You married him for better or worse and made up your mind that you would stick with him through sunshine and storm and help him make both ends meet and darn the hose and look after the children and everything. But you didn't promise to be a washing machine. We've got 'em for sale.

Call and see the New Savage Washer and Dryer. "A Demonstration is a Revelation."

Kaien Hardware Co.
The Handy Andy Store.
Hardware and Sporting Goods
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SUMMER EXCURSION TICKETS

Eastern Canada United States

Triangle Tour to JASPER NATIONAL PARK EDMONTON and CALGARY. One way via Vancouver.

Write or call:
City Ticket Office, 528 Third Ave., Prince Rupert
Phone 260.

Suits

We have too many Summer Suits on hand

will clear at cost

Come and look them over.

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Phone 27. P.O. Box 327.

Sterling Furnace COAL

Delivered in Bulk.
At $10.00 per ton.
This is a very superior furnace coal. It gives a clean hot fire and is entirely free from soot, clinkers, black and dirt. Some of the largest heating plants in the city are now using it with entirely satisfactory results.

STERLING STOVE COAL,
Delivered in Sacks.
At $12.50 per ton.
We are also Agents for the Famous
LADYSMITH-WELLINGTON and TELKWA COALS.

Prince Rupert Coal Co.
Main Office: Hotel Central. Phone 15

HIGH SCHOOL GIRL'S ESSAY

Alice Pillsbury Received Honorable Mention Standing In Recent Competition

There have been ninety-seven forest fires in British Columbia already this year although the very hot weather has not yet come. If there are almost one hundred fires in the cool weather, how many will there be during the hot weather? In the year 1922 there were two thousand five hundred and ninety-one fires; during 1923 there were many more than that. We may expect to see even more this year. If this ruthless, terrible destruction goes on, we will soon have no forests left; we will lose our high rank in the world as a producer of timber; we will have more unemployed men, more waste land, and less beautiful scenery than any other country in the New World.

There are many different causes of forest fires; the most important being carelessness of smokers and campers. By dropping the lighted stubs of cigarettes, a human being may destroy hundreds of thousands of acres of valuable land, millions of feet of lumber, and worst of all the lives of hundreds and hundreds of God's animals. Some few fires are caused by flying sparks from engines; a small number by spontaneous combustion or by lightning; and a great many by fires made by settlers while clearing their lands.

Forest fires may be divided into three classes, surface fires, ground fires and crown fires. Surface fires are those which burn long grass, weeds, windfalls, etc. Ground fires burn layers and layers of humus, which have been laid down through hundreds of years, thus destroying valuable farming land. Crown fires are fires which burn so fast and furiously that they sweep the tallest trees before them like matchwood.

Far Reaching Effects

One can hardly imagine how far reaching are the effects of forest fires. They cause poverty among the loggers and woodsmen; they spell failure and wretchedness to the farmers; by destroying farms they destroy farm produce thereby raising the prices of produce in towns and cities. They destroy valuable fur-bearing animals, the loss of which amounted in 1922 to $3,000,000; they are the causes of many terrible floods; they destroy the scenic beauty of the country, losing to that country its tourist trade, a large source of capital.

Every man, woman and child in our great Dominion of Canada can and should help to prevent this terrible, destructive demon, which haunts the smallest town's park and the huge, wide expanse of forests which are to be found everywhere in the western provinces of Canada. Will the hundred thousand indemnity to the soldiers' families in the Fraser valley help prevent this awful scourge? No. A thousand times No! Not till every man, woman and child in Canada is willing and ready to do all he or she can to help the government and the forest rangers in their uphill work will we even begin to get started to overthrow the encumbrance and the drain which is prevalent in Canada. We can help ourselves when we make camp fires, by putting out any fire we see, and if not able to do so, to report it to the right person. Let everyone in Canada be a forest ranger eager and ready to help in this great work which we have to perform, and may we in this way soon be able to reduce the number of forest fires in British Columbia and all the other places where forest fires have taken hold, to nil. So here's to the Forest Ranger of B.C. and Canada and to his success wherever he is needed!

(Note—The foregoing essay, written by Alice Pillsbury of the Prince Rupert High School, was given honorable mention standing in the recent provincial forest branch essay competition.)

