

Just What YOUR SKIN Needs In SPRING

FOR soothing and clearing the skin at this time of the year, Zam-Buk is proved invaluable. This rare herbal balm exerts its wonderful medicinal activity deep in the inner tissues, quickly freeing the sluggish overburdened skin of all blemish and impurity.

A daily dressing of Zam-Buk will make your skin beautifully smooth, clear and fresh. Keep on using it if you have the least tendency to pimples, blotches, blackheads, soreness or other complexion troubles, for the Zam-Buk way is the quickest, surest way to perfect skin health.

Avoid fatty pore-clogging ointments and face creams which have no real medicinal value. For anything wrong with the skin, Zam-Buk is always the right thing to use. Wash with Zam-Buk Medicinal Soap.

Zam-Buk

THE REAL SKIN PURIFIER

Unexcelled for an itching and healing Sores, Chafed Sides, Cuts, Burns, Scalds, Blisters, Bruises, Lice, Bad Legs, Poisoned Wounds, Piles, Ringworms, Children's Skin and Sores, Itchings, etc. Of druggists everywhere, or from Zam-Buk Co., Toronto, Ont., the box, 2 for \$1.25.

Have Your Kodak Ready!

Here, at picture making headquarters, we're ready to satisfy your photographic wants. You want to see the latest Model Kodak; you want the latest picture making information; you want developing and printing that's reliably right. We're ready—drop in!

KODAK ALBUMS
Made by the Kodak Co. Sold at Kodak Catalogue Prices.
ENLARGING
Unsurpassed anywhere. Kodak prices prevail here also.

McRae Bros. Ltd

KODAKS

There's fun at the time in making Kodak pictures and they store up fun for the future. Get your Kodak here.

Kodak Film
The dependable film in the yellow box. Your size is here.

Kodak Accessories
Self Timers, Garrying Cases, Tripods, Portrait Attachments. They're all in stock here. Let us help you plan a Kodak outfit for good pictures and lots of fun.

ORMES LTD.
The Rexall Store. 3rd Avenue & 6th Street.

Family Shoe Store

Again under the Management of **J. MYHILL-JONES.**
Several years with Hudson's Bay Company, Vancouver.
Moderate Prices, Courtesy, and above all Fit Guaranteed
3rd Ave. Phone 357.

If You Are BOAT-BUILDING

We have Hardwood, Fir and Cedar Boat Lumber. If you are tired of Kalsomine and Paper, try Fir Veneer Panelling.
If you are thinking of building a house, we have any lumber you require, also Sash, Doors, Glass.
SHOCKLEY'S Planing Mills
Cow Bay. Phone 383.

VANDERHOOF

The ferries at Engen, Hultall and Fort Fraser have now been put in the water for the season.

The approach to the Stuart Lake bridge has been completed and the bridge itself is having its foundations strengthened.

Mrs. McGeachy, sr. is spending a holiday visit in Vancouver and Victoria.

The Nechaco Fall Fair will be held in Vanderhoof on September 5 and 6 it has been decided.

The Nechako Creamery is to produce a new variety of butter of very high quality and prizes are being offered for the most suitable name.

BURNS LAKE

Hon. A. M. Manson, attorney general, was endorsed as a candidate for Omineca riding at a meeting held last week in Wistaria.

Mr. and Mrs. Ed. Newman left on Saturday for Vancouver where Mrs. Newman will undergo medical treatment.

C. H. Grove has arrived from Francois Lake to take up residence here.

J. C. Keddy of Forestdale is visiting here with Rev. and Mrs. J. H. Kerr.

The main street of Burns Lake has now been completely gravelled from end to end.

On the eve of his departure for Prince George last week, Lloyd Wilson of the Royal Bank staff was given a dance by his lady friends and a presentation was made to him.

WIRELESS REPORT

8 a.m.
DIGBY ISLAND.—Part cloudy, fresh southeast wind; barometer, 29.80; temperature, 50; light swell; 7 p.m. spoke steamer Princess Ena anchored at the entrance of Naden Harbor bound for Ketchikan; 7.8 p.m. spoke steamer Gardena leaving Wales Island bound for Prince Rupert.

DEAD TREE POINT.—Cloudy, strong southeast wind; barometer, 29.70; temperature 45; sea rough.

Noon
DIGBY ISLAND.—Raining, fresh southeast wind; barometer, 29.96; temperature, 46; moderate swell.

DEAD TREE POINT.—Raining, strong southeast wind; barometer, 29.75; temperature, 45; sea rough.

BULL HARBOR.—Cloudy, fresh southeast wind; barometer, 30.05; temperature, 51; sea moderate.

Major R. M. Taylor, district engineer for the provincial department of public works, left on last night's train for Terrace.

