

Town and District Notes

Four-Generation Re-Union Held at Wilmot Residence

A four-generation reunion is taking place here at the home of Mr. and Mrs. K. F. Wilmot, 715 Sixth Avenue East with the arrival here of Mrs. J. Morrow of Winnipeg and Mrs. B. Marshall of McMinnville, Oregon.

Mrs. Morrow is the great-grandmother, Mrs. Marshall, the grandmother, and Mrs. Wilmot, the mother of children Alan and Eleanor.

was a former mayor of the city. Miss Watts is this year's graduate of the Royal Jubilee Hospital in Victoria, receiving an award in ophthalmology.

Mr. and Mrs. P. H. Linzey are leaving on the Prince Rupert tonight for holidays in the south. They expect to include in their trip a visit to Mr. Linzey's brother, who lives in Chilliwack.

Mr. and Mrs. William Watts and daughter Joyce, who have been visiting here, left yesterday by car for Prince George en route to Vancouver.

Mr. Watts, who is a business partner of a clothing store here,

readers

Don't forget the food sale at the Independent Food Stores Friday, Saturday and Monday.

SUMMER CLEARANCE SALE

Friday and Saturday Only

COTTON HOUSE DRESSES	\$1.00	\$1.50
Sizes 1-6, Values to \$2.95		
BLOUSES—Boys' and Girls'	\$1.00	
Values to \$1.95		
SUN SUITS	\$1.00	
Values to \$2.95		
BOYS' SUITS	\$1.50	
Values to \$2.95		
SUMMER HATS	50c	\$1.00
Values to \$1.95		
COTTON and NYLON SOCKS	3 for \$1.00	

THE STORK SHOPPE



ALL THE LADIES ARE RAVING ABOUT Elissa's DEMONSTRATION OF ROBERT CURLEY HOME METHOD OF HAIR STYLING. See ELISSA and LESLEY TONIGHT 8:00 p.m. Legion Hall

Canadian Scientists Seek New Way For Disease Detection

NEW BRUNSWICK, N.J. (CP)—Two Canadians are training at Rutgers University to become biological detectives in tracking down diseases which strike at both men and animals.

The Canadians, Fergus J. O'Rourke of Canada's Department of Agriculture, and Dr. Allen S. West of the department of biology at Queen's University, Kingston, Ont., are studying a Rutgers-developed method of identifying sources of disease.

Diseases which are transmitted to men and livestock are often carried by animals, but often the identification of the disease-carrying animal has been the missing clue.

Through the Rutgers method, the blood sucked from animals by mosquitoes and other insects is examined in a laboratory. If disease germs are present, then scientists can trace them back to the animal which originally carried them through identification of the blood.

For instance, a certain type of malaria in parts of central Africa was originally believed to have been carried by rodents. Blood identification methods enabled biologists to place the blame on a tiny antelope.

O'Rourke, who came to Canada from Dublin, is learning the Rutgers method to help the Canadian department in its fight against equine encephalitis in western Canada. Dr. West plans to lecture on the new method at Queen's.

Try Daily News Want Ads

Harmless Looking Doughnut Packed With Calories

By KAY REX

Some women may roll on the floor to rid themselves of surplus weight. Others count their calories.

The latter group will be interested in the booklet "Your Food and Your Figure" issued by the Ontario Agriculture Department. But they may get a shock from the calory chart of fancy foods.

A chocolate malted milk shake runs 500 calories; one piece of pie 300-400 calories; one serving of strawberry shortcake 400; one piece of chocolate layer cake 350; one chocolate bar 275 and one doughnut—just one—125 calories.

For a special treat later in the year, home economists of the consumer section, Federal Agriculture Department, offer a recipe for "Peach Conserve."

Ingredients: Three medium oranges; three cups water; one six-ounce bottle Maraschino cherries; nine cups sugar; eight

cups peaches cut into small cubes.

Slice orange thinly then cut into cubes. Place in kettle, add water and simmer until cooked but not soft (about 20 minutes). Meanwhile drain cherries, reserving the juice, and cut cherries into quarters.

