


The Strength in the Mighty Atom



OXO PRESENTS the vital principles of beef, which build new tissue and create reserves of strength. It is beef in the most assimilable form.


The energy-increase after taking OXO is remarkable. When weakened by influenza, or other illness, OXO stimulates nutrition so that strength is renewed, and vitality restored.

In addition, OXO makes other foods more nourishing, and for this reason alone should be taken in some form every day.

Convenience

OXO Cubes are among the really great food inventions of modern times. To those who use them regularly they are indispensable.

The old days when women spent the best part of every day over a hot stove are past. With electricity and gas, improved utensils, and OXO Cubes, the day's meals are a pleasure and a convenience to prepare.



In tins of 4 - 15c. In tins of 10 - 30c.

Tommy Tomkins Paint Book Free
Send four OXO Cube wrappers for this interesting and instructive paint book for your children. Oxo Limited, 232 Lemoine Street, Montreal, Que.

The Great Beef Economy

FIRE LOSSES BURNS LAKE

Estimated Amounts After Careful Survey Totals \$60,300

BURNS LAKE, Mar. 24.—Following a careful survey of the losses but without any detailed stocktaking the estimates of the losses following the big fire of last week amounted to \$60,300 made up as follows:

Gordon B. Robb, hardware store	\$20,000
Aslin's general store	19,000
O. K. Restaurant	2,000
Post Office	3,000
Government Telephone and telegraph	2,200
Drug store	3,000
A. E. Kiskoek, household effects	1,200
Ramsden & McNeil, household effects	1,900
Royal Bank of Canada	8,000
Total	\$60,300

GETTING SHIPS READY FOR WHALING SEASON

Activities Will be Commencing Again Soon on Vancouver and Q.C.I. Waters

VICTORIA, Mar. 24.—In anticipation of the opening shortly of the whaling season on the west coast of Vancouver Island and the Queen Charlotte Islands, whaling ships are now being overhauled at the Victoria Machinery Depot. New plates have already been put in the Brown, Green, William Grant and Blue, while the White, St. Lawrence, Black, Gray and Orion will be hauled out during the month of April for general overhaul and inspection.

DOES EVERY MEAL CAUSE YOU DISTRESS?

IF IT DOES
YOU SHOULD TAKE

BURDOCK BLOOD BITTERS

Mr. M. P. Eldridge, Beaver Harbor, N.B., writes:—"I was troubled with my stomach for some time, and everything I ate seemed to distress me. I tried many different medicines, but without any results. Finally I was advised to try B.B.B., and after having taken several bottles I was completely relieved of my trouble. I can now eat anything I wish, thanks to B.B.B."

Burdock Blood Bitters puts the stomach into perfect shape by promoting proper digestion, and during the past 46 years it has been on the market with a reputation, second to none, for relieving all stomach troubles.

Put up only by The T. Millburn Co., Limited, Toronto, Ont.

and had the lights on again about 7 o'clock.

Windows as usual suffered and a few were blown into the stores. In Section 7 an automobile was blown off the street.

Both telegraph lines leading out of the city went down about 7 o'clock last night and were still out of commission this morning.

The mosquito fleet on the waterfront seems to have weathered the gale without any serious damage being done.

Dredge Sank

W. C. Arnett's bid dredge, which is digging gravel at the mouth of McNicholl Creek for the elevator foundation, sank about 7 o'clock in shallow water at low tide. Arrangements were being made this morning to raise it and it is not anticipated that the delay to the work will be very great.

CITY COMES TO TERMS WITH P. BURNS CO. LTD. BUILDING OF ABATOIR.

(continued from page one)

and engineer. It was also agreed to recommend that they make a personal appeal to Mr. Burns to give the farmers the privilege asked for.

Alderman McMordie remarked that the clause would have been a very desirable one.

Alderman Larsen said they wanted to be fair to both the company and others. The company was putting its hard cash into this. They could not expect to give jobbers the right to compete with the owners of the building.

Mayor Newton said there was no suggestion that the speculative end be given privileges.

Against Inevitable

Alderman Casey said Mr. Moore was absolutely in opposition to concessions to farmers. It was thought by the committee best to grant the request and at the same time direct that a letter be sent asking that the consent be given. They were put up against the inevitable.

A resolution was then passed giving the city solicitor authority to sign the agreement.


Building Materials

LUMBER—Dimension, Siplap and Finishing, Shingles, Lath, Mouldings, Oak, Fir and Cottonwood 3 Ply Veneers, Sash and Doors.

Cement, Lime, Plaster, Brick, Firebrick, Fireclay, Keene's Cement, Plaster of Paris, Sand and Gravel, Asbestos Products, Wood Pipe, Vitrified Pipe, Agricultural Tile, Building Papers, Asphalt and Rubber and Asbestos Roofings.

Burn the Famous
NANAIMO - WELLINGTON COAL

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SAVAGE Washer and Dryer

Has no Wringer, needs none. Won Gold Medal at last Quebec Exhibition over all American and Canadian Machines.
Cash Price \$185.00; also sold on terms.

Kaien Hardware Co.

New Spring HATS

BROCK	\$6.00
BILTMORE	\$5.00
BILTMORE	\$4.00

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Office Hours, 9 to 6.
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Open Evenings Only For
Special Appointments.

