At the end of washday—

how old do you feel?

—And a few years of this tiring toil will make you actually as old in appearance as one day's work now makes you feel.

Keep your youth by using our Thrif-T-service. Its cost is very slight, yet your entire bundle will be washed carefully, the flat work will be ironed, and just the wearing apparel left for you to finish. And this comes back to you damp, ready to starch and iron or hang on the line.

May we send for your bundle—next washday?

5c Per Pound, Plus 1c Per Piece.
Minimum Charge $1.00
CANADIAN LAUNDRY AND DRY CLEANER
Phone 8.

Play Ball!

whether its
BASEBALL, FOOTBALL or TENNIS
you play better and get the most enjoyment when your equipment is right

WRIGHT & DITSON and REACH SPORTING GOODS
"The Choice of Experts"

McRae Bros. Ltd

"Rupert Fish"

Fresh Frozen—All varieties.
Fresh Fish—All varieties in season.
Smoked Fish—Our well known "Rupert Brands."
Finnan Haddie—"Thistle Brand" Nova Scotians.
Canned Salmon—Pinks, Skeena Sockeye, etc.
Salt Fish—Herring, Salmon, Black Cod, Grey Cod
Shell Fish—Crabs, Shrimps, Clams.

Canadian Fish & Cold Storage Co., Ltd.
Prince Rupert, B.C.

LOOK! LOOK!

The "ART CLOTHING" man is here
Come in and get your measure
Fit guaranteed

Phone Green 85 STEVE KING Third Avenue

Another Portland Canal Opportunity

The first Treasury Issue of the Porter-Idaho Mining Co., Ltd., is now offered the public at 25c per share. This is the only other shipping mine besides the Premier in the Portland Canal District. Ore shipped last year more than paid development work. For full information apply—

H. W. M. ROLSTON & CO.
Stewart. Stockbrokers. Victoria.

Local and Personal

B.C. Undertakers. Phone 41.

You'll like our coal! Consumers Coal Co. Phone 7. tf

For Tacksee — fone "six-seven-ate." Bob Arthur. tf

What you have been waiting for—another Gyro Hoedown on May Day. tf

J. Hillman was fined $25 in the city police court this morning for intoxication.

Ladysmith - Wellington, "the best," also "Peerless," "smokeless." Prince Rupert Coal Co. tf

Ladies! Special this week. Pattern Canton in six shades. Regular 75c. Special 45c per yard at Universal Trading Co.

William Dann of Stewart was a passenger going through on the Cardena yesterday afternoon bound north from Vancouver.

H. G. Bell of the local High School teaching staff returned to the city on the Cardena yesterday afternoon after having spent the Easter holidays in Vancouver.

Miss Williams, school teacher at Namu, returned there on the Princess Beatrice Saturday afternoon after having spent the Easter holidays visiting in the city.

Steve Dumas of Alice Arm and his brother, Henry Dumas of Grande Prairie, sailed on the Cardena last night for Alice Arm. They expect to return to the city on Thursday..

J. C. Brady, principal of the High School, returned on the Cardena yesterday afternoon from Penticton where he attended the convention of the B.C. Teachers' Federation.

City Solicitor E. F. Jones returned on the Cardena yesterday afternoon after having spent the Easter holidays in Vancouver and Victoria on a combined business and pleasure trip.

Mr. and Mrs. W. J. Crawford, after having spent a fortnight in the south on a combined business and pleasure trip, passed through on the Cardena yesterday afternoon returning to Stewart.

James R. Mitchell of the Anyox High School teaching staff returned north on the Cardena last night after having spent the Easter holidays in the city visiting with his parents, Mr. and Mrs. John R. Mitchell, Ninth Avenue East.

H. D. Southam, of the Anyox school teaching staff, passed through on the Cardena yesterday afternoon returning north after having spent the Easter holidays in Vancouver. He was married while in the south and was accompanied by his bride.

ANNOUNCEMENTS

Catholic Spring Sale, afternoon of April 20, Metropole Hall followed by social evening.

Tennis Club Ball, Friday, April 24.

Ridley Home Sale, Thursday, May 7. tf

For
$7.50

You can buy an up-to-the-minute

Spring Hat

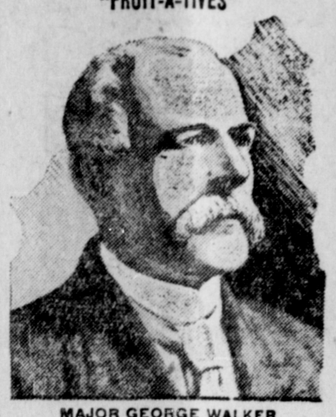
at

"Demers"

"House of Quality."
P.O. Box 327. Phone 27

CRIMEAN VETERAN TELLS THE STORY

BROUGHT BACK TO HEALTH BY "FRUIT-A-TIVES"



MAJOR GEORGE WALKER

"I am a veteran of the Crimean War and Indian Mutiny, having served under Lord Roberts. Fierce hand-to-hand fighting and continual exposure left me a great sufferer from Rheumatism, so much so, that my legs swelled up, making it impossible for me to walk.

