

"FRUIT-A-TIVES" ENDED THREE YEARS OF HEADACHES

A FIRM FRIEND OF THE FAMOUS FRUIT MEDICINE

Nervous Dyspepsia completely relieved



MRS. VALIQUETTE

Although "Fruit-a-tives" have been before the people of Canada for nearly a quarter of a century, their marvellous success in over-coming disease is nothing short of a miracle to those who try them for the first time. And these grateful people are proud and happy to tell what this fruit medicine has done for them. Mrs. Honore Valiquette, 1133 Notre Dame Street West, Montreal, writes, "I wish I could tell every sufferer in the world what "Fruit-a-tives" have done for me. For three years, I was troubled with Bad Headaches, Nervous Dyspepsia and Liver Trouble. Then, I commenced taking "Fruit-a-tives". Very soon my condition improved and now, thanks to these wonderful fruit tablets, I am once more entirely well. "Fruit-a-tives" perform such marvels because they are entirely different from any other medicine in the world; being the concentrated and intensified juices of apples, oranges, figs and prunes combined with tonics. They have proved their marvellous value in all cases of Stomach, Liver, Kidney and Skin Trouble. Try them. 25c. and 50c. a box—at all dealers or from Fruit-a-tives Limited, Ottawa, Ont.

THE DAILY NEWS

PRINCE RUPERT - BRITISH COLUMBIA.

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DAILY EDITION

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New Phase Of Elevator Case.

There is a new phase to the grain elevator argument. Smithers Board of Trade declares that the placing of grain shipping facilities here would have the effect of developing the Bulkley and other interior valleys as grain growing districts and this would mean the clearing up of more land and the advent of more settlers in the valleys of the interior. Cars of grain have been shipped from the Bulkley at various times but the market is so far away and the difficulties of handling so great that farmers have not been encouraged to develop this branch of their business. Smithers has added a new argument to those already extant in favor of a grain elevator and other facilities at this port.

Cars Returning Carry Ties.

The annual cutting of railway ties on this section of the Canadian National Railway provides a good deal of return freight for the cars that would bring the grain to this port if there were an elevator erected here. That is one of the desirable things in developing railway haulage. Just now cars have to come west empty to fetch the ties. All this will be changed once the grain rolls westward to this port.

Let Economy Be Tempered With Reason.

Economy is one of the pressing needs of the day. We all are agreed that we have been spendthrifts. There has been a tendency to dissipate our resources and to go beyond the limits of safety. The excuse is that the conditions in the country were such as to demand extreme action. It is useless to look back and blame Mr. Borden or Mr. Meighen for throwing away millions of the people's money. The war conditions demanded that much money be spent. Perhaps they sometimes spent foolishly, but so did authorities elsewhere under similar conditions. It is difficult to judge action taken under the stress of war and disturbed social conditions by the calmer standards of today and it will be difficult to judge what is done today by the even more settled conditions which are expected to gradually develop in the country. We must act in the present according to demands of the day and the outlook for the future.

Immigration Is Commencing.

With immigration steadily on the increase and likely to be a great factor in development during the coming years, it would be foolish to shut down tight and say we would spend no money. We must keep pace with the growing demands of the times or we shall drop behind. People are demanding that provision be made for settlers. There is a demand for reasonable facilities for development and a stop must be put to the agitation of extremists who would hold back on everything. It is foolish to be extreme because from extremes there is always a reaction and in that reaction people go to extremes in the opposite direction. Let us practice economy individually, provincially and nationally, but do not let the scaremongers warp our viewpoint. We must look forward with faith in the future and if we have that faith we shall not be afraid to spend a dollar sometimes in legitimate development enterprises.

NURSE WILL SAY "yes"

KLIM Whole Milk (in the brown and yellow tin) fully meets the exacting requirements of both nurse and doctor. They know that it is made from the finest fresh milk and that only the water is removed. Klim is more digestible than liquid milk because of the tender curd and smaller division of the butterfat globules. That is why the use of Klim Whole Milk for baby feeding is being increasingly recommended by specialists.

CANADIAN MILK PRODUCTS LIMITED MONTREAL TORONTO WINNIPEG



Sold by RUPERT TABLE SUPPLY CO.



HOSPITAL BYLAWS MAY BE ALTERED

Suggestion Made at Board Meeting Last Night That Extraordinary General Meeting be Held

The calling of an extraordinary general meeting of the Prince Rupert General Hospital Association within the next month to consider the advisability of making certain changes in the by-laws of the association was suggested by S. K. Campbell at the regular monthly meeting of the board last night.

