

Why not use Toilet Soap for washing dishes?

For nearly an hour and a half each day your hands are exposed to the harshness of strong, common soap!

And afterwards you look at them sorrowfully. Whiteness gone—all red and dried out.

Don't use common soap any longer! A spoonful of Lux skipped into a foamy suds will enable you to wash dishes quickly and easily. Lux softens water. It is as easy on your hands as the finest toilet soap.

Lever Brothers Limited, Toronto

No rough, red hands when LUX is used

NEW BOOK MAKES ROMANCE OF HISTORY

Tells Story of Canadian Pacific Railway and Building of Dominion



A facetious American once referred to the Canadian Pacific Railway as "Canada on Wheels." Great as it is, the Canadian Pacific would be the last to appropriate such an appellation. It can be truthfully said, however, that to understand the recent history of the Dominion one must know that of the Canadian Pacific. Now at last comes a volume, well illustrated with photographs, which presents that history in its most palatable form—that is, in a form emphasizing the human factor—"The Romance of the Canadian Pacific Railway," by R. G. MacBeth (the Ryerson Press, Toronto, \$2.50).

The author, who has a number of historical works to his credit, is singularly well equipped. Apart from his literary skill, he has the advantage of having lived in the Canadian West all his life. He has always been in close touch with the Canadian Pacific, though he is careful to point out that he has never been connected with it and has written and published his book independently.

Mr. MacBeth here traces the amazing story of the company's development into the world's greatest transportation system; of the steamships, of the telegraph and express; colonization; irrigation; hotels and bungalow camps; of its war service and of all its activities, with a wealth of interesting detail which illustrates the brilliant administrative and organizing ability of its executive.

Canadians should be proud, as Mr. MacBeth reminds them, that their country approved the construction of this pioneer transcontinental when the population was only 4,000,000, though the United States had not dared to undertake a similar road till she had ten times that number. The frightful difficulties, political, technical and financial, through which the company's sponsors and founders fought their way to victory are well summarized. For instance, it is recalled that sections of the line north of Lake Superior cost \$500,000 a mile to build, and a muskeg east of Winnipeg swallowed seven tracks before it was conquered. The author shows that the triumphant accomplishment of the work was especially creditable because it took place in a period of immense depression.

Sir William Van Horne, general manager and later president, that man of tireless energy, vision and determination, is the central figure in the volume and there are many anecdotes illustrating his versatile character. But all the other great men of the company—Mount Stephen, Shaughnessy, Beatty, Angus and a host of others—receive their due. Lord Shaughnessy's fine words: "The shareholders and directors of the company have always been impressed with the idea that the interests of the company are intimately connected with those of the Dominion and no effort or expense has been spared to help in promoting the development of the whole country" are amply backed by the company's deeds. And the author makes a statement which is very a propos when he says: "The country and the railway, in such a case as this, must stand or fall together. Each is necessary to the prosperity of the other. Hence for one to attempt the destruction of the other is practically a roundabout but effective way for that one to commit suicide."

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The richness of Pacific Milk is entirely to the credit of the splendid milk supplied to the factories. The natural cream flavor is due to an improved process which keeps the true taste.

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You'll like our coal! Consumers Coal Co. Phone 7. If

You'll like my taxi! Reasonable charges. Phone 361, day or night. C. V. Symes. If

Dr. E. S. Tait returned on the Gardena yesterday afternoon from a trip to Surf Inlet.

Jack McDougall of Francois Lake returned from the south on the Gardena yesterday afternoon.

C. V. Evitt returned from Vancouver on the Gardena yesterday afternoon. He has been south on a fortnight's business trip.

The Arnett Dredging, Towing & Salvage Co., Ltd., has been incorporated with a capital of \$150,000 with head offices at Vancouver.

Leo Paulcer, mining and business man of Alice Arm, was a passenger going through on the Gardena yesterday afternoon from Vancouver.