To the cooked oranges, add peaches, sugar and the juice from cherries. Cook until thickened (about 20 minutes). Add

cherries and boil five minutes longer. Pour into sterilized jars leaving at least an inch headspace. Cool slightly then pour a thin layer of melted paraffin over the jam. Leave until hardened and then add a second layer of paraffin.

Don't throw away the water in which your vegetables have been cooked. The Department of National Health and Welfare says such water is rich in minerals

and vitamins. It should be used to enrich gravies, soups or vegetable drinks.

The Department also says that homegrown vegetables should form a part of the daily diet. Those grown in the garden or on nearby farms will be fresher and more flavorful than those which travel from distant areas. Furthermore, the outside dark leaves are richer in vitamins than the paler ones inside.

SCHOOL OPENING SPECIAL

SLIDE FASTENER...

OVERBOOTS

OF ALL

RUBBER for Children

BLACK, BROWN or WHITE



Sizes 5 to 12 Black, Brown and White

\$3.75

\$3.95

Sizes 13 - 1 - 2 - 3 Black, Brown and White

\$4.25

\$4.45



FAMILY SHOE STORE LIMITED

CHARLIE ROBERTS

Box 638

Phone 357

MILK

ANY KIND

2 tins 29c

CRAFT CHEESE 99c

CHOPPED OLIVES 12c

ADANA TEA BAGS 29c

BABY'S OWN SOAP 27c

NESCAFE \$2.22

BLUEING 15c

CORN 37c

IVORY FLAKES 35c

FRESH FRUIT and VEGETABLES

CORN ON COB Dozen 65c

BUNCH CARROTS 2 for 17c

SHOBBARD SQUASH 2 lbs. 21c

BROCCOLI Bunch 31c

ORANGES 3 Dozen 72c

SUPER-VALU FOOD STORES

SPECIALS GOOD UNTIL WEDNESDAY, AUGUST 27th

COCONUT 17c

Martin's, 1/2-Lb. Pkt.

RHUMBA COFFEE 91c

Pound

DESSERT PEARS 20c

Choice, 15-oz.

MINUTE RICE 18c

Pkt.

LOBSTER 34c

1/4-Lb. Tin

TEA BAGS \$1.25

Nabob DeLuxe, 125 in Pkt.

SHOE POLISH 25c

Nugget

RIPE OLIVES 29c

Libby's, 16-oz. tin

ICE CREAM 29c

Pint Pkt.

COTTAGE CHEESE 28c

1 Lb. Pkt.

FUDGE MIX 36c

Vi-Tone

Fruit Cocktail 23c

Hunt's, 15-oz.

FELS NAPHTHA 10c

Soap, Bar

CHOICE PEACHES 40c

Del Monte, 28-oz.

SHINOLA WAX 38c

16-oz. tin

COLORFUL JUICE TUMBLERS 10c

Each

COLORFUL WATER TUMBLERS 11c

Each

BAKING POWDER 28c

Magic, 12-oz.

Glace Cherries 35c

1/2-Lb. Pkt.

Strawberries 45c

Frozen, Pkt.

FRESH MILK 28c

Quart Carton

WHIPPING CREAM 38c

1/2-Pint

Lipton's Soup 10c

Chicken Noodle, Pkt.

KLEENEX

REGULAR SIZE

2 pkts. 35c

PORK & BEANS 10c

Brimful, tin

CRISCO 35c

1 Lb.

BLACK PEPPER 30c

Nabob

WHEAT PUFFS 10c

Cello Bag

CANADA DRY 36c

Quart—Plus Deposit

KODAK FILM — We Stock All Sizes

PRUNE PLUMS 27c

Royal City

RITZ 19c

Christie's, Pkt.

MEATS

ALL BUDGET CUT and PACKAGED

Devon Breakfast Sausage .. Lb. 55c

No. 1 HOCKLESS

Picnic Shoulders .. Lb. 63c

No. 1 Pork Liver

No. 1 Pork Riblets .. Lb. 25c

Super-Valu Farm Fresh Eggs

Per Dozen, Cartoned 65c

PABLUM Small 23c Large 43c

DICED BEETS, Choice, 15-oz. ... 10c

JUST OVER A WEEK BEFORE SOMEONE WINS A FUR COAT

DON'T FORGET TO ENTER YOUR GUESS EVERYTIME YOU ARE IN