Specials! Specials!

for Wednesday

Plain Colored Crepes—Special, 4 yards for	\$1.00
Ginghams, 32 inches wide—Special, 3 1/2 yards for	\$1.00
Heavy English Ginghams, 32 inches—Special, 2 yards for	\$1.00
Striped Galataes—Special, 2 1/2 yards for	\$1.00
The Season's Latest Dress Goods, Woven Linen Plaids, fast colors, per yard	85c
CUP AND SAUCER SPECIALS WHILE THEY LAST	
China Cups and Saucers, to clear at	10c, 20c, 25c and 30c
China Lustre Tea Sets, 21 pieces—Special	\$9.00
English Paragon China Tea Sets, 21 pieces—Special	\$11.50

GEO. D. TITE
3rd Avenue. The Quality Home Furnisher. Phone 20

ORE FOR SHIPMENT FROM VENUS MINE GROUSE MOUNTAIN

High Grade Ore Will be Sent to Trail Smelter; Milling Ore Several Feet

SMITHERS, Mar. 24.—Joe Bussinger was a visitor in town the latter part of last week. Joe reports things are looking pretty good at the Venus mineral claim on Grouse Mountain where he is taking out ore for shipment to Trail. One car of high grade ore is now ready. He is drifting at the 40 foot level in the shaft, where in addition to the ore being shipped there is several feet of good milling ore.

LOCAL OPTION FOR BRITAIN IS URGED

LONDON, Mar. 24.—A new movement to make Great Britain dry is reported by the Daily Express. A secret conference of 117 delegates representing 37 prohibitionist and temperance organizations, was held a few days ago at Hoddeson, the paper says, resulting in a decision to bury all differences and present a solid front to the enemy. Straight prohibition is not the first aim of the movement, but local option, and committees have begun drafting a parliamentary bill towards this end.

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BY BUYING YOUR GIFTS, BRIDGE PRIZES, JEWELLERY, AND HOUSEHOLD NEEDS IN CUT GLASS, SILVER-PLATE, etc., the many things you have put off buying because you felt you could not afford them are now very cheap, by reason of our

25 per cent. Discount

on nearly every article in the store.
WE HAVE TO MOVE IN A WEEK—WE ARE PAYING CUSTOMERS 25c ON THE \$1 TO HELP US MOVE.

Max Heilbronner
Jeweller and Diamond Specialist. Third Avenue West

MRS. T. D. PROCTOR DIED AT HAZELTON

Archdeacon Rix is Leaving Tomorrow to Conduct Service There

Word has been received in the city of the death at Hazelton Monday of Mrs. T. D. Proctor, wife of the Anglican clergyman at that place. Archdeacon Rix is leaving tomorrow to officiate at the funeral which takes place Thursday. Frank Morris of the B.C. Undertakers left last night to take charge of the funeral arrangements.

ASK ABOUT TIDES

LIVERPOOL, Eng., Mar. 24.—An instrument called the "prophet of the tides" has been presented by Liverpool steamship owners to the Bidston Observatory at Birkenhead. The machine will tell the time of ocean tides in any part of the world 50 years in advance, and it will also give the time of all the tides during the last 500 years.

NOTICE

An examination for Forest Rangers will be held at Burns Lake on March 21st, 1925. Applications will be received up to noon of March 24th by the District Forester, Court House, Prince Rupert, from whom application forms and full particulars may be obtained. Fee, \$1.00. Candidates must be British subjects, not more than forty years of age, resident in British Columbia for at least one year, of good character and physical condition, with woods experience and familiar with the practical side of logging, timber cruising, surveying and forest protection, with knowledge of the Forest Act and able to organize work and handle men. This examination is to establish an eligible list for the next year from which appointments will be made as rangers are required. One ranger is required immediately.

W. H. MacINNIS,
Civil Service Commissioner,
Victoria, B.C.

DRY Birch Wood

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50c Per Sack

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Cartage, Warehousing, and
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Coal, Sand and Gravel
We Specialize in Piano and
Furniture Moving.

WESTHOLME THEATRE

TONIGHT ONLY at 7 and 9

"Women Who Give"

A stirring drama of storm-bound love. The story of a woman who gave without thought of price. She had promised to wait for him and he returned with another woman. A romance of Cape Cod. Thrilling sea scenes. What were the struggling passions or the clashing lives of a handful of human beings to the terrific, conflicting forces of the raging elements? A picture teeming with exciting scenes ably performed by an exceptional all-star cast.

Robert Frazer, Barbara Bedford, Frank Keenan, Renee Adoree and many others.

COMEDY — "PUBLICITY PAYS."
INTERNATIONAL NEWS.
Admission 35c and 10c

THE POPULAR FOOTWEAR THIS YEAR IS

"Sandals"

For Ladies, Misses and Children
And our stock is complete.

Sandals for Ladies and Growing Girls—Sizes 2 1/2 to 7 1/2 Patent, Brown, Fray and Elk. Per Pair \$2.25
Sandals for Misses—Sizes 11 to 2 in Patent and Brown. Per Pair \$2.25
Sandals for Children—Sizes 8 1/2 to 10 1/2, in Patent and Brown. Per Pair \$1.85

See Our Windows.

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Corner Third and Seventh. Phone 645.

"Rupert Fish"

Fresh Frozen—All varieties.
Fresh Fish—All varieties in season.
Smoked Fish—Our well known "Rupert Brands."
Finnan Haddie—"Thistle Brand" Nova Scotians.
Canned Salmon—Pinks, Skeena Sockeye, etc.
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Prince Rupert, B.C.

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go hand in hand. No matter what the nature of your dental work may be, when you come to my office you get the benefit of such service and receive dentistry that is honest.

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