de-Elect Wren Honored Naval Shower by Friends

n Olive Miller, whose marriage takes place 27, was honored at a miscellaneous shower y the Wrens at H.M.C.S. Chatham.

iller, upon arrival was with gold braid, and ptain of the day. She presented with a min- boat, the HMCS Good ich was filled with s.

s refreshments were Wrens Nina Young- e Kennedy and Eileen

ttending were Sub. Lt. Worsely and Wrens inard, Nancy Hopkins, pp, Nina Youngman, Lood, Diane Kennedy s Tomlinson.

Moose Women Plan Raffle

Women of the Moose home making committee held their meeting at the home of Mrs. J. Cormier to plan a turkey raffle for Thanksgiving Day. Raffle will take place Oct. 11.

Winners of cards were Mrs. O. Stagavig, first and Mrs. B. Bacon, second. Those present included Mrs. A. Good, Mrs. L. Larson, Mrs. P. Norton, Mrs. G. Robinson, Mrs. N. Muncey.

Fall Vegetables For Hot als After Summer of Salads

d hot meals will be appreciated after months s and cold plates. Fall vegetables, like cauli- topped with a creamy cheese sauce, golden carrots, plump onions cooked to tender s and rosy-red broiled tomatoes, satisfy this more substantial meals.

ll vegetables creamed seroles, or try them ost fall vegetables, rs, onions, eggplant nd, later on, squash, ed with a tasty stuff-

up the odds and ends vegetable crop, do not n tomatoes. They are for Chow-chow and nato Relish, but also ting casserole dishes, e, Red and Green To- op. This would be a vegetable with the

d Green Casserole
n green tomatoes
n red tomatoes
nion, sliced
poons fat
ns sugar
ry bread crumbs
pepper
oon butter
slice tomatoes. Saute ot fat until lightly bout 5 minutes. Ar- the red and green onions and bread layers in a greased 6- ie, sprinkling the to- h sugar, salt and epeat arrangement ning half of ingred- ith butter. Bake in a oven, 350°F., twenty until vegetables are ld: four to six serv-

CUCUMBERS
has used cucumbers ut did you know you hem, boil them, or m? Here are two mber dishes that tinction to any meal.
fed Cucumbers
ers, about 6 inches
usage meat (about 1
inely chopped celery
opped onion
ons salt
n sage
t stale bread crumbs
bers in half length- e seeds and soft n a spoon. Cook cu- boiling salted water inutes. Drain well. age meat in a hot Add seasonings and mix well together. in cucumbers shells. greased baking dish a hot oven, 400 deg- 35 minutes, or until are tender. Yield: six These cucumbers are rved with baked po-

ED CUCUMBERS
cucumbers
ons mild-flavored fat
ons flour
ilk
ons salt
on pepper
ace.
peel cucumbers. Cut gthwise. Scoop out d seeds with a spoon. ers in ¼" slices. Melt s fat in pan. Saute in it for 5 minutes, stantly. Make cream maining fat and other Add cucumbers, re- rve. Yield: six serv-

SSERTS
ruit which is nearing its season is peaches. ost of them in tan- erts while they last some of the more desserts, like a glis- y-topped Peach Cob- appreciated. Make etened biscuit dough top of peeled peach baked in a hot oven. eed very little sweet- brown sugar adds r than white. For a add a little cinna- k whole cloves into

Here is a peach dessert that is a little more unusual. It is called Peach Fritters. To make the fritters, peel peaches, remove the pits, and cut in half. Sprinkle with a little brown sugar, then dip into a sweetened regular fritter batter. Fry a few at a time until delicately browned—three to five minutes—in deep hot fat, 365 degrees F., then remove them and drain on crumpled ungreased paper. Serve hot.

Wife to Join Husband in African Trip

LONDON (Reuters)—The wife of British explorer and adventurer John Brown will leave her typist job at a London store this month to become the first white woman to cross the trackless desert waste of Kalahari and Namib, in southwest Africa.

Mrs. Dorothy Brown, 30, will accompany her husband and another British explorer, Sebastian Snow, 23, on an expedition to see if water lies beneath the deserts.

"My wife has never been further from Britain than Sicily," Brown said today, "but she's quite unruffled at the prospect of five months in tents in the open desert with only a circle of rope soaked in carbolic to keep off snakes."

Last year Brown and Snow discovered the true source of the Amazon River. Snow has just returned to England after completing the first source to mouth trip down the Amazon on a raft.

The idea for the present expedition came from a pamphlet on the agricultural need for water in the deserts published by the United Nations Educational, Scientific and Cultural Organization.