The two points which it is proposed to bring up are recommendations that the yearly membership fee be reduced from \$5.00 to \$2.50 and that doctors be allowed to become voting members of the board. Mr. Campbell felt that the membership might be greatly increased and a more general interest taken in hospital affairs if the fee was reduced. He also felt that the board should have the opportunity of enlisting the valuable services of medical men in its deliberations by having them as directors.

President McTae approved of the suggestions.

NURSES' HOME TO BE OPENED SOON

Good Progress Being Made on Construction—Beautifying of Grounds Discussed

The formal opening of the new Nurses' Home will take place on March 27 according to present plans. S. K. Campbell, chairman of the nurses' home committee, reported to the hospital board last night. Excellent progress is being made on third floor work and the building should be entirely completed by that time.

T. Ross Mackay said it was the intention of the grounds committee, of which he was chairman, to do work that would make the exterior surroundings harmonize with the beautiful interior. He suggested the making of a semi-circular driveway to the main entrance and the dumping of ashes so as to eventually provide a tennis court. W. E. Collison suggested that trees might be planted. Mr. Mackay replied that this could be well taken care of after the approach had been settled upon.

SPLENDID WORK OF HOSPITAL LADIES

Supplying Institution With Linen and Assisting Materially in Furnishing of Home

That the Ladies' Auxiliary of the hospital is doing valuable work was indicated in a report given by Mrs. W. D. Morrissey at last night's board meeting to the effect that supply of linen was about to be made as a result of funds raised at a recent concert and that \$400 had been expended for curtains, chairs and tables for the Nurses' Home.

President McTae spoke appreciatively of the assistance being given by the Ladies' Auxiliary. Secretary Birch handed over a list of maintenance requirements with which the Auxiliary might assist.

STEWART

A contract for diamond drilling on the Indian mine has been let to Boyle Bros. A complete examination of the property was made by Angus Davys, M.E. recently and he expressed satisfaction with the showings. A method for concentration of the ores is now being worked out.

The Lakeview property on Glacier Creek in the Bear River valley has been bonded to Victoria interests. The mine is owned by James McKay and Charles Bibeau.

Mrs. J. S. Stickney has gone to Prince Rupert and Vancouver She plans on starting a ladyware store here.

A semi-diesel engine and compressor have arrived for the Riverside mine and are now being installed on the property.

STOMACH SUFFERING disappears as if by magic when Jo-To is used. Gas pains, acid stomach, sour stomach, burning and all after-eating distress relieved in two minutes. All Drug Stores.

The Man in the Moon SAYS—

ADVICE to operators of motor-boats: Keep your batteries charged.

ADVICE to everybody else: Keep your batteries charged.

OPPORTUNITY knocks once but some people are always knocking.

SOME people would never hear opportunity if he were to break in the door, yell, hullo! and throw a bomb at the occupant's head.

A GOOD memory test is trying to recall where, when, how and why you caught the cold you now have.

BY the by, did you ever hear of a great man sitting astride a fence. He may have been there but I bet he is never remembered on that account.

WHAT a city man likes is going to the country and what a country man likes is going to the city.

ANYONE starting a new political party is hereby advised never to put up a bluff that can be called. Not only do you lose but you feel cheap when you fail to make good, and then you look cheap and everybody knows you are cheap.

ONE does not wonder at some of these women who go into public life. They have to do something to get away from themselves.

THE third finger of a girl's left hand is a pretty good indication of a girl's outlook upon life.

BE sure you're right then step on the gas and honk the horn. Jake says that's all right if you're single but if you are married you don't know that you are right.

BEING asked if horseback riding did not give him a headache the polite man replied "Emphatically, no, madam, just the reverse." And since that time the lady has been wondering what he meant.

OTTAWA is a long way from Hull. It is necessary to cross the river to get there. Hence the loneliness of the Ottawa people sometimes.

ONE of these lonely shies broke into verse recently and this is what he produced: I want a pal for a dusty trail That winds through the rolling West.

To join a vagabond's quest, A pal who can feel the old odd thrill

That comrades only can know, Who'll hold my hand on a wind-swept hill,

When the washed-out stars bang low;

Who'll sing with me when the moon rides high

A drowsy old gipsy song, And say good-night as the coyotes cry

With a kiss that's warm and long.

OH what a joyous sound it is When a boy first learns to drive Tin Liz; But its nothing compared with the sweet "put, put," That is heard in the spring by the motorboat nut.

FATE of speakers All remind us We should make our Speeches brief, And when quitting Leave behind us An audience that's Filled with grief.

