternoon.

Col. G. W. Peck, V.C., presided at the annual Sixteenth Battalion banquet in Vancouver Saturday night.

H. C. Fraser, school inspector, is on a trip south on departmental duties. He is expected back at the end of the week.

Bishop Bunoz returned by the Prince Rupert yesterday afternoon from Vancouver where he has been on church business.

The Seaside Lunch Counter, Cow Bay, is for sale. Make an offer. For information phone Red 400 or apply N. M. McLean, Gow Bay. 44

H. S. Wallace arrived from Vancouver on the Prince Rupert yesterday afternoon. He is to spend a week here in connection with his dry goods business.

All members of the 1st Battalion North B.C. Regiment attending Ball on February 22, at Auditorium will wear uniform. Permission is granted ex-service men to wear uniform on this occasion. 44

Capt. H. S. Hilton, assistant marine superintendent of the Canadian Government Merchant Marine, arrived from Vancouver on the Prince Rupert yesterday afternoon. He is here in connection with the docking of the steamer Prince George.

G. A. Clothier, resident mining engineer, is leaving shortly for Victoria where he will spend two or three weeks at the head office of the Department of Mines. Mr. Clothier has just completed the compilation of his annual report on mining in this district. It will be published shortly in the annual report of the department. 44

Mr. and Mrs. S. R. Donaldson, who were recently married in Victoria, returned to the city yesterday afternoon enroute to Port Essington where they make their home. Mrs. Donaldson was formerly Miss J. Loudon of the local school teaching staff.

J. E. Donohue of the C.N.R. assistant general manager's office, Vancouver; P. E. Ayrhart, travelling auditor, Edmonton, and A. C. Hutchinson of the bureau of statistics, Montreal, are making the round trip north from Vancouver on the Prince Rupert this week.

Mr. and Mrs. C. P. Riel of Alice Arm and their daughter, Miss Virginia Riel, arrived in the city on the Prince Rupert yesterday afternoon after having spent a vacation in the south. They will remain here for a few days before returning to their home in Alice Arm.

Bert Smith, assistant manager of the Premier mine, Stewart, and Thomas Powers, foreman, passed through the city enroute north yesterday from Vancouver. They have been giving evidence in the Supreme Court case between the Premier Gold Mining Co. and the Coastwise Steamship & Barge Co.

The Victoria Colonist says: Colonel J. H. McMullin and Mrs. McMullin entertained at a dance last evening at their home on Hampshire Road, when their guests included Mrs. Alexander, Mrs. Duncan, Mrs. Cree, Miss McMullin, of England; Miss Paddon, Miss Eiford, Miss Corsan, Miss Nelson, Major Low, Mr. Duncan, Mr. Fowkes, Mr. Sterry, Mr. Walls and Mr. Douglas Cree.


Amateur Theatricals, March 3, Westholme, in aid Ladies' Hospital Auxiliary.

Elks' Annual Ball, Tuesday, March 4.

Spend an evening in the Tall Timbers at the Methodist Church Thursday, March 6.

Royal Purple Easter Bazaar and Sale of Home Cooking, April 8.

Hill 60 Chapter, I.O.E. Amateur Theatricals end of April.



This is Different
from all other laxatives and reliefs for
**Defective Elimination
Constipation
Biliousness**

The action of Nature's Remedy (NR Tablets) is more natural and thorough. The effects will be a revelation—you will feel so good. Make the test. You will appreciate this difference.

Used For Over Thirty Years

Chips off the Old Block
NR JUNIORS—Little NRs

The same NR—in one-third doses, candy-coated. For children and adults.

SOLD BY YOUR DRUGGIST

Basketball tonight — three games—Elks' Home.

Mrs. J. M. Clancy, who has been visiting for a month at Vancouver with Mrs. L. M. De Gex, has returned to her home in Calgary.

In aid of the Ridley Home, all kinds of home cooking will be gladly received at the Hut on Saturday, February 23, from 10 a.m. For further particulars, phone Mrs. Blance. 45

Major A. W. Davies, former manager of the Dolly Varden mine at Alice Arm, passed through the city on the Prince Rupert yesterday afternoon bound for Stewart.

Mrs. R. P. Ponder is sailing tomorrow morning for the south having in her charge an insane woman from Smithers who is being taken to the mental hospital at New Westminster.

P. S. Bonney, district forester, is sailing tomorrow morning by the Prince Rupert for Victoria where he will attend a conference of district foresters. He expects to be away about a fortnight.

T. Trotter, M. M. McLachlan and J. W. McKinley have been appointed a committee under the Fair Board to supervise the revision of the grains and grasses sections in the 1924 prize list.