POWERFUL WEAPON

Japanese warriors of the 16th century used bows more than eight feet long to shoot arrows.

LONDON-BOUND — Shirley Douglas, 18, daughter of Premier T. C. Douglas of Saskatchewan, is London-bound to study at the Royal Academy of Dramatic Arts.

Award Winner To Study at Royal Academy

REGINA (—Miss Shirley Douglas of Regina, attractive 18-year-old daughter of Saskatchewan's premier, left on Monday to attend the Royal Academy of Dramatic Arts in London.

Miss Douglas, who won the best actress award in the Saskatchewan drama festival last spring, met Michael Saint Denis, the director of the "Old Vic" in Saint John, N.B. There she was auditioned and accepted into the Royal Academy for a two-year term.

At the early age of three or four, she developed an interest in drama. Her first appearance was in a Christmas pageant at Weyburn, Sask. She studied under the late Burton James in the summers of 1950 and 1951 at the Banff School of Fine Arts. In 1951, she also joined the Regina Little Theatre.

She won the best actress award for her part in the thatre's award for her part in the theatre's play, "Tomorrow The World," which was an unsuccessful entry in the Dominion Drama Festival at Saint John.

Mrs. Mary Ellen Burgess, drama representative of the Saskatchewan Education Department, recommended Miss Douglas to Mr. Denis.

IODE Chapter Adopts Digby School

The Digby Island school has been adopted by the Duchess of Edinburgh Chapter, Imperial Order Daughters of the Empire. This was decided at the Chapter's first monthly meeting of the fall last week.

The Chapter also will participate in a tag day next month to raise funds for overseas parcels and will join other IODE chapters in visiting the museum and take out membership.

Plans for a fall bazaar were discussed and members urged to contribute handiwork. Monthly raffle was won by Mrs. J. Moran.

Union WA Plans Dance

First meeting of the fall season by the Women's Auxiliary o the United Fishermen and Allie Workers' Union discussed plan for a dance to be held early nex month.

Reports were heard of summer activities and on progress of the emergency fund.

ABOUT TOWN

Mr. and Mrs. H. S. McTier have returned from their two-week trip to San Francisco and Los Angeles and are enthusiastically endorsing such a trip to any one bound for holidays.

"We had a wonderful time and the weather was lovely," said Mrs. McTier. The couple, who motored to Vancouver from here, flew to San Francisco and in Los Angeles were guests at the Ambassador Hotel and among their visits included the Coco-Nut Grove, popular night spot.

* * *

After an absence of five and a half years, G. C. Walker of Santa Monica, Calif., arrived in Prince Rupert Monday afternoon. He will be here for the next few weeks.

Mr. Walker, who came here originally during the pioneer days and was in business for many years on Fourth Street, is renewing numerous old friendships. He motored from California, the trip taking a week.

* * *

Mrs. A. Erickson, president of the provincial command of the Canadian Legion Women's Auxiliary, arrived in the city last night on her tour of B.C. units. She speaks here tomorrow night, following which she will take a plane for Vancouver.

* * *

Mr. and Mrs. P. H. Linzey return tomorrow on the Prince George following a month's holiday in which they visited much of southern B.C., including a stay with Mr. Linzey's brother in Chilliwack.

* * *

Johnny Jack and son Peter, with companions John Carlick, and son Herbert, Douglas Reid, and Dick Campbell have returned to their home in Telegraph Creek.

Men Serve Refreshments At SON Meet

Seven tables were in play at the Sons of Norway whist drive with the following winners: Mrs. Emma Brochu, ladies' first; Mrs. R. Skog, second; Bob Hamer, men's first, following a tie and ut with Mrs. Sam Haugan; Mrs. Julia Slatta, chair prize, and Eldor Anderson, door prize.

Refreshments were in charge of an all-male committee including Carl Strand, Gunnar Selvig, John Pedersen, Reuben Christianson, R. Hundeide, K. Dehli and John McNaughton.

Mike Colussi provided music for the dance which followed.

CRUDE WEAPON

The catapult as a military engine for throwing stones was used by the Syrians in 200 B.C.

BUILDING SPURT

SASKATOON (— Saskatoon's first important apartment block in the last 24 years now is under construction. The owner of the $200,000 project plans to build two similar blocks later.

OBJECTIVE $3500.00
GIVE GENEROUSLY

RED SHIELD SERVICES

In Prince Rupert, over 12,000 garments were collected and distributed to the needy. Forty families were given relief during the year.