SUMMER EXCURSION TICKETS

The Canadian National Railways announce low Summer Excursion fares to Eastern Canada and the United States effective May 22nd, also to Jasper National Park, Edmonton, Calgary, on sale May 15. Choice of routes stopovers. Make a trip around the famous Tri-Angle Tour in one direction through Vancouver. Full information, City Ticket office, 528, Third Ave, Prince Rupert, Phone 260.

NOTICE

Navigable Waters Protections Act, R.S.C. Chapter 115.
The Minister of Public Works, Government of the Province of British Columbia, hereby gives notice that he has, under section 7 of the above Act, deposited with the Minister of Public Works, Province of British Columbia, and in the office of the District Registrar at Prince Rupert, B.C., a description of the site and plans of a Highway Bridge, proposed to be built over the Skeena River at Terrace, B.C.
And take Notice that after the expiration of one month from the date of the first publication of this notice, the Minister of Public Works, Province of British Columbia, will, under section 7 of the said act, apply to the Minister of Public Works at his office in the City of Ottawa, for approval of the said site and plans and for leave to construct the said Highway Bridge.
Dated this 25th day of April, 1924.
W. H. STEIBLAND,
Minister of Public Works,
Province of British Columbia.

NOTICE
TAKE NOTICE that after publication of this notice once a week for four (4) consecutive weeks, we shall apply to the Registrar of Joint Stock Companies, Victoria, B.C., to change our name to that of "WOODCOCK DAIRIES, LIMITED."
DATED at Prince Rupert, B.C., this 11th day of April, 1924.
THE CASSIAR NORTHERN RANCH, LIMITED.

Local and Personal

B.C. Undertakers. Phone 41.
Mayners, Undertakers. Phone 351.

James H. Riches was a passenger for Smithers on last night's train.

Cut Flowers, Pol Plants, Mrs. McCarthy, the Florist, Ennad block.

P. W. Anderson, provincial road superintendent, left for Terrace on last night's train.

We sell Laminated materials also Fir Veneer. Consult us before buying finishing for your house. Albert & McCaffery, Ltd.

Denny Allen Co. Sale commencing May 1. Glassware, Crockery, Kitchen Hardware. Everything reduced 10%. Special values in windows. 107

Hear C. W. Outforth, of the lecture staff International Bible Students Association at Empress Theatre, Thursday night, 8 o'clock. Seats free. No collection.

Local improvement bylaws providing for the paving of McBride Street, Seventh Avenue, East, Atlin Avenue and Fulton Street were reconsidered and finally adopted at last night's council meeting.

Fred H. Stephens, formerly of M. M. Stephens & Co., Ltd., has opened up for himself in the insurance line. He has obtained several non-board fire and life agencies and has his office on the second floor of the Federal Block.

The radio set to be presented to the winner of the essay competition here will be seen in the window of Thomas McClymont's new office, on Third Avenue, opposite the Federal block. The set is complete and is the envy of most boys and girls in the city.

Accounts totalling \$118,971.10 were presented to the city council by the finance committee last night and were laid over for a week at the instance of Mayor Newton who wished to further investigate a payment of \$101,000 to the Royal Bank on debenture account.

Provincial Police Chief Spiller returned this afternoon from an inspection trip to Anyox, Alice Arm and Stewart. At Alice Arm Chief Spiller installed Constable Harry Martin who has been permanently appointed to that post succeeding Constable J. Gillies who has left the service.

Special excursion week-end fares to Terrace and return will go into effect on May 9 and will continue until September 30. R. F. Naughton, C.N.R. district passenger agent, announced this morning. These return tickets will be good going Friday or Saturday and returning the Monday following date of sale.

Ald. Collart drew the attention of the city council last night to the fact that the new fire department truck was painted black contrary to the general red color scheme. Ald. Macdonald, chairman of the utilities committee, stated that the matter would be taken up by the committee and remedied if possible.

Ald. Clapp's amendment to the trades license bylaw calling for the rescinding of an extra \$10 license fee required from those selling soft drinks in addition to other lines was introduced at last night's council meeting and, after some discussion, was laid over for a week. The mayor suggested that the whole license bylaw might be reconsidered at this time and it was decided that this would be done a week hence.

Ex-Mayor Charles E. Tisdall of Vancouver, Grand Master of the Masonic Lodge for British Columbia, will arrive tomorrow from the south to pay official visits to various branches of the craft in the district. He will go through to Anyox and, on his return, will visit the two lodges here. Then he will proceed to Smithers and Prince George. A few of the local Masons will accompany the Grand Master to Anyox tomorrow and a large party is planning to make the trip to Smithers.