O. H. Nelson and his daughter, Miss Madeline Nelson, attended the Press Ball at the Empress Theatre, Victoria, at the week end.

Mr. and Mrs. Fred Gilluly, who have been on a holiday trip in Eastern Canada and southern points, returned to the city on the Prince Rupert yesterday afternoon.

FISH ARRIVALS
Five Halibut Boats Marketed Catches Totalling 83,000 Lbs. at Exchange This Morning

Five halibut schooners marketed catches totalling 83,000 lbs. at the Fish Exchange this morning. Two American boats had 58,000 lbs. and three Canadians, 25,000 lbs.

Arrivals and sales:
American
Kodiak, 43,000 lbs., at 14.9c and 8c, to the Canadian Fish & Cold Storage Co.
Chancellor, 15,000 lbs., at 16.1c and 8c, to the Atlin Fisheries.
Canadian
Thelma, 11,000 lbs., and Atlin, 7,000 lbs., at 14.2c and 8c, to the Canadian Fish & Cold Storage Co.
Alliance, 7,000 lbs., at 14.5c and 8c, to the Atlin Fisheries.

WIRELESS REPORT
8 a.m.
DIGBY ISLAND. — Cloudy, strong southeast wind; barometer, 30.11; temperature, 40; sea moderate.

DEAD TREE POINT. — Cloudy, calm; barometer, 29.80; temperature, 36; sea smooth.

BULL HARBOR. — Clear, light northwest wind; barometer, 30.08; temperature, 40; moderate swell; 10 p.m. spoke steamer Camosun left Hardy Bay northbound; 6:20 a.m. spoke tug Lorne abeam Pine Island northbound; 7:20 a.m. spoke steamer Chelohsin leaving Rivers Inlet southbound.

Noon
DIGBY ISLAND. — Cloudy, strong southeast wind; barometer, 30.12; temperature, 44; sea moderate; 10 a.m. spoke steamer Tees with Amur in tow left Prince Rupert 8 a.m. southbound.

DEAD TREE POINT. — Cloudy, calm; barometer, 29.84; temperature, 42; sea smooth.

BULL HARBOR. — Clear, light southwest wind; barometer, 30.10; temperature, 47; sea moderate; 10:35 a.m. spoke steamer Camosun in Milbank Sound northbound; 10:40 a.m. spoke steamer Chelohsin off Pine Island southbound.



It gets the edge dirt right out—

Is there anything harder to get clean than a dirty soft collar? Yet the grime of soft collars are now washed white and clear of edge dirt without hard rubbing.

With this new soap, soaking takes the place of rubbing

Just by soaking in the rich Rinso suds, the most ground in dirt is gently loosened and dissolved, and not a thread is weakened. Even the dirt that gets absolutely ground in at cuff edges is so loosened that it comes out with only a light rubbing with dry Rinso. Whatever your way of washing, Rinso does the whole job—with it you need no other soap. Get Rinso today. All grocers and department stores have it.

Rinso

MADE BY THE MAKERS OF LUX



BOOK VIA C.N.R. FOR EMPIRE EXHIBITION

Special arrangements are being made and additional steamships being operated by the White Star, Cunard and Anchor-Donaldson lines to handle tourists desiring to visit the British Empire Exposition in England this summer. Close connections are made by the Canadian National Railways with steamers of these lines at Atlantic sea-ports. Passports secured and full information at City Ticket Office, Canadian National Railways, 528 Third Avenue, Prince Rupert, B.C. Phone 260.

SMOKED FISH

AT ITS BEST

There are just Two Rules to Follow to Enjoy the BEST Smoked Fish, AT ITS BEST.

These Rules are—

- Buy "Rupert Brand." Rupert Brand is always delivered to the stores in clean new boxes clearly stamped "Rupert Brand."
- Wrap in cooking paper, cook in moderate oven for 20 to 30 minutes, remove paper and serve at once.

Four Kinds — Breakfast Kippers, Bloaters, Smoked Black Cod and Kippered Salmon.

At all Fish and Meat Markets, and Grocers.

Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT

VACUUM Bottles

Useful Every Day in the Year
Price
75 cents
ORMES LTD.

The Rexall Store. The Pioneer Druggist.

If You Are BOAT-BUILDING

We have Hardwood, Fir and Cedar Boat Lumber. If you are tired of Kalsomine and Paper, try Fir Veneer Panelling. If you are thinking of building a house, we have any lumber you require, also Sash, Doors, Glass.

SHOCKLEY'S Planing Mills
Cow Bay. Phone 383.