LOCAL APPEAL
SEPT. 5-26th
Tom Christie—Campaign Chair.
Ed Gladding—Campaign Treas
Campaign Headquarters
G. PERCY TINKER & CO., LTD.
BESNER BLOCK — PHONE 57

QUILTED SKIRT makes wearable dress for school beginner. Your daughter will feel at home with this creation.

Holy Name Society Plans Harvest Ball

First meeting of the new season was held yesterday in Annunciation School at a communion breakfast of the Holy Name Society which made final plans for the Harvest Ball to be held Sept. 25.

Phil Lyons is to act as M.C. for the dance and committees from the three parish organizations, the Holy Name, the C.W.L. and C.Y.O. will be the convenors.

It was decided to carry on an aggressive membership drive this month so that general meetings will be better attended. Members also discussed the possibility of going to Terrace in the near future to help in the formation of a Holy Name Society there. Support was again pledged to Martin Saunders and his boxers this year.

Ladies of the C.W.L. provided breakfast.

EARLY PRINTERS

The first printing presses in France were set up in the Paris Sorbonne in 1470.

KIDNEY ACIDS Rob your Rest..

Many people never seem to get a good night's rest. They turn and toss—blame it on 'nerves'—when it may be their kidneys. Healthy kidneys filter poisons and excess acids from the blood. If they fail and impurities stay in the system—disturbed rest often follows. If you don't rest well get and use Dodd's Kidney Pills. Dodd's help the kidneys so that you can rest better—and feel better. 136

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Quilted Dress Ideal For 6-Year-Old

Because a child's confidence depends on comfort, her dress should be simple and loosely fitting. It should not be too unusual in design or material. A six-year-old is often self-conscious. She could become embarrassed if other children were to notice her clothes too much.

A little quilted skirt and weskit, like the one pictured here, is a sturdy, hard-wearing outfit. The material, which sewing centres advise should be chosen from preishrunk, washable fabric, can be quilted with very little time and effect with the quilter attachment. Instruction on the use of the quilter is available in sewing centres, too. The machine rows add reinforcement and prolong wear. The little blouse can also be changed often.

Quilting is something familiar to young children. If they have been used to quilted bed coverlets or dressing gowns, they will associate their costume with the reassuring atmosphere of home, when wearing it in the strange, new school.

Here are a few other pointers on dressing six-year-olds. It is a good precaution to sew hems on the machine so that the child does not catch her fingers or toes in the stitching when dressing herself. Of course, it is easier for the child in dressing, when clothes open down the front. Three-quarter inch buttons have been found the easiest size for a child to handle. If buttonholes are also done on the machine with a buttonholer, they will resist fraying better when tugged at. Any torn hem or buttonhole worries a child and increases her self-consciousness.

Little girls are also just as self-conscious about being too fat or too thin as their mothers. Don't put a V-neck on the dress of a thin-faced child, and don't lengthen the skirt of an over-chubby child with wide bands of contrasting material. Use a soft, round neck for the thin-faced youngster, and put in tucks which can be let down for the plump child.

readers

● Women's Canadian Club general meeting, Wednesday, September 17, at 8 p.m. in Teen Room of Civic Centre. Film and refreshments. (1t)

● Canadian Legion Ladies Auxiliary Special Meeting, Sept. 18, cancelled. To be held Wednesday, Sept. 17, 8 p.m. Legion Auditorium. (219)

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Largest sale in Canada

Presenting for Fall our
New Suede and Leather Casuals
★ ALL COLORS
★ HIGH AND LOW WEDGES
Just slip a foot into one of these wonderfully buoyant shoes . . . and float off on your round of activities! For walking, working, relaxing . . . nothing equals their good-looking comfort.
Fashion Footwear

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REMEMBER! GEORGE COOK JEWELLER'S
3rd ANNIVERSARY SALE
ALL THIS WEEK
George Cook Jeweller
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Clearing small amounts of many different items at a real saving
RUMMAGE SALE
Sept. 15th to Sept. 20th
COME IN AND FIND A BARGAIN
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DOUBLE KNITTING, 2-oz. ball	85c
KROY SOCK YARN, 1-oz.	47c
ARGO, 1-oz.	40c
KROY BABY YARN, 1-oz.	50c
NYLON CRIMP SET, 1-oz.	52c
BEEHIVE BABY WOOL, 1-oz.	50c

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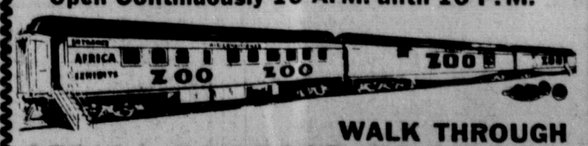

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