A little Bran is good for you-

if it is thoroughly mixed with a well-cooked cereal. Not one person in a hundred should eat raw bran. It is almost pure cellulose and is not digestible. All the bran you need to promote natural and healthful bowel movement is in Shredded Wheat. It is combined with the tissue-building, bone-making elements of the whole wheat grain, making it a perfect food for children and grown-ups. The crispness of the shreds induces thorough chewing. Two biscuits make a meal.



The Canadian Shredded Wheat Company, Ltd. Niagara Falls, Ontario

Shredded Wheat

Mrs. J. A. West will not receive tomorrow, Wednesday, nor again this summer.

Hairdressing, Marcel Waving, Almoenal (Clasnic Pack), Miss A. Borvik. By appointment. Phone Red 519.

Guests War Veterans general meeting tomorrow Wednesday at 8.30 p.m. A full attendance of members is requested.

Denny Allen Co. Sale 2 weeks. Cups and saucers from \$1.85 per doz. Watch window for bargains. Sale commencing May 1.

Union Steamer Gardena, Capt. A. E. Dickson, arrived at 1 o'clock from Stewart, Anyox and Alice Arm and will sail at 5 this evening for Vancouver and way ports.

The Adair Gars Chapter, I.O. D.E. will hold a silver tea and sale of home cooking at the home of Mrs. F. Gilhuly, 420 Fifth Avenue West on Wednesday, May 7 from 3 to 6.

Power tug Prosperity, Capt. Brindle, is in port today from Ketchikan with 61,357 pounds of palladium concentrates from Alaska for shipment over the Canadian National Railways to the Irvington smelter, New Jersey.

"Editorial Arrows" will be the subject of an address to be given over the General Electric Radio at Oakland tonight at eight o'clock and there will be negro melodies on the banjo quartette; Gwynfi Jones, Welsh tenor, will sing and a Hawaiian trio will play melodies of the south seas. Thursday night there will be selections from Mendelssohn, Handel and Massenet. Saturday there will be a mixed concert followed by sacred choruses and solo numbers.

A SEVERE ATTACK OF HEART TROUBLE Was Relieved By MILBURN'S Heart and Nerve Pills.

Mr. S. E. Barnes, Athol, Ont., writes:—"Four years ago I had a very severe attack of heart trouble. I consulted my doctor; he treated me for some time, but I only seemed to be getting worse. I finally went to our druggist and purchased three boxes of Milburn's Heart and Nerve Pills and derived immediate relief from their use, and I can truthfully say they are a wonderful medicine. I always keep a box on hand, and if I feel out of sorts take a few pills and feel all right again."
Milburn's Heart and Nerve Pills are \$30 a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

SMOKED FISH

AT ITS BEST

There are just Two Rules to Follow to Enjoy the BEST Smoked Fish, AT ITS BEST.

- These Rules are—
- 1—Buy "Rupert Brand." Rupert Brand is always delivered to the stores in clean new boxes clearly stamped "Rupert Brand."
 - 2—Wrap in cooking paper, cook in moderate oven for 20 to 30 minutes, remove paper and serve at once.
- Four Kinds — Breakfast Kippers, Bloaters, Smoked Black Cod and Kippered Salmon.
At all Fish and Meat Markets, and Grocers.

Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT

CANADIAN NATIONAL RAILWAYS

SPRING STEAMSHIP SERVICE

S.S. Prince Rupert and Prince George
Will sail from PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE and intermediate points each Thursday and Sunday at 11.00 p.m.
FOR ANYOX Wednesday, 10.00 p.m.
FOR STEWART Saturday, 10.00 p.m.
S.S. PRINCE JOHN for VANCOUVER via Queen Charlotte Islands, May 10th, 24th.
PASSENGER TRAIN, DAILY EXCEPT SUNDAY.
Leave Prince Rupert 6.45 p.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.
AGENCY ALL OCEAN STEAMSHIP LINES.
City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.

CANADIAN PACIFIC RAILWAY

B.C. Coast Services

Sailings from Prince Rupert
S.S. PRINCESS MARY.
For Vancouver, Victoria and Seattle, May 2, 13, 23
For Ketchikan, Wrangell, Juneau and Skagway, May 9, 19, 30
S.S. PRINCESS BEATRICE.
For Butedale, Swanson Bay, East Bella Bella, Ocea Falls, Namu, Alert Bay, Campbell River, and Vancouver, every Saturday, 11 a.m.
Agency for all Steamship Lines.
Full information from **W. C. ORCHARD, General Agent.**
Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

UNION STEAMSHIP COMPANY OF B.C., LTD.
Sailings From Prince Rupert.
For VANCOUVER, VICTORIA, Ocean Falls, and Swanson Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday Noon.
For ANYOX, ALICE ARM, STEWART, Wales Island, Sunday 8 P.M.
For PORT SIMPSON and Nepe River Canneries, Friday A.M.
623 2nd Avenue. J. Barnsley, Agent. Prince Rupert, B.C.