SCHOOL BOARD TO ADVOCATE MEANS PREVENTING GOITRE

The report of Dr. H. E. Tremayne, school medical officer, was read at the meeting of the school board last night. The report stated that the winter attendance had been greatly reduced as the result of the measles epidemic. During the epidemic 300 pupils had been vaccinated with good results. Two cases of modified smallpox were also reported. The report stated that several pupils were suffering from goitre and advocated the taking of iodine in prescribed quantities. W. E. Williams was of the opinion that the matter of goitre prevention was of great public interest and advocated the publishing of articles along such lines in the local press. After discussion it was decided that the school board would carry out the suggestion.

Ten Years Ago
In Prince Rupert

July 11, 1914.

Mrs. Robt. Jennings returned on the Princess Beatrice last evening from a trip to Bella Coola.

Stanley Long, formerly manager of the Union Bank here, has recently made quite a stake in Calgary. He owned a block of land adjoining the Dingman property and sold it at a big figure.

Mr. and Mrs. F. G. deMussey returned this morning after several weeks absence.

Building permits for the new school and new exhibition hall are being issued. They total $20,000.

D. H. HARTNESS AND MISS MILLS GIVEN PRINCIPALSHIPS BY SCHOOL BOARD; OTHER APPOINTMENTS

(continued from page one)

toria; Miss Elva I. Horner, Vancouver; F. H. Hoadley, Wilson Creek, B.C.; Marion B. Henderson, New Westminster; Phoebe E. Beddis, Vancouver; Miss O. E. Carlson, Enderby; H. D. Stafford, Jean Bell, Miss C. M. Craickshank, Hazel E. Jones, Miss Brookie Sutherland, Vancouver; Albert S. Whiteley, Victoria; Miss E. Knight, Margaret O'Neil, Vancouver; Nellie Malott, Chilliwack; Irene Payne, Miss I. D. Freeman, Vancouver; J. Everett Brown, Jack Fouracre, Victoria; Helen Sanson, Myra W. Lang, Vancouver; Jean D. Coldwell, Summerland; Eva Carolyn Curnew, Vancouver; Vivian L. Gray, Evelyn P. Grassie, Duncan, B.C.; Harry V. Grayston, Vancouver; Marion C. Miller, Port Essington; Dorothy Carmichael, New Westminster; Miss E. Fowdrey, Lynn Creek; Laura J. Ford, New Westminster; Olive E. McArthur, S. Vancouver; Lena H. J. Halpenny, Chilliwack; Constance G. Davy, New Westminster; Miss Elise Hanson, Princeton; Barbara M. Johnstone, Vancouver; Isabel Pittendrigh, Rock Creek; Alice G. Frith, Victoria; Ethel Owen, Albion; Sylvia E. Willey, Wellington; Edith G. King, Vancouver; Barbara B. MacBeth, Nelson; Alice C. Michie, Irene M. Savard, Blanche A. Gillies, Vancouver; Allan MacSween, N. Vancouver; Winnifred White, New Westminster; Ella Bauld, Ladysmith; Lois E. Kinley, Vancouver; Mrs. May Gertrude Vars, Arrowhead; Mary Hartin, Gladys Owen, Vancouver; Rita M. Allen, Duncan; Esther G. Carlson, Enderby; Mary Armstrong, Willardie Stearman, Edna F. Boughen, Vancouver; Marguerite Inches, Victoria; Florence Cliffe, Courtenay; Ethel Margaret Curnew, Vancouver; Clara M. Wilson, West Vancouver; Marion G. McRostie, Eburne; J. Mary Smith, Cumberland; Dorothy Shuttleworth, New Westminster; Victor C. Wilkman, Elizabeth Wilkman, Gibson's Landing; Malcolm C. McCallum, Vancouver; Annie Houghton, Ocean Falls; Mary C. Williams, Prince George; Maude Hall, Chilliwack; Marion W. Hanna, Prince Rupert; Eunice M. Parks, Anita Landry, Vancouver; Gwendolyn Elliott, S. Vancouver; Rhys T. Edwards, New Westminster; Edith D. Bon, Vancouver; C. L. B. Brown, Pitt Meadows; Edna M. Smith, Vancouver; Grace Lougheed, Vancouver.

Second Class

Second Class Teachers—Marjorie H. McGregor, Fernie; L. Jean Sangster, Hanna, Alta; Cecilia Watson, Taber, Alta; C. L. Campbell, Victoria; Ethel Nicholson, Vancouver; Edith A. Dunnett, Victoria; Mrs. C. M. Baynes, Eburne; Miss H. M. Lundy, Penticton; Doris Gourlie, Vancouver; Ruth Wilcox, Salmon Arm; Mary Mackenzie, S. Vancouver; Roy B. Stibbs, New Westminster; Betty Rankin, Isabel Marshall, Vancouver; Margaret F. Laxton, Mission City; Ethel Purdy, Ida De Cew, Vancouver; Florence McLean, Dunster; Lorna Macfarlane, Vancouver; Marjorie V. McDonald, Victoria; Miss E. M. King, Vancouver; Kenneth M. Walden, W. Summerland; Francis E. Bradley, Edmund G. Edgar, Alice Colis, R. G. Milne, Helen Grier, Helen M. Barton, Vancouver.