More heat—less ash. Union steamer Chilliwauck has unloaded 300 tons Napaimo-Wellington coal for Albert & McCaffery, Ltd. Phones 116 and 561. If

P. S. Bonney, district forester, returned yesterday afternoon on the Gardena from Victoria where he went to attend a conference of district foresters.

Mr. and Mrs. W. R. McAfee of Georgetown, after spending the past few weeks visiting in Vancouver, returned north on the Gardena yesterday afternoon.

Don't forget the Men's Banquet at the Anglican Church on Tuesday, February 24, at 7.30 p.m. Tickets \$1.00. Good speakers, good music and a good dinner. 45

Gust Anderson, the Alice Arm restaurant man who has been south on a fortnight's business trip, was a passenger going through on the Gardena yesterday afternoon.

A. C. R. Yuill, Vancouver hydro-electric expert, who has been engaged by the city to examine the possibilities of further power development from Woodworth Lake, arrived in the city on the Gardena yesterday afternoon.

A. A. Richardson, Vancouver fire adjuster, was a passenger going through on the Gardena yesterday afternoon bound for Maple Bay on business in connection with the recent burning down of a blacksmith shop there.

J. P. Hawkinson, the Stewart restaurant man, after spending a couple of months in Vancouver, Victoria, Seattle and other points south, arrived in the city on the Gardena yesterday afternoon. He will remain here a couple of days before proceeding north.

Tommy McSmart, who was well known in the early Klondike days as a dog musher and placer miner, is a passenger bound north on the Princess Mary this afternoon for Wrangell, Alaska, to join the stampede to the new Dease Lake gold discovery. He will join Dr. C. D. Carter at Wrangell and they plan to leave by dog team over the Stikine River on March 2. Dr. Carter is now at Wrangell.

Union steamer Gardena, Capt. J. A. Findlay, arrived at 4 o'clock yesterday afternoon from the south and sailed at 8 for Stewart, Anyox and Alice Arm. The vessel brought the following passengers: For Prince Rupert—Messrs. Patterson, P. S. Bonney, A. C. R. Yuill, C. V. Evitt, J. P. Hawkinson, Dr. E. S. Tait, W. W. Wood, Mr. Alexander, Mr. and Mrs. A. Watson, Mr. and Mrs. W. R. McAfee, J. McDougall, Mrs. J. Mitchell and S. L. Warrior; for Maple Bay—A. D. Richardson; for Alice Arm—G. Anderson, Roy McKinley and Leo Paulcer; for Anyox—Miss Connors and Miss Morrison; for Stewart—Miss Dexter and B. McDonald.

If you like a porridge



If you like a hot porridge in Winter why not eat a real whole wheat porridge? Put several Shredded Wheat biscuits in a small saucepan; add enough water to cover the bottom of the pan; add a little salt; stir and heat until it thickens, then serve with milk or cream. Not a party, mushy porridge. It is made of crisp shreds of baked whole wheat. Better for children than any ordinary porridge, and so easy to prepare.

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Has no Wringer, needs none. Won Gold Medal at last Quebec Exhibition over all American and Canadian Machines.
Cash Price \$185.00; also sold on terms.

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WINTER Steamship Service

S.S. PRINCE RUPERT sails from Prince Rupert FOR VANCOUVER, VICTORIA, SEATTLE, intermediate points each Friday 9.00 a.m.

For STEWART and ANYOX Wednesday, 11.00 p.m.
THE S.S. "PRINCE JOHN" leaves PRINCE RUPERT fortnightly for VANCOUVER, via QUEEN CHARLOTTE ISLANDS.

PASSENGER TRAINS LEAVE PRINCE RUPERT
MONDAY, WEDNESDAY, SATURDAY, 5.00 p.m. for Prince George, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

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Sailings from Prince Rupert.
For VANCOUVER, VICTORIA, Swanson Bay, and Alert Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday, 10 A.M.
For ANYOX, ALICE ARM, STEWART, Sunday, 8 P.M.
For ANYOX, PORT SIMPSON and Naas River Canneries, Friday A.M.
123 2nd Avenue. J. Barnsley, Agent. Prince Rupert, B.C.

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