WHEN an insurance man mar-

Advertisement for SIMONDS SAWS, featuring a saw and descriptive text.



Health—A Live Subject At Afternoon Teas

It is under such circumstances that experiences are exchanged and women tell one another what treatments have been of most benefit to them.

It is a pretty safe guess that in these tete-a-tetes no medicine is so frequently mentioned as Dr. Chase's Nerve Food and there is a very good reason why.

Any physician will tell you that most of the ailments which most bother women are due to lowered vitality.

In these days of surgical specialists the operation is too frequently the first thing recommended whereas in many cases restored vitality would enable nature to restore the natural functions to the deranged organs.

Lowered vitality may come from the strain of irregular hours, loss of rest and sleep, too much excitement or worry.

It may also result from lack of proper nourishment, from over-eating or from sedentary habits.

When vitality runs low there is no end to the troubles that may arise and you are an

easy prey to colds, pneumonia and all sorts of germ diseases.

Restorative treatment is demanded and because Dr. Chase's Nerve Food has proven to be the greatest of restoratives of the blood and nerve force is why it is so greatly appreciated by women everywhere.

At this season of the year particularly, almost everybody is in need of such assistance as is found in Dr. Chase's Nerve Food.

Put this popular restorative to the test when you find yourself nervous, irritable and sleepless or suffer from indigestion, headaches or tired, depressed feelings.

You will soon be convinced of its merits and will realize then why so many thousands of women find a joy in telling their friends of benefits received.

You will notice that while the price of Dr. Chase's Nerve Food has been increased to 60c. the box now contains 60 pills instead of 50 as formerly.

Likewise Dr. Chase's Kidney-Liver Pills are 35c. a box of 35 pills, instead of 25c. for 25 pills. Edmanson, Bates & Co., Ltd., Toronto.

ries he looks his future wife over and considers whether she is a good risk or not.

THE more corrupt the state the more numerous the laws.

I LIKE those sort of people who give you everything there is in the well except the water.

YOU have heard about that tenant who when his landlord said he would forget half the rent, replied that he would gladly forget the other half. And thus they settled the difficulty.

Ten Years Ago in Prince Rupert

George Frizzell comes back from a trip to the Bulkley Valley a most enthusiastic booster for that section of the country. He says that it cannot be properly seen from the railway and that many fine ranches and promising mining properties lie back within a short distance. He predicts that the valley will be supplying Prince Rupert with meat and all farm produce at no far distant date.

The connecting point on the western section of the G.T.P. will be reached in ten days, W. C. C. Mehan, general superintendent, announces. Only four-

NO MORE WEAK AND DIZZY SPELLS Since She Used MILBURN'S HEART AND NERVE PILLS

Miss Bertha Charette, Regina, Sask., writes:—"I have had a lot of trouble lately, with what I thought was heart trouble, and after any unusual exertion I always felt sick. My doctor advised a complete rest and change, but this I was unable to take. I became interested in Milburn's Heart and Nerve Pills, so started taking them. I have now taken three boxes and am so much improved I can go about my daily work without feeling any after ill effects, and have not had any weak or dizzy spells for some time. Your medicine has done me more good than anything I have ever taken, and I will gladly recommend Milburn's Heart and Nerve Pills to any woman who is weak and run down." Price 50c per box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

teen miles of steel remains to be laid.

William Manson, M.P.P. addressed a Conservative smoker last night giving an account of his stewardship at the recent session of the legislature.

Tom Stewart, formerly of Prince Rupert, is to manage a co-operative store which is being started in Terrace.

A Canadian order-in-council

debarring all laborers and citizens from United States entering British Columbia has resulted in a similar order being passed by the United States providing laborers from British Columbia entering United States or Alaska unless they have \$100 cash in their pockets.

Work on a redistribution bill at Ottawa has commenced. It is proposed to give British Columbia thirteen members instead of seven as at present.

Advertisement for COAST STEAMSHIPS, S.S. PRINCE GEORGE, S.S. PRINCE JOHN, and PASSENGER TRAIN, DAILY EXCEPT SUNDAY.

Advertisement for CANADIAN PACIFIC RAILWAY B.C. Coast Services, Sailings from Prince Rupert, S.S. PRINCESS MARY, S.S. PRINCESS BEATRICE.

Advertisement for UNION STEAMSHIP COMPANY OF B.C., LTD., Sailings from Prince Rupert, For VANCOUVER, VICTORIA, Ocean Falls, and Swanson Bay, Tuesday, 5 P.M.