ST. ANDREW'S SUNDAY SCHOOL PICNIC TOOK PLACE AT DIGBY ID.

The annual picnic of the children of St. Andrew's Anglican Church took place yesterday afternoon on Digby Island. There were about 100 children and parents in attendance. The launch "23" was used to transport the happy crowd to and from the picnic grounds, the first boat leaving at 1.30 and the last returning at 7.30 in the evening. There were a number of races for prizes and the provisions were furnished by the parents under the supervision of Mrs. John Bulger.

Archdeacon G. A. Rix gave the affair general superintendence and the race committee consisted of E. W. Tucker, C. E. Barnwell, W. E. Fisher, George Hill, sr., H. T. Cross and Z. Higashi.

HOTEL ARRIVALS

Prince Rupert

Miss Ruth Young, Port Simpson; Mrs. W. E. Walsh, Seattle; A. E. Kincaid, Revelstoke; E. E. Davis, G. P. Fisher, Roy C. Sim, H. G. P. Thomson and C. J. Rowbotham, Vancouver; C. E. Watland and family, Smithers; Annie W. Eastman, Lansing, Mich.; Miss Alice Willis and Miss Jessie Woodward, Port Huron, Mich.; Mr. and Mrs. E. J. Sterniman, Davis, Cal.; A. W. Anderson, A. L. Young and W. G. Macdonald, Edmonton; H. M. Brown, Port Essington.

Central

Mrs. H. Chapman, Anyox; A. Malo and R. Baker, city.

"Bring on those Kellogg's Corn Flakes. I'm a hungry man!"

1st It's crisp and delicious as no other cereal can be—and it's simply great for any meal, at any time!

2nd As healthful as it's good. Brimming with the kind of nourishment growing bodies need.

3rd Remember, too, it saves you *work*. No cooking—no sticky dishes to wash. Ready to serve.

Kellogg's

CORN FLAKES

Oven-fresh always

Freshly mixed Mustard

— with slices of home cooked ham and fresh bread and butter! It's a lunch fit for a king. The mustard not only adds zest, but it makes the ham more digestible.

but it must be Colman's

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ZAM-BUK

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores.—50c.

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Will sail from **PRINCE RUPERT** for **VANCOUVER, VICTORIA, SEATTLE** and intermediate points each **Monday, Thursday and Saturday at 11.00 p.m.**
FOR ANYOX ..... Wednesday, 10.00 p.m.
FOR STEWART ..... Friday, 10.00 p.m.

QUEEN CHARLOTTE ISLANDS SERVICE.
Effective June 30, 1924.
S.S. PRINCE JOHN for **Masset, Port Clements** and **Buckley Bay,** every Monday, 8.00 p.m.
For Skidegate and all ports south every Wednesday at 8.00 p.m.

PASSENGER TRAIN, DAILY EXCEPT SUNDAY.
Leave Prince Rupert 5.00 p.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.
AGENCY ALL OCEAN STEAMSHIP LINES.
City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.

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CANADIAN PACIFIC RAILWAY
B.C. Coast Services

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PRINCESS ALICE — PRINCESS LOUISE
For Vancouver, Victoria, and Seattle—
June 14, 21, 25; July 2, 5, 12, 16, 23, 26
For Ketchikan, Wrangell, Juneau, Skagway—
June 9, 16, 20, 27, 30; July 7, 11, 18, 21, 28
S.S. PRINCESS BEATRICE.
For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River, and Vancouver, every Saturday, 11 a.m.
Agency for all Steamship Lines.
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UNION STEAMSHIP COMPANY OF B.C., LTD.
Sailings from Prince Rupert.
For VANCOUVER, VICTORIA, Swanson Bay, and Alert Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday, 10 A.M.
For ANYOX, ALICE ARM, STEWART, Wales Island, Sunday, 8 P.M.
For PORT SIMPSON and Naas River Canneries, Friday A.M.
523 2nd Avenue. J. Barnsley, Agent. Prince Rupert, B.C.