My bowels were so constipated that I was in terrible shape until I began to use "Fruit-a-tives". They relieved me both from Rheumatism and Constipation. Today I enjoy perfect health—no more Rheumatism or Constipation".—Geo. Walker, Chatham, Ont.

"Fruit-a-tives" contain in tablet form, the concentrated juices of luscious fruits—Nature's own remedy for Constipation and its painful consequences.

"Fruit-a-tives" overcome all intestinal troubles in a way no other medicine can. At your dealers. 25c and 50 cents a box.

Two new cars at your service, day and night. Moderate charges Phone Red 461. C. V. Symes. tf

Miss Linnea Hanson, who spent a few days visiting in Smithers, returned home on this morning's train.

R. S. Woods left on Saturday night's train for Ottawa on a business trip. Mr. Woods was formerly fisheries officer at Kincolith.

Miss Mary Fawcett, school teacher at Smithers, after spending the Easter holidays visiting in the city, returned to the interior Saturday night.

The fire department had a call at 5.50 yesterday afternoon to extinguish a brush fire at the corner of Tenth Avenue and Conrad Street. No damage was done.

Misses Grace Andrews, Gladys Glover and Mamie Dobb, Terrace school teachers, who spent the Easter holidays visiting in the city, returned to the interior on Saturday night's train.

William C. Urell, brother of Emil M. Urell, who is interested in the exporting of mild cured salmon from this district, arrived in the city on the Cardena yesterday afternoon from Astoria.

Get your Hoedown tickets from any Gyro. 75c. each. Regular dance program interspersed with novelty stunts. Cider, hot-dogs, doughnuts, milk, apples, popcorn and a durned good time for everybody. 95

Miss Evelyn Sheasgreen, school teacher of Hazelton, returned to the interior Saturday night after having spent the Easter holidays in the city visiting with her sister, Mrs. E. W. Marentette, Fifth Avenue West.

J. L. Edwards of the C.N.R. shops left on Saturday night's train for Montreal where he will board the steamer Aurania on May 2, bound for the Old Country on a vacation trip. Mrs. Edwards is already in the Old Country.

J. L. Blain, contractor, has taken over E. H. Shcokley's stock of double dressed lumber, sash and doors. Also the agency for J. Fyfe Smith Ltd. hardwoods. For bandsawing and planing, jobbing and repairing, phone Blue 268. tf

The Hecate Straits Towing Co.'s tug Cape Scott arrived in port from Swanson Bay at 9.50 yesterday morning and, after discharging rafting cable and taking on water at the G.T.P. wharf, sailed at 1:20 for Alice Arm to pick up a boom of logs for the local mill.

WIRELESS REPORT

8 a.m.

DIGBY ISLAND.—Clear, calm; barometer, 30.06; temperature, 42; sea smooth; 8 p.m. spoke steamer Amur, Anyox for Tacoma, 620 miles from Tacoma; 8 p.m. spoke Admiral Rodman, 45 miles from Port Walter, northbound; 8 p.m. out steamer Cardena northbound; 8 p.m. spoke steamer Eastern Gale, 200 miles from Chignik northbound; 8 p.m. spoke steamer Eldridge, Everett for Fuchi, 1800 from Everett; 8 p.m. spoke steamer Bipy Maru, Japan for Portland, 1295 miles from Portland; 8 p.m. spoke steamer Wheatland Montana, Yokohama for Vancouver, 1003 miles from Vancouver; 8 p.m. spoke steamer Admiral Evans, Alitak for Seward, 110 miles from Seward; 9 p.m. spoke steamer Queen left Skagway for Funter Bay; 8 p.m. spoke steamer President Madison, 1008 miles from Seattle, inbound; 8 p.m. spoke steamer Yukon, 55 miles from Seattle, northbound; 8 p.m. spoke steamer President Jefferson, 3040 miles from Seattle, outbound; 8 p.m. spoke steamer West Ivan, HongKong for San Francisco, 1209 miles from San Francisco; 8 p.m. spoke steamer West Nomentum, Seattle for Yokohama, 621 miles from the Columbia River.

BULL HARBOR. — Overcast calm; barometer, 29.90; temperature, 45; light swell; 8 p.m. spoke steamer Canadian Rover Ocean Falls for Astoria, 40 miles from Astoria.

DEAD TREE POINT.—Clear, calm; barometer; 29.90; temperature, 40; sea smooth.

Noon

DIGBY ISLAND.—Clear, calm barometer, 30.06; temperature, 54; sea smooth.

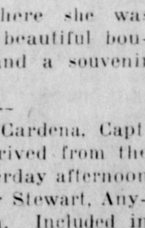
BULL HARBOR.—Clear, light north wind; barometer, 29.92; temperature, 54; light swell; 9.30 a.m. spoke steamer Camosun at Shushartie Bay southbound; 10.30 a.m. spoke steamer Prince Charles left Allison Harbor for Rose Harbor.

DEAD TREE POINT. — Clear, calm; barometer, 29.97; temperature, 60; sea smooth.

Owing to the boat being late Mrs. DePencier did not leave for home until Saturday night at nine o'clock. She sailed on the Princess Beatrice. Throughout her visit she was the guest of Mrs. A. T. Parkin, regent of the municipal chapter of the I.O.D.E but prominent in connection with her entertainment were Mrs. David Thomson, Mrs. Andrews, Mrs. Batcher and Mrs. D. McD. Hunter. While here she was presented with a beautiful bouquet of flowers and a souvenir spoon.

Union steamer Cardena, Capt. A. E. Dickson, arrived from the south at 2.15 yesterday afternoon and sailed at 8 for Stewart, Anyox and Alice Arm. Included in her passenger list the Cardena had the following: for Prince Rupert—C. R. Floyd, William C. Urell, W. C. Brewer, J. C. Brady, J. Mitchell, H. G. Bell, John A. Clark, A. McIvor, Mrs. W. H. Pierce, Mr. and Mrs. Kirkpatrick, Miss Whitehurst and E. F. Jones; for Stewart—F. R. Nagle, Mrs. G. W. Smith, Mrs. W. B. George, Mrs. Campbell, Miss Campbell, J. Green, Mr. Hinckley, A. Strachan, Mr. and Mrs. W. J. Crawford, W. Dann and W. H. Stuckey (round trip); for Anyox—Mr. and Mrs. H. D. Southam, W. White and A. W. Smith; for Alice Arm—Mr. and Mrs. J. C. Devlin and Mr. Stratford.

Who Has Good Icing?



We have a letter from a woman in Alberta who wants to learn a good cake icing to be made with Pacific Milk. She is back where canned milk is all they can get. Her cakes are lovely, she says, but her "frostings" are not so nice. Will some cook help this isolated woman?

Pacific Milk Co.
Limited
Head Office, Vancouver
Factories at Ladner and Abbotsford

Those exquisite new shades you admire so much

Now—your stockings—sheer and delicate—can be made to last

Silk is an animal fibre, more sensitive than the skin on your face, because it has not the skin's power of renewing itself. Even a soap that is safe for the face, might not be quite fine or mild enough for those gossamer-like weaves with their lovely new colours.

Wash your stockings in Lux after *every* wearing. Gently press the foamy suds through and through them. This frees them from perspiration—that deadly enemy to silk and to colours.

Lux contains no harmful ingredients of any kind. It is so pure and mild it will safely cleanse anything that water alone won't harm.

How to wash silk stockings:

Skip a spoonful of Lux into foamy lather. Press suds through and through soiled parts. Rinse in three lukewarm waters, then squeeze water out—*do not wring.* When nearly dry, press with warm iron. Always wash coloured silks quickly, in lukewarm water.

Lever Brothers Limited, Toronto

L513

Coast Steamship and Train Service

Effective April 22nd

S.S. PRINCE RUPERT or PRINCE GEORGE sail from Prince Rupert for VANCOUVER, VICTORIA, SEATTLE and intermediate points each FRIDAY and MONDAY 9.00 A.M.

For ANYOX ..... Wednesday 10 P.M.
For STEWART ..... Saturday 10 P.M.

PASSENGER TRAINS LEAVE PRINCE RUPERT
MONDAY, WEDNESDAY, SATURDAY, 5.00 p.m. for Prince George, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

AGENCY ALL OCEAN STEAMSHIP LINES.
City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260

Canadian Pacific Railway
B. C. Coast Services
Sailings from Prince Rupert

PRINCESS MARY.
For Ketchikan, Wrangell, Juneau and Skagway—April 6, 17, 27.
For Vancouver, Victoria and Seattle—April 10, 21.
S.S. PRINCESS BEATRICE.
For Butedale, Swanson Bay, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River, and Vancouver every Saturday 11 a.m.
Agency for all Steamship Lines. Full Information from—
W. C. ORCHARD General Agent.
Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

UNION STEAMSHIP COMPANY OF B.C., LTD.

Sailings from Prince Rupert.

For VANCOUVER, VICTORIA, Swanson Bay, and Alert Bay, Tuesday, 5 P.M.
For VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday, 10 A.M.
For ANYOX, ALICE ARM, STEWART, Sunday, 8 P.M.
For ANYOX, PORT SIMPSON and Naas River Canneries, Friday A.M.
123 2nd Avenue. J. Barnsley, Agent. Prince Rupert, B.C.

"The Hoover"

For the month of April you can buy this famous cleaner and attachments for the small first payment of only $4.50 and have the balance spread over the next fifteen months. Let us clean a rug for you.

Kaien Hardware Co.

Telegraphic Address:
"Bushmarine Prince Rupert."

TUGBOATS

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Night Phones 687 539 Black 735